

Alliance Coalition Webinar

11 May 2021

10:30 AM – 12:00 PM

Attendance:

- | | |
|-----------------------|-------------------------|
| 1. Amber Ziring | 22.Kela Lynn |
| 2. Amy Ruona | 23.Kris Bifulco |
| 3. Annette Marcus | 24.Kristin Fettig |
| 4. Ashley Meilahn | 25.Laura Sprouse |
| 5. Caitlan Wentz | 26.Lev Schneidman |
| 6. Crystal Larson | 27.Mary Massey |
| 7. Dalia Baadarani | 28.Meghan Crane |
| 8. Daniell Zeigler | 29.Mila Rodriguez-Adair |
| 9. Deb Darmata | 30.Miranda Sitney |
| 10.Emily Watson | 31.Nikobi Petronelli |
| 11.Gabrielle Colton | 32.Pam Pearce |
| 12.Gary McConahay | 33.Parker Sczepanik |
| 13.Jasper Adams | 34.Rosanna Jackson |
| 14.Jenn Fraga | 35.Sandy Bumpus |
| 15.Jenna Oh | 36.Scott Vu |
| 16.Jesus Nunez-Pineda | 37.Shane Roberts |
| 17.Joseph Stepanenko | 38.Shanda Hochstetler |
| 18.Justin Potts | 39.Spencer Lewis |
| 19.Justin Thomas | 40.Tanya Pritt |
| 20.Kahae Rikeman | 41.Tim Glascock |
| 21.Karen Cellarius | |

Notes:

- Future topics
 - How to engage youth / young adults on suicide prevention coalitions



Please enter your name, pronouns, title, organization, email and coalition in the chat box. Name one thing going well in your coalition or community.

Regional Coalitions and Friends Webinar

May 11, 2021

Core Messages

HOPE

- Promote a sense of hope and highlight resilience.

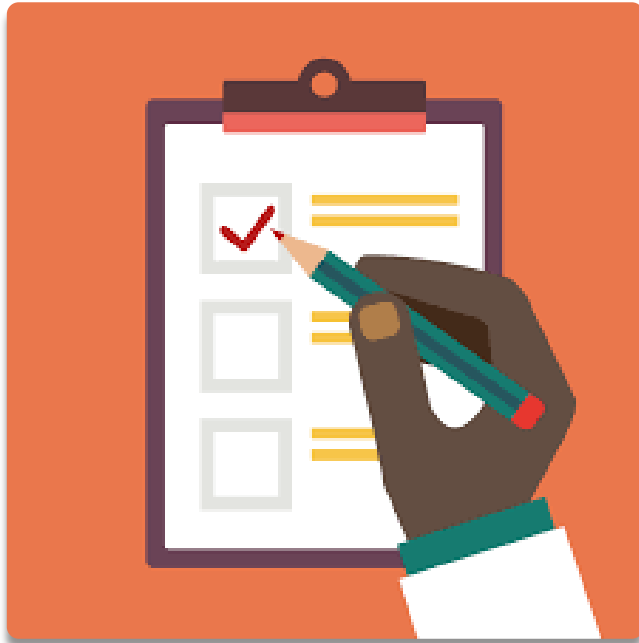
HELP

- Make sure the right help is available at the right time.

HEAL

- Engage individuals and communities in the healing process after an attempt or suicide

AGENDA



- ▶ Welcome and Introductions (in chat, name, pronouns, organization affiliation if applicable)
- ▶ Update: OHA, Alliance and Legislation
- ▶ Implementing Suicide Prevention in Schools-Kahae Rikeman
- ▶ Facilitation Skills – key for effective organizing, Annette Marcus

Legislative Update 2021 Session

- HB 3037: Directs medical examiner to report suspected suicides involving decedents 24 years of age or younger to local mental health authority. Directs Oregon Health Authority to develop statewide suicide post-intervention protocol. Authorizes cross-reporting between local mental health authorities. *
- HB2315: Requires behavioral health workers to receive continuing education on suicide assessment, intervention and management *
- SB 563: Modified laws relating to youth suicide intervention and prevention to include children 5 to 10 years of age.
- HB2381: Modifies laws relating to youth suicide intervention and prevention to include children under 10 years of age. *
- SB52: Direct Dept of Ed to develop and implement statewide education plan for students who identify as lesbian, gay, bisexual, transgender, queer, two-spirit, intersex, asexual, nonbinary or another minority gender identity or gender orientation.
- HB 3139: Requires parental disclosure when minor receives suicide risk assessment, intervention, treatment or support services



Why Facilitation
and
Implementation
Should Be Best
Friends

The Science of Facilitation?

