

9 September 2022 Quarterly Meeting
Attendance

Orientation:

- | | |
|----------------------|-----------------------|
| 1. Brian Pitkin | 8. Laura Rose Misaras |
| 2. Carey Norland | 9. Lucina Michaud |
| 3. Cheryl Cohen | 10. Rosanna Jackson |
| 4. Christina McMahan | 11. Sky McDonnell |
| 5. Daniell Zeigler | 12. Tanya Pritt |
| 6. Hunter Moen | 13. Annette Marcus |
| 7. Jamie Gunter | 14. Jenn Fraga |

Quarterly Meeting:

- | | |
|-------------------------|-----------------------|
| 1. Angela Perry | 23. Emily Watson |
| 2. Angela Franklin | 24. Erin Porter |
| 3. Angi Meyer | 25. Frankie Pfister |
| 4. Annette Marcus | 26. Galli Murray |
| 5. Ashley Meilahn | 27. Gordon Clay |
| 6. Avalon Mason | 28. Grace Emhoff |
| 7. Bianca Karjalainen | 29. Hunter Moen |
| 8. Boston Colton | 30. Iden Campbell |
| 9. Brian Pitkin | 31. Isabella Acevedo |
| 10. Brittany Bucholz | 32. Jake Dilla |
| 11. Canada Parker | 33. Jamie Gunter |
| 12. Carey Norland | 34. Jenn Fraga |
| 13. Cassandra Curry | 35. Jill Baker |
| 14. Cheryl Cohen | 36. Jim Hanson |
| 15. Christina McMahan | 37. Joan Hoff |
| 16. Claire Kille | 38. Jonathan Rochelle |
| 17. Craig Leets | 39. Julian Foulks |
| 18. Crystal Larson | 40. Julie Magers |
| 19. Daniell Zeigler | 41. Julie Scholz |
| 20. Darci Brown | 42. Justin Potts |
| 21. Donna-Marie Drucker | 43. Kahae Rikeman |
| 22. Emily Reilly | 44. Karen Cellarius |

- 45.Kris Bifulco
- 46.Kristin Fettig
- 47.Laura Rose Misaras
- 48.Liz Thorne
- 49.Lucina Michaud
- 50.Mary Massey
- 51.Meghan Crane
- 52.Michelle Bangen
- 53.Mike James
- 54.Mila Rodriguez-Adair
- 55.Pam Pearce
- 56.Rachel Howard
- 57.Rosanna Jackson
- 58.Sandy Bumpus
- 59.Sandy Mathewson
- 60.Shanda Hochstetler
- 61.Siche Green-Mitchell
- 62.Sky McDonnell
- 63.Stephanie Willard
- 64.Tanya Pritt
- 65.Taylor Chambers
- 66.Tim Glascock
- 67.Wren Fulner
- 68.Zev Braun



Alliance September 9, 2022, Quarterly Meeting
Optional Orientation: 8:45 AM – 9:15 AM
Meeting: 9:30 AM – 12:30 PM

Join over Zoom:

<https://us02web.zoom.us/j/82324465888?pwd=d0pSUGhKalBVa25ZYmN1T2IxWE42QT09>

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Meeting Minutes

Meeting agenda, materials and minutes are posted on the Alliance website.

<https://oregonalliancetopreventsuicide.org>

Our Vision

In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

Mission

The Alliance advocates and works to inform and strengthen Oregon’s suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

Equity Statement

To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities and geographic locations.

9:30 – 9:55

**Welcome, Introductions, Group Agreements, Agenda Overview,
Alliance Business**

Galli Murray, Alliance Chair

Galli welcomed attendees and thanked them for taking time out of their schedules to join today's meeting. We know you're busy and are honored you're here with us. Are there any announcements?

Jill – The 2022 Suicide Prevention Conference will be held in Ashland, October 11-13 at the Ashland Hills Hotel. There are a limited number of scholarships available. There is a preconference option on postvention and it is at no cost. The postvention preconference session is an invite only session.

Galli – There is a current threat of wildfire and potential power outages, hope all can get through the weekend safely. September is Suicide Prevention Month, thanks to all who are working events and activities.

Gordon – There will be an 80th anniversary recognition of the attempted bombing of Brookings Oregon during WW II.

