

Alliance Quarterly Meeting September 27, 2024 9:30 AM – 12:30 PM HYBRED (In Person and Virtual)

Our Mission: The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

Our Vision: In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

Equity Statement: To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities, and geographic locations.

Minutes

This Meeting Was Recorded

9:30 – 9:55 AM Welcome and Agenda Review

Charlette Lumby, Annette Marcus, Jill Baker, Chelsea Holcomb

Charlette welcomed everyone joining in person and online. She thanked attendees for being here today and staying connected while the Alliance has gone through a realignment over the past several months. It has been challenging and the changes to our bylaws, required by DOJ of all state related advisory groups, has been a great deal of work. A small workgroup came together several times over the summer to craft bylaw revisions and, with the executive subcommittee, have done the heavy lifting to bring us into compliance with the requirements. During the process, many of our subcommittees have been on hold and I'm happy to say they will be starting up again in October. To continue moving our work forward, consider participating in one of our subcommittees and add your voice to our advisory work. Today we will:

- Vote to adopt revised bylaws
- Vote on our standing subcommittees
- Elect new members to our executive subcommittee



We will also hear from Jill Baker, on the Children's Behavioral Health System. Jill will be asking for our input – this is an opportunity to bring your ideas and voice forward.

Thank You, Galli!

Before we begin, I want to take a moment to honor the strong and amazing leadership of Galli Murray who has been our chair for the last four years. She is an incredible leader and is leaving me with big shoes to fill. Thank you, Galli, and thank you for agreeing to continue to work and support the Alliance as we move forward. I am honored to do this work with you, Galli, you remind me of my favorite Gandhi quote, "Be the change you wish to see in the world."

Jill also thanked Galli and shared she is grateful for Galli's work with the Alliance, Clackamas County Suicide Prevention Coalition, and her efforts at the state level. Thank you, Galli for your time and service and what you give to all of us.

Chelsea shared that she, too, was appreciative of Galli's leadership and thanked everyone who worked on the bylaws. This group has been amazing to work with on the revisions—it is a challenging and difficult task. Chelsea added she looks forward to staying in touch with the Alliance and supporting our work as we move into the 2025 legislative session.

<u>Breakout Session – Meet and Greet</u>

Charlette reminded us that connection and support are key to being resilient. As we navigate September, Suicide Prevention Month, it is a good time think about our connections and support. Today's "meet and greet" session is an opportunity to reflect on and share "What helps you feel connected and supported" in our work. Charlette welcomed everyone back after 5 minutes and asked if anyone would like to briefly give an example or two from their group. Highlights include:

- Having personal connectedness within the Alliance and doing this work with this group feels supportive.
- It means a lot to be connected to this work.
- The Alliance is a supportive community; using humor, showing kindness, and sharing pets feels supportive.
- There are so many good people doing this work connecting and supporting each other.
- Friends showing up for you is my support and connection.



- Feeling safe to be vulnerable and when people know there is something on your mind, they are willing to engage in conversation and check in on you intentionally.
- Nature really helps keep us grounded and connected.

9:55 – 11:30 AM Alliance Business

Charlette Lumby, Chair Annette Marcus, Alliance Policy Manager

June 2024 Quarterly Meeting Minutes

Charlette asked for a motion to approve the June 2024 quarterly meeting minutes. Justin Potts: I move to approve the June 2024 quarterly meeting minutes; Mike James seconded the motion. Charlette called for discussion, hearing none she asked members to vote. Motion passed, 28 yeas, no nays and one abstention.

Bylaws

Charlette asked Annette to provide an overview of the revisions to the bylaws and reminded attendees this will be a high-level look at the clarifications and changes.

Annette opened with comments about being optimistic and that after several months of working through the bylaws and changes to how we do our work, it feels like we've turned a corner. While we may be doing things in more formal ways, we will continue to have the ability to influence suicide prevention strategies/policies at OHA. We also have a growing relationship with ODE. Annette reminded attendees that DOJ informed Alliance, along with many other advisory groups, about compliance with public meeting laws, quorum for voting, and the need to align our work with statutory requirements.

