



### **Alliance December Quarterly Meeting**

Date: Friday, December 11, 2020 Time 9:30 AM – 12:30 PM; Orientation 8:45 AM

Join the meeting from your computer, tablet, or smartphone.

Join Zoom Meeting

<https://uoregon.zoom.us/j/99269094255?pwd=bGU4UjlEN1lDWFBEdU9jRm1Fb2lwUT09>

Meeting ID: 992 6909 4255

Passcode: 635881

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Time	Topic/What	Notes/Attachments
8:45 – 9:15	<b>Orientation</b> Annette Marcus, Suicide Prevention Policy Manager	<b>Optional:</b> Newcomers Encouraged to Attend All Welcome
9:30 - 9:45	<b>Welcome, Introductions and Agenda Overview</b> Annette Marcus, Policy Manager, Alliance Galli Murray, Chair of the Alliance, Suicide Prevention Coordinator in Clackamas County Ryan Price, Co-Chair of the Alliance, AFSP Area Director for Oregon and Idaho	<b>Big View, Review and Preview</b>
9:45 – 10:15	<b>Alliance Business</b> Annette Marcus, Suicide Prevention Policy Manager Laura Rose Misaras, Lived Experience Advisory Chair Julie Magers, Transitions of Care Co-Chair Wren Fulner, LGBTQ+ Advisory Group Co-Chair	Goal: Highlight progress, challenges, and needs Possible report from a couple of committees <ul style="list-style-type: none"> <li>• Update on CEU legislation</li> <li>• Update on lived experience advisory</li> <li>• Overview of Transitions of Care root cause analysis and next steps</li> <li>• LGBTQ+ Mini-Grants</li> </ul> Updates: Anti-racism and radical inclusion consultants, and continued recruitment for committee involvement
10:15 – 10:25	<b>YYEA Update</b> Karli Read, YYEA Representative on Executive Committee Maya Bryant, YYEA Representative on Executive Committee Olivia Nilsson, YYEA Representative on Executive Committee	Mentoring Program – Request for mentors. See attached PowerPoint and flyer in meeting materials.  Introduce Nikobi, Emily Morrissey's replacement while she is on maternity leave
10:25 – 10:45	<b>Understanding the Role of Community Mental Health Programs in Crisis Response, Suicide Prevention, Intervention, and Postvention</b> Kimberlee Lindsay, AOCMHP and Executive Director, Community Counseling Solutions (Gilliam, Grant, Morrow, Wheeler)	See attached PowerPoint in meeting materials.



	Stan Gilbert, Secretary/Treasurer, AOCMHP and Executive Director, Klamath Basin Behavioral Health	
10:45 – 10:55	<b>Break</b>	
10:55 – 11:05	<b>OHA Update</b> Jill Baker, OHA, Youth Suicide Prevention Coordinator Deb Darmata, OHA, Youth Suicide Prevention Coordinator Meghan Crane, OHA, Zero Suicide Program Coordinator Shanda Hochstetler, OHA, Youth Suicide Prevention Coordinator	See attached written report in meeting materials.
11:05 – 11:25	<b>YSIPP 2.0 Presentation</b> Mark Hammond, University of Oregon Suicide Prevention Lab	UO lab presentation outline: <ul style="list-style-type: none"> <li>• Re-introduction of YSIPP 2.0 Strategic Plan</li> <li>• Review of Completed Research <ul style="list-style-type: none"> <li>• Summary of YSIPP initiatives</li> <li>• Review of other states' plans</li> <li>• Best practices from evidence-base</li> <li>• Emerging themes from focus groups and interviews</li> </ul> </li> <li>• Plans Moving Forward</li> </ul>
11:25 – 11:55	<b>YSIPP 2.0 Feedback</b> Small Groups	Receive feedback from Alliance on these themes about priorities and gaps. What are actionable items for different themes gathered from interviews and focus groups? What action steps would you recommend for Oregon in the next 5 years?
11:55 – 12:05	<b>YSIPP 2.0 Report Out from Small Groups</b> Annette Marcus, Suicide Prevention Policy Manager, Alliance	
12:05 – 12:30	<b>Public Comment(s) and Adjourn</b>	