Laura Rose – September is National Recovery Month and, on the 5th, thousands joined in the Hands Across the Bridge (Portland/Vancouver) raise awareness for addiction and mental health. A similar event is taking place in Marion County today and over 800 are expected to attend. Peer Galaxy is making 988 cards available; they are being well received.

Julie S. – The workforce Committee is working on a follow up bill to expand continuing education requirement for physical health providers on suicide prevention screening/referral/treatment. The committee is exploring options and may be moving forward a placeholder bill while considering various options.

Breakout Groups: Galli asked that attendees join small groups to introduce themselves (name, pronouns, organization (if applicable)); today's topic for conversation during the breakout session is "Questions, concerns, or excitement about Adi's Act."

Agenda Review: Galli briefly reviewed the agenda and shared that today we're slowing down our presentations and not packing our agenda. This is in response to suggestions from our member satisfaction survey that we need more time to comment, ask questions and discuss along the way. Galli added that all voices are welcome, please join in as we go through our day together.

Today's focus is on schools and what's happening with implementation of Adi's Act and suicide prevention work at elementary, secondary and post-secondary schools/colleges. We will also hear about the Alliance satisfaction survey, an update on the YSIIPP/next steps for FY2022-23, LGBTQ+ School Board Toolkit, Lines for Life team, an update on UO and OHA partnership on the schools project, and an update on Sources of Strength training. Before we turn to the Alliance business, would some like to read our equity statement? Galli thanked Jacob Dilla for reading the statement and thanked Jenn for posting our group agreements in the PowerPoint.

Alliance Business: Galli called for a motion to accept the June 2022 Quarterly Meeting Minutes. Gordon made a motion to accept the minutes as presented. Mike seconded the motion. Galli called for questions or comments; hearing none, the minutes passed by consent.

New members have received their letters of acceptance from OHA. Galli welcomed them and reminded them they are now voting members. Congratulations!

Voting on Chair and Co-Chair: Galli stepped aside, and Annette managed this part of the agenda. Annette briefly shared that the Alliance model is to have a chair and co-chair to ensure sustainable leadership as well as to share the workload. Ryan Price, current co-chair, is stepping down due to his role in the national AFSP. Annette thanked Ryan for his work and time given to the Alliance. We understand your new responsibilities at the national level are taking more of your time. We will miss you! Today we're voting on nominees for these two positions, the nominees are:

Chair: Galli Murray, current chair, has been a member since the beginning of the Alliance; she previously was a co-chair for the Transitions of Care Committee and co-chair of the Alliance. Galli is also

the Suicide Prevention Coordinator for Clackamas County. If elected, this will be Galli's second term as chair.

Co-Chair: Charlette Lumby has been an Alliance member the past two years; she is currently a co-chair for the Transitions of Care Committee. If elected, this will be her 1st term as co-chair for the Alliance.

Annette called for a motion to put Galli forward for the position of Alliance chair. Christine moved to vote in Galli as chair; Julie seconded the motion. Annette called for the vote and reminded attendees that only members can vote, if you aren't sure of your voting status, see the slide Jenn has on the screen. The vote elected Galli for her second term.

Annette shared that Charlette is a nurse and due to an emergency meeting at the hospital, she is unable to be here today. Annette called for a motion to put Charlette forward as co-chair. Galli moved that Charlette be put forward as co-chair. Wren seconded the motion. Annette called for the vote. Charlette was elected for a two-year term as co-chair of the Alliance.

Galli resumed as chair of the meeting and asked Annette to provide an update on the Alliance.

9:55 – 10:00

Alliance Update

Annette Marcus, Alliance Suicide Prevention Policy Manager

Annette introduced herself as the Alliance Suicide Prevention Policy Manager. Before giving the update, she acknowledged that she took a 6 week break and that the much needed pause left her energized and excited about getting back into all the work ahead for the Alliance. She's glad she took the break, shared it is really important for all of us to remember how critical self-care is to our well-being.

The Alliance is at another strategic moment, the legislative year is fast approaching and as a group we will have to decide where to place efforts and when to join other groups in their work. Anyone interested in providing testimony at the legislature, please contact Annette.