Mission:

- ▶ IISC builds collaborative capacity in individuals, organizations, and networks working for social justice and racial equity.

Values

- ▶ We believe that social change is possible when three key elements are attended to: shared power and equity, network building, and love as a force for social change
- ▶ We believe that transformative leadership is the kind of leadership we need in the 21st century
- ▶ We believe in people's right to be involved in the decisions that affect them so that they have influence over the quality of their lives
- ▶ We believe in the dignity of all human beings and in taking care of our planet so that we can all live healthy lives and our communities can thrive

- ▶ Technology of Participation (ToP) is a powerful collection of structured facilitation methods that transform the way groups think, talk and work together. They enable highly energized, inclusive and meaningful group collaboration that lead to successful outcomes.

- ▶ Focused Conversation
- ▶ Consensus Workshop
- ▶ Action Planning



Setting the Tone

Meeting goals

Big View, Review, Preview

Introductions (Again and Again.....)

Facilitator Role

- Neutral?
- Subject Matter Expert?
- Leader?



Attend
to These
Key
Elements

Asking the Right Questions: ORID Method

Objective Questions: **What do we know about this?**

Reflective Questions: **How do we feel about this?**

Interpretive Questions: **What does it mean for me/you/the organisation etc?**

Decisional Questions: **What are we going to do**

Inviting Diverse Voices Into the Conversation

- ▶ Multiple ways to participate
- ▶ Attend to who is talking and who isn't
- ▶ Take your “power” as facilitator to move things forward
- ▶ Importance of Ground Rules – and Why I So Often Forget This



Moving From Discussion to Action

- ▶ Summarize and Clarify for Agreement
- ▶ Review Next Steps
- ▶ Set Your Next Agenda
- ▶ Review Progress at Each Meeting





School Suicide Prevention & Wellness Program

Lines for Life

Kahae Rikeman, MSW

KahaeR@linesforlife.org

SB 52: Adi's Act

- Adi's Act passed through the Oregon Legislature in 2019
 - Adi's Act is named after Adi Staub, a young woman who died by suicide in Oregon.
- **The bill requires every school district to have a suicide prevention, intervention, and postvention policy**

