



Alliance June 10, 2022 Quarterly Meeting
Optional Orientation: 8:45 AM – 9:15 AM
Meeting: 9:30 AM – 12:30 PM

Join over Zoom:

<https://us02web.zoom.us/j/82324465888?pwd=d0pSUGhKalBVa25ZYmN1T2IxWE42QT09>

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Attendance

Orientation

- | | |
|----------------------|-----------------------|
| 1. Annette Marcus | 7. Erin Weldon |
| 2. Avalon Mason | 8. Jenn Fraga |
| 3. Brenda Carnese | 9. Laura Rose Misaras |
| 4. Cassey Curry | 10. Rosanna Jackson |
| 5. Christina McMahan | 11. Taylor Chambers |
| 6. Erin Porter | |

Quarterly Meeting

- | | |
|-----------------------|-------------------------|
| 1. Abby Warren | 17. Donna-Marie Drucker |
| 2. Angela Perry | 18. Erin Weldon |
| 3. Annette Marcus | 19. Galli Murray |
| 4. Ashley Meilahn | 20. Gordon Clay |
| 5. Ashley Thirstrup | 21. Iden Campbell |
| 6. Avalon Mason | 22. Isabella |
| 7. Boston Colton | 23. Jacob Dilla |
| 8. Casey Curry | 24. Janeane Krongos |
| 9. Charlette Lumby | 25. Jenn Fraga |
| 10. Chelsea Holcomb | 26. Jenn Scott |
| 11. Christina McMahan | 27. Jesus Nunez-Pineda |
| 12. Claire Kille | 28. John Seeley |
| 13. Craig Leets | 29. Jonathan Hankins |
| 14. Daniell Zeigler | 30. Julie Magers |
| 15. Deb Darmata | 31. Julie Scholz |
| 16. Don Erickson | 32. Justin Potts |
| | 33. Kara Boulahanis |
| | 34. Karen Cellarius |

35. Kimberlee Jones
36. Kirk Wolfe
37. Kris Bifulco
38. Linda Hockman
39. Laura Rose Misaras
40. Lon Staub
41. Lucina
42. Lukas Soto
43. Maria Gdontakis Pos
44. Mark Hammond
45. Mary Massey
46. Michele Bangen
47. Mike James
48. Pam Pearce
49. Rosanna Jackson

50. Ryan Price
51. Sandy Bumpus
52. Sandy Mathewson
53. Scott Vu
54. Shanda Hochstetler
55. Shannon Biteng
56. Siche Green-Mitchell
57. Spencer
58. Stephanie Willard
59. Taylor Chambers
60. Tim Glascock
61. Zev Braun
62. Unknown number
63. Unnamed person

Meeting Minutes

Meeting agenda, materials and minutes are posted on the Alliance website.

<https://oregonalliancetopreventsuicide.org>

Our Vision

In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

Mission

The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

Equity Statement

To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities and geographic locations.

9:30 – 9:50 **Welcome, Introductions, Agenda Review and March Minutes Approval**
Galli Murray, Alliance Chair

Galli welcomed and thanked everyone for taking time to join our meeting today. Before reviewing the agenda, Galli provided the following:

Big View, Review and Preview

We've had a very productive year: YSIPP has been created and released, kudos to this group for all the contributions to the new plan. The new funding has been initiated for suicide prevention coalitions, great news for the field; Alliance is preparing for the next legislative session, and today we will be finalizing our policy agenda. I want to give a special callout to all the new members who are joining our amazing team here at the Alliance. We will have a formal welcome later in agenda. Galli reviewed the agenda and called for brief announcements:

- Jenn reminded attendees that the meeting is being recorded.
- Gordon Clay shared Mental Health America Conference is on now, very good and valuable information. For more information, <https://www.mhanational.org/2022/annual-conference/agenda>
- The Suicide Research Symposium (SRS 22) is scheduled for June 16 and 17th. More information can be found at <https://www.suicideresearchsymposium.com>
This new conference will feature outstanding suicide research with a special emphasis on the work of students, early career investigators, along with senior researchers. The conference is free; here is the registration link: <https://registration.socio.events/e/srs2022>

March Meeting Minutes

Galli called for motion to approve the March Quarterly minutes. Don Erickson motioned for approval of the March 2022 meeting minutes. Charlette Lumby, seconded.

