

OREGON ALLIANCE TO PREVENT SUICIDE ORIENTATION

HOPE, HELP, HEALING

JUNE 2022

AGENDA

- ❖ Mission, Vision, Equity Statement
- ❖ History
- ❖ Purpose
- ❖ Legislative Successes
- ❖ Helping Connect the Field
- ❖ Thomas Joiner's Interpersonal Psychological Theory of Suicide
- ❖ Framing Messages
- ❖ Structure and Committees
- ❖ Membership, Chairs, Staff
- ❖ Member Responsibilities
- ❖ Stipend Process
- ❖ How to get Involved

LET'S TAKE GOOD CARE OF EACH OTHER AND OURSELVES

- Let us know with a private chat if you're having a tough time and need someone to talk with. USE THE CHAT
- Take a break when you need to – get up and stretch, get yourself a cup of tea or a bite to eat. Please mute yourself unless you have a comment.
- Draw, doodles, take notes or pat your cat or dog during the meeting





MISSION, VISION, EQUITY STATEMENT

MISSION

The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

VISION

In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

EQUITY STATEMENT

To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities and geographic locations.

GROUP AGREEMENTS

1. We value being a community of care. Reach in and reach out.
2. Be in the growth zone. All Teach and All Learn.
3. Challenge oppression and racism.
4. Intent does not always equal impact
5. Replace judgment with wonder - be curious not furious
6. Be aware of how much you are speaking. Create space for others.
7. Check for understanding
8. Speak your truth and be aware of the ways you hold privilege
9. Strive for suicide-safer messaging and language

What does it mean to center youth / young adult voice?

What does it mean to center lived experience?

HISTORY

- ❖ Established to advise Oregon Health Authority (OHA) on statewide integration and coordination of youth/young adult suicide prevention, intervention and postvention activities.
- ❖ Members are appointed by the OHA director. Our members and affiliates: young people, loss survivors, attempt survivors, families, state agencies, subject matter experts, regional coalitions and more
- ❖ Passed into statute SB707 in 2019
- ❖ Staffed by the Association of Oregon Community Mental Health Programs (AOCMHP)
- ❖ Monitor and provide feedback to OHA on the 5-year Youth Suicide Intervention and Prevention Plan (YSIPP) practice and policies

HOW TO GET INVOLVED WITH THE ALLIANCE



ALLIANCE LEGISLATIVE SUCCESS — A FEW EXAMPLES

Postvention Legislation —
leading the nation.
CMHP's central to the
effort

Behavioral Health
Emergency Dept. Visit —
require caring contact
follow up

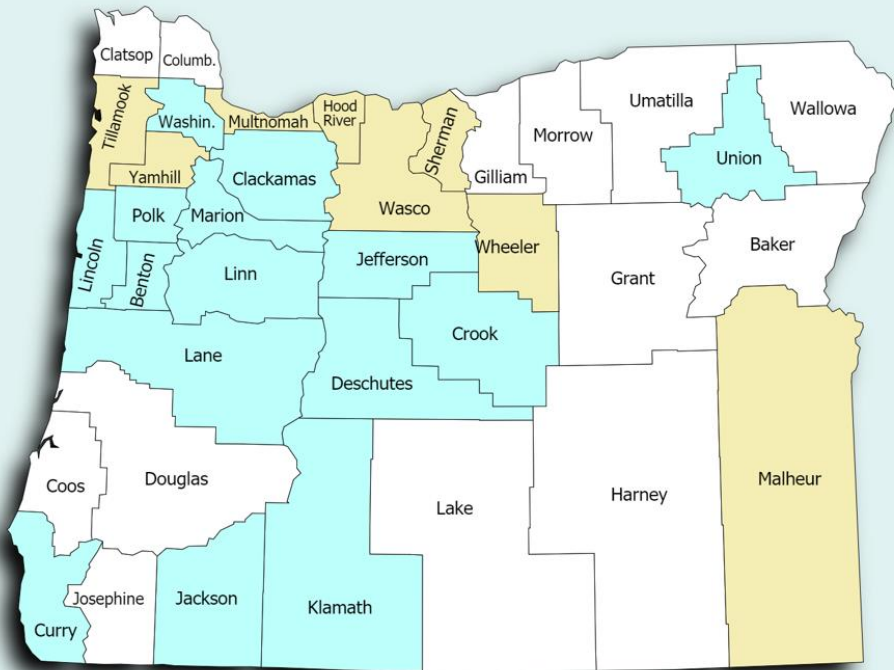
Fund Youth Suicide
efforts in Oregon (\$6
million YSIPP and \$4
million school-based
services)