One major changeis we must discontinue our advocacy at the legislative level. We may no longer approach individual legislators or submit legislation on behalf of the Alliance. If an individual member wants to advocate at the legislative level, they cannot represent the Alliance and must be clear they are representing themselves or another organization. In its advisory capacity, the Alliance will provide recommendations to OHA and OHA will determine whether to move recommendations through their system for legislative actions or other policy decisions. Annette will put together a "how to" group to help members stay on track with these changes.

Annette reviewed the following high-level changes to the bylaw, highlights from the discussion follow:



Review and Vote: Proposed Updates to Bylaws and Vote on Revisions

Clarifications

- Revisions made clear that the Oregon Alliance to Prevent Suicide is the same as the YSIPP Advisory Committee (per SB707); this means we are an official part of the state. It also means that we must comply with public meeting laws and follow more formal ways of voting/quorum.
- Made the Alliance's statutory authority consistent with the bylaws (recommending legislative priorities, etc.).

Decision Making

- A quorum is required for taking a vote
- Quorum for Executive and Full Alliance defined as 50% of members + 1, must include chair or vice-chair at meeting.
- Quorum for subcommittees: 3 voting members, must include chair or vice-chair of subcommittee; quorum is set at this level because not all individuals participating on subcommittees are Alliance members – many from our communities attend and all who are interested are invited to participate. OHA members can vote (but may choose to abstain). If someone abstains, it does not affect quorum.
- Executive subcommittee has authority to recommend appointment and removal of members. The executive subcommittee recommends to OHA and the decision to accept or reject recommendation to remove is made by the OHA director.
- Executive subcommittee may make time-sensitive recommendations to OHA between quarterly meetings.

Membership and Stipends

Membership Requirements

- Attend three of four quarterly meetings.
- Review specific OHA policies re: professional workplace, discrimination, public records, and privacy/security.
- Complete online trainings (previous bullet) from DAS, this is a state requirement per Professional Standards for all state advisory groups. Jill added that OHA will arrange for training and all Alliance members will be required to take online trainings by March 2025. Trainings are being developed and will be ready by end of October 2024. More information will be sent by Alliance staff and OHA. Executive subcommittee will field test; Annette be available to help members navigate the online training.



Member Resignation or Removal

- Executive subcommittee may recommend member removal to OHA based on not meeting member expectations. On the simple level, we will track participation. Annette acknowledged that members have busy schedules, yet engagement is essential to our work. All interested are invited to join and participate in subcommittees; meetings are less formal, subcommittees rarely vote, decisions are usually by consensus. Recommendations for OHA must be voted on in the subcommittee before sending to executive subcommittee for consideration to forward to OHA.
- The decision to accept or reject recommendation to remove is made by the OHA director.
- Issues related to discrimination/harassment follow state (DAS) policy

Stipends

Clarity re: who qualifies for stipends (members) and types of activities.

Charlette called for a motion to approve the bylaws. Don Erickson moved to approve bylaws as presented. Kelie McWilliams seconded motion. Charlette asked if there was any discussion, highlights include:

Highlights from discussion on revisions to the bylaws:

Will members be able to receive a stipend for completing training?
Yes, members eligible for stipends will be reimbursed for time related to required training. Stipends are income based (\$50k single household; \$100k dual household) and available to Alliance members who have received an official membership appointment letter from OHA. Membership letters will be going out soon and will have requirements for the training and information about stipends.

Please, confirm that using workday accounts does not make someone an employee of the state and will not result in a W2 or 1099.

Jill shared that the fix re: workday accounts glitch is in progress; stipends do not mean "employed" by OHA. The link to workday accounts will confirm that Alliance members receive a stipend and are not an employee.

While Jenn is on leave, please contact Annette about stipends.