Annette reminded attendees that the Alliance committees are the base of our work. If you on a committee now, thank you. If you are interested in joining a committee, please reach out to Jenn, me or the committee chair/co-chair. The Alliance committees move work forward in important ways. During our break today, Jenn will put information on the screen about the focus of various committees and advisory groups.

Galli thanked Annette for her update and acknowledge her modeling of self-care and talking about needing a pause is powerful. Thank you for being transparent and vulnerable with this groups. Many attendees thanked Annette through the chat feature.

10:00 – 10:05

Follow-up from Lived Experience Breakout Groups from March Quarterly

Laura Rose Misaras, Lived Experience Advisory Group

Jenn Fraga, Alliance Suicide Prevention Program Coordinator

Jenn briefly reviewed the process to date:

- At the Alliance quarterly meeting, March 2022, 4 breakout groups discussed how the Alliance can incorporate lived experience voice into its work.
- The 4 groups included: direct lived experience; family/friend support person; loss survivor; and, provider/professional.
- The breakout groups provided feedback, suggestions and recommendations.
- To craft actionable steps, 2 focus groups will held. The first one has been convened, a second one will be held October 2022 (a date is to be determined).
- The focus groups tasks is to review March breakout group feedback, add details, look for themes, and discuss potential action items.
- The development of a workable action plan is in progress. An example is to create an outreach effort and redistribute the 2020 survey that went out as part of updating the YSIPP.
- Laura Rose shared that the Lived Experience Advisory will work the Alliance Data Committee on the distribution and pulling data together from the survey. The survey was drafted by youth

and lived experience advisory; John Seely assisted with the final survey and will also assist with a review/update.

- Distribution of the survey is key, please share your thoughts, contact either Jenn or Laura Rose.
- Next steps: hold the second focus group; continue to build a workable action plan; and begin to craft a shared Lived Experience vision for the Alliance.
- Jenn added that the results of the 2020 survey are available, please contact her.

10:05 – 10:10

Update on Coalition Mini-Grant Process

Galli Murray, Alliance Chair

The mini grants for the suicide prevention coalitions are on hold at this time while OHA and the Alliance sort out the process. Once the process is finalized, information will be shared with members. Galli asked if there were questions, there were none.

10:10 – 10:25

Annual Alliance Satisfaction Survey Results Review

Jenn Fraga, Alliance Suicide Prevention Program Coordinator

Jenn shared there is a great deal of information and data from the survey, more than can be covered today. The full survey results are included in the meeting materials and posted on the Alliance website [here](#). The results help us know where to pivot and we learn from the feedback. The survey was offered to full the Alliance both members and affiliates; Alliance staff and OHA contract administrators were excluded from participating. Time was set aside at the June quarterly meeting to complete the survey and 3 times by email to the Alliance listserv. Highlights from Jenn's presentation include:

- Data that stood out: 71.4% of respondents work full-time (30 hours+ per week)
- A higher number of respondents in 2022 (61%) reported being a loss survivor than in 2020 (57%)
- A lower number of respondents reported being an attempt survivor/someone with direct, person lived experience: 2022 – 51%; 2020 – 61%
- Most of the respondents have been involved with the Alliance 1-3 years: 43.7%

- Higher satisfaction rates were found with those involved with the Alliance 4+ years
- Less reported a 4 or higher when asked if they felt they were engaged in the work of the Alliance this year compared to 2020 (63.8% in 2022, 71.4% in 2020)
- There are higher satisfaction rates with Alliance priority areas and governance in 2022 than in 2020 (Priority areas: 2022 87.3%; 2020 81.4%) (Governance: 2022 78.7%; 2020 64.2%)
- Decrease in engagement levels between 2022 (63.8%) and 2020 (71.4%)
- 83.3% of respondents reported being able to identify way that the Alliance as a whole has made a difference in the field of suicide prevention
- Most believe they get information about committee meetings (89.3%) and quarterly meetings (91.5%) far enough in advance to review materials prior to meetings
- The data is also sorted length of service with the Alliance and by demographic information. Details are included the full slide presentation.