Require suicide
assessment and
management continuing
education for behavioral
health workforce

Suicide
prevention/postvention
plan in every school
(Adi's Act)

HELPING CONNECT THE FIELD

Regional Suicide Prevention Coalitions



Not connected with the Alliance / No current coalition

Established Coalition Connected with the Alliance

Emerging Coalition Connected with the Alliance

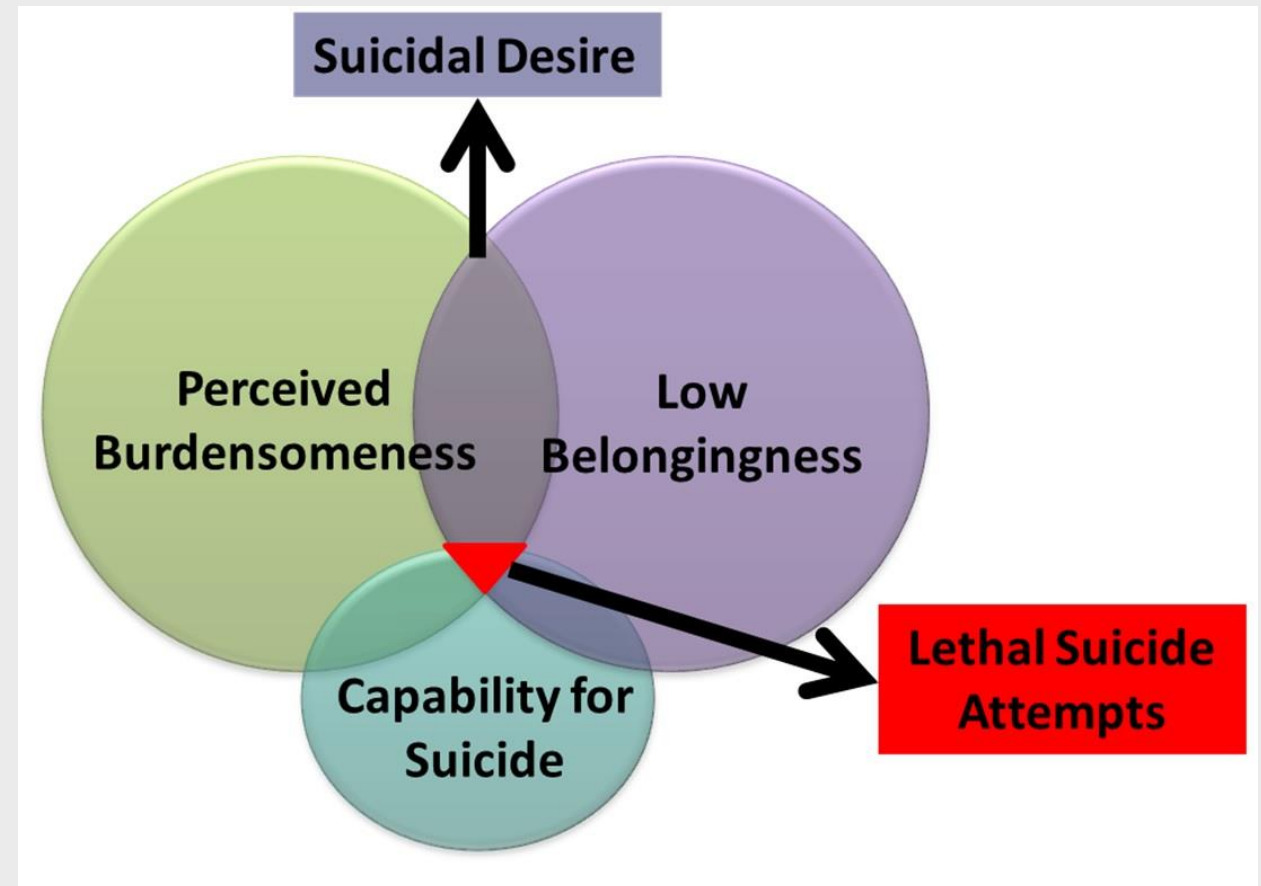
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Alliance and Regional Suicide Coalitions – Connecting the Field and Amplifying our Voices

- ❖ Promote a sense of hope and highlight and support strategies for resilience
- ❖ Support people to ask for help and ensure that the right help is available at the right time.
- ❖ Engage individuals and communities in the healing process after an attempt or suicide

THOMAS JOINER'S INTERPERSONAL PSYCHOLOGICAL THEORY OF SUICIDE

This figure illustrates the circles of Influence that affect suicide risk and must be addressed in suicide prevention activities.