Galli asked if there were any objections or discussion; hearing none, the minutes were approved by consent

Group Agreements

Galli introduced Jesus Nunez-Pineda, he will be presenting information on our group agreements.

Jesus led us through group agreements. This is something we've been working on for a while, both in equity group and meetings with staff. It's taken a lot of work, however, the final agreements are strong.

Annette thanked Jesus for her work on this and others for their help as well. She asked her if there were two that stand out for her. Jesus shared why #4 and #5 stand out for her.

Small Group Breakout: Galli provided direction for the small group meet and greet breakout: Introduce yourself (name, pronoun, organization). Review group agreements and identify which one is important to you during a meeting or one that you would like to challenge yourself with today.

Videos

After the small group breakout, Galli introduced the videos from Shared Messaging Campaign for May, Mental Health Awareness Month and thanked Zev and everyone involved in their production. The videos were very well received, links to the videos are:

English version:

<https://youtu.be/K7YOUAgjgtQ>

Spanish version:

<https://youtu.be/15vDnfaDRx4>

Update: LGBTQ+ Letter

Galli commented that a great deal of thought and time went into putting together the Alliance letter to OHA. She referenced the slide and briefly reviewed the purpose was to ask OHA to make a clear public statement regarding the agency's commitment to supporting and affirming LGBTQ+ youth and families given the anti-LGBTQ+ legislation sweeping the country. Galli welcomed Ashley Thirstrup, Interim Director of Health Education and Chelsea Holcomb, Child and Family Behavioral Health Director and thanked them for providing an update on OHA's response.

Ashley acknowledged that several OHA staff worked on the response and thanked the Alliance for submitting the letter. It served as a prompt and pushing forward policy that supports LGBTQ+ youth. There is no place in Oregon for what's happening across the nation particularly for trans youth, it is unacceptable. The response is a press release (see meeting materials or

Group Agreements

1. We value being a community of care. Reach in and reach out.
2. Be in the growth zone. All Teach and All Learn.
3. Challenge oppression and racism.
4. Intent does not always equal impact
5. Replace judgment with wonder - be curious not furious
6. Be aware of how much you are speaking. Create space for others.
7. Check for understanding
8. Speak your truth and be aware of the ways you hold privilege
9. Strive for suicide-safer messaging and language

<https://content.govdelivery.com/accounts/ORDHS/bulletins/31b7e59>) ; it was sent out to media to be clear about the state’s position and commitment to align with ODE on supporting lesbian, gay, bisexual, trans, queer, two-spirit, intersex and asexual+ (LGBTQ2SIA+) youth and families. Both directors, Pat Allen, OHA and Colt Gill, ODE, coordinated on the response.

Chelsea also thanked the Alliance for submitting letter and echoed that it helped focus on a great need. She acknowledged how organized the Alliance is and the important work that is done by this group. Chelsea shared that the OHA response referenced data collected through surveys conducted by OHA as well as other data. The information in the response will be shared through various newsletters and other communications to broaden the reach.

Galli acknowledge the growing partnerships with various areas of OHA and that is a positive for our work. Thank you for acting on the letters we send and championing our work, suicide prevention is critical to all of us.

Annette has a meeting with Caitlin Ryan and OHA re: family acceptance project. Chelsea suggested engaging youth in that meeting. Galli asked that if you’re interested in attending the meeting, let Annette and Jenn know. Galli asked that staff bring back to full Alliance action steps from the meeting.

Galli thanked Chelsea and Ashley for sharing today.