Jenn summarized the action items which included:

- 1) Better transparency about Alliance work and progress. *A project tool is in place to track progress and is updated semi-annually, [here is a link to the tool](#). All are encouraged to check out this tool for more information and if you have questions contact Jenn or Annette.*
- 2) Interaction between Alliance committees and advisory groups. *The Alliance Leadership Guide, posted on the [Alliance website here](#) provides information on each committee and advisory group focus, roles and responsibilities of leadership, and tools for setting goals/tracking progress. Jenn and Annette are available answer questions and facilitate discussion about the interaction of committees and advisory groups.*
- 3) Allow time during Alliance quarterly meetings for discussion, questions, and encouraging all voices to be heard. *Today, as Galli indicated at the beginning of our meeting, we are slowing down our agenda and being more intentional about allowing time for all to participate. We have taken note about the comments of having too many items on the agenda and moving too quickly through them. Going forward will be more mindful of not having a “packed” agenda, moving through items to quickly and allowing more time for all voices.*

Galli thanked Jenn for summarizing the survey results and sharing with us today. She reminded attendees that feedback is ongoing and not confined to the annual satisfaction survey process. We welcome and want your input and feedback.

10:25 – 10:55

YSIPP Update/Next Steps for FY 22-23 Initiatives

Jill Baker, OHA, Youth Suicide Prevention Coordinator

Jill shared that the purpose of today's presentation is to briefly remind us of how we got here, and how it is different than previous processes. It is also to inform the Alliance about how OHA is organizing the process of gathering feedback for the 2023 YSIPP initiatives from

- Alliance committees
- OHA's Suicide Prevention, Intervention and Postvention subgroups
- Youth
- Other advisory groups

Jill reminded attendees about the YSIPP framework and two tools (interactive [link to all initiatives](#) and a [10-minute video](#)) available for a quick reference to the elements of the framework.

Where we are today: For 2021-22 there are a total of 117 projects/initiatives (15 specific to Alliance). [This tracker](#) shows progress on all initiatives for OHA and the Alliance. Overall, progress on completion is very good: 60% achieved; 20% in progress 15% early action and 5% in the planning stage. Any areas where progress has been slow is attributed to bandwidth – in other words, there is more work than people to do it. Sometimes things are stalled due to funding.

Alliance led YSIPP initiatives for 2021-22 are progressing well. Of the 15 initiatives, 53% have been achieved, 33% are in progress and 13% are in early action. All are further along than just the planning stage and many are continuous/ongoing efforts rather than a due date for "achieved".

Next steps for establishing 2022-23 initiatives is to look at current initiatives and decide "start, stop, continue" and consider new additions.

- **October:** Alliance committees begin the “start, stop, Continue”; Children’s System Advisory Council provides input; Oregon Consumer Advisory Council provides input; and, Tribal prevention meeting held for input.
- **November:** Youth Think Tanks/Focus Groups; Alliance committees finalize recommendations for OHA; SPIP finalizes recommendations for OHA.

- Task for Alliance Committees:**
1. Review Alliance YSIPP initiatives and assess progress – what’s left to do?
 2. Think of 2023 bandwidth and priorities and determine:
 - What do we want to keep working on?
 - What do we have bandwidth for?
 - Is there a project/initiative we want to let go of?
 - Are there projects/initiatives we want to add?
 - Are there projects/initiatives

Questions:

Julie – With all the cumulative work on the YSIPP and the Alliance, what progress do we need to demonstrate for legislation?

Jill – The annual report tells that story; data and evaluation needs to be strong, and we have work to do there. UO and John Seeley helping with thinking through how to measure progress.

Phelan – Commented that having funding is not always the answer. If it isn’t flexible, it is sometimes a barrier. For example, funding in the school system can be difficult when there isn’t flexibility.

Jill – I agree and understand the need for flexibility to spend where it is needed.

Anette shared committees will receive an email regarding a shared approach across committees as we consider 2023 initiatives.

Galli thanked Jill for all her work on suicide prevention across the state and management of YSIPP implementation. She announced the 10-minute break and let attendees know the slide during break will provide information on Alliance committees/advisory groups. Be sure to let Annette or Jenn know if you are interested in joining one.