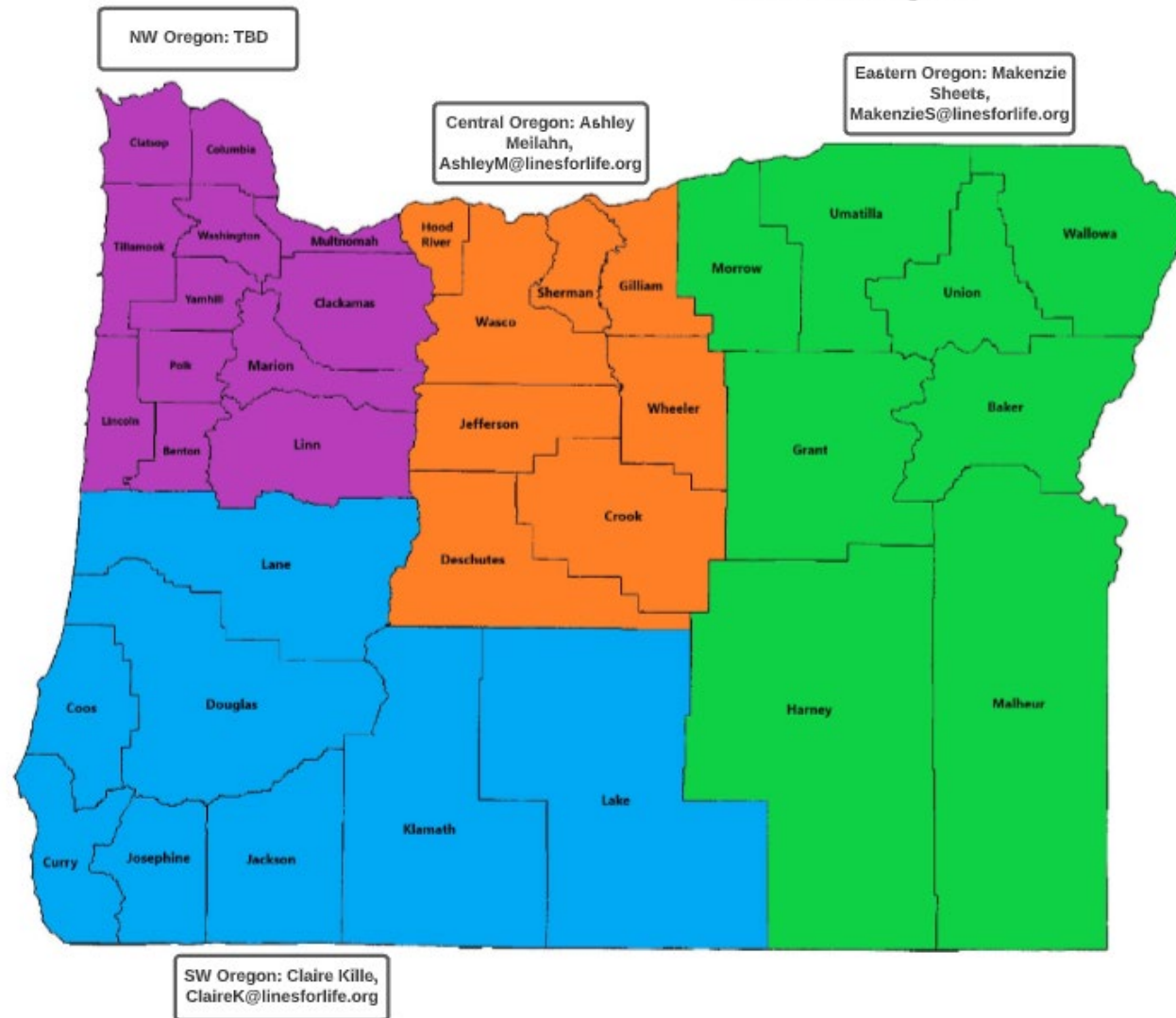


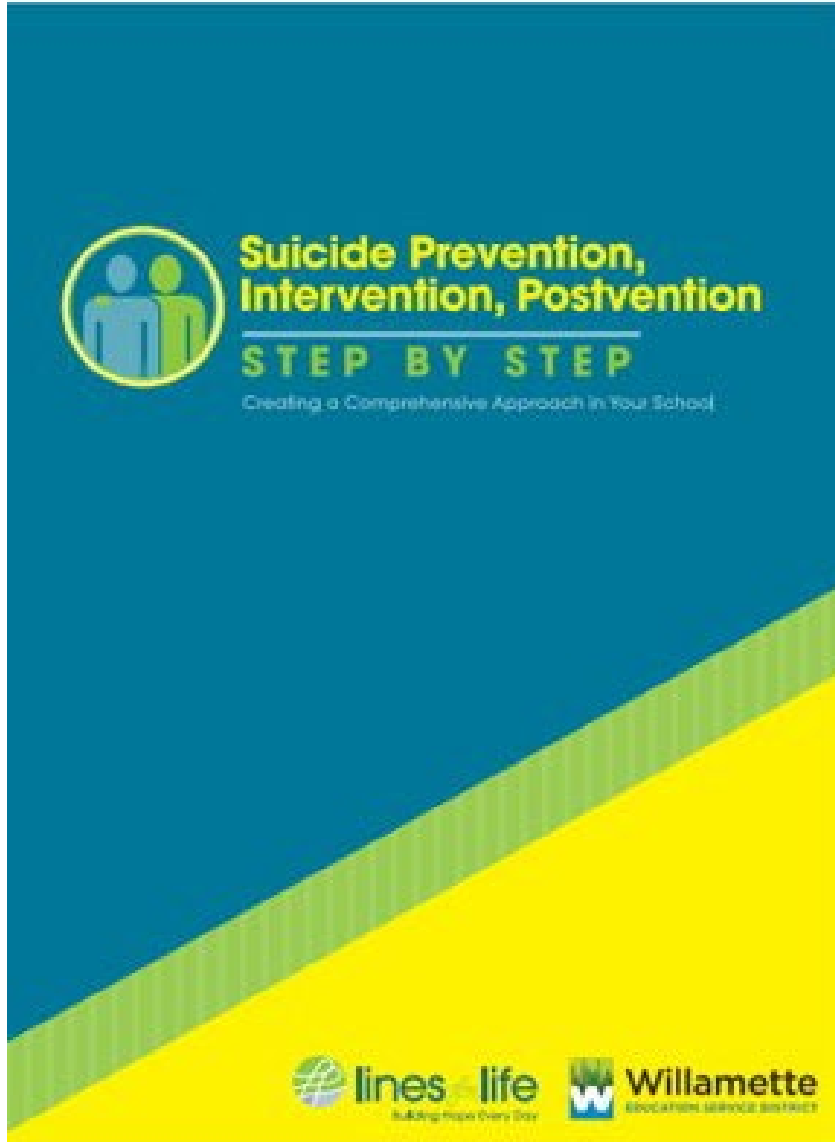
Youth Suicide Prevention Programming Available at low or no cost



You can get this document in other languages, large print, braille or a format you prefer. Contact Children and Family Behavioral Health at 971-719-0265 or email chelsea.holcomb@dhaoha.state.or.us. We accept all relay calls or you can dial 711.