# Orientation to the Oregon Alliance to Prevent Suicide

HOPE, HELP AND HEALING





### ► *Mission*

The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

### ► *Vision*

In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

# Let's Take Good Care of Each Other- Even When We Are Virtual

- ▶ Let us know with a private chat if you're having a tough time and need someone to talk with. **USE THE CHAT**
- ▶ Take a break when you need to – get up and stretch, get yourself a cup of tea or a bite to eat. Please mute yourself unless you have a comment.
- ▶ It can help to draw doodles, take notes or pat your cat or dog during the meeting
- ▶ Remember, this is a group of advocates that includes youth and young adults, experts in the field of suicide, people who have lost a loved one to suicide, and people who have survived one or more suicide attempt.

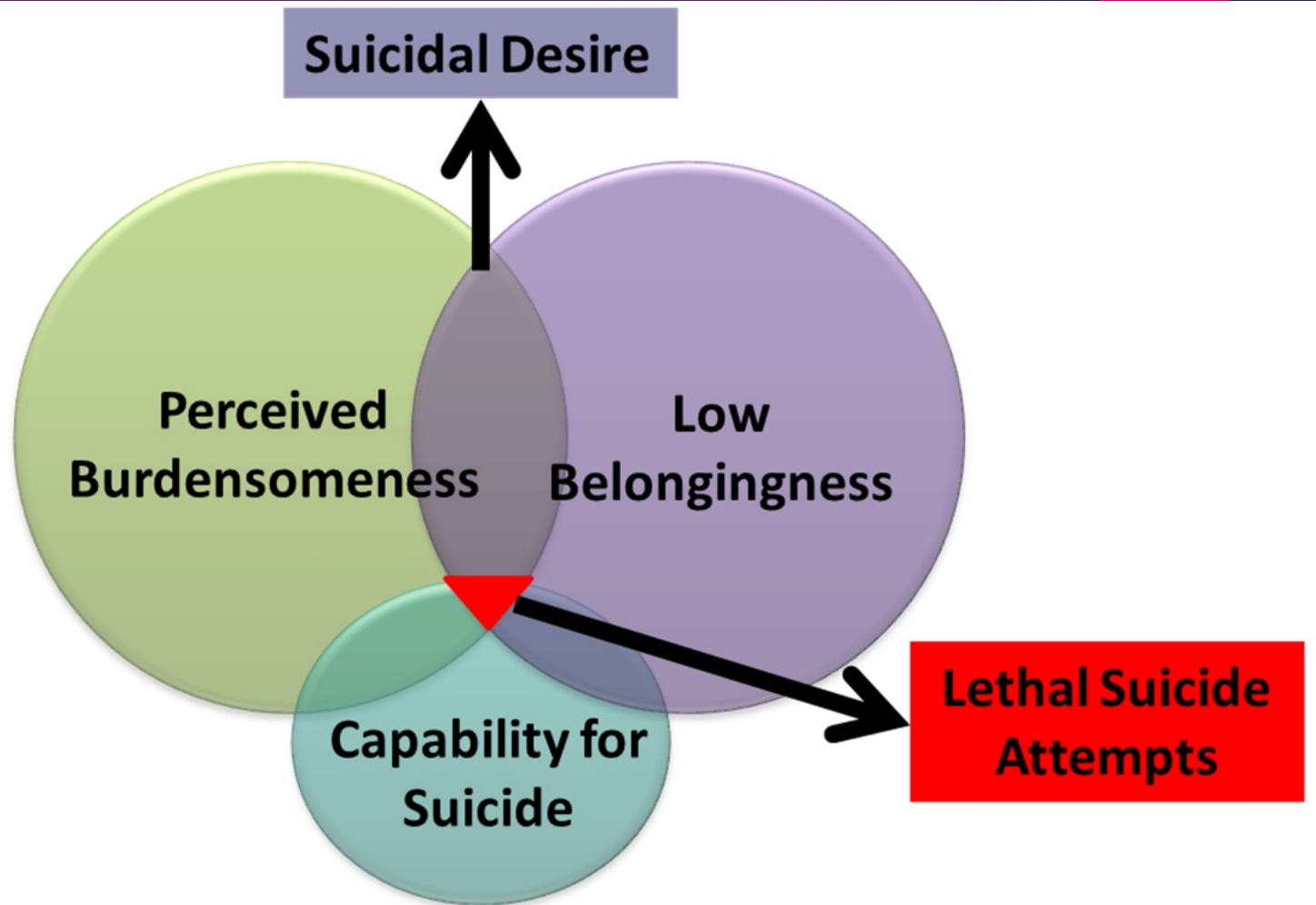
- ▶ Established to advise OHA on statewide integration and coordination of youth/young adult suicide prevention, intervention and postvention activities.
- ▶ Members are appointed by OHA director.
- ▶ Passed into statute SB707 in 2019
- ▶ Staffed by the Oregon Association of Community Mental Health Programs