• What things require a vote in subcommittees?

In the past, voting was often related to legislative activity that reduces what needs to be voted on in the future. At the subcommittee level, voting will now center on recommendations that are sent to the executive subcommittee for approval to submit to OHA. Another example is the development of an official document (where we take a position such as the one the schools subcommittee developed). Selecting a chair and co-chair currently happens within the subcommittee. Often chairs volunteer to lead rather than by nomination/vote. Moving forward, we may need to be more formal about chair selection. Per the revised bylaws, to take a vote a subcommittee must have a quorum which is 3 members including chair or co-chair.

Do both chair and co-chair have to be a voting member?

No, but one must be a voting member as they sit on the executive subcommittee. Both chair and co-chair may attend executive subcommittee meetings, however, only one may vote.

What can we do re: advocacy?

Going forward, the primary advocacy work of the Alliance is advising OHA on suicide prevention policy. Our partner, AFSP, is an advocacy organization and a voice for suicide prevention. As individuals, we can advocate at the legislature but not on behalf of the Alliance. If a member gives testimony, writes a letter, or talks with a legislator, it's ok to say you are a member of the Alliance but must be clear you are not representing the Alliance.

Comment by member:

We must acknowledge what we've have lost now that Annette can no longer work with legislators and as an organization, we cannot write and/or take a position on legislation. This is a major change in Alliance work. What Annette will continue to do is inform us about what is happening at the legislature.

 <u>Future task</u>: have clear information on how policy recommendations move through OHA. Also need a clear script to support advocacy by individuals and how to frame not representing the Alliance. Charlette asked if anyone was interested in working on structure/what is the process for accomplishing advocacy. Don Erickson volunteered to lead a workgroup, Angela (AFSP) volunteered, Annette will work with Don on next steps. OHA will provide clarification/explanation on OHA internal processes re: Alliance recommendations.



- Member removal: Will a member be held to the "missed 3 of 4 quarterly meeting" as reason for removal if there is a medical emergency reason for missing meetings?
 - The point of the attendance/missed meetings policy is that we want members to be meaningfully engaged with our work and absolutely yes medical exceptions are reasonable excused absences. Annette asked voting members to reach out to her if there are questions or issues with attendance.
- Tribal members on executive subcommittee: Why don't the bylaws require seat(s)
 for Tribal members? On page 6 of the bylaws, the language indicates the Alliance
 will always hold space for Tribal members. This seems vague compared to other
 areas that are more specific.
 - Jill shared that we didn't want to require a position which would put pressure and expectations on our Tribal partners who are already doing lots of work on suicide prevention and have multiple obligations.

Kelie shared that the bylaws workgroup was also concerned about vacant seats and making it difficult to meet quorum requirements. Because there are multiple federally recognized Tribes across the state, we were aware of the challenges of differentiating which Tribe. The language we used was to welcome all Tribes into the space and to be supportive and receptive to a request to have a seat. Jill added we have Tribal partner/members on the Alliance, what we're talking about now is a seat on the executive subcommittee.

Discussion points also included the importance of language (Tribal members, Indigenous People, Native Communities), qualifiers such as "connected to suicide prevention work", and how many designated at-large seats to have on the executive subcommittee.

Shane suggested that when he and Jill attend quarterly Tribal meetings they can share about the Alliance/work and bring information back to the Alliance about Tribal suicide prevention activities. They could also suggest to the group to extend an invitation to Alliance representative to attend Tribal prevention meetings. The next prevention meeting is in Portland on December 2 – 4, 2024. This is a meeting of 9 federally recognized Tribes and two Tribal organizations, NARA NW and NW Portland Area Indian Health Board.

Based on the discussion, Charlette shared that it is important that we are intentional about amendments. Members suggested the original motion be amended to include language about a timeframe for amendments to address issues with attendance and



concerns re: Tribal seats on the executive subcommittee. Charlette asked Don to amend his motion, he amended it to: I move to pass the bylaws as presented with a commitment to address language regarding attendance and Tribal participation by March 2025. Angela Perry seconded the motion. Motion passed: 26 yeas; no nays; 3 abstentions.