10:55 – 11:05

Ten Minute Break

11:05 – 11:15

LGBTQ+ Advisory School Board Toolkit Review

Kris Bifulco, AOCMHP, Suicide Prevention and Postvention Specialist

Wren Fulner, LGBTQ+ Advisory Committee Co-Chair

Before introducing Kris, Galli shared that about a year ago she was asked by a school board in Clackamas County to talk about suicide risk for LGBTQ+, particularly trans students. She was able to accommodate the request due to scheduling conflicts but also felt she didn't have the tools to share with them. Galli got together with the LGBTQ+ Advisory and asked that they put together a tool kit to support those speaking with school boards. It is so important that all students feel safe particularly those in this high-risk population and really appreciates the work the LGBTQ+ Advisory to put together this incredible kit. Galli said she will be using it and hopes others will as well. Thank you Kris and Wren for talking with us today.

Kris thanked Galli for coming to the advisory with this request. She also thanked the Alliance, coalitions and others for the ongoing support of our work. Highlights from the presentation include:

- The goal of this resource is to equip suicide prevention advocates with appropriate language and easy-to-access resources providing public comment to support LGBTQIA2S+ (lesbian, gay, bisexual, transgender, queer or questioning, intersex, asexual, two-spirit) affirming policies and practices.
- The focus of this document is mainly on public comment at school board and PTA meetings, however, it is also applicable for county board of commissioners, state legislation, etc.
- Foundational documents that may be helpful for attendees to review include: – [An Ally's Guide to Terminology: Talking about LGBTQ People & Equality](#); [Talking About Suicide & LGBT Populations](#); [Oregon Safe Schools & Communities Coalition- State of Safe Schools Report](#); [Talking About Anti-LGBTQ School Bills and False "Groomer" Attacks](#)
- What you will find in this kit: information on why public comment is important; components of a public comment; examples of public comment; tips for crafting and delivering public comment; resources for more information; and, examples of other advocacy from the Alliance.
- We approach this work with the underlying assumptions that most people love their children and want to see them do well; and, most people can get behind the cause of youth suicide prevention. These

assumptions are supported by our core concepts of equity in suicide prevention.

The kit is in its final round of edits, the work to date is included with the [meeting materials](#). It covers: Why Public Comment?; Crafting Public Comment; Sample School Board Comments; Tips for Providing Public Comment; Questions You May Have; and, Resources. There is also a one page summary available. Kris and Annette will present the tool at the Suicide Prevention Conference in October. Kris thanked the Alliance for its support on the project.

Galli expressed gratitude for the tool kit and Kris's presentation. She challenged everyone to get on the agenda for local schools boards to share information and to make noise and to be an ally for students and families. Use this tool – Galli will check-in at the December quarterly meeting to see who met the challenge. Galli invited Kris to join her when she speaks with the Clackamas County school board.

11:15 – 11:35

Lines for Life School Suicide Prevention and Wellness (SSPW)

Claire Kille, Lines for Life SSPW Manager, Co-Chair for Schools Committee

Justin Potts, School Psychologist in 4j District, Co-Chair for Schools Committee

Claire began the presentation with an update on the Alliance Schools Committee work. Lon stepped down recently and Claire and Justin are now co-chairs. Claire invited attendees to join the committee. The committee focus is on monitoring implementation of Adi's Act, here are the current active projects:

- Schools Suicide Prevention and Wellness Program (SSPW)
- Adi's Act landscape scan (in partnership with SSPW, OHA, ODE)
- University of Oregon Suicide Prevention Lab (John Seeley and OHA)
- Forward Project
- ODE

Today we are going to focus on the first three of these active projects. Claire turned over the presentation to Justin recognized Lon's work on Adi's Act and thanked him for his work on Adi's Act and Alliance school committee. Highlights of Justin's presentation include:

- The Master Plan that supports Adi's Act implementation is built on the Pillars of S: Committee Functions, Membership and Participation, Coordinated Activities (YSIPP) and Internal and External Communications (how we share).
- Selected committee tasks and accomplishments:
 - Committee functions: monitoring Adi's Act (master plan), short and long term initiatives aligned with YSIPP, and breakout groups for work on initiatives tasks (report outs at committee meetings)
 - Members and participation
- Membership: Identify member pool and analyze gaps in roles, functions and engagement; survey member annual for feedback/suggestions – are we meeting our responsibilities/completing tasks?
- Coordinated Activities: presentations at OSPA and OSBA (Oct/Nov), communications, and proposal for internal communication tools and information dissemination.

Justin shared a flow chart of Adi's Act Support and Process of Communication. This doc supports localities understanding of communication flow. The graphic is included in the meeting materials.