# Interpersonal Psychological Theory of Suicide

- This figure illustrates the circles of Influence that affect suicide risk and must be addressed in suicide prevention activities.





# **Youth Suicide Intervention Prevention Plan 2016 –2020**

## **Four Strategic Directions**

- ▶ **Healthy and Empowered Communities**
- ▶ **Clinical and Community Preventive Services**
- ▶ **Treatment and Support Services**
- ▶ **Surveillance, Research and Evaluation**

# FRAMING MESSAGES

## HOPE

Promote a sense of **hope** and highlight resilience.

## HELP

Make it safe to ask for **help** and ensuring that the right **help** is available at the right time.

## HEALING

Work with individuals and communities in the **healing** process after an attempt or suicide

# TRANSFORMATION

# Alliance Structure and Committees:

## Standing Committees

- ▶ Executive
- ▶ Workforce Development
- ▶ Transitions of Care
- ▶ Schools
- ▶ Outreach and Awareness

**Note: Each Committee Has Specific Policy Priorities**

## Key Advisory and Work Groups

- ▶ LGBTQ+ Advisory
- ▶ Youth and Young Adult Engagement
- ▶ Attempt and Loss Survivors
- ▶ Lethal Means Access
- ▶ University of Oregon Suicide Prevention Lab - Community Academic Partnership with the Alliance



## 2019 Successes: Legislation Designed to Prevent Suicide

- ▶ Expanded funding for youth suicide prevention through the Oregon Health Authority to \$6 million
- ▶ Passed SB 52, Adi's Act, which requires all Oregon schools to have a suicide prevention plan
- ▶ Passed SB485/918, which are designed to increase collaboration between schools, local mental health authorities and others in a youth suicide postvention response and ensure the youth suicides are reported to OHA
- ▶ Passed SB707 which establishes the Oregon Alliance to Prevent Suicide as a legislatively mandated advisory body to OHA

## Connecting the Field

- ▶ Identified regional suicide prevention coalitions across the state
- ▶ Our hope is that each coalition becomes a “communication hub” for the Alliance and will share local highlights and challenges to help the Alliance have a meaningful understanding of local needs and opportunities. See [www.oregonalliancetopreventsuicide.org](http://www.oregonalliancetopreventsuicide.org)

*Alliance* Oregon  
to Prevent Suicide



Funded by  
Oregon Health  
Authority



# How to get involved with the Alliance

1

**Attend quarterly meetings and sign up for the Alliance listserv**

2

**Volunteer for one of the committees or workgroups**

3

**Participate in policy advocacy – by testifying, working with legislators, providing feedback on Oregon Administrative Rules**

# Let's Take Good Care of Each Other- Even When We Are Virtual

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- ▶ Remember, this is a group of advocates that includes youth and young adults, experts in the field of suicide, people who have lost a loved one to suicide, and people who have survived one or more suicide attempt.





