

## Alliance Executive Committee Meeting

February 5, 2024

### Alliance - Executive Committee Meeting

Monday, February 5, 2024

2:30 PM – 4:00 PM

**\* This meeting will be recorded \***

Join Zoom Meeting:

<https://us02web.zoom.us/j/89796541408?pwd=OGpPRVArcDhTS1MzWml3YUhaZHV3dz09>

One tap mobile +16699009128,,89796541408#,,,,\*651946# US (San Jose)

Committee Members and Affiliates: Co-Chair Charlette Lumby, Angela Perry, Gordon Clay, Jill Baker, John Seeley, Justin Potts, Karen Cellarius, Kirk Wolfe, Laura Rose Misaras, Liz Schwarz, Meghan Crane, Pam Pearce

Committee Members not in Attendance: Chair Galli Murray, Deb Darmata, Don Erickson, Kelie McWilliams, Sandy Bumpus, Shanda Hochstetler, Taylor Chambers

Staff in Attendance: Jennifer Fraga (Alliance)

Staff not in Attendance: Annette Marcus (Alliance)

Guests: Aaron Townsend, Craig Leets, Jonathan Hankins, Mary Massey, Michelle Bangen, Siche Green-Mitchell

#### *Our Mission*

The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

#### *Our Vision*

In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

#### *Equity Statement*

To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities and geographic locations.

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Time	Agenda Item	What / Update
2:30	<b>Welcome, Announcements</b>	<ul style="list-style-type: none"> <li>- AFSP State Capitol Day February 12<sup>th</sup>. You can register to attend here. 25 people are currently registered to attend and there are 40 total spots available. Charlette shared about her experience attending last year. If any youth / young adults want to attend but experience transportation as a barrier, reach out to Jenn so she can help to coordinate this with them.</li> <li>- Charlette and Michelle are presenting a QPR+ training today.</li> </ul>
2:40	<b>Vote on Minutes (November and January)</b>	John moves to approve both November and January meeting minutes. Angela seconds the motion. Minutes for both meetings pass.
2:45	<b>Updates from Transitions of Care Committee</b>	<p>Transitions of Care Committee have written two letters that will be submitted to OHA. Both letters are around recommendations for HB 3090.</p> <ol style="list-style-type: none"> <li>1. The Committee is asking for regular updates from OHA about key items in the Survey findings and recommendations that the Committee is tracking. Updates are requested on a quarterly basis.</li> </ol> <p>Feedback from the group:</p> <ul style="list-style-type: none"> <li>- Include a redo of the survey in a certain number of years as a recommendation to OHA.</li> </ul> <ol style="list-style-type: none"> <li>2. The Committee asks for OHA to improve the website that shares information on HB 3090 including information on how families can submit complaints from personal experiences in the hospitals.</li> </ol> <p>If you are interested in the Committee’s strategic plan, it can be found <a href="#">here</a>.</p>
3:00	<b>Lethal Means Safety Policy Priority</b>	<p>Jenn shared updates on the Lethal Means Safety Committee’s policy priorities for the 2024 Short Session.</p> <ol style="list-style-type: none"> <li>1. <a href="#">HB 4096</a> would allow FFLs to hold firearms in times of crisis and would not hold them liable if the firearm were to be given back</li> </ol>

		<p>in good faith that the crisis has passed. The Committee has worked closely with Representative Tran on this legislation for the past two years and other states have implemented similar legislation with great success.</p> <p>2. <a href="#">SB 1503</a> would create a taskforce looking at firearm safety and suicide prevention. The Alliance has concerns about this legislation and is providing <a href="#">testimony</a> on this.</p> <p>Committee members asked if there is anything about prohibitive people in HB 4096 or SB 1503. Jenn doesn't think so and can ask Kelie about this.</p>
<p>3:15</p>	<p><b>Policy Discussion</b></p>	<p>Looking forward, look at issues that have intersections with suicide, where can we have an impact? One thing we have considered is the world of substance use. With that, we would like to explore what some other intersections are.</p> <ul style="list-style-type: none"> <li>- Behavioral health How do you differentiate between behavioral health and mental health? OHA says - Behavioral is meant to be both addictions and mental health.</li> <li>- Housing, unhoused folks including youth</li> <li>- Online racial aggression/bullying (for youth in particular)</li> <li>- Special education</li> <li>- Sleep hygiene</li> <li>- System involved youth</li> <li>- Technology and social media – awareness, upstream education and awareness</li> <li>- Distress tolerance and skill building</li> <li>- Substance use – those in recovery, those with chronic pain and opioid prescriptions, risk may increase for those in recovery</li> <li>- Issue of funding when it comes to youth substance use</li> <li>- Knowledge of primary care pediatricians</li> <li>- Military – transitions out of military</li> <li>- Corrections – transitions out of corrections</li> <li>- Oregon Medical Association looking for funding for the Oregon Wellness Program which helps the workforce (Physicians and Physicians Assistants) with burnout</li> <li>- Support for parents with youth experiencing addiction. How can we support families in the home?</li> </ul>

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		<ul style="list-style-type: none"><li>- When we look at addictions, are we looking at the spectrum of addictions including substances, gambling, porn? (Laura Rose shared the term she has heard recently – chronic comfort seeking)</li><li>- Shared Risk Factors - Experiential Avoidance is related to substance use and other addictions and depression.</li></ul> <p>Important to look at issues that cross over on multiple committees.</p>
3:45	<b>March Quarterly</b>	<ul style="list-style-type: none"><li>- Intro and small group intros – 20 minutes</li><li>- OHA &amp; ODE respond to report from Schools Committee (previously made request) – 30 minutes?</li><li>- Charlette and Michelle Intersections of Suicide and Substance Abuse training – 60 minutes</li><li>- Breakout groups – 30 minutes (could have a question about how / if substance use is included in YSIPP) Is this a time to showcase the YSIPP Smartsheet and the filter option? Jill will provide a demo of this feature during the meeting.</li><li>- Report back – 15 minutes</li></ul>
4:00	<b>Adjourn</b>	Recorded meeting can be found <a href="#">here</a> .

