

Oregon Alliance to Prevent Suicide  
Quarterly Webinar

\*This meeting will be recorded\*

Register here for calendar hold and zoom link:

<https://us02web.zoom.us/meeting/register/WU8NG50IQmeCbNSxixT96A>

Thursday, February 27, 2025


9:00 AM – 10:30 AM

Agenda:

- 1:00 – Introduce webinar, have attendees introduce self in chat, review agenda
- 1:10 – Mid-Valley Suicide Prevention Coalition work with Kelly Martin
- 1:40 – Handle with Care Program in Josephine County with Angela Franklin
- 2:10 – Quick Legislative Update with Jenn Fraga
- 2:20 – Reminder of upcoming meetings – Quarterly and Webinars
- 2:25 – Q&A

Attendees:

1. Amanda Ferrat
2. Angela Franklin
3. Daniell Zeigler
4. Dean Carson
5. Gordon Clay
6. Jenn Fraga
7. Kamryn Brown
8. Kelly martin
9. Kris Bifulco
10. Mike James
11. Nole Kennedy
12. Stephanie Willard



# Oregon Alliance to Prevent Suicide Webinar

February 2025



# Agenda

- Introductions
- Mid-Valley Suicide Prevention Coalition with Kelly Martin
- Handle with Care Program in Josephine County with Angela Franklin
- Quick Legislative Update with Jenn Fraga
- Overview of Upcoming Alliance Meetings





# Introductions

Please put your name, pronouns, affiliation,  
and where you're at in the chat



# Take a Moment

5-4-3-2-1

5 things you can see  
4 things you can touch  
3 things you can hear  
2 things you can smell  
1 thing you can taste



# Mid-Valley Suicide Prevention Coalition

## with Kelly Martin



# Handle with Care Program in Josephine County with Angela Franklin



# Quick Legislative Update - AFSP Advocacy Action Day

## HB 2538

Directs the Oregon Medical Board to require physicians and physician associates to complete continuing education regarding lethal means counseling.

## HB 2845

Requires an appropriation to the Department of Veterans' Affairs from the General Fund for suicide prevention supports and workforce re-entry.

## HB 3127

Requires medical certifiers and medical examiners to use the state electronic reporting system to report deaths to the Center for Health Statistics.



# Upcoming Alliance Meetings

Monday, March 3rd - Executive Subcommittee

Thursday, March 6th - Data & Evaluation Subcommittee

Friday, March 7th - Workforce Subcommittee

Tuesday, March 12th - Lethal Means Safety Subcommittee

Thursday, March 13th - Transitions of Care Subcommittee

Friday, March 14th - Full Alliance Quarterly Meeting

Wednesday, March 19th - Schools Subcommittee

Monday, March 24th - Equity Committee



**Thank  
You!**



O R E G O N

Health & Human Services

MID-VALLEY  
Suicide  
Prevention  
Coalition

# The Mid-Valley Suicide Prevention Coalition

Kelly Martin, MPH

Marion County HHS

February 27, 2025



## The Journey

- Polk County started the coalition in 2016
- Partnership between Marion and Polk Counties began in 2019
- Ebbs and flows
- Late 2022 started to see growth
- Current status



## The Focus

- Started with a focus on training
- In late 2022 focus shifted to coordinating resources and outreach and education
- Created a steering committee of community partners to help guide the direction of the group
  - S.W.O.T analysis and action plan each year
- Focusing on growing the Coalition with representation from many diverse groups
- Created a planning workgroup for outreach

# The Details

Quarterly meetings- rotating between Counites

Steering committee – meets twice a year

Planning committee- working group that meets monthly

Participants from schools, hospitals, veteran groups, older adults, community groups, youth serving organizations, 988.