Lines for Life School Suicide Prevention and Wellness Program





Results (so far!)

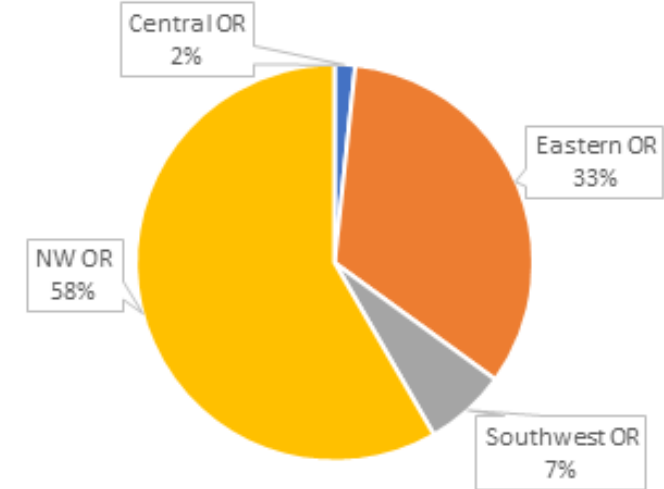
- Worked with 113 different schools and districts across the state
- Providing technical assistance for suicide prevention, intervention, and postvention plans
- *Step-by-Step Guide*

*Thank you for making this process so smooth for our small district. **Sometimes tasks like these are overwhelming in a small district, but this really enabled us to pull it together and know we were accessing the best resources and trainings currently available.***

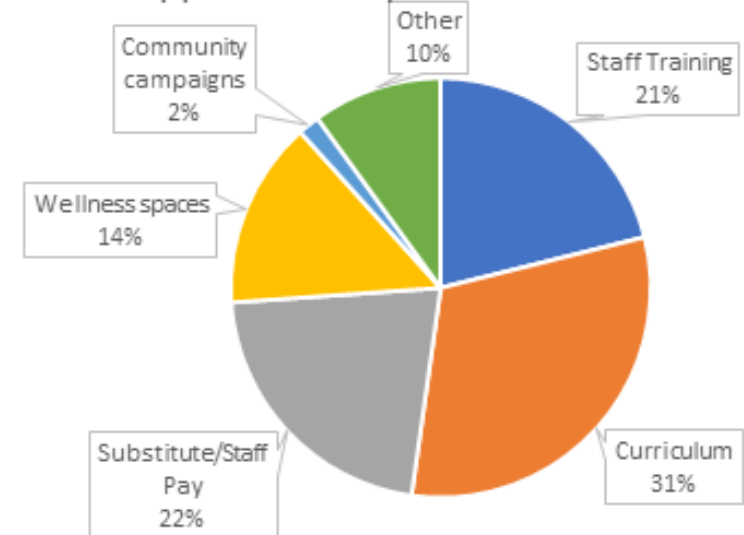
Mini Grants

- Distributed \$115,000 to school districts across the state to support their suicide prevention planning
- Providing human resources and financial resources
- ***Without the grant funds, we would be unable to provide the above-mentioned items that have been included in our Suicide Prevention and Response protocol. It is so important as a part of suicide prevention to destigmatize mental health and the be able to talk about suicide, and all of the above items support this agenda.***

Mini-Grant Application Geographical Distribution



Mini-Grant Application Requests



What are we learning?



Districts are all across the board in terms of readiness for Adi's Act



Many districts having school counselors write plans



Importance of local connections – regional focus, coalitions, county MH authorities, etc

How can the Alliance help?

Suicide prevention coalitions – make connections with school districts and invite them in!

Check in with your local district – do they have an Adi's Act plan posted on their website?

Always a need for resources – trainings, mental health support for youth and families, advocating for your area's needs!

Get in touch

Kahae Rikeman – Program Manager

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Makenzie Sheets – Eastern Oregon

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Claire Kille – SW Oregon

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Ashley Meilahn – Central Oregon

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