#### Alliance September Quarterly Meeting Attendance

#### Friday, September 15<sup>th</sup> 9:00 AM – 12:00 PM

- 1. Aaron Townsend
- 2. Aditi Khanna (She/Her) (Aditi Khanna)
- 3. Angela Perry
- 4. Anna Silberman (they/them) (Anna Silberman)
- 5. Annette Marcus
- 6. Antonia Alvarez
- 7. Bethany Kuschel (Deschutes County SP)
- 8. Brandi Bonney
- 9. Caroline Suiter (Deschutes County SP)
- 10. Charlette Lumby (Incite Agency for Change)
- 11. Claire Kille (Lines for Life)
- 12. Clyde Robertson (Veterans Stronger Together)
- 13. Deb Darmata (OHA)
- 14. Diane Kaufman
- 15. Don Erickson
- 16. Erin Porter
- 17. Gordon Clay
- 18. Galli Murray
- 19. Ishawn Ealy (she/her) (Ishawn `Ealy)
- 20. Jacob Dilla
- 21. Jamie Gunter (Bend-LaPine SD)
- 22. Janeane Krongos# Tillamook County (Janeane Krongos)
- 23. Jenn Fraga
- 24. Jess Marks
- 25. Jill Baker (OHA)
- 26. John Seeley
- 27. Jon Davies
- 28. Jonathan Hankins
- 29. Julie Scholz (she/her)# Oregon Pediatric Society (Julie Scholz)
- 30. Justin Potts
- 31. Kayla Daniels (Prism Health / Cascade AIDs Project)
- 32. Kaylee Menefee
- Kelie McWilliams (Rural Engagement Project)

- 34. Kirk Wolfe MD
- 35. Kris Bifulco (AOCMHP)
- 36. Laura Misaras
- 37. Laura Sprouse
- 38. Linda Hockman
- 39. Lois Tari
- 40. Lucina Michaud (AOCMHP)
- 41. Lukas Soto
- 42. Mary Massey# she/her (Mary Massey)
- 43. Michelle Bangen (Incite Agency for Change)
- 44. Mila Rodriguez-Adair
- 45. Monica Parmley-Frutiger (she/her) (Monica Parmley-Frutiger)
- 46. Montell Elliott
- 47. Nathan Shay (he/him) WESD (Nathan Shay)
- 48. Nole Kennedy (ODE)
- 49. Paige Hirt
- 50. Pamela Pearce
- 51. Rachel Howard
- 52. Rebecca Marshall
- 53. Robert Fallows
- 54. Rosanna Jackson
- 55. Shanda Hochstetler (OHA)
- 56. Siche Green-Mitchell
- 57. Stephanie Willard (she/her) (Stephanie Willard)
- 58. Sunny Bai
- 59. Suzie Stadelman (OCUSPP)
- 60. Tami Cirerol (she/her)
- 61. Taylor Chambers (OHA)
- 62. Tim Glascock (AOCMHP)



# Alliance September 15, 2023 Quarterly Meeting Optional Orientation: 8:30 AM – 9:00 AM Meeting: 9:00 AM – 12:00 PM HYBRID

\*THIS MEETING WAS RECORDED and can be found through this link\*

**Our Mission:** The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

**Our Vision: In** Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

**Equity Statement:** To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities, and geographic locations.

# **Meeting Minutes**

9:00 – 9:10 Welcome, Introductions, Group Agreements, Agenda Overview, Alliance Business

Galli Murray, Alliance Chair

Galli welcomed attendees to the meeting and reviewed the agenda. Today is largely focused on our committees and advisory groups, we will hear about both current work and future plans. This is a great opportunity to learn about how committees and advisory groups are at the heart of our work. At quarterly meetings we focus on reporting out and conducting necessary business, things like minutes and updating our by-laws.

Committees and advisory groups focus on the work of the Alliance – this is where the

magic happens. As you listen to the presentations, please consider where you might join to help carry out our work.

Galli noted that we usually review our mission or vision statement at this point of the meeting, however, today we're going to review our group agreements. We haven't met in person for a long time and reviewing our agreement will refresh how we gather together and share our space. Galli and volunteers took turns each reading one item.

