

Youth Mental Health

Updates effective 01/01/2022

Mental Health for 14-17-year-olds



In Oregon, youth are able to make decisions about their mental health in an outpatient setting without parental consent starting at 14-years-old. While youth can access mental health services without parental consent, in most cases providers have to engage the youth's adult(s) before the end of treatment.

Imminent Risk of a Suicide Attempt

While they can engage in these services without parental consent, providers are required to notify others when there is imminent risk of a suicide attempt to help keep the youth safe.



Who they can Notify

When a provider is concerned about an imminent suicide attempt, they can contact individuals the provider believes may be able to prevent or lessen the risk of a suicide attempt including a parent, guardian, or a trusted adult of the youth.



When they are not required to share

Providers don't have to share with a parent when: The youth has been or may be abused or neglected or the parent has subjected them to domestic violence; If disclosure of the information to the parent could endanger the youth; and when it's determined that it's not in the minor's best interest to disclose the information to the parent.