**WELCOME – Please enter your  
name in chat, pronoun, and your  
organization and/or role**

Alliance Quarterly  
Meeting

DECEMBER 11, 2020



### ► *Mission*

The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

### ► *Vision*

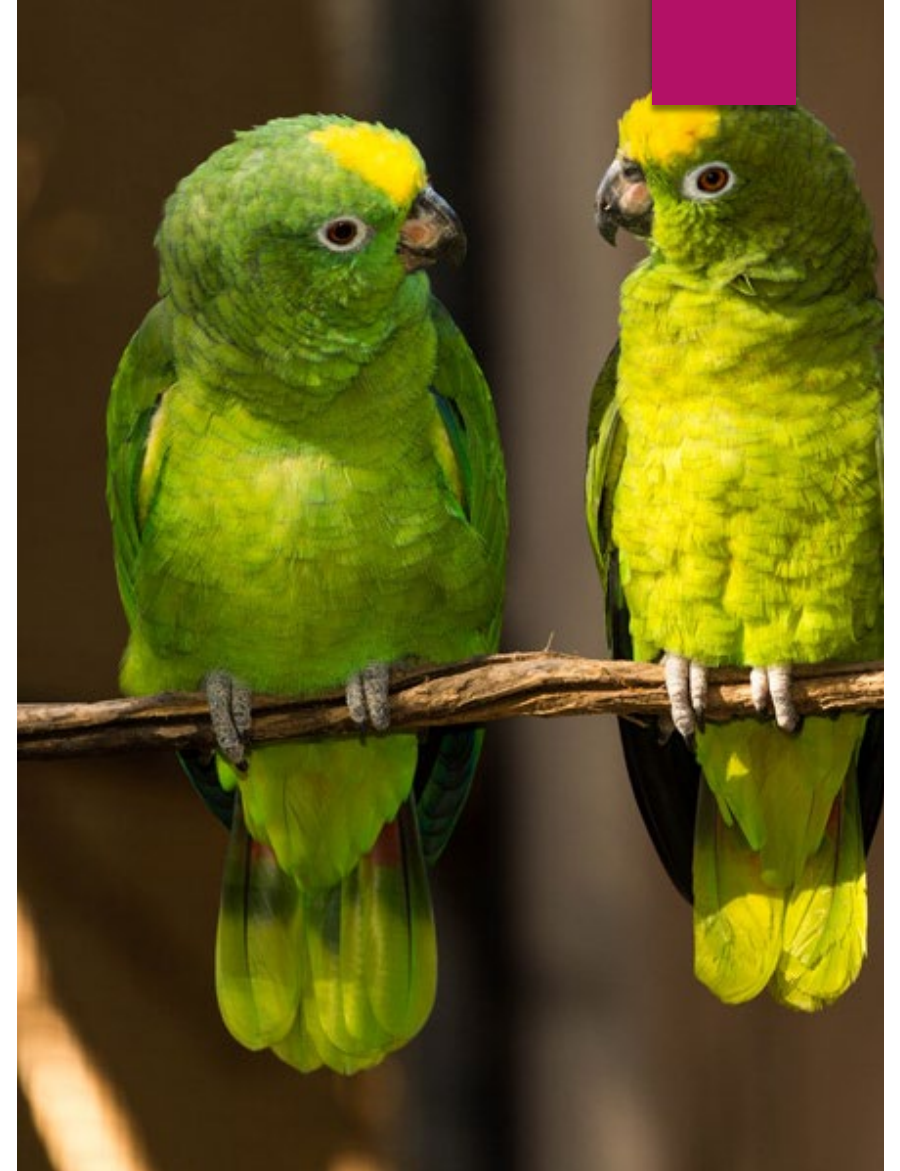
In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