10:22 – 10:24 **Welcome New Alliance Members**
Galli Murray, Alliance Chair

Galli thanked all who applied and while your membership will not be official until you receive a letter from OHA, thank you for joining us today. The 17 new members are:

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|-----------------------------|--|
| 1. Mike James | ODHS Training & Development |
| 2. Hugo Oscar Sanchez Lopez | Young Adult Community Member |
| 3. Zev Braun | Suicide Prevention Program Coordinator |
| 4. Jamie Gunter | School Counselor |
| 5. Donna-Marie Drucker | Oregon Firearm Safety Coalition |
| 6. Angela Perry | AFSP OR Chapter Board President |
| 7. Aaron Townsend | High School Student Community Member |
| 8. Cassandra Curry | Peer Support Specialist |
| 9. Siche Green-Mitchell | School Counselor |

10. Jacob Dilla	CCO Staff
11. Jackie Richland	Suicide Prevention Coalition Staff
12. Erin Porter	CCO Staff
13. Frankie Pfister	College Professor
14. Mary Massey	School Mental Health Coordinator
15. Christina McMahan	Juvenile Justice
16. Rachel Howard	DHS Suicide Prevention Staff
17. Lukas Soto	Owner of local Consulting Group
18. Shane Lopez	Tribal Liaison, NARA

10:24 – 11:00

Update on Alliance Lethal Means Workplan

Donna-Marie Drucker, Alliance Firearm Safety and Lethal Means Reduction Advisory Co-Chair and Chair of Oregon Firearm Safety Coalition

Galli introduced Donna-Marie and thanked her for presenting today

Donna-Marie thanked Galli and before starting the presentation, acknowledge co-chairs Jonathan Hankins and Pam Pearce. Today’s presentation includes information that can be very unsettling, if you need to take a break or need support, please reach out through the chat to Jenn or Annette. Galli also volunteered to be available.

The presentation was very informative and detailed, a copy of the PowerPoint is included in the meeting materials. The three most lethal means are firearms, hanging/suffocation, and poisoning/overdose, these are the areas of our focus for lethal means reduction. Highlights from the presentation are:

Pam Pearce reported on poisoning/overdose, the third most lethal means. Because we’re not sure of the intent, the implication is that we’re missing opportunities to help individuals. We’re working with OHA to be sure people get the help they need. Intent of overdose is key – we must focus here to better understand and prevent suicide.

3rd. Poisoning – Overdose – Opioids

- Difficult to know the internet – accidental or suicide?
- **What we’ve been doing:** Data collection; presentation by those leading community efforts; and trying to determine the best ways to move forward.
- **Goal:** Understand and coordinate existing efforts at both local county and larger state levels around overdose prevention efforts to ensure we are not duplicating

efforts in helping to introduce Narcan and fentanyl testing strips to schools and local public health authorities

Donna-Maire presented information on hanging/suffocation. She shared that this is a very difficult issue to address because in the home there is ready access to means, while in an institution there are safety measures in place to prevent hanging. Because of the ready access in the home, we must focus on a strength-based approach that increases protective factors and help youth to get the help they need. It is key that we help youth connect to their communities.

2nd. Hanging/suffocation

- Very difficult to reduce access to means in the home.
- **What we've been doing:** Reviewing research, asking for presentations by community experts.
- Take a strength-based/protective factor approach.
- Develop App such as 'Step First' <https://www.firststeporegon.org/>: Provides resources and support to youth.
- Sources of Strength Training – approach.
- We still have a lot to learn – we feel we are at the beginning of our learning journey.

Donna-Marie presented information on firearms and reminded us that firearm owners are part of working on safety issues. Firearm owners may not have thought about access and at-risk youth in the home. Getting information out is critical, especially around safe storage. The firearm community is open and wanting gun safety. Trust is a big thing in the firearms community and consistent messaging is critical to building trust.

1st. Firearms – 90% lethal

- Alliance focus groups paved the way for connection with the firearm community.
- We are actively working with Gun Clubs/Ranges throughout the state on providing suicide prevention information that includes safe storage and removing firearms from the home.
- Clarify Transfer Law, SB 554 & ORS 166.435 Section (F) Gain clarity around what is legally permissible. Does not change Background Check Law –the group is not working on laws re: background checks.
- Work with DPO GC to create Safe Harbor Law.
- Develop offsite storage for firearms and create online map – get them out of the home – Data collection to see what already exists.