# **Group Agreements**

- We value being a community of care. Reach in and reach out.
- Be in the growth zone. All Teach and All Learn.
- Challenge oppression and racism.
- Intent does not always equal impact.
- Replace judgment with wonder.
- Be aware of how much you are speaking.
- Create space for others.
- Check for understanding.
- Speak your truth and be aware of the ways you hold privilege.
- Strive for suicide-safer messaging and language

#### 9:00 - 10:00

Galli shared that she has visited the committees and is impressed with the amazing work that is ongoing. The presentations today will give us all an opportunity to see what is happening in the groups and ideas on what committee or advisory group might be of interest to you. First up is the schools committee:

#### **Schools Committee**

#### Chairs

Justin Potts (he/him) School Psychologist, Eugene 4J School District Claire Kille (she/her) Statewide School Suicide Prevention Manager, Lines for Life

Claire shared the schools committee has the most members and their focus is monitoring implementation of Adi's Act. Highlights of the presentation are:

# Key Focus Area(s)

- Sustain Positive Committee Engagement
- Monitor and provide guidance for Adi's Act and evaluate supporting infrastructure

# **Key Accomplishments**

# 1. Improve Committee Efficiency and Effectiveness

- Develop strategic plan and prioritize initiatives
- Optimize meetings with advance agenda planning and focus on high-impact strategic initiatives
- Engage membership, understand expectations and perspectives
- Implement guidance from other advisory groups and committees (equity, youth engagement, infrastructure)

# 2. Expanded Methods of Monitoring School Suicide Prevention (Adi's Act)

- Reports from various partners to inform the committee on successes, barriers, challenges, gaps in monitoring
- Key partners on the committee: Big River Programs, Forward Project/Deschutes
   Co., School Suicide Prevention and Wellness Program (Lines for Life), School Safety
   and Prevention Specialists (ESD), UO Suicide Prevention lab OSSPP, LGBTQ2SIA+
   Student Success Program (Angie Foster-Lawson), SafeOregon Tipline, Family
   Acceptance Project, Youth Focus Groups
- <u>Lesson learned</u>: Monitoring of Adi's Act has needed to be separated by policy requirements (ex: posted plans) and implementation of the policy at school (ex: reaching staff and students)

# 3. Legislative Advocacy

- HB2656 (2023) Several schools committee members participated in advocating for the passage for the Oregon Student Health Survey; this bill required all school districts to make the survey available to students and to provide parents/guardians opportunity to review survey. HB2656 passed, effective January 1, 2024.
- HB2643 (2023) Several schools committee members testified in opposition or neutral of this bill, requiring school districts to have individualized student suicide prevention plans. It would have caused confusion with what is in place with Adi's Act. It did not pass.

#### Other:

- SB 551 Relating to secure storage information on school district websites
- SB 549 School based health centers
- HB 2477 Relating to parental rights regarding students
- HB 2636 Requires every district has school-based mental health professional and nurse at each school

- HB 2644 - Directs school districts to have policy to respond to mental health needs of students who may have been subjected to abuse.

# **Looking Forward**

- September 2023 Report: Justin Potts is writing the report, summarizing the committee's activities, what's working, and recommendations.
- Improving the visibility of district suicide prevention plans in schools
- Being clear on our intentions and clear direction on how we are monitoring how Adi's Act is reaching students
- Keeping an eye on possible metrics for measuring success
- Interest in how the Oregon student survey (HB 2656) will be administered and how the data will inform us
- Determine how the equity screening tool fits into our committee's work
- Hearing from more schools and districts

Galli thanked Claire and Justin and asked attendees if there were questions. Laura Rose thanked the committee for paying attention where attention is needed. Galli reminded attendees to consider joining the committee.

#### **Data and Evaluation Committee**

Chairs

Karen Cellarius (she/her) Sr Research Associate, PSU Regional Research Institute. Director, PSU RRI Human Services Implementation Lab Sandy Bumpus (she/her) Executive Director Oregon Family Support Network

Before presenting, Karen shared this past year the committee has invited guest speakers to talk about various sources of data and ways to measure. She said the committee welcomes those with data and evaluation experience and those who want to know more about data and evaluation related to the work of the Alliance. Highlights of Karen's presentation are:

# Key Focus Area(s)

- Increasing access and use of suicide related data in Oregon
- Staying up-to-date on the landscape of available data
- Providing technical assistance & consultation to the Alliance and its Committees, as requested and a standard bearer for data and evaluation
- Developing a data equity framework to improve data systems and to ID disparities in MH & access to services for all of Oregon's diverse communities in order to address inequities.