# AGENDA TOPICS

- ▶ **Welcome and Introductions**
- ▶ **Alliance Business and Committee Updates**
- ▶ **Youth and Young Adult Update**
- ▶ **Understanding the Role of Community Mental Health Programs**
- ▶ **Oregon Health Authority Update**
- ▶ **Report on Progress on YSIPP 2.0**
- ▶ **Members and Attendees Develop Recommendation for YSIPP 2.0**
  - ▶ **Small group Breakouts**
  - ▶ **Large group debrief**

# Staff Update

- ▶ Opportunity, Change, Challenge
- ▶ Website Development
- ▶ Legislative Work
- ▶ SB48 Report and Response
- ▶ Deepening engagement with CMHP directors and behavioral health system
- ▶ Planning for work to address racism, equity and diversify Alliance membership





<http://www.theuprisecollective.org/>

- ▶ 1: Assessment and evaluation for equity and core values
- ▶ 2. Learning together and building our capacity
- ▶ 3. Deepening the learning
- ▶ 4. Wrapping up and institutionalizing our work



# Lived Experience Advisory

**Strategic Priority:** Ensure that perspectives of loss survivors, attempt survivors and people who struggle with suicidality, family and natural supports help shape the next 5 year YSIPP.

- ▶ **Determined that survey was best way to reach larger group to get input for YSIPP 2.0**
- ▶ **Provided robust input to UO team on the survey, audiences and dissemination strategies**
- ▶ **Strong youth involvement and contribution**
- ▶ **Next Step: Survey ready for dissemination in January.**

# Schools Committee Update – A Dynamic Group!

- ▶ We have taken time to do a deep dive into Adi's Act plans and materials created by OHA and Oregon Department of Education for schools
  - ▶ Reviewed and provided feedback on changes and adaptations
  - ▶ Promoting best practices / policies and supporting system accountability
- ▶ Created Google drive so committee members can easily access, edit and upload materials

## Looking Forward:

- ▶ Committee will track implementation of Adi's Act; help link schools to local suicide prevention coalitions
- ▶ Provide ongoing guidance to OHA and ODE
- ▶ Longterm - assess whether future legislation is needed





# Transitions of Care Committee

## Committee Mission

The *Transition of Care Committee* identifies best practices, innovative approaches, and gaps to safe and uninterrupted transitions for youth, young adults and their caregivers when experiencing mental health crisis or risk of crisis. It promotes policies and practices that effectively support their needs for continuity during the period in which intentional coordination of care is imperative.

## Prior to March 2020

- ▶ Completed root cause analysis
- ▶ Developed specific recommendations for OHA to improve implementation of transitions legislation
- ▶ Sent letters to Rep. Keny-Guyer and OHA with these recommendations

## Transition of Care Focus: Improving implementation and accountability for HB 3090/3091 and 2023

- ▶ Reconvened this quarter after a pause
- ▶ Provided orientation for new committee members
- ▶ Requested and received OHA update on 3090/2023 efforts
- ▶ Mentoring new leadership for the committee

### Where We Are Now

Effective implementation would **benefit** from:

- a collaboration of the interconnected group of stakeholders,
- a convening authority,
- designated communication channels, and
- clarity of roles.

# LGBTQ+ Advisory Group Update

- Advisory group and UO developed a survey to ensure that perspectives of LGBTQ+ youth are included in YSIPP 2.0 and inform advisory group work
- Developing a model for LGBTQ+ intervention which ranges from harm reduction to liberation and will provide recommendation that it is included in the next YSIPP.
- Worked closely with OHA to develop LGBTQ+ mini-grant **low-barrier** application. Received 81 applications, funded 18 grants. Mini-grant applications also served as informal needs assessment and will be used to disseminate LGBTQ+ Survey.