- Develop FAQ material around OR firearm and firearm storage law (in home and offsite).
- Work with community partners such as Suicide Prevent Coalitions & Local Gun Clubs - Develop Statewide consistent messaging.
- Lock Box Data – Who has them? How many have been distributed? How can we expand?

So much more work to be done:

- Between 2019 and 2020 firearm sales increased by 64%. First time firearm owners represented 40% of those sales.
- Youth firearm suicide increased by 31% between 2019 and 2020
- Past 24 months over 1 million firearms have been sold in Oregon
- Demographics of firearm owners has changed: Women, BIPOC, LatinX, LGBTQ+.
- We are still learning, and we have a lot of hard work ahead.

11:00 - 11:28 Break and Alliance Annual Survey

Annette Marcus, Alliance Suicide Prevention Policy Manager

The survey is part of our contract with OHA as well as a way to learn from you about how we can improve.

11:28 – 11:34 Alliance Co-Chair Selection Process

Galli Murray, Alliance Chair

Galli reviewed that the structure of the Alliance is one of co-leadership, a chair and co-chair. After serving for two years, the co-chair becomes the chair. Due to co-chair Ryan Price’s super busy schedule, he will not be stepping into the chair position in September. Galli explained that a recommendation for co-chair needs a sponsor from an Executive Committee member and OHA committee members may not sponsor a recommendation. The co-chair position is a 4 -year commitment, 2 years as co-chair and 2 as chair. If you would like to recommend someone, see an Executive Committee member. To date we have one nominee, Charlette Lumby, the current co-chair of the Transitions of Care Committee. Current non-OHA Executive Committee members are Galli Murray, Ryan Price, Lon Staub, Charlette Lumby, Don Erickson, Laura Rose Misaras, Dan Foster, John Seeley, Gordon Clay, Leslie Golden, Kimberlee Jones, Kirk Wolfe, Karli Read

11:34 – 12:17 **Discuss and Determine Policy Agenda for 2022-25**
Galli Murray, Alliance Chair

Annette reminded the group of the process that has gotten us here today. Staff sent out a request to the full membership and committee chairs for policy recommendations and the Executive Committee reviewed recommendations they received. The proposed agenda was finalized by the Executive Committee. Two policy chat webinars were held and approximately 70 attended. Our policy agenda roles are modeled on the AFSP model which is:

- **Lead** - Issues on which Alliance will play a leadership role by developing the policy position, marshaling support, and generating advocacy activity.
- **Collaborate** - Issues on which Alliance will work as part of a coalition or group, providing active support to achieve these important policy objectives.
- **Explore** - Issues that are rising in importance and require further exploration or policy research and analysis but have not yet become Alliance active policy proposals.

Annette reviewed the CDC suicide prevention strategies which are consistent with best practices and reflected in the YSIPP construct. She also shared sample approaches and the relationship to Alliance policy work.

Before reviewing the proposed policy agenda, Annette reminded that the following are existing policy commitments voted on in prior meetings. Both significant areas for workload.

Existing Policy Commitments

Expand existing legislation of HB 2315 (2021) requirement for behavioral health providers to receive continuing education on suicide assessment, treatment, and management to include medical providers.

- The Alliance is currently in process of writing the legislative concept, finding a legislative lead, and garnering support.
- High Impact/High Effort: Extensive staff engagement and committee leadership needed through the legislative session.

Widen Alliance's scope of work to have a lifespan approach, instead of ages 5-24, and provide support to the new Adult Suicide Intervention and Prevention Plan (ASIPP).