# The Activities

## Signs of Hope





# The Activities

Life is Better With You Here



# The Activities

## Coffee Sleeves





# The Activities

Youth toolkits

# The Trainings

- QPR is the main training but do promote the other Big River classes
- Community can request training on the coalition website
- The group has a list of volunteer QPR trainers that we coordinate the trainings with
- We supply the booklets



# The Challenges

- Limited Funding
- Limited Time
- High needs







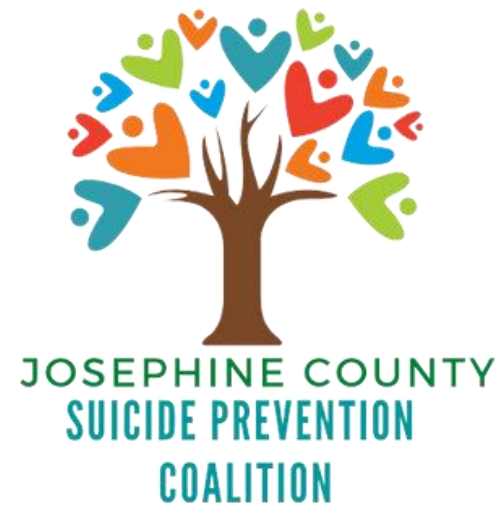
# The Next Steps

- Focusing on coalition survey results
  - Engagement opportunities
  - More Mental Health trainings
- Engaging with youth sports clubs
- Working to get more different groups represented at the coalition.
- Pursuing funding opportunities

# Thank you!

- Kelly Martin
- [kmartin@co.marion.or.us](mailto:kmartin@co.marion.or.us)
- [www.MVSuicidePrevention.com](http://www.MVSuicidePrevention.com)





A partnership between City of Grants Pass Police Department, Josephine County Sheriff's Office, Oregon State Police, Grants Pass School District 7 and Three Rivers School Districts, with support from the Josephine County Suicide Prevention Coalition.



# What is childhood trauma?

Commonly called Adverse Childhood Experiences (ACEs), are potentially stressful events that can have negative, lasting effects on health and well-being.

## ABUSE

Emotional  
Sexual  
Physical  
Domestic violence  
Witnessing violence  
Bullying  
Cyberbullying  
Institutional

## LOSS

Death  
Abandonment  
Neglect  
Separation  
Natural Disaster  
Accidents  
Terrorism  
War

## CHRONIC STRESS

Poverty  
Racism  
Invasive medical  
procedure  
Community trauma  
Family member with  
substance use  
disorder

# Adverse Childhood Experiences

ACEs = ADVERSE CHILDHOOD EXPERIENCES

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Mother treated violently



Divorce



Incarcerated Relative



Substance Abuse

## WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes



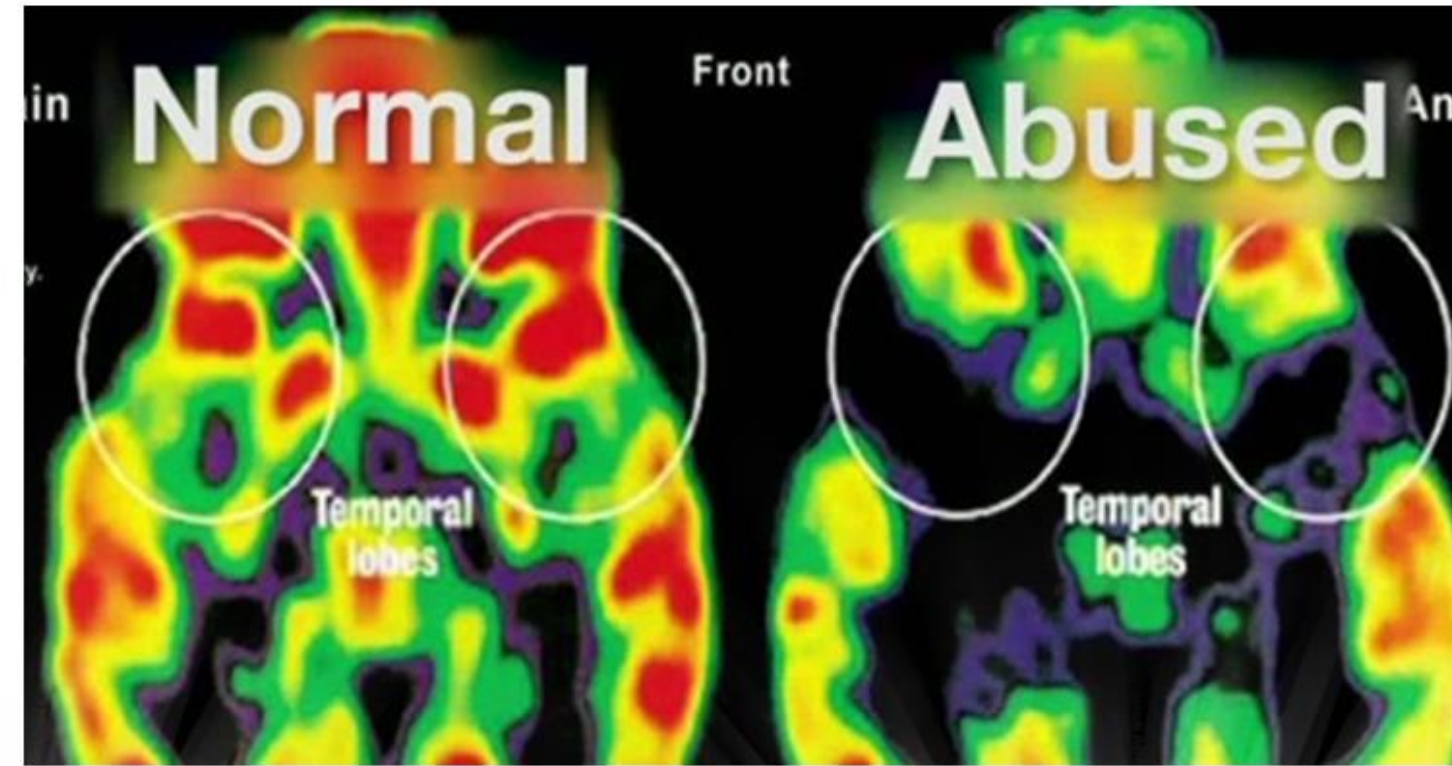
Possible Risk Outcomes:

BEHAVIOR				
Lack of physical activity	Smoking	Alcoholism	Drug use	Missed work
PHYSICAL & MENTAL HEALTH				
Severe obesity	Diabetes	Depression	Suicide attempts	STDs
Heart disease	Cancer	Stroke	COPD	Broken bones



# What is trauma's impact?

Disrupts development of brain, brain chemistry, and nervous system.



Disrupts development of organs, circulatory system, immune system, inflammatory response system

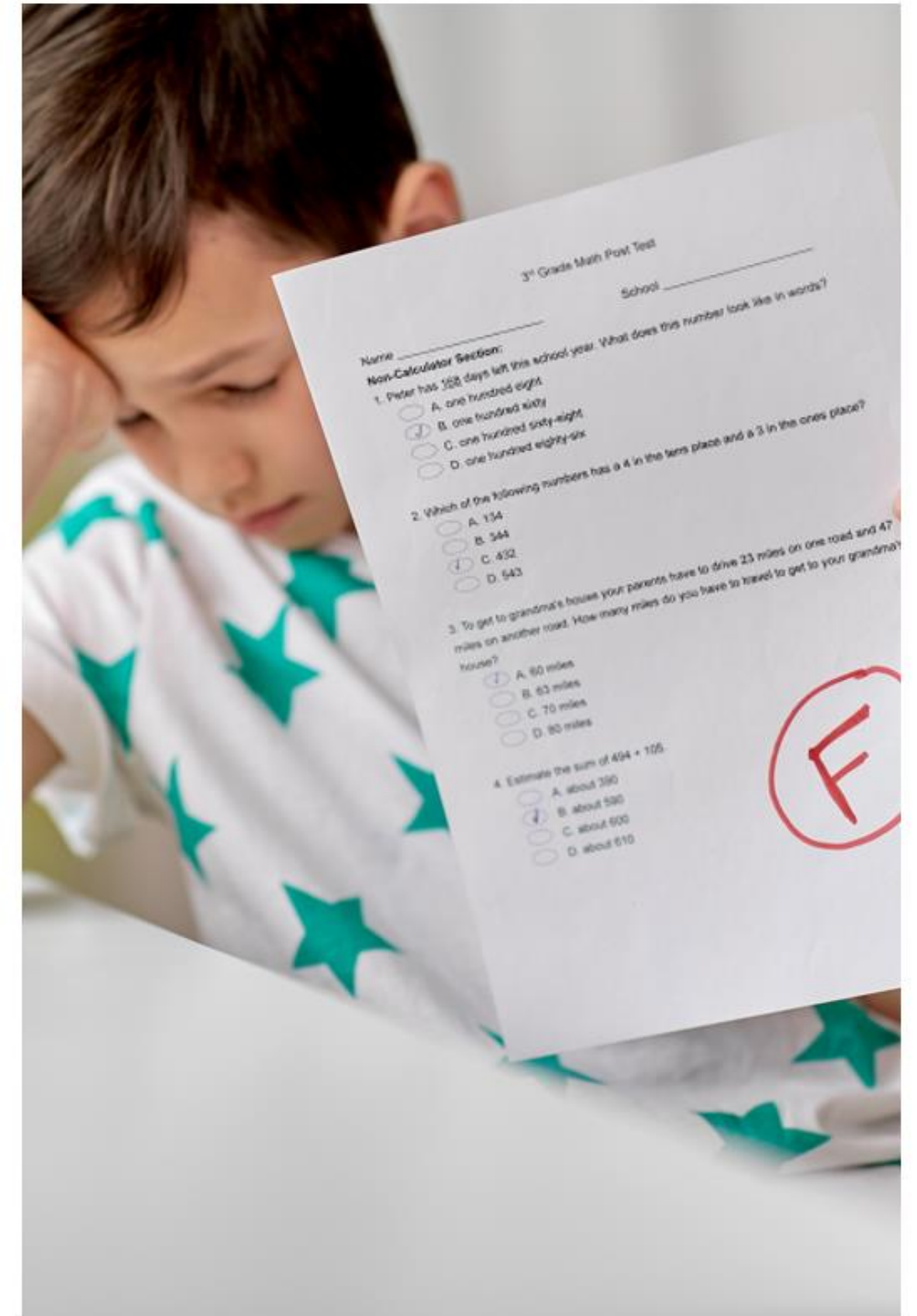
Impairs social, emotional, and cognitive development

Weakens ability to regulate emotion and manage impulse control



# Why school leaders care about trauma

- Decreased reading ability
- Lower GPA
- Higher rate of school absences
- Increased drop-out
- More suspensions and expulsions



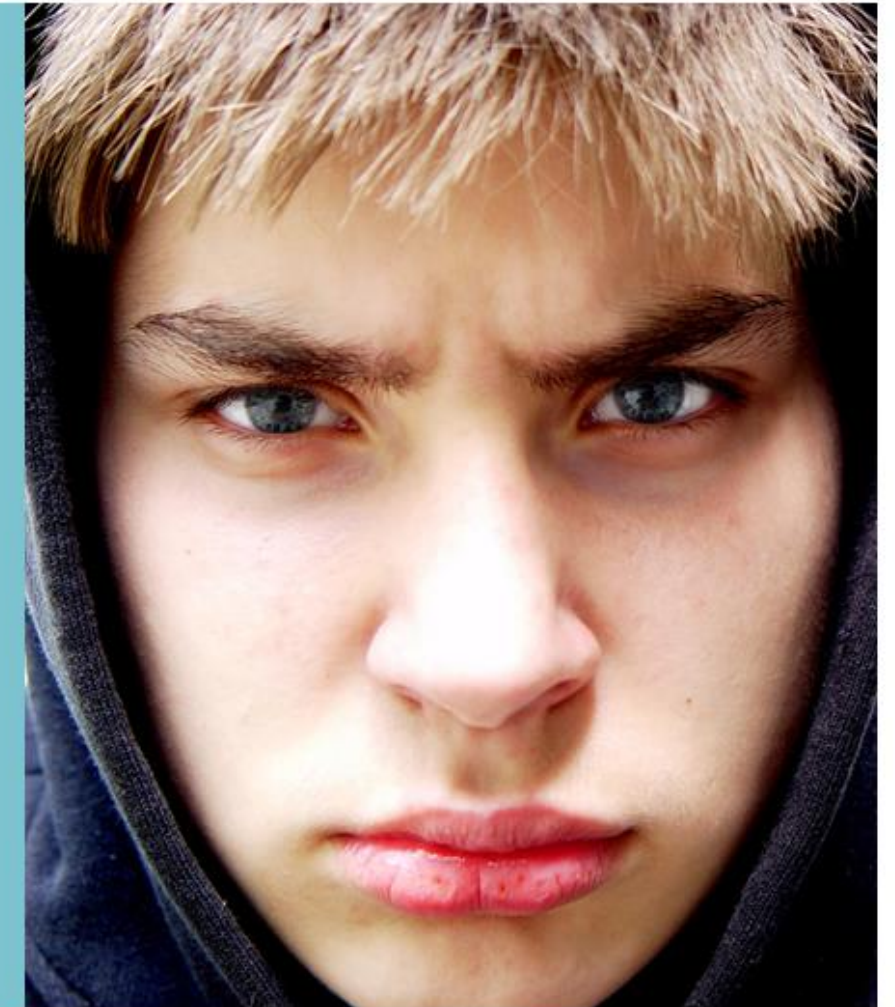


# Why school leaders care about trauma

A traumatized kid sees the world as a dangerous place, including school. Unfortunately, many adopt behavioral coping mechanisms that can frustrate educators, evoke exasperated reprisal.



Reactivity and Impulsivity  
Aggression  
Defiance  
Withdrawal  
Perfectionism





# The next day in school...

Are these children:

Hungry?

Falling asleep in class?

Doing their homework?

Failing a test?

Staring off into space?

Having an outburst?





# The next day in school...

Our schools strive to be  
"Trauma-sensitive."

Safe places where kids can  
build positive relationships with  
adults and peers, learn to  
manage their emotions and  
behavioral responses, and find  
academic success



# Upstream Suicide Prevention



Trauma-Informed in Action

# Handle With Care: History

2009 Office of Juvenile Justice Survey

2010 Defending Childhood Initiative

2011 West Virginia's Children's Justice Task Force formed a subcommittee to look at programming

2012 Developed the HWC program

2013 Piloted the HWC program

2015 WV State Police launched HWC statewide

2019 65+ cities have launched HWC



# Handle with Care

In a new program called “Handle with Care,” area law enforcement agencies are giving local schools a heads up when they learn a student has been exposed to trauma.

The schools aren’t given any information about the event, but are just told the student needs to be handled with care.

Student's name, D.O.B., and the phrase "HANDLE WITH CARE"

# How Handle with Care Works



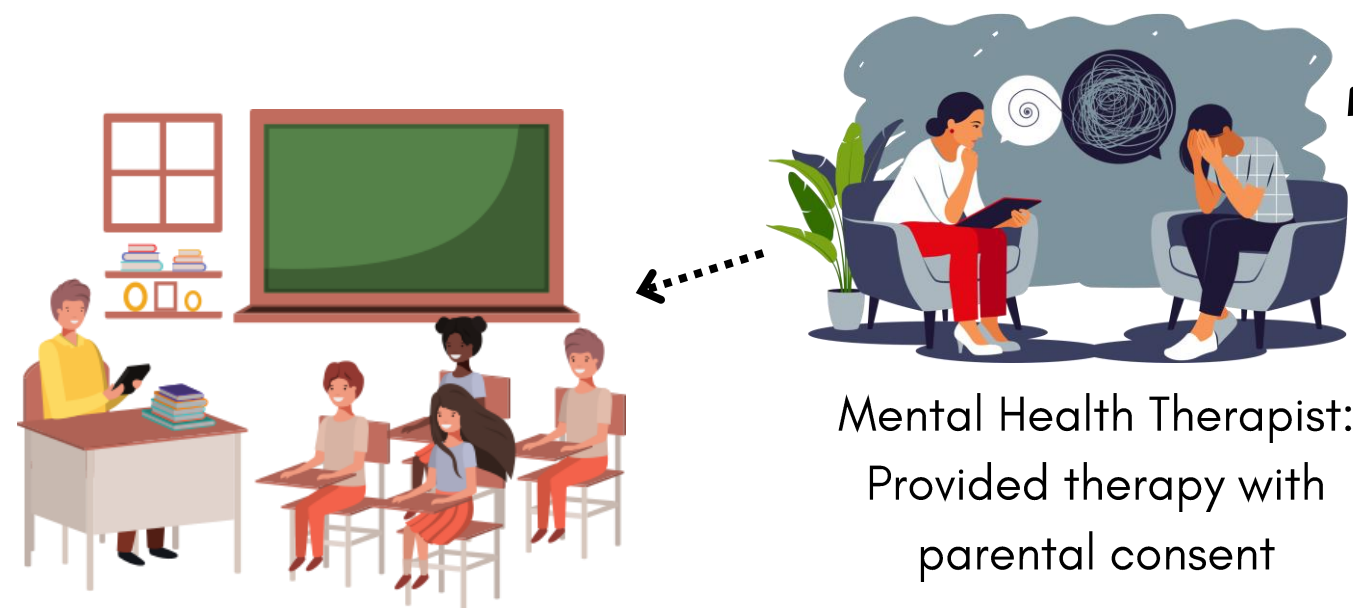
When an officer is called on a scene and sees a child who has experienced trauma, they gather info about what school the child attends.

HWC

The officer then emails a Handle with Care notice regarding the child to the designated school district personnel.

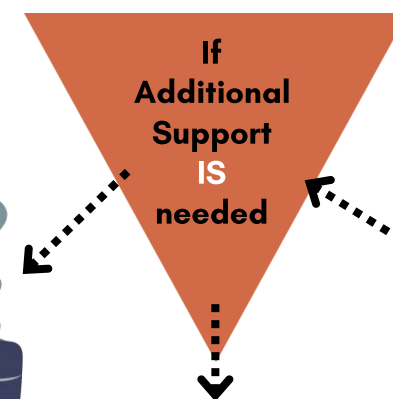


School district personnel forwards HWC notice to child's school building admin, where child's teaching staff are informed to "Handle with Care"



Mental Health Therapist:  
Provided therapy with  
parental consent

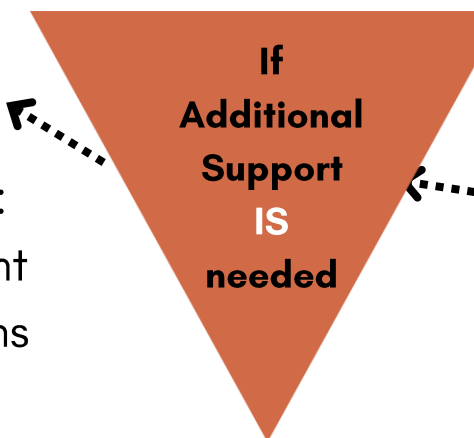
Continue with typical  
classroom activities



Continue to monitor  
and support as  
needed.



School Counselor:  
Provides assessment  
and/or interventions



Teaching staff and school personnel  
provide: classroom interventions,  
awareness, observation and/or support

# Types of Incidents for Handle with Care notices

- Traffic Injury Crash
- Death – suicide and non-suicide related
- Shooting
- Malicious wounding
- House Fire
- Robbery
- Home Invasion
- Search Warrant/ SWAT
  - ICE Raid
  - Eviction
- Arrest of a parent, sibling or other family member
  - Domestic violence
- Violence between adults – not DV but neighbors fighting etc
  - Drug ODs / Substance Use
- Abuse/Neglect of themselves or siblings where LEA respond
- Sexual abuse/assault of themselves or siblings where LEA respond
- Acting out of sibling where LEA is required to respond –  
*for example a sibling needing to be restrained because of their aggressive behavior, removed from the scene etc*

# Handle with Care

## What It IS:

- Notification system between law enforcement and the school district.
- Students exposed to potentially traumatic events.
- Ensures students exposed to trauma receive appropriate interventions.
- Supports staff in managing difficult student behaviors that can stem from trauma.
- Gives staff the opportunity to get ahead of potential challenges in the classroom.



# Handle with Care

## What It Is NOT:

- A rumor mill. HWC notifications will only go to designated school personnel.
- An opportunity to ask questions. Staff who receive an HWC notification will respect the student's right to privacy.
- A guarantee that a mandatory report will be necessary. An HWC notification does not mean the child is unsafe at the home.
- An invitation to "rescue" the student. Staff will focus on healthy support including setting boundaries, empowering students to do what they can for themselves, and recognizing when students need a break.

# Implementation:

- Minimum key stakeholders included schools, law enforcement agencies, and mental health providers.
- Commitments came from local leaders (school superintendents, principals, police chief, sheriff, mental health providers).
- Liaisons/Champions: school, law enforcement and mental health providers designated a few people to serve as the Liaisons/Champions for their organization.
- The Josephine County Suicide Prevention Coalition, with support from SPC Angela Franklin, provides ongoing assistance.

- With guidance from Wasco Co HWC stakeholders, protocols developed and MOUs were signed by all stakeholder organizations.
- Schools and LEAs provided w/ HWC implementation materials for training staff (includes 1 hr training)
- Monitor and review HWC for each school district and school, (quarterly), with support from Josephine Co Suicide Prevention Coalition HWC Workgroup

# Data Collection and Review:

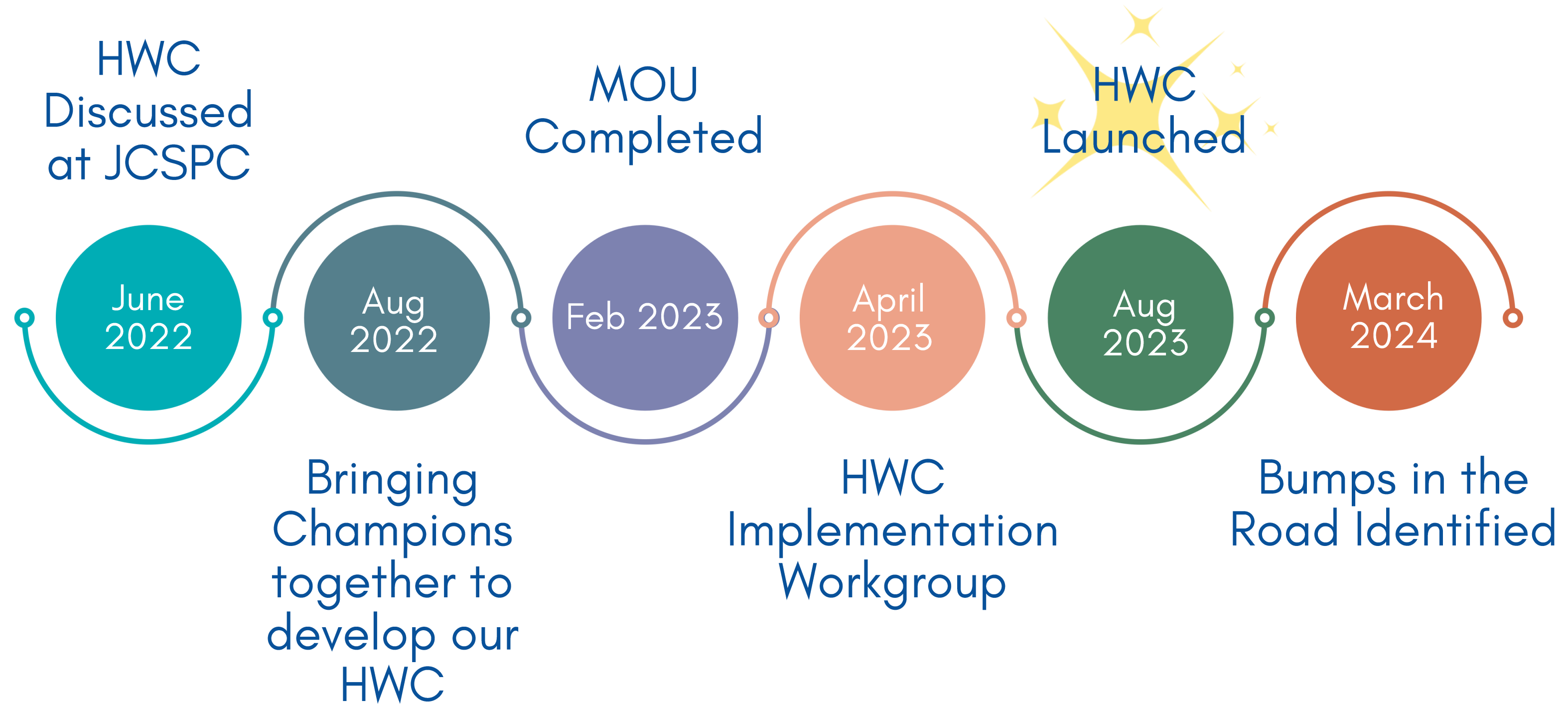
- School District HWC Lead keeps a spreadsheet of HWC notices:  
Student ID, HWC Notice Date, Student Grade,  
Student School
- School Designated HWC Lead keeps a spreadsheet of:  
Student ID, HWC Notice Date, Teachers Notified,  
Staff Notified, Referrals to Internal/External Supports