# We Need Your Help With Survey Dissemination to LGBTQ+ Youth

- ▶ We hope to reach urban, BIPOC, rural LGBTQ+ youth
- ▶ Please indicate in chat if you are willing to help
- ▶ We will send you an email with link to survey and QR code.
- ▶ For questions about the survey or dissemination – contact Annette - [amarcus@aocmhp.org](mailto:amarcus@aocmhp.org)

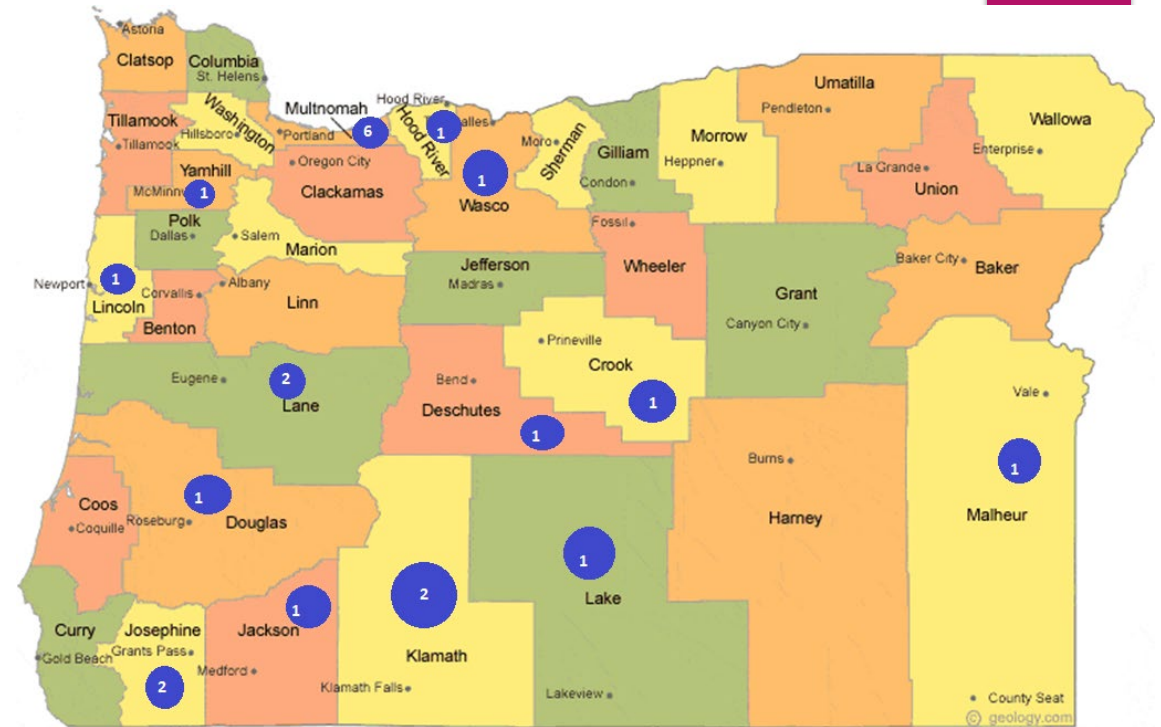
# Reaching Rural and Urban Communities

Quote from Grant Recipient

**“The Prideville Resiliency Project aims to create a culture where people in Crook County do not have to choose between who they are and where they live.” – Crook County Health Department**

-

Grantees by Location



OHA Awards \$215,000  
LGBTQ Mini-Grants

For more information: Kris Bifulco,  
[kbifulco@aocmhp.org](mailto:kbifulco@aocmhp.org)



# **Oregon Youth Advocates Mentoring Program (OYAMP)**

A Youth Era Pilot Program

## About OYAMP



The goal of this program is to pair active adult mentors on state councils with young adult mentees

- To create equity and amplification of youth voice on these vital councils
- To ensure that youth voice is present and an integral part in areas of decision making, policy creation, and service delivery