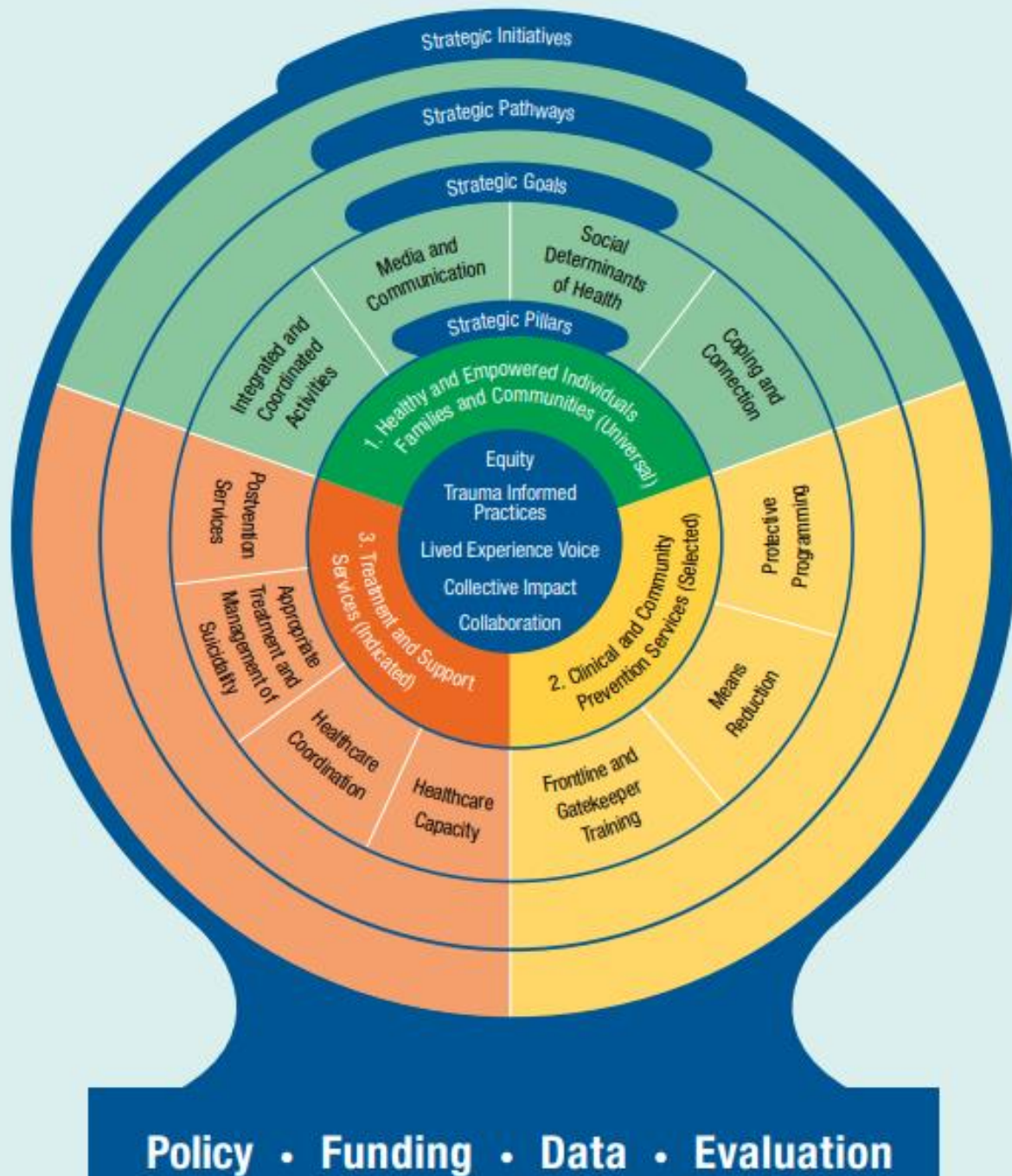
FRAMING MESSAGES

HOPE - Promote a sense of hope and highlight resilience.

HELP - Make it safe to ask for help and ensuring that the right help is available at the right time.

