



OREGON LGBTQ+ YOUTH RESOURCE LIST

BENTON COUNTY:

Corvallis High School Sexuality and Gender Alliance:

<https://chs.csd509j.net/student-life/activities-clubs/>

Intersection Connection via Zoom:

Safe space for all queer middle schoolers to build community. All area middle school students are welcome to attend this free group! Meets 2nd & 4th Monday from 4-5 pm. Participants must RSVP to get the Zoom password.

Email Stacey Doerner: Stacey_Doerner@oldmillcenter.org or call her at 541-223-880

<http://www.oldmillcenter.org/events/intersection-connection/>

Out-N-About

Linn & Benton counties only LGBTQQIP (Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Pansexual) youth group! We offer a safe and welcoming environment for high school aged youth to find support, understanding, friendship, and information about LGBTQQIP issues.

Please contact us via Facebook or email: outnaboutyouth@gmail.com or

<https://www.facebook.com/ONAsupportourstudents/> +

<https://www.facebook.com/groups/6750158637/>

Mid-Willamette Trans Support Network:

The Mid-Willamette Trans Support Network is a source for local transgender, nonbinary, gender diverse, gender nonconforming, and questioning people and their families. This group acts as a resource for those who are seeking support, assistance, and education about topics related to living as a trans, nonbinary, gender diverse, gender nonconforming, or questioning person. The Mid-Willamette Trans Support Network is very active on their Facebook and posts a multitude of events for locals to join: <https://www.facebook.com/MidWillametteTransSupport/>



Jackson Street Youth Shelter:

Homeless and runaway teens. Youth in crisis. Jackson Street Youth Shelter in Corvallis, Oregon, gives youth a safe place to live and resources that get them on the road to a better life. Founded to fill a gap in local support services for housing homeless youth, we serve Linn and Benton Counties and rely on donations and partnerships from throughout the Corvallis and Albany areas. Provides transitional housing for youth age 10-17.

* COVID-19 Update – To ensure the ongoing safety of our community’s most vulnerable youth, Jackson Street is continuing critical services for homeless youth. We are taking every precaution to keep the youth and our employees safe and healthy during this crisis.

For services, call our 24-Hour Hotline: 800-901-2904.

The Corvallis shelter: 555 NW Jackson Ave. 541.754.2404.

The Albany contact information is: 541.223.8844

Oregon State University Pride Center:

<https://dce.oregonstate.edu/pc>

Cheldelin Middle School Pride Club:

<https://cheldelin.csd509j.net/student-life/activities-clubs/>

CLACKAMAS COUNTY:

Youth ERA:

The Clackamas Drop is staffed by Youth Peer Support Specialists who are committed to helping young adults empower themselves and successfully transition into adulthood. Our programs and services help youth/young adults become leaders in their own lives and communities. We provide opportunities to build leadership and advocacy skills through team-based learning and activities. Above all, The Clackamas Drop is a safe space for young people to feel heard, supported, and capable of creating change: <https://www.youthera.org/clackamas-drop>

The Living Room:

Through peer support, youth share space with someone who has shared lived experience to learn together, build relationships, and move from fear toward hope and possibility:
<https://www.facebook.com/TheLivingRoomLGBTQ/>



Milwaukie High School & Milwaukie Academy of the Arts Gay-Straight Alliance:

<https://www.nclack.k12.or.us/mhs/page/gsa>

Clackamas High School Gender & Sexuality Alliance:

<http://gsaclackamas.weebly.com/>

Oregon City High School Gay-Straight Alliance:

<https://www.ochspioneers.org/ochs/gay-straight-alliance-gsa>

CLATSOP COUNTY:

Astoria High School Rainbow Alliance:

<https://sites.google.com/a/astoriak12.org/rainbow-alliance/>

Seaside High School:

https://shs.mpusd.net/apps/pages/index.jsp?uREC_ID=978912&type=d&pREC_ID=1299902

Lower Columbia Q Center:

The mission of the Lower Columbia Q Center is to be a safe and welcoming resource and support service to the LGBTIQIA+ community, friends, families and allies of the Lower Columbia Region:

<https://www.lowercolumbiaqcenter.org/>

COLUMBIA COUNTY:

Scappoose High School FLATH/GSA:

<https://www.scappoosek12.org/Page/1929>

Queer-friendly Columbia County therapist listing:

<https://www.psychologytoday.com/us/therapists/gay/or/columbia-county>



COOS COUNTY:

Youth ERA:

The Coos Drop is a safe space for young people to feel heard, supported, and capable of creating change: <https://www.youthera.org/coos-drop>

PFLAG Coos Bay/South Coast:

<https://pflag.org/chapter/pflag-coos-baysouth-coast>

CROOK COUNTY:

PFLAG Central Oregon:

<https://pflagcentraloregon.webs.com/>

PFLAG Prineville Facebook:

<https://www.facebook.com/pflagcoprineville/>

OUT Central Oregon:

Out Central Oregon is committed to developing events to encourage and support community involvement to promote inclusivity, visibility, and equality for gay, lesbian, bisexual, and transgender Central Oregonians and their families: <https://www.meetup.com/OUTCentralOregonLGBTQ/>