 Providing formal recommendations and input to the Alliance Executive Committee and OHA.

# **Key Accomplishments**

- 1. Developed and prioritized committee focus areas.
- 2. Developed work plan for coming year.
- 3. Added list of data sources to D&E agenda to help guide work.
- 4. Reviewed OHA's 2022 YSIPP Report and accompanying UO YSIPP Evaluation Report from a data and evaluation perspective.

Reporting challenge for OHA and Partners: Amount and breadth of YSIPP initiatives make it difficult to gain a picture of overall implementation and provide input on next steps.

# **YSIPP Report Recommendations**

- Attempt to derive a 1-2 page snapshot of YSIPP progress
- Break "Achieved" category of progress into "Ongoing" and Complete"
- Integrate evaluation data into report sections when reporting progress
- A logic model may help track activities and outcomes
- Consider asking Alliance committees and affinity groups to review draft of next report from their perspective, possibly to be compiled into a formal response or cover letter for the report from the Alliance

Karen asked that if there are ways the data and evaluation committee can support other committees to let her know. Our goal is to help other committees, the key is to have data be helpful. Galli thanked Karen and reminded attendees they don't have to have experience with data and evaluation to join the committee.

#### **Transitions of Care Committee**

Chairs

Charlette Lumby (she/her) Alliance Co-Chair, Incite Agency for Change Liz Schwarz (she/her) Oregon Youth Authority

Charlette thanked Liz for stepping in to help with leadership. The committee has been on pause for a year, prior to that pause the committee's focus was on HB 3090 implementation and responding to findings in the annual report. We are now in a rebuilding process and setting our sights on where to go from here.

# Key Focus Area(s)

Original Focus: Advocating for passage of HB 3090

Continued monitoring implementation of HB 3090: OHA Updates

Current focus: Leadership strategic planning meeting

What does TOC (Transitions of Care) look like moving forward?

# **Key Accomplishments**

HB 3090 advocacy and monitoring of implementation

- Re-survey of Emergency Departments: Compliance rates (2nd 100%)
- Provided feedback to OHA on responses from hospitals for ongoing monitoring
- Now: Continued monitoring
- Review of YSIPP 2021-2025 and TOC work
  - Will be included in strategic planning session in line with the YSIPP
- · Committee members expertise, strengths, and engagement
  - ED Boarding Rate presentation from OHA

## **Looking Forward**

- Key Challenges
  - TOC: On hold for a year prior to Charlette and Liz's Leadership (leadership in the first year)
  - Identifying next steps: in moving forward what are realistic and purposeful actions with direct community impact that will continue to help decrease youth suicides.
- Equity Needs: Absence of youth representation. Utilize Alliance focus groups.
- Specific Projects: TOC Strategic planning meeting prior to October meeting.

# Highlights of discussion:

- When monitoring HB3090, where can we make the biggest impact and in meaningful ways
- Transitions take place beyond the ER; look for ways to facilitate successful transitions
- When youth are in the ER over the weekend and back to school on Monday, would like to see a transition from ER to schools. Often there is no communication between systems and no transition plan in place.
- Transition from treatment facility to schools is another important transition point.
- In some counties, ER services are only available out of county and when youth are coming back to home county there is no transition process in place.

- The education process is supposed to be continuous, however, it isn't always clear on how that happens and who or what school district is responsible.
- Smaller districts don't have online educational services who when youth are in care they can not continue education. How can OED resolve this?
- What are the elements pushing back on information sharing between health and treatment and schools? Also, connections to community are disrupted.

Charlette asked that if other committees have ideas or concerns about transitions to please bring them to the TOC. She also welcomed attendees to join the committee. Galli reminded that leveraging each other's knowledge is key and committees make that possible.

#### **Workforce Committee**

Chairs

Don Erickson (he/him) Oregon Department of Human Services Julie Scholz (she/her) Oregon Pediatric Society

Julie presented for the committee and invited attended to consider joining the workforce committee. The driving work for the committee over the last few years has been sponsoring HB 2315 (2021). This bill is for training behavioral health workers in suicide screening, assessment, and treatment. What the committee found when seeking legislators support was the support was partly due to their personal experience (friend, family, etc. suicide attempt or suicide). The legislation passed and now we are monitoring implementation. Highlights from Julie's presentation are:

# Key Focus Area(s)

- Monitoring HB2315 Implementation
- Small Steps Project launch this is an outreach and awareness campaign to provide information about suicide prevention in the workplace.
- Training for healthcare providers
- Promoting various suicide prevention trainings

# **Key Accomplishment**

- Launching Small Steps and Partnership with AFSP
- Sponsored SB818 to require healthcare providers to take suicide assessment and treatment training. Legislation was proposed during the 2023 session; bill did not make it out of committee due to disrupted legislative session/walkout.
- Support development of training for Traditional Healthcare Workers

# **Key Challenges**

- Reaching 18-24 year olds in workforce
- Tracking and assessing effectiveness of HB2315
- · Opposition by healthcare providers to mandated suicide prevention training
- Lack of champion in the business sector
- Few culturally specific suicide prevention trainings available

# **Looking Forward**

- Continue to promote Suicide Prevention trainings for the Behavioral Health workforce.
   (HB 2315 follow up) what training is best for each level of BH service providers and how to incorporate suicide screening, assessment, and treatment into pre-service training.
- Evaluate Small Steps pilot to determine adding to the YSIPP
- Collect data on what education has the most impact for practitioners' needs and for their clients.
- Possibly reach out/partner with specific "high risk" professions
- Address lack of suicide prevention assessment and treatment training in masters and doctoral programs for healthcare and behavioral healthcare providers

Annette shared there is a sample of the Small Steps outreach and awareness packet on the information table and thanked AFSP for their partnership on this project. She invited attendees to join the Small Steps campaign, contact Alliance staff if you want more information and/or have questions. Annette also added the workforce committee is a small but mighty group. We would like to expand committee membership, please consider joining especially if you have an interest in the 18-24 year old population, this is the population that has the highest suicide rate.

# **LGBTQ+ Advisory**

Chairs

Aubrey Green (she/her), OSU Suicide Prevention Lab Wren Hewitt-Fulner, School Counselor, Bethel School District

Annette shared that she is standing in for Wren today. The LGBTQ+ Advisory works to promote affirming schools, families, and culture for LGBTQ+ youth. Highlights from the presentation:

# Key Focus Area(s)

- Promote affirming schools, families and culture for LGBTQ+ youth to reduce youth suicide.
- Equip allies with tools to fight toxic rhetoric and misinformation.

#### **Statistics**

- LGBTQ youth who live in a community that is accepting of LGBTQ people reported significantly lower rates of attempting suicide than those who do not.
- The vast majority of LGBTQ students (more than 88%) in Oregon regularly heard anti-LGBTQ remarks. 61% of LGBTQ+ Students report being bullied. 43% of transgender students report seriously considering suicide. LGBTQ+ students are 3x more likely to miss school due to fear.
- About 1 in 4 Oregon youth experience conflict at schools based on race, ethnicity, culture, religion, gender, sexual orientation, or disability.
- About 8% of Oregon 6th, 8th, and 11th graders are trans or gender-expansive.
- About 1/3 of Oregon youth identify with an LGB+, other, or unsure sexual orientation.

# **Key Accomplishments**

- LGBTQ Mini-Grant Process (Kris Bifulco)
- Letters Advocating for LGBTQ Affirming Policies and Statements OHA and Oregon School Board Association
- Presentations at Conferences (We Can't Wait) including school boards; help school board members have the language and tools to deal with the harmful and destructive things happening at board meetings
- Harm Reduction to Liberation Spectrum
- Family Acceptance Trainings concrete tools to increase accepting behavior, small steps make a huge difference in young people's lives. Partnering with Oregon Family Support Network on this project.
- Developed Key Resources

# LGBTQ2SIA+ Public Comment Guide - full document

# LGBTQ Comment Guide One Page Overview

Affirming Students Through Inclusive Staff Policies: Policies for Trans and Gender Diverse Staff Belonging

Special thanks to Siche Green, Kris Bifulco, Lake and LGBTQ+ Grantees for their work.

• Summer Gathering – came together as a community of care and focused on how to engage allies. We will be releasing a call to action offering ways to support youth by going to key organizations and groups with this call to action.

# Call to Action Commit to Right Action to Defend LGBTQ2SIA+ Youth

- Write and meet with local state legislators to inform them about the issues impacting our communities
- Track local school board meetings—and show up to support Student Success Plan and Social Emotional Learning
- Attend protests, demonstrations, and other public events that raise awareness
- Community.
- Create and organize space for community care and healing, resource sharing, mutual aid, creating safety nets, and investing in community building.
- Normalize conversations around self-care, boundaries, mental health and well-being.
- ¥ Call in new allies, including the unlikely ones.

# Highlights of discussion:

- Suggested that Alliance have data that tells race and ethnicity, this is a way to demonstrate using an equity lens. It helps to tell the intersectionality of race/ethnicity and other population identifiers.
- Students who are not feeling safe at school aren't in a state of readiness to learn; sense of safety is core to preventing suicide.
- The call to action is a way to draw in allies; we need help distributing materials. One way is to distribute the materials the committee put together (see above) to schools.

# **Lethal Means Safety Committee**

Chairs

Jonathan Hankins (he/him) Suicide Rapid Response Coordinator at Lines for Life Pam Pearce (she/her) Founder of Harmony Academy, Substance Use Subject Matter Expert

Kelie McWilliams (she/her) Executive Director Rural Engagement Project

Jenn reported for the committee and provided brief background information on the lethal means advisory becoming a standing committee for the Alliance. The committee will coordinate/partner with Oregon Firearm Safety Coalition on firearm safety and take the lead on overdose and suffocation lethal means.

## Key Focus Area(s)

- Providing recommendations to OHA on lethal means safety. Committee workplan can be found here.
- Partnering with safer storage advocates for short session legislation;

# **Key Accomplishments**

- Recently became an Alliance standing committee
- Completed YSIPP Initiative committee workplan and recommendations to OHA on lethal means
- Looking at 2<sup>nd</sup> and 3<sup>rd</sup> leading means used in suicide deaths; overdose is 2<sup>nd</sup> and suffocation is 3<sup>rd</sup>.
- Partnering with Oregon Firearm Safety Coalition on upcoming safe storage legislation

# Highlights of discussion and chat:

- In 2021, Oregon enacted a safe storage law that requires the owner or possessor of a firearm to, at all times that the firearm is not carried by or under the control of the owner, possessor or authorized person, secure the firearm:
  - (A) With an engaged trigger or cable lock;
  - (B) In a locked container; or
  - (C) In a gun room.
- A firearm is not considered secured if:
  - (A) A key or combination to the trigger or cable lock or the container is readily available to a person the owner or possessor has not authorized to carry or control the firearm; or
  - (B) The firearm is a handgun, is left unattended in a vehicle and is within view of persons outside the vehicle.
- If an owner or possessor of a firearm violates the safe storage law and, as a result, the firearm is used to injure a person or property within two years of the violation, the injured party may bring a civil action against the owner or possessor and the court must find that the owner or possessor was negligent (this is a legal standard known as "negligence per se".

- The bill re: temporary hold of firearm didn't pass 2023 session (walkout and time constraints); will bring portion of bill (storage locker portion) to short session 2024
- There we two bills that came forward 2023 session, one bill was not supported due to lack of equity lens. One that committee did support was centered on equity.

# **Equity Advisory Group**

Chairs

Michelle Bangen, she/her, Incite Agency for Change Angela Perry, she/her, American Foundation for Suicide Prevention (AFSP)

Annette provided an overview and shared that the recommendations the Uprise Group made at the conclusion of their work with the Alliance set the stage for our key focus areas.

## **Key Focus Areas**

- Transparency in internal process tend to own process first
  - Equity Agreements (group agreements) and On-boarding (orientation to the Alliance)
  - Centering equity in recommendations
- Collaboration and Collective Impact
  - Partner mapping Starting with Youth Organizations
  - Develop targeted, <u>intentional</u> partnerships; instead of asking organizations to join us reach out and partner with them (e.g. Oregon Family Support Network, Centro Latino, Basic Rights Oregon). Share with them ways to use a lens of suicide prevention in their work.
  - Build community of care BIPOC Caucus/WALC

Annette asked Lucas Sotto to provide an update on the BIPOC caucus and also thanked him for helping develop our equity screen. His leadership on many levels is greatly appreciated, he has a very gentle and inclusive way of engaging others.

Lucas shared that many members of the BIPOC group belong to other Alliance committees and advisory groups. Lucas invited attendees to join the caucus, it is a very supportive space and we welcome your participation.

# **BIPOC Caucus**

- Supported Suicide Prevention Summit: Using Cultural Protective Factors in Black and Indigenous Communities to Prevent Suicide. Very successful and well attended.
- Ongoing support, connection and community of care for folks working in the field.

# White Accountability and Learning Caucus (WALC)

Annette introduced Lucina Michard and thanked her for her leadership of the caucus. Lucina gave a brief overview of the group. Its purpose is for people who are white to come together to both learn what it means to be a white person who is working to dismantle racism and other forms of oppression and to hold each other accountable while doing this critical work. The idea is it is a safe space to be vulnerable; its hard work to look within and to do the critical work of dismantling racism and other forms of oppression. It is important that we reflect on that work and be sure we're not doing harm in the course of that work. Lucina encouraged the Alliance to look critically at what it really means to use an "equity lens" and how to grow our capacity to do that work.

Annette thanked Lucia and Lucas and commented that what we're seeing today is how important and fortunate we are to have shared leadership within the Alliance.

- Demystifying systems and breaking down barriers
  - Coalition work learning community is part of the small grants that are now rolling out.
  - Low-barrier grants suicide prevention coalitions
  - More to be determined

# **Key Accomplishments**

- Developed equity-driven internal processes e.g. group agreements
- Created suicide prevention **Equity Screen** available on website
- Established two ongoing caucuses
- Supported Suicide Prevention Summit
- Ongoing learning together (currently My Grandmother's Hands)

Annette asked Michelle to share about the equity screen and also thanked both Michelle and Lucas for their leadership on the equity screen.

Michelle gave provided a brief background on the equity screen work that began 2021 when the ASIPP was being put together. When the ASIPP development process and plan

was completed, the equity screen was handed off to the Equity Advisory for finalizing. It is built around 5 principles of equity, is specific to suicide prevention work, and is a tool to help center our work through an equity lens. It was published July 2023 and is posted on the Alliance website (see link above). One of the ways we are building capacity within the Alliance, and more broadly, is by making the equity screening tool available for committees to use as a lens when developing YSIPP updates and recommendations. It is also a tool to help make sure allocating resources are rooted in the equity. To roll out the tool within the Alliance, equity advisory members will visit each committee and help them look at ways to use it in their work. We are also sharing the tool with coalitions through mini-gran learning community and will help them troubleshoot how to use it in their work. Michelle thanked Lucas for his help in pulling the tool together.

Annette added that we really want to strengthen equity through on boarding our members especially in the area of equity. Before closing the presentation, Annette asked attendees to join in the process of developing new partnership by reaching out and engaging with other groups. Help us develop the relationships with other organizations, be a link for the Alliance.

Before the break Gordon Clay shared about the resource materials he has been distributing in Curry County and that samples of the materials are on the information table. These messaging materials are available at cost of printing and shipping. Resources include tool kits being used in Curry County.

11:03 – 11:13 Break

11:13 – 11:15 Alliance Business

Galli Murray, Alliance Chair

Galli announced that due to the morning presentations and discussions running long, we are going to adjust our agenda so we can wrap up on time at 12:00. The following items have been tabled and will be taken up at the December quarterly meeting:

- Vote on June Quarterly Meeting Minutes
- Vote on By-Laws
- Executive Positions Vote in new officers (Lived Experience/At-Large/Youth)
- Staff Updates

# **11:15 – 11:25** Black Youth Suicide Prevention Initiative Jill Baker, OHA

Jill shared that it took many hours and lots of work by data folks at OHA to put the following data together. The infographic depicting data is attached meeting materials. She noted a surprising piece of data, there are black youth every county in Oregon. This tells us that while Multnomah, Clackamas, and Washington Counties have the highest number, we have to pay attention to all counties. Highlights from Jill's presentation include:

Telling the data story – specific to black youth:

- African American females had the highest rates of visits to emergency departments for suicide ideation and attempts (2020-2022)
- African American females had the highest rates of hospitalizations for suicide ideation and attempts (2020-2022)
- In 2021, non-Hispanic black youth deaths accounted for 7.6% of Oregon's youth suicides -yet black youth represent 2.31% of Oregon's youth.
- National data showing Black youth as having the fastest growing youth suicide rate.

# SAMHSA Policy Academy on Black Youth Suicide Prevention

- Oregon was invited by SAMHSA
- Travel team went to Baltimore in July 2023 represented many Oregon counties
- SAMHSA will check back in with Oregon in October
- Main goal launch a Black Youth Suicide Prevention Coalition
  - One main initiative in prevention, intervention and postvention to center work for first year
  - Travel team transitioned to a launch team

# Group is meeting every two weeks and working on:

- Black Youth Suicide Prevention Coalition launch team support
  - Largely led by travel team that went to SAMHSA Policy Academy
  - Charter, values, group agreements are in development
  - OHA support currently is Nikobi Petronelli and Jill Baker
  - Town Hall, grant application, invite to others to join efforts
- Life Sustaining Practices Pilot Project OHA contracting with Portland State University. Dr. Kenjus Watson – Black Life Making, will inform pilot, see <a href="https://www.oregonsuicideprevention.org/conference/ospc-2022/">https://www.oregonsuicideprevention.org/conference/ospc-2022/</a>

- OHA support from Dishanta Kim, Nikobi Petronelli, Walter Bailey, Jill Baker and Shanda Hochstetler (and our managers)

How can you stay informed and become involved?

- Email jill.baker@oha.oregon.gov to be added to our contact list
- Watch the YSP listserv (from Meghan Crane) for Town Hall information and invitation
- For black providers or adults supporting black youth: Watch the YSP listserv for Info Session invitation for the Life Sustaining Practices Pilot Project fellowship opportunity

Taylor Chambers will follow-up on data questions and Jill will get back to the Alliance.

Galli gave a shout out to Taylor and OHA for all their work on gathering data and sharing it with the Alliance. We are very fortunate to have this information/data, we recognize not all states do. Thank you.

# 11:25 – 11:55 YSIPP Update Jill Baker, OHA

Jill opened her presentation with a reminder of how we got here, and how it is different than previous processes. YSIPP annual updates are a time to make adjustments not to start over with a list of brand new initiatives. The update process of "start, stop, continue" is a time to determine what makes sense for next steps. She asked that between now and the end of December, Alliance committees review their plans to determine what to start, stop, or continue and to use an equity lens when reviewing and looking ahead. Committees should center equity in all they do and in ways it will show up in all their work. The purpose of today's meeting is:

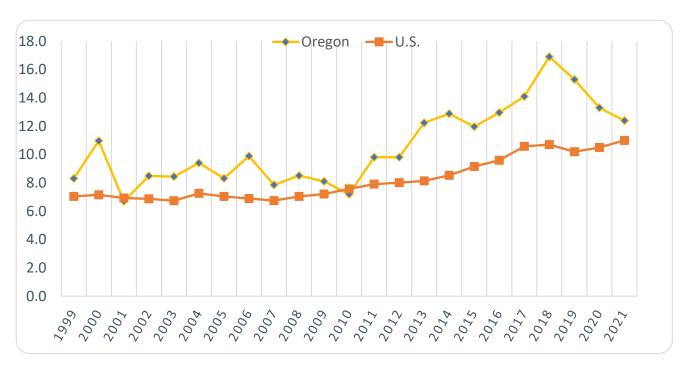
- To briefly remind us of how we got here, and how its different than previous processes
- To inform the Oregon Alliance to Prevent Suicide about how OHA is organizing the process of gathering feedback for the 2024 youth suicide prevention initiatives:
  - From Alliance committees
  - From OHA's Suicide Prevention, Intervention and Postvention subgroups
  - From youth
  - From other advisory groups

# Talking about youth suicide and data

These data represent human lives, and far too many have been lost to suicide.