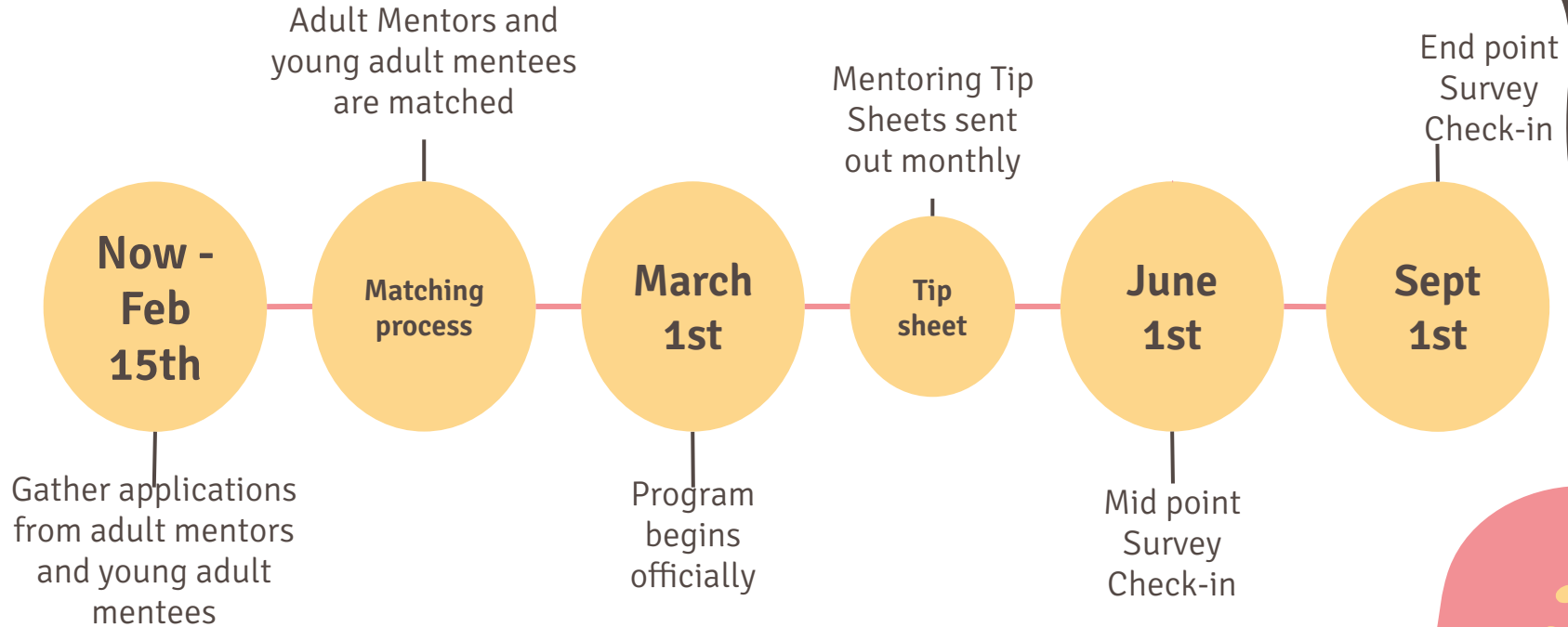




# “Nothing About us, Without us”

- A powerful phrase coined by James Charlton, a disability rights advocate, used in many movements promoting inclusion

# Approximate Timeline





# Eligibility

**#1**

Regular attendance and active participation in one of the following councils:

- Children Systems Advisory Council (CSAC)
- The Oregon Alliance to Prevent Suicide
- Healthy Transitions Statewide Steering Committee

**#2**

Commitment to serving as a mentor/mentee for the 6 month duration of the program

**#3**

Willingness to spend time and regularly communicate in order to foster a positive and productive mentoring relationship

**#4**

Willingness to communicate with and accept guidance from Mentoring Program Coordinