

Oregon Alliance to Prevent Suicide  
Transitions of Care Subcommittee Meeting Agenda & Action Planning

**Date & Time:** October 9, 2025 \* 1:00 PM – 2:30 PM

**Zoom Link:** <https://us02web.zoom.us/j/89796541408?pwd=OGpPRVArcDhTS1MzWml3YUhaZHV3dz09>

**Subcommittee Voting Members in Attendance:** Co-Chair Galli Murray, Erin Porter, Mary Massey, Rachel Ford

**Subcommittee Voting Members in Attendance:** Rachel Howard

**Subcommittee Non-Voting Members in Attendance:** Gordon Clay, Lani Williams, Meghan Crane

**Staff:** Jenn Fraga

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**Subcommittee Decision Making:** A quorum is defined as three voting members of the Alliance, and must include a Subcommittee Chair or Co-chair. Decisions will be made by majority vote of the total number of members on that Subcommittee that are present. Any member may submit motions for vote to the Subcommittee and at quarterly meetings.

Quick Recap: The group reviewed progress on several initiatives including emergency rule changes for caring contacts, rural advisory committee updates, and challenges in providing services to youth transitioning from carceral settings. The conversation ended with discussions about organizational changes, training programs, and gaps in support services, with plans for future meetings and collaboration with various stakeholders.

#### Agenda Item: Caring Contact Update

Notes: Meghan and Galli discussed the progress and challenges of implementing a rule change related to carrying contacts, emphasizing the need for patience and collaboration. Erin raised concerns about the lack of notice for CCOs regarding the emergency rules, highlighting the importance of communication and preparation. Meghan acknowledged these concerns and explained the ongoing efforts to finalize the rule, including getting DOJ sign-off and sharing the finalized proposed language with stakeholders. Galli appreciated the team's efforts and progress, while also encouraging continued collaboration and communication with CCOs.

Action:

#### Agenda Item: Begin Working on Workplan

Notes: The committee discussed their work plan focused on identifying pain points for youth and young adults aged 18-24, with a particular interest in transition areas. Jenn shared updates about recent presentations on cannabis use in teens and mentioned that Lethal Means would be leading messaging work for providers, offering an opportunity for inter-subcommittee collaboration. Meghan provided updates on OHA's progress with the caring contact rule, which would allow hospitals to bill Medicaid for caring contacts in emergency departments for individuals with suicide ideation or previous attempts, noting that they are working towards submitting this as an emergency rule with plans for a 120-day implementation period.

The meeting focused on challenges in providing services to youth transitioning from carceral settings, particularly following the pause of the 1115 waiver. Lani explained their current strategies, including using MOUs for fast-tracking mental health services and independent living programs, though the waiver's

cancellation was a significant setback. Meghan shared updates on the Garrett Lee Smith grant collaboration with OHA and DHS for suicide prevention training and resources, while Galli inquired about child welfare and transition-of-care activities, prompting Meghan to follow up with Rachel and track the distribution of lethal means devices.

Meghan shared updates from the September Oregon legislative days, highlighting presentations by Dr. Becky Marshall and Chelsea Holcomb. She discussed the upcoming Hope Institute, a suicide-specific intervention program, which is expected to open in Eugene in early 2026. Lani and Galli expressed interest in learning more about the Hope Institute, and Meghan agreed to check with Jill about potential speakers. The group also discussed updates to the Emergency Department Guidebook for youth and families, which is currently being revised by the Oregon Family Support Network.

The group discussed the importance of upstream prevention and early education about behavioral health resources, with Galli and Lani sharing personal experiences about the challenges of accessing information during a crisis. Meghan suggested comparing mental health education to safety measures like car seats and helmets, emphasizing the need to normalize these conversations early on. The discussion also touched on the role of schools and healthcare providers in promoting mental health awareness, with Rachel mentioning a potential connection with the Oregon Pediatric Society for further support and training.

The group discussed gaps in support services for individuals who have experienced suicide attempts or ideation, noting that while post-incident support is available, proactive care is lacking. Galli highlighted the effectiveness of Help Texts, a text-based platform offering grief support, and suggested expanding its availability beyond crisis situations. The conversation also touched on the limited availability of peer support groups and the challenges posed by liability concerns, with Jenn and Meghan emphasizing the need for more comprehensive and accessible support systems.

The group discussed their work plan and timeline, with Jenn explaining that while there's no strict deadline for the work plan itself, they'll be assigned an initiative about recommendations for 18-24 year olds in 2026. They agreed to continue gathering information between meetings through email contacts with subject matter experts, particularly regarding child welfare and residential treatment. The group confirmed their next meetings would be held on

November 13th and December 11th, with Galli suggesting they invite Rachel Howard and Don Erickson to provide information about the foster care system, and Meghan offering to connect them with Hope Institute representatives.

Agenda Item: Announcements

Notes: No announcements.

Action: