

Suicide Prevention Training for Healthcare Providers

Highlights From What
We've Learned

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What We've Done

- ▶ Small Steps
- ▶ Behavioral Health Training
- ▶ Written Sample Legislation

Where We Are

- ▶ Annual Review of SB 48 Training Report
- ▶ Scanned National Organizations and Other States: Healthcare Provider Training

Going Forward

- ▶ Interviews with Healthcare Professionals
- ▶ **Next Steps**

Why focus on healthcare provider training?

Of people who die by suicide –

- 77% of individuals had contact with their primary care provider in the year before death
- On average 45% of individuals had a contact with primary care provider in the month before death
- National organizations and governments concur training healthcare professionals is a critical suicide prevention strategy for
- Patient Safety and Provider Well-Being

States Take Different Approaches to Healthcare Provider Training

- ▶ Encourage - Require
- ▶ Selected professions, all healthcare providers
- ▶ Duration, Frequency, Topics Covered
- ▶ Training Options

Kentucky

- ▶ Requires SP training for nurses
- ▶ 1 contact hour suicide prevention (general)
- ▶ 1 contact hour: chronic toxic and secondary traumatic stress, pathway to care for nurses at risk for suicide

August 2022, nursing programs – suicide prevention as part of curriculum

Nevada

Physicians are required to complete SP training, topics such as:

- Risk factors associated with suicide
- Process of screening and assessment to determine risk for suicide
- Management of patients at risk for suicide
- Treatment modalities that may be used for persons at risk for suicide
- Approaches to engaging other professionals in suicide intervention

Washington

- ▶ Early adoption, legislation required SP training across healthcare provider professions
- ▶ One the first states and most comprehensive list of providers
- ▶ Duration and frequency varies, dependent on healthcare profession
- ▶ Implementation challenges

Many Training Options – Public and Private Sources

- ▶ Virtual Learning Experiences: Learning labs, Micro-learning, SPARK talks
- ▶ Online Courses and Webinars
- ▶ Toolkits, Publications
- ▶ Videos (Utah)
- ▶ Online Consultations
- ▶ In-person (training sessions, in service, conferences, etc.)
- ▶ Hospital and Professional Organization Sponsored Training
- ▶ Toolkits, public and private.

Levers for Change

What are our levers for change now that the Alliance is no longer able to directly sponsor legislation?

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October 4, 2024

Sources and Resources

Contact with primary care provider prior to death by suicide:

<https://zerosuicide.edc.org/evidence/evidence-base>

Utah: Primary Care Provider – training video

https://le.utah.gov/xcode/Title58/Chapter1/C58-1-S601_2022050420220701.pdf

Safer Suicide Care Through Systems Change – workforce training; page 20.

<https://stacks.cdc.gov/view/cdc/44275>

American Hospital Association – data on physician and nurse burnout

<https://www.aha.org/aha-center-health-innovation-market-scan/2024-02-06-what-physicians-and-nurses-want-execs-do-about-burnout-problem>

Other States

Kentucky – see Section 5, (8)

<https://apps.legislature.ky.gov/law/kar/titles/201/020/215/>

Nevada

<https://legiscan.com/NV/text/AB105/id/1620042>

Washington – training; legislation; initial legislation re: SP training, multiple amendments over the years.

<https://intheforefront.org/education-training/>

<https://lawfilesexxt.leg.wa.gov/biennium/2011-12/Pdf/Bill%20Reports/House/2366-S.E%20HBR%20FBR%2012.pdf>

General Information

Utah – Suicide Prevention Training

<https://cme.utahmed.org/products/2024-suicide-prevention#:~:text=Yet%20according%20to%20the%20Utah,help%2Fassist%20a%20suicidal%20individual.>

The American Hospital Association (AHA) released a Suicide Prevention Guide in Action [webpage](#), featuring successful strategies from hospitals and health systems that participated in its recent suicide prevention learning collaborative with the Centers for Disease Control and Prevention. The guide includes strategies to reduce the stigma associated with seeking treatment; improve access to behavioral health resources; and mitigate the effects of job-related stressors.

AHA website – Guide and related info-graphic.

<https://www.aha.org/suicideprevention/health-care-workforce/guide-in-action>

<https://www.aha.org/system/files/media/file/2023/09/suicide-prevention-collab-infographic.pdf>

The Joint Commission – accreditation of healthcare organizations; Item below - Required Policies and Procedures in Suicide Prevention Programs

<https://www.jointcommission.org/resources/news-and-multimedia/blogs/dateline-tjc/2022/05/required-policies-and-procedures-in-suicide-prevention-program/>

American Medical Association – Steps Forward Suicide Prevention (how-to guide)

https://edhub.ama-assn.org/steps-forward/module/2702599?resultClick=1&bypassSolrId=J_2702599

Utah Medical Association – training; data, cited Utah Behavioral Health Workforce Suicide Prevention Survey

<https://cme.utahmed.org/products/2024-suicide-prevention#:~:text=Yet%20according%20to%20the%20Utah,help%2Fassist%20a%20suicidal%20individual.>

Indiana Suicide Prevention Resources Toolkit – Healthcare section

<https://www.in.gov/health/safesleep/files/SLC-T.Healthcare!!.pdf>

Indiana Suicide Prevention Resources Toolkit – full doc, has multiple sections for various sector.

https://www.in.gov/health/safesleep/files/Suicide-Toolkit_Full2020.pdf

American Academy of Pediatrics (AAP) – this is a short video; this page also has multiple topics related to a blueprint for youth suicide. Prevention.

In [this video](#), Janet Lee, MD, FAAP, takes you through a three-step clinical pathway to identify young people 12 and older who are at risk for suicide.

<https://www.aap.org/en/patient-care/blueprint-for-youth-suicide-prevention/?srsltid=AfmBOopfo8Hon2hem0koRNnhM0mKHziXV797Qm9rKCCSW>

AAP Suicide Prevention Training

<https://www.aap.org/en/search/?k=suicide%20prevention%20training&page=1>

Suicide Prevention Resource Center – training, multiple options for virtual training.

<https://sprc.org/training/>