# Gathering Information from Teachers for Program Review (Quarterly)

- How many students were identified as needing HWC support?
- What changes were noticed in students after they were identified for HWC support?
- What steps were provided for additional support to students identified for HWC support?
- What resources were used to address student's needs?
- What would help meet the needs of students identified for HWC support?

# Time Line of Handle with Care Josephine Co.



# Our Barriers to Implementation

- Understaffed Sheriff Department
- Full participation of LEAs: to educate and train all deputies/officers to understand why and how.  
(utilizing AM and PM shift changes)

**TRAININGS SCHEDULED FOR MARCH!!!!  
and  
School Refresher**

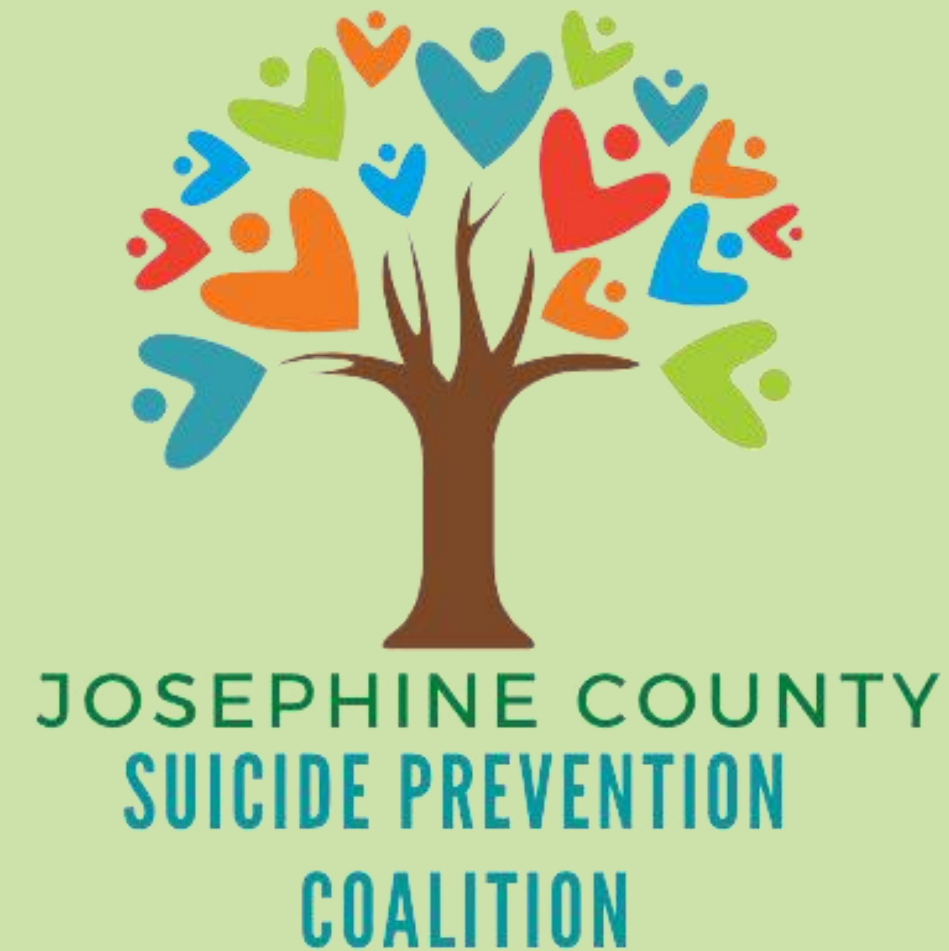


# HWC is spreading!



Interest  
Development Phase  
Active

# Questions?



**Angela Franklin**  
**[afranklin@optionsonline.org](mailto:afranklin@optionsonline.org)**