HEALING - Work with individuals and communities in the healing process after an attempt or suicide

T R A N S F O R M A T I O N



YSIPP FRAMEWORK

[YSIPP OHA Initiatives Smartsheet](#)

[Alliance Specific Initiatives](#)

STRUCTURE AND COMMITTEES

Committees

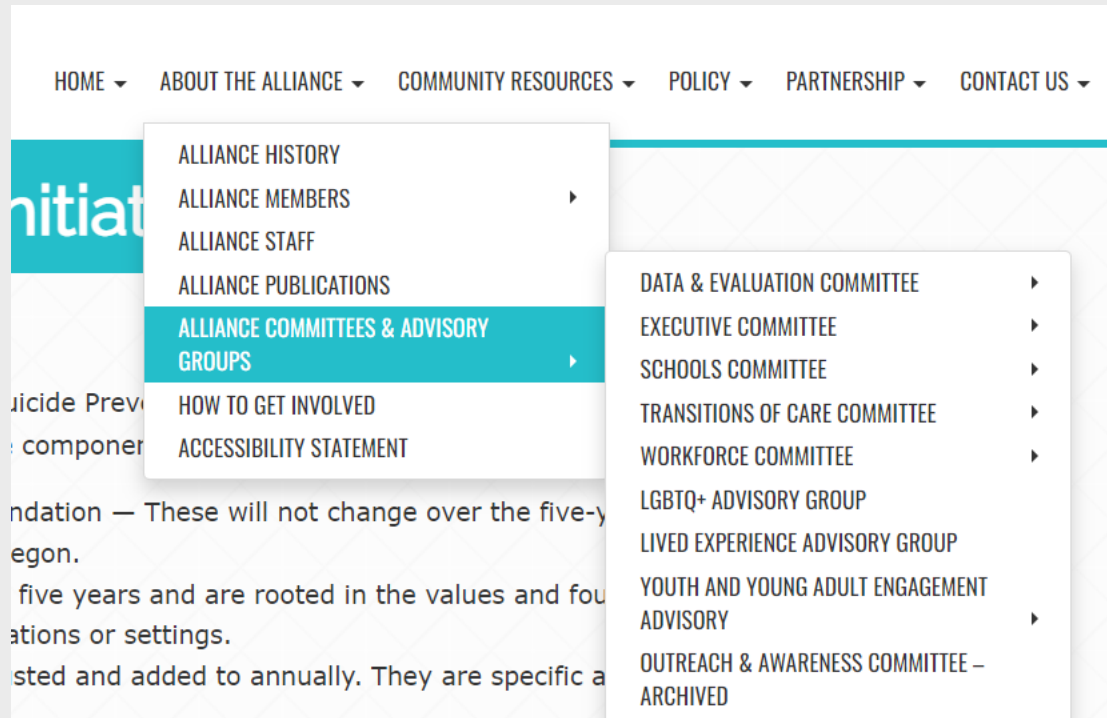
- ❖ Data and Evaluation (Jenn is the staff)
- ❖ Executive (Annette is the staff)
- ❖ Transitions of Care (Jenn is the staff)
- ❖ Schools (Annette is the staff)
- ❖ Workforce Development (Annette is the staff)

Advisory Groups

- ❖ Equity Advisory (Annette is the staff)
- ❖ LGBTQ+ Advisory (Annette is the staff)
- ❖ Lived Experience (Jenn is the staff)
- ❖ Firearm Safety & Lethal Means Access Reduction (Jenn is the staff)
- ❖ University of Oregon Suicide Prevention Lab - Community Academic Partnership with the Alliance (Annette is the liaison)

WEBSITE NAVIGATION

Alliance Website



The screenshot shows the top navigation bar of the Alliance website. The main menu includes: HOME, ABOUT THE ALLIANCE, COMMUNITY RESOURCES, POLICY, PARTNERSHIP, and CONTACT US. A dropdown menu is open under 'ABOUT THE ALLIANCE', listing: ALLIANCE HISTORY, ALLIANCE MEMBERS, ALLIANCE STAFF, ALLIANCE PUBLICATIONS, ALLIANCE COMMITTEES & ADVISORY GROUPS (highlighted), HOW TO GET INVOLVED, and ACCESSIBILITY STATEMENT. A second dropdown menu is open under 'ALLIANCE COMMITTEES & ADVISORY GROUPS', listing: DATA & EVALUATION COMMITTEE, EXECUTIVE COMMITTEE, SCHOOLS COMMITTEE, TRANSITIONS OF CARE COMMITTEE, WORKFORCE COMMITTEE, LGBTQ+ ADVISORY GROUP, LIVED EXPERIENCE ADVISORY GROUP, YOUTH AND YOUNG ADULT ENGAGEMENT ADVISORY, and OUTREACH & AWARENESS COMMITTEE – ARCHIVED.