Claire provided a summary of Lines for Life (LFL) Suicide Prevention and Wellness Program:

- Provided to all entities that request service, and this often includes high school and middle schools within larger school districts, and even alternative school settings.
- Networking, connecting people to one another, and requesting assistance from others regarding trainings available, learning collaboratives, and opportunity for local supports to be given statewide support.
- For active, meaningful TA to be delivered, the team inquires about the district's perspectives on current challenges and priorities.
- In October will be releasing mini grants, we have \$100k this school year

Adi's Act Landscape

This was the first statewide scan for school district suicide prevention, intervention, and postvention plans according to Adi's Act requirements

- Plans were found as *posted* on school district websites (as required by Adi's Act) and reviewed for the component parts of Adi's Act and innovative approaches to these parts.
- The data gathered is intended to provide a baseline overview regionally and statewide of what is needed to support school districts to develop and grow their plans. Due to the sensitive nature of suicide prevention work and the challenges facing schools doing this work, ODE, OHA and LFL agree to be thoughtful and collaborative in how we use the data collected.

Goals:

1. To gather examples of how suicide prevention, intervention, and postvention is being planned in school districts, with specific attention to diversity, equity, and inclusion, parent, youth and community input, accessibility and innovation.
2. To identify what is needed to support strong suicide prevention, intervention, and postvention programming including what guidance, resources, and tools school districts need to develop and implement their plans.
3. To inform the Adi's Act support team at LFL how to best target their work regionally in partnership with SSPS program, identify opportunities for growth, and measure improvement statewide.

Lines for Life evaluation team is working on a report of the findings of the scan and will develop a regional dashboard for SSPW. They will also be developing a report for ODE, OHA, Alliance School's Committee, and Governor's School Safety Taskforce and making presentations at OSPC, OSPA and School Board Conference.

11:35 – 12:00

Update on UO and OHA Partnership on Schools Project

Shanda Hochstetler, OHA, Youth Suicide Prevention Coordinator

Once Adi's Act was passed, work shifted to implementation. Currently looking across the state through the scan Claire explained and developing a mechanism for measuring progress. The Oregon Schools Suicide Prevention Project (OSSPP):

- Is a 3-year research practice partnership with 7 schools across Oregon.

- Aims to be a co-design project rather than a research team coming in, gathering data, and leaving. We are partnering with schools to identify questions, build knowledge, and find solutions together.
- Completed [Initial consultation meeting](#) ,work session, and summary for and with 7 schools in 7 counties – Tillamook, Benton, Curry, Lake, Klamath, Baker, and Jefferson.
- Year 2 & 3 will include working on named suicide prevention activities, student and staff surveys, network improvement communities (NIC), and focus groups.

OSSPP first year takeaways:

1. School teams care about the topic of student mental health and suicide prevention, and are highly motivated to address the issue
2. All school teams shared a wide variety of unique and innovative suicide prevention activities in combination with more standard programmatic activities.
3. A current gap exists around transferring Adi’s Act policy from the district level into effective suicide prevention at the school level. There is a need for acknowledging unique school contexts.
4. Two categories of barriers were identified:
 - Solution specific problems: specific gaps in schools exist with clear solutions training, student programming, lack of documentation; and
 - Complex “sticky” problems: No specific solution necessarily exists.
5. Many schools identified politically driven community opposition to suicide prevention, SEL, equity and inclusion, and government/science in general as major obstacle to school changes.
6. There is wide variability in trainings, programs, protocols and systems are already in place with staff; QPR training being most frequent commonality.

Galli introduced Liz Thorne for her presentation on Sources of Strength program.