CURRY COUNTY:

PFLAG Curry County:

<https://pflagcurrycounty.wordpress.com/resources/>

Brookings-Harbor High School LGBTQ+ and Straight Alliance Club:

https://bhhs.brookings.k12.or.us/apps/pages/index.jsp?uREC_ID=1392449&type=d&pREC_ID=157146



DESCHUTES COUNTY:

Human Dignity Coalition:

<https://www.facebook.com/pg/HumanDignityCo/posts/>

Central Oregon Pride:

<https://centraloregonpride.org/>

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PFLAG Central Oregon:

<https://pflagcentraloregon.webs.com/>

Mountain View High School Gender & Sexuality Alliance:

<https://www.bend.k12.or.us/mountainview/student-life/activities-and-clubs>

DOUGLAS COUNTY:

Umpqua Unitarian Universalist Church:

<https://www.uua.org/lgbtq>

Umpqua Community College Queer Student Advocacy:

<https://www.umpqua.edu/clubs-organizations>

PFLAG Douglas County:

<https://pflagsbg.wixsite.com/pflagroseburg>



HOOD RIVER COUNTY:

Columbia Gorge Pride:

<https://columbiagorgepride.com/>

Hood River Valley High School Gay-Straight Alliance:

<https://hrv-gsa.weebly.com/>

JACKSON COUNTY:

Jackson County Library:

Queer Coffee House:

[https://jcls.bibliocommons.com/list/share/1238168377_jcls_business_elanna/1775327129_queer_coffee_house_the_\(virtual\)_library](https://jcls.bibliocommons.com/list/share/1238168377_jcls_business_elanna/1775327129_queer_coffee_house_the_(virtual)_library)

First Saturday every month on Zoom 10:00 a.m. - 12:00 p.m.

Register Here: <https://jcls.libcal.com/event/7098843>

Lotus Rising Project:

Lotus Rising Project supports youth and young adults around sexual and gender identity in Southern Oregon. Their mission is to create a visible, inclusive, safe community for queer youth and to combat intolerance in all forms: <https://www.mrgfoundation.org/grantees/lotus-rising-project/>

Youth ERA:

<https://www.youthera.org/medford-drop>

Southern Oregon Queer Resource Center:

<https://inside.sou.edu/qrc/index.html>

Phoenix High School Gay-Straight Alliance:

<https://www.phoenix.k12.or.us/domain/1114>



JEFFERSON COUNTY:

Jefferson County OR LGBTQ+ Resources and Supports:

<https://www.facebook.com/LGBTQJeffersonCountyOr/>

Central Oregon Pride:

<https://centraloregonpride.org/>

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JOSEPHINE COUNTY:

Southern Oregon LGBTQ Resources:

<https://www.facebook.com/solgbtq/>

PFLAG Grants Pass:

<https://www.meetup.com/Grants-Pass-PFLAG/>

Grants Pass High School Southern Oregon Pride:

<https://www.grantspass.k12.or.us/domain/782>

KLAMATH COUNTY:

Oregon Institute of Technology Treehouse: <https://www.oit.edu/campus-life/multicultural-student-services/treehouse>

Oregon Institute of Technology LGBTQ Support:

<https://rainbowowlsoit.blogspot.com/>



LANE COUNTY:

University of Oregon Lesbian, Gay, Bisexual, Trans, and Queer Services:

<https://dos.uoregon.edu/lgbt>

Youth ERA Eugene:

The Eugene Drop is a safe space for young people to feel heard, supported, and capable of creating change: <https://www.youthera.org/eugene-drop>

South Eugene High School Gender & Sexuality Alliance:

https://sehs.4j.lane.edu/wp-content/uploads/2019/10/2019_2020-South-Club-List.pdf

Sheldon High School Gender & Sexuality Alliance:

<https://shs.4j.lane.edu/clubs-3/>

Churchill High School Gender & Sexuality Alliance:

<https://chs.4j.lane.edu/clubs/>

Willamette High School Gender & Sexuality Alliance:

<http://www.bethel.k12.or.us/schools/willamettehighschool/clubs-organizations/>

Trans*Ponder:

TransPonder offers several monthly meetings, special events for trans/gender diverse folks and allies:

<https://transponder.community/meetingsevents/>

Resource Directory for gender-affirming providers:

<https://transponder.community/resource-directory/>



LINCOLN COUNTY:

Yachats Pride:

Yachats Pride celebrates the free expression of gender, culture and sexual orientation of LGBTQ+ people and their Allies by hosting fun and educational events that celebrate diversity and help to eradicate discrimination and violence: <https://yachatspride.org/>

The Bravery Center:

Bravery Center seeks to foster bravery, empowerment, and advocacy within LGBTQ+ youth in our community. Bravery Center was created from the need to address the isolation, social rejection, and lack of resources facing rural LGBTQ+ youth. With courage and compassion, we strive to create safe space, promote visibility and acceptance, build equitable resources, and strengthen our community: <https://www.facebook.com/braverycenter/>

PFLAG Oregon Central Coast:

<https://occpflag.org/lincoln-county-lgbt-gatherings/>

Newport High School Gay-Straight Alliance:

<https://nhs.lincoln.k12.or.us/our-school/clubs/>

LINN COUNTY:

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<https://dce.oregonstate.edu/pc>

MARION COUNTY:

Youth ERA:

<https://www.youthera.org/virtual-support> <https://www.youthera.org/salem-drop>



Salem Rainbow Youth:

COVID Update: Rainbow Youth is not doing in person meetings, but they are providing a discord server. To be invited to the discord server you can message Salem Rainbow Youth on their Facebook.