HOME ▾ ABOUT THE ALLIANCE ▾ COMMUNITY RESOURCES ▾ POLICY ▾ PARTNERSHIP ▾ CONTACT US ▾

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ALLIANCE HISTORY
ALLIANCE MEMBERS
ALLIANCE STAFF
ALLIANCE PUBLICATIONS
ALLIANCE COMMITTEES & ADVISORY GROUPS
HOW TO GET INVOLVED
ACCESSIBILITY STATEMENT

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DATA & EVALUATION COMMITTEE
EXECUTIVE COMMITTEE
SCHOOLS COMMITTEE
TRANSITIONS OF CARE COMMITTEE
WORKFORCE COMMITTEE
LGBTQ+ ADVISORY GROUP
LIVED EXPERIENCE ADVISORY GROUP
YOUTH AND YOUNG ADULT ENGAGEMENT ADVISORY
OUTREACH & AWARENESS COMMITTEE – ARCHIVED

Executive Committee

What is the Executive Committee?

The Executive Committee oversees all committees, workgroups, and activities of the Alliance. They also organize Alliance business, make decisions on behalf of the Alliance between meetings, and make policy recommendations to OHA.

This Committee currently meets the first Monday of the month from 2:30 PM – 4:00 PM virtually. To join, please go to this link <https://us02web.zoom.us/j/89796541408?pwd=OGpPRVArcDhTS1MzWml3YUhaZHV3dz09> and can also be joined by calling 669.900.9128,,89796541408#,,,,*651946#

Below are the dates that the meetings have been held and when they will be held. Meeting agendas are posted at least seven days before the meeting and meeting minutes will be posted within seven days post meeting.

To find previous meeting minutes, please go [here](#).

If you have questions about this Committee, please email Alliance staff Annette Marcus at amarcus@aocmhp.org.

Fiscal Year 2021 – 2022
Current and Past Meetings

ALLIANCE CHAIRS

- ❖ Alliance Chair: Galli Murray, Suicide Prevention Coordinator, Clackamas County
- ❖ Alliance Vice-Chair: Ryan Price, American Foundation for Suicide Prevention
- ❖ Data & Evaluation Committee Chairs: Elissa Adair and Roger Brubaker
- ❖ Schools Committee Chairs: Lon Staub and Kimberlee Jones
- ❖ Transitions of Care Committee Chairs: Charlette Lumby and Joseph Stepanenko
- ❖ Workforce Committee: Julie Scholz and Don Erickson
- ❖ LGBTQ+ Advisory: Aubrey Green and Wren Fulner
- ❖ Lethal Means: Jonathan Hankins, Donna-Marie Drucker, and Pam Pearce
- ❖ Lived Experience: Laura Rose Misaras

STAFF AND OHA PARTNERS

- ❖ Alliance Staff Suicide Prevention Policy
Manager: Annette Marcus
- ❖ Alliance Staff Suicide Prevention
Program Coordinator: Jennifer Fraga
- ❖ AOCMHP Staff Postvention Connect:
Kris Bifulco
- ❖ OHA Youth Suicide Prevention
Coordinators: Jill Baker and Shanda
Hochstetler
- ❖ OHA Adult Suicide Prevention
Coordinator: Deb Darmata
- ❖ OHA Zero Suicide in Health Systems
Coordinator: Meghan Crane
- ❖ OHA Public Health Suicide Prevention
Coordinator: Taylor Chambers

MEMBER RESPONSIBILITIES

Current Membership requirements include:

- ❖ Attending 3 out of 4 quarterly meetings (the 2nd Friday of the month in March, July, September, December)
- ❖ Participation in a committee, advisory group, or workgroup
- ❖ Vote on Alliance related policies, processes, and chairs

VOTING

- ❖ Taking public stand on policy
- ❖ Alliance Chair positions
- ❖ Updates to Alliance processes