Review and Vote: New Alliance Subcommittees Group Structure

Subcommittees and Meeting Schedule

- Schools 3rd Wednesdays 8:30 10:00 am
- Executive 1st Mondays 2:30 4:00 pm
- Workforce 1st Fridays 9:00 10:30 a.m.
- Lethal Means Safety 2nd Wednesday 1:00 2:15 pm
- Equity 4th Mondays 1:00 2:30 pm
- Data and Eval TBD-moving to once a quarter meetings
- Transitions of Care 2nd Thursday 1:00 -2:30

ANNETTE - ADD A STATEMENT ABOUT AFFINITY GROUPS?

Charlette reminded attendees the executive subcommittee has reviewed/approved this list and has forwarded it to the full membership for approval. Charlette noted the executive subcommittee recommended the Equity Advisory become a subcommittee rather than remain an advisory group. Charlette called for a motion to approve the subcommittee structure. Justin Potts motioned to approve the proposed subcommittee structure; Sandy Bumpus, seconded. Charlette called for discussion, there was one question about data and evaluation scheduled meetings. Jill noted we're voting on subcommittee structure, and it is important to vote on this structure because subcommittee chairs sit on the executive subcommittee; meetings are scheduled by each subcommittee and posted on the Alliance website. Attendees were encouraged to join a subcommittee, please contact Annette with questions and information about meetings. Charlette closed the discussion and called for a vote. Motion passed: 24 yeas; 0 nays; 3 abstentions.

Charlette opened the next agenda item, a vote on the slate of nominees for the executive subcommittee. Annette posted a slide with the list of current executive subcommittee members before Charlette asked nominees to provide a brief self-introduction.

Vote: Nominations for Executive Subcommittee



Current Members of Executive Subcommittee

- Galli Murray (outgoing chair)
- Charlette Lumby (incoming chair)
- John Seeley (Education)
- Kirk Wolfe (Healthcare)
- Gordon Clay (At-large)
- Laura Rose Misaras (lived experience)
- Angela Perry (lived experience)
- Don Erickson (chair Workforce)
- Justin Potts (chair, Schools)
- Karen Cellarius/Sandy Bumpus (Data/Eval chairs)
- Liz Schwarz (Transition of Care)
- Kelie McWilliams/Pam Pearce (Lethal Means chairs)

Nominees for Open Executive Subcommittee Positions

- Vice-Chair: Donald Erickson
- Lived Experience: Siche Green-Mitchell
- Young Adult: Aaron Townsend
- At-Large: Craig Leets

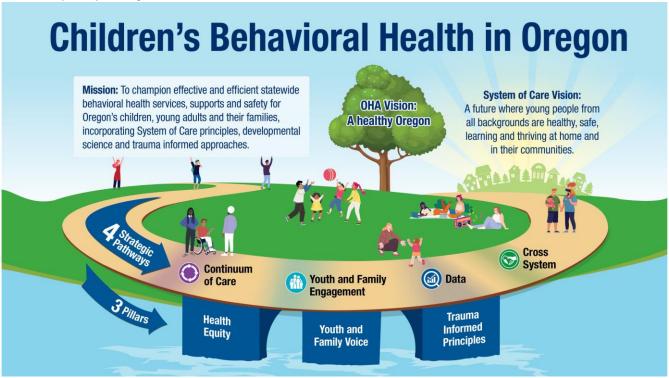
Charlette called for a motion to vote on the slate. Tanya Pritt moved to approve the slate as presented; Angela Perry seconded the motion. Charlette called for discussion, hearing none, she called for a vote. The motion to accept the slate of nominees as presented passed: 27 yeas; 0 nays; 4 abstentions.

11:30 - 11:40 AM Break

11:40 – 12:20 PM Input for Children's Behavioral Health Jill Baker, OHA

Jill provided a high-level overview of the Children's Behavioral Health system (slides are included in meeting materials) and shared that suicide prevention is a part of the larger system/continuum of care. She is interested in input from the Alliance on children's behavioral health and there will be two opportunities for feedback – today during the breakout session and through a survey following our meeting.





Jill asked attendees to answer the following questions in the breakout session:

- 1. When thinking about Children's Behavioral Health in Oregon, what is working well?
- 2. When thinking about Children's Behavioral Health in Oregon, what is **not** working well?
- 3. What else do you want the Child and Family Behavioral Health team to know?

Jill asked note takers Suzie Stadelman, Daniell Zeigler, Tanya Pritt, Karen Cellarius, and Shane Lopez-Johnson to send their notes to her.

Highlights from the report-out include:

- Primary care needs to be explicitly called out in the continuum of care.
- Suggested that a 4th pillar, Healthcare Provider, be added to the slide.
- Clarify what "children" means under 18?
- Support caregivers
- Resources are not being utilized.
- · So many smart, dedicated people with brilliant ideas and insight



- There are some quality resources, but awareness of those resources is lower than we would like.
- Connecting suicide prevention to more upstream issues (e.g., social determinants of health).
- Streamline billing, it is a barrier to keeping counselors/therapist.
- Need for diversity, retention, and support for diverse providers.
- Access to training and schools (screenings) going well.
- Schools question: where do we refer/send children for extra help?
- OHA creates barriers.
- Private counselors have difficulty staying in the field due to billing/collection barriers; some are wanting to leave the field because of that.
- OHA needs to hold CCO's accountable to their contracts; services need to be streamlined; structural change needed, less relational.

Jill thanked attendees for their feedback and asked them to complete the survey, **Informing OHA on Children's Behavioral Health** – this is an additional opportunity for input. The survey results will go to evaluators for analysis.

Link to the survey:

https://forms.office.com/pages/responsepage.aspx?id=6GOOZTmNnEmPSBOtyUUv TCmYGHzwN-

1CoFVzHrEbGrxUOVhFWEs1TThISTNQVjJHSUFOWTNMNFRSRS4u

12:25 – 12:30 PM Adjourn

Charlette Lumby, Chair

Charlette thanked attendees and adjourned the meeting.



Alliance Quarterly Meeting September 27, 2024 Attendance

- 1. Aaron Townsend
- 2. Angela Perry
- 3. Antonia Alvarez
- 4. Avalon Mason
- 5. Charlette Lumby
- 6. Craig Leets
- 7. Debra Darmata
- 8. Don Erickson
- 9. Donna Marie Drucker
- 10. Galli Murry
- 11. Gordon Clay
- 12. Ishawn Ealy
- 13. Jill Baker
- 14. Justin Potts
- 15. Karen Cellarius
- 16. Kelie McWilliams
- 17. Kim Meecher
- 18. Kirk Wolfe
- 19. Kris Bifulco
- 20. Laura Rose Misaras
- 21. Liz Swartz
- 22. Lucina Armstrong Michaud
- 23. Lukas Soto
- 24. Mary Massey
- 25. Maryanne Mueller
- 26. Mike James
- 27. Monica Parmley-Frutiger
- 28. Paige Hirt
- 29. Rachel Howard
- 30. Roger Brubaker
- 31. Sandy Bumpus
- 32. Shane Lopez-Johnson
- 33. Siche Green-Mitchell
- 34. Stephanie Willard
- 35. Tanya Pritt
- 36. Taylor Chambers
- 37. Timothy Glascock
- 38. Jenn Fraga
- 39. Annette Marcus
- 40. Lucina Armstrong-Michaud
- 41. Julie Scholz
- 42. Dean Carson
- 43. Shannon Marble
- 44. Jon Rochelle
- 45. Claire Kille

46. Chelsea Holcomb

47. Ritu Roy