<https://www.facebook.com/SalemRainbowYouth/>

Planned Parenthood Salem:

<https://www.plannedparenthood.org/health-center/oregon/salem/97305/salem-center-2412-91400>

PFLAG Salem:

<https://www.facebook.com/pflagsalem/>

Willamette University Gender Resource and Advocacy Center:

<https://willamette.edu/student-life/diversity/grac/index.html>

MULTNOMAH COUNTY:

Q Center:

<https://www.pdxqcenter.org/home>

Sexual Minority Youth Recreation Center:

<http://www.smyrc.org/>

Outside In:

<https://outsidein.org/young-adult-services/lgbtqiaplus/>

P:ear:

<https://www.pearmentor.org/youth/>

PFLAG Portland:

<https://www.pflagpdx.org/>

PRISM Health (LGBTQ+ specific health clinic):

<https://prismhealth.org/>



Portland Public Schools LGBTQ Resource List:

<https://www.pps.net/Page/2488>

POLK COUNTY:

Planned Parenthood Salem:

<https://www.plannedparenthood.org/health-center/oregon/salem/97305/salem-center-2412-91400>

PFLAG Salem:

<https://www.facebook.com/pflagsalem/>

Willamette University Gender Resource and Advocacy Center:

COVID Update: In-person advocacy services Monday-Thursday 6-8pm, or online appointments are available.

<https://willamette.edu/student-life/diversity/grac/index.html>

Dallas High School Gay-Straight Alliance:

<https://sites.google.com/a/dsd2.org/dhs/activities>

SHERMAN COUNTY:

Rural Organizing Project:

Rural Organizing Project is a state-wide organization that supports a multi-issue, rural-centered, grassroots base in Oregon. We work to build and support a shared standard of human dignity: the belief in the equal worth of all people, the need for equal access to justice and the right to self-determination.

<https://rop.org/>



UMATILLA COUNTY:

PFLAG Pendelton:

<https://www.facebook.com/PFLAG.Pendleton/>

Blue Mountain Community College:

<https://www.bluecc.edu/support-services/services/lgbtq-resources>

UNION COUNTY:

Eastern Oregon University Gender & Sexuality Resource Center:

<https://www.eou.edu/mc/multicultural-clubs/gender-and-sexuality-resource-center/>

PFLAG Union County:

<https://sites.google.com/site/pflagunioncounty/>

Eastern Oregon Gender and Sexuality Resource Center:

<https://www.eou.edu/mc/multicultural-clubs/gender-and-sexuality-resource-center/>

WALLOWA COUNTY:

Safe Harbors offers a twice-monthly Queer Youth Program for LGBTQIA+ teens and allies ages 14-18. Participants are welcome to drop in on the first and third Wednesdays of the month from 7-8:30 pm at 401 NE 1st St., Suite B, Enterprise. Transportation and virtual options are available. Safe Harbors' LGBTQIA+ Advocate is also available to support LGBTQIA+ teens in other ways on an as-needed basis. Please contact marika@wcsafeharbors.com via email, the [@wallowacountylgbtq](https://www.instagram.com/wallowacountylgbtq) Instagram via DM, or Marika at 541-263-8587 via text or call for more information.

<https://www.wcsafeharbors.com/>

WASCO COUNTY:

Wasco County Public Library PRIDE Book Club:

<https://www.wascocountylibrary.com/pride>

COVID Update: the library is offering curbside service for patrons to check-out items, but the library is currently closed until further notice.



WASHINGTON COUNTY:

Hillsboro High School Gay-Straight Alliance:

<https://www.hsd.k12.or.us/domain/544>

Pacific University Center for Gender Equity:

<https://www.pacificu.edu/academics/academic-support/centers-institutes/center-gender-equity/lgbtq-issues>

Beaverton High School:

<https://bhs.beaverton.k12.or.us/activities/clubs>

Sherwood High School Sexuality & Gender Acceptance Club:

<https://shs.sherwood.k12.or.us/athletics-activities/activities/clubs/>

Tualatin High School Gay-Straight Alliance:

<https://www.ttsdschools.org/Page/6100>

Tigard High School Genders and Sexualities Alliance:

<https://www.ttsdschools.org/cms/lib/OR02215771/Centricity/Domain/4841/Master%20List%20of%20ALL%20Clubs%20-%20Clubs.pdf>

YAMHILL COUNTY:

McMinnville Public Library LGBTQ Teen Group:

The Teen LGBT group is a safe place for local teens to write, do art & craft projects, hear guest speakers, discuss books & movies, and participate in other relaxing activities decided by the group in an accepting, supportive environment. Call Kris for more information: 503-435-5572.