- How suicide is measured (rate vs count)
- Statistical analysis with "small" numbers does not measure impact
- No "perfect" data set we chose a few to show you today, know that it's not a full/complete story

Suicide Rates Among Youth Aged 10 to 24 Years, US and Oregon, 1999 – 2021 Rate per 100,000 (Source: CDC WISQARS & OPHAT & WONDER data sets)



Data shows that the worst year for Oregon youth suicide was 2018. In 2019, 2020, and 2021 there was a decrease and that needs to be celebrated. The chart below provides details. The number of decline for Non-Hispanic white is 95 suicides in 2018 and 59 in 2021. When you add all the other race/ethnicity is 31 suicides in 2018 and is 31 for 2021. What we're doing is so incredibly hopeful but it's not equitable.

Number of suicides among youth aged 24 years and younger by year and race/ethnicity, Oregon 2018 - 2021

Race/Ethnicity	2018	2019	2020	2021
	Deaths	Deaths	Deaths	Deaths
Non-Hispanic Am Indian/Alaska Native	3	2	2	1
Non-Hispanic Asian / Pacific Islander	3	1	4	2
Non-Hispanic Black	5	3	1	7
Non-Hispanic two or more races	1	2	4	5

Non-Hispanic White	<mark>95</mark>	88	76	<mark>59</mark>
Hispanic, All Races	19	17	13	16
Unknown Race	1	0	0	2
Total	127	113	100	92

Jill reminded us that we can anything but we can't do everything and said let's center our mandate on equity.

Jill let attendees know she had selected 4 initiatives to practice "start, stop, continue" for 2024. The initiatives are:

- 2.1.2.1 OHA will support Big River Programming by providing low or no cost access
  to Train-the-Trainer events, statewide coordination, evaluation support, and
  limited course support for the following programs: Sources of Strength (KPostsecondary), MHFA, QPR, ASIST, YouthSAVE, Oregon CALM, CALM, and Connect
  Postvention.
- 2.2.3.3 OHA will explore partnership with state and local law enforcement agencies
  to develop and promote suicide safer Emergency Risk and Protection Order
  (ERPO) protocols and to plan and begin development of an ERPO tracking system
  to determine use patterns and frequency.
- 2.3.3.1 Adi's Act requires that every school district in Oregon adopt a policy requiring a comprehensive suicide prevention, intervention, and postvention district plan. ODE will continue to support implementation of this important legislative mandate.
- 3.1.4.1 OHA will publish a **toolkit** on best and promising practices for suicide risk assessments, screenings, and safety planning.

## **Small Group Activity**

- 1. Read the YSIPP 2023 initiative that is going to carry forward into 2024 (with relevant modifications).
- 2. Consider the three questions:

Who benefits or may be burdened by this?

What is the data telling us?

What cultural or community-specific strengths might be important to consider?

3. Choose one thing to highlight for the main group (knowing that your jam board and sticky notes will be gathered).

For attendees in the room, record answers on flip chart paper; for virtual attendees, use jam boards. All responses will be on file with the Alliance.

When attendees reconvened as a large group, Jill asked for one quick nugget from groups – keep it to 30 seconds or less. Report outs included:

- **Big River Program** benefited many communities; for those communities that lack adequate infrastructure, training can be a burden. Need to meet communities where they are and what their needs are. Lots of data is missing, how to provide?
- For all of the obvious reasons, people of color may not be readily eager to pursue **Emergency Risk and Protection Order (ERPO)** for people in their life.
- The **toolkit** could provide a universal screen in schools and may have benefit around the racial equity mandate we hold. Talking about mental health could also be a burden in communities of color as will elevating presence of law enforcement.
- There is great need and benefit to elevating the conversation around barriers to participation of Hispanic community. There needs to be a long conversation about data and the Hispanic community.

Jill thanked everyone and shared this activity is what Alliance committees will be doing over the next couple of months. Galli thanked Jill, these questions will be useful as the Alliance moves forward with the YSIPP update.

# 11:55 - 12:00 Adjourn

Galli acknowledged that there are folks online and in the room who have been nominated for Executive Committee positions. She apologized that we did not have time to vote today and that we will at the December quarterly meeting. Galli thanked today's speakers and all attendees for joining us both in person and via online. She recognized today's meeting took a chunk of time and appreciated attendees making space in their busy schedules to join us. "We couldn't do this work without you."

Meeting adjourned at 12:00 noon.