- The Alliance has sent written request about expanding Alliance’s scope to OHA. There will need to be a legislative concept needed similar to SB707 (2019) to require ASIPP, annual reports, and an advisory body in statute.
- High Impact/High Effort: This has the potential for coordinated lifespan efforts. Analysis is needed regarding alignment, committee, and staff structure

The following proposed policy agenda is what we’re voting on today:

Lead

Alliance will play a leadership role by developing the policy position, marshaling support, and generating advocacy activity

- DATA: Improve data collection related to suicide deaths and attempts (several proposals were submitted). Needs ongoing work from data committee with OHA staff to determine highest impact asks and assess current landscape. No specific ask this session other than to support OHA POP. POP asks for an OHA position related to suicide data which could facilitate this process.

Collaborate

Alliance will play a leadership role by developing the policy position, marshaling support, and generating advocacy activity.

- TRAINING: There should be a requirement that each suicide prevention, intervention, and postvention training must include equity-centered content. Related, it would be important to have some type of requirement or incentive (i.e. certification) for trainers to receive ongoing equity-focused training.
- LETHAL MEANS: With the partnership of the firearm community (and organizations such as the NSSF, etc.), amend the temporary firearm storage law (ORS 166.435) to include a Good Samaritan Clause.
- EQUITY: Strengthen state legal protections for LGBTQIA2S+ youth, especially transgender youth who have been targeted by discriminatory legislation throughout the country.
- PROTECTIVE ENVIRONMENTS: Student ID’s have both helpline and crisis text line.

Explore

Issues that are rising in importance and require further exploration or policy research and analysis but have not yet become Alliance active policy proposals.

- TRANSITIONS OF CARE: Funding for support/treatment services that bridge the gap between crisis response and longer-term care. A strong and effective children's system of care is the focus of many different groups, including those working on the 988/MRSS (with POP attached) and CSAC and the Children System of Care Advisory and the Children's Alliance. The opportunity here is that we explore, and when appropriate support and align with their efforts.
- TRAINING: Regular youth suicide prevention training in school – 6 thru 12th grade.
- TRAINING: Require all levels of hospital staff (from the triage desk to security to nurses and doctors) to receive training in suicide prevention, intervention, assessment, treatment, and management; training should be standard across the state for all emergency departments.

Highlights of the discussion prior to vote:

- Concern about information on student id cards and agencies operating crisis lines do not collect data and geo location information. FCC is looking into privacy issues related to this concern. Some areas have added language that there may be an active response due to making a call.
- The 988-line may generate a phone tax to cover cost
- Suicide prevention training is needed for hospital staff (youth made this request); connect to current work on CEUs
- Need to be clear on what the transitions of care are and how implemented as the 988 related mobile response system rolls out
- Need consistent and best practice raining for youth, need it across the state
- The proposed data work will greatly benefit our understanding

Kimberlee proposed removing the item on student id from collaboration to explore.

Galli called for a vote: based on our discussion – do we pull out the item on id cards? Do we vote on each proposed policy area separately? Do we accept the policy agenda as presented? Galli reviewed the options and ask voting members to choose one, the vote was conducted through the chat option. Options:

- 1) Accept the policy agenda as presented MAJORITY/this options selected by vote
- 2) Pull things out (student id card)
- 3) Vote on each item as separate items

Gordon Clay motioned to vote on the policy agenda as presented; Julie Schultz, seconded
Passed; no nay's no abstentions

12:17 – 12:30 **Committee and Advisory Group Open House**

Workforce Development: Don Erickson

Schools Committee: Lon Straub

Transitions of Care: Charlette Lumby

Data and Evaluation: John Seeley

Firearm Safety and Lethal Means Reduction: Donna-Marie Drucker

Small group breakouts will be hosted by chairs/co-chairs of committees and advisory groups to share information about current work and future efforts. Choose one room, if you're in one and would like to learn more about another, please do so. Jenn will post the name of the group/rooms.

Annette announced that OHA has provided funding to AOCMHP/Alliance for suicide prevention coalitions. If you want to be part of that process, email Annette.

Galli welcomed everyone who is new to the Alliance and thanked everyone for their role and support in our work, this group brings me tremendous hope. Thank you for all you do. See you in September. The full meeting was adjourned and breakout groups commenced.

12:30 **Adjourn** – Zoom meeting concluded