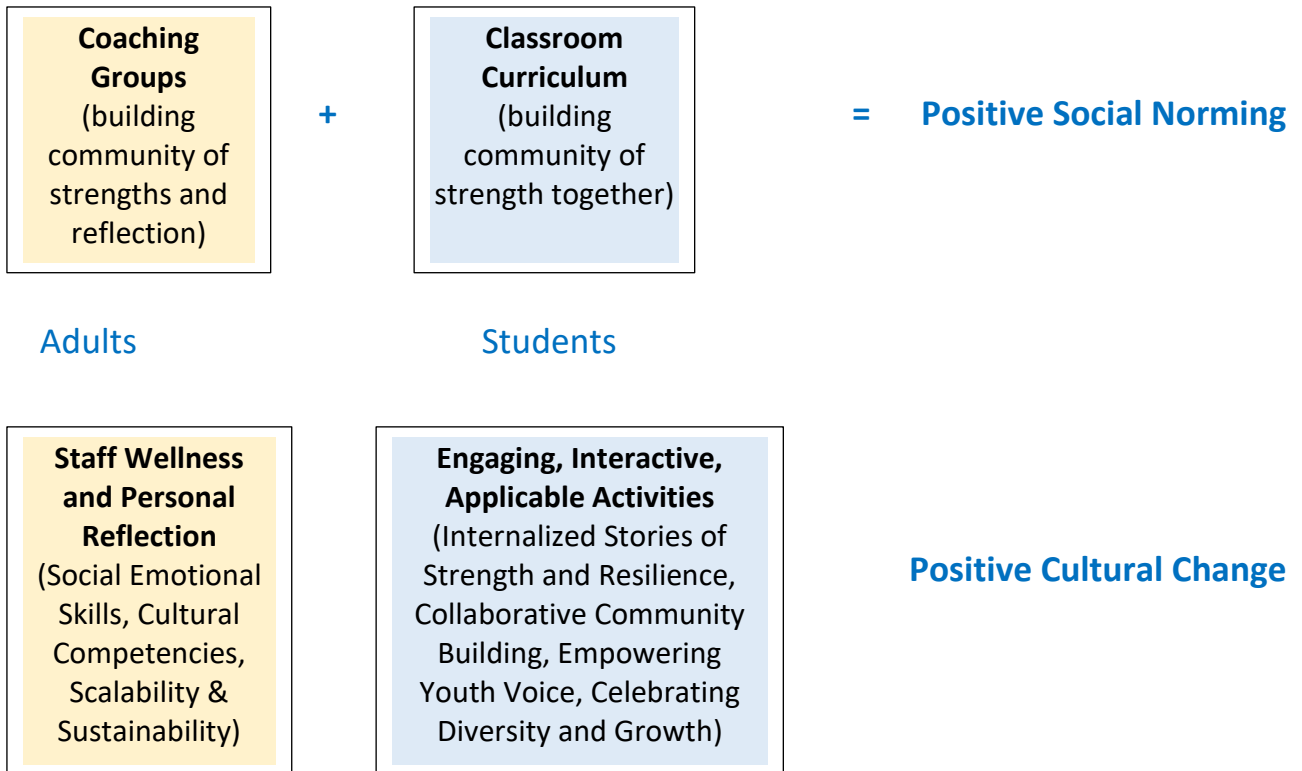
12:00 – 12:25

Sources of Strength Presentation (SOS)

Matchstick Portland Staff:

Liz Thorne, Darci Brown, Carey Norland, and Grace Emhoff

The presentation opened with an overview of the [elementary model](#):



The curriculum for 3 – 6 grades centers on resiliency and emotional fluency, the goal is to build healthy coping skills such as normalizing asking for help. The core of the K – 2 curriculum is belonging, connecting to help and emotional regulation. All curriculum is designed to build on the skills taught in the classroom. The student skill building is alongside the practice of wellness with staff.

The [secondary model](#) (middle school through high school) starts with training a team of adult advisors and peer leaders. The team is diverse, inclusive and collaborative, hallmarks of the team are:

- [Adult Advisors](#): caring, connected and positive; they believe cultural change is possible

- **Peer Leaders:** have influence within their social group, use their voice to connect and promote a resilient and connected community of hope, health and strength

SOS collaborates with other campus groups (such as LGBTQ+ Alliance and Black Student Union) to deliver strategic messaging campaigns that encourage young people to engage, interact and apply strength skills to their lives. This approach aims to achieve a positive cultural change and positive social norming.

For more information about Sources of Strength, please visit the Matchstick website (<https://matchstickpdx.com/>) for details on training, details about what is happening in Oregon counties, and winners of the 2022 Showcase.

12:25 – 12:30

Adjourn

Galli Murray, Alliance Chair

Galli thanked the Matchstick Team for sharing about their incredible program, a great way to end our meeting today. Before adjourning, Galli thanked all presenters and attendees for making time to join us.