

Oregon Alliance to Prevent Suicide
Lethal Means Safety Subcommittee Meeting Agenda & Action Planning

Date & Time: October 8, 2025 * 1:00 PM – 2:15 PM

Zoom Link: <https://us02web.zoom.us/j/89796541408?pwd=OGpPRVArcDhTS1MzWml3YUhaZHV3dz09>

Subcommittee Voting Members in Attendance: Co-Chair Kelie McWilliams

Subcommittee Voting Members not in Attendance: Co-Chair Pam Pearce, Mike James

Subcommittee Non-Voting Members In Attendance: Daniell Zeigler, Gordon Clay, Lee Stewart, Meghan Crane

Staff: Jenn Fraga, Lucina Armstrong Michaud, Oscar Alvarez

Subcommittee Decision Making: A quorum is defined as three voting members of the Alliance, and must include a Subcommittee Chair or Co-chair. Decisions will be made by majority vote of the total number of members on that Subcommittee that are present. Any member may submit motions for vote to the Subcommittee and at quarterly meetings.

Main Objective of Meeting: The team discussed meeting logistics and accessibility concerns, agreeing to create a survey to determine optimal meeting times and gather feedback from absent members. They reviewed the results of a youth survey, planned future data collection efforts, and explored resources for promoting youth substance and firearm safety while discussing implementation of mental health prevention programs.

Agenda Item: Alliance Updates

Notes: The group discussed meeting attendance and accessibility issues, with Kelie proposing to create a survey or poll to determine the best meeting time for participants. They agreed to launch a survey to gather feedback from absent members and ensure the group is meeting their needs. Kelie also offered to send out a calendar invite to help with scheduling conflicts. The group decided to include a request for feedback on the survey results in an email to all members, allowing them time to respond thoughtfully.

Action: Kelie to create survey to gather feedback from Subcommittee members.

Agenda Item: Update on Safe Storage Survey

Notes: The team discussed the results of a youth survey, which received 139 responses from the target age group (17-25) despite a 1.5% response rate from text message outreach. Kelie reported that they were able to achieve demographic representation close to the state average.

The group discussed distributing a survey to various organizations focused on racial and ethnic communities to gather data on youth perceptions of substances and firearms. Kelie proposed reaching out to groups like the Black New Suicide Prevention Coalition, Imagine Black, and Unite Oregon, with the aim of collecting responses by the end of January. The team agreed to finalize the report by the end of Q1 2024, with results to be presented at the March quarterly meeting. They also considered sharing a resource on "Know Your Neuro" and planned to further discuss recommendations for youth substance and firearm safety.

Action: Kelie will prepare the existing data for review at the next meeting.

Agenda Item: Neuro Resource and Suicide Prevention

Notes: The group discussed a resource called "Know Your Neuro," which includes a book and videos about brain development and preventing high-risk behaviors. Lee and Kelie suggested using the book as a group study, with 10-15 minute discussions at the beginning of meetings to explore how the information could inform policy work and recommendations. Gordon shared his newfound awareness of the connection between substance use and suicide, particularly noting that overdose is the most common method of attempted suicide in the U.S., while firearms remain the leading cause of death by suicide.

Action: Jenn, Pam, and Kelie will talk through funding and how to best get the book to the group.