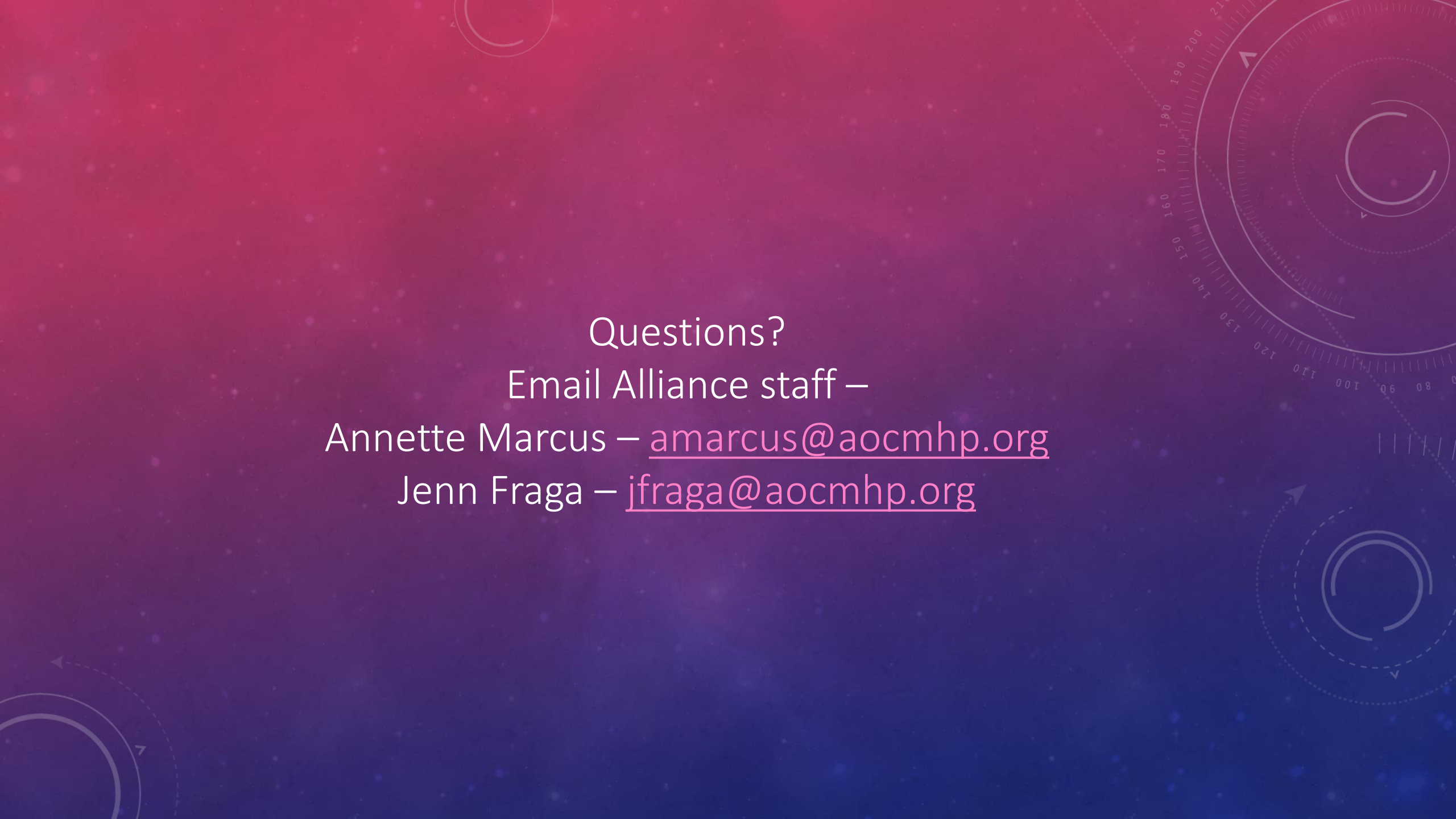
Generally, we attempt to build consensus on most matters and occasionally use a formal voting process.

NOTE: No more than one vote per organization but welcome more than one participant per organization. Also, OHA staff participate but do not vote.

STIPEND PROCESS

Alliance members and affiliates qualify for a stipend through the Oregon Health Authority (OHA) if they meet the following requirements:

- ❖ Attend an Alliance committee, advisory group, or quarterly meeting that they are not paid to attend; AND
- ❖ They are a youth or young adult; OR
- ❖ Are someone with related lived experience, such as someone with direct lived experience with suicide or a loss survivor



Questions?
Email Alliance staff –
Annette Marcus – amarcus@aocmhp.org
Jenn Fraga – jfraga@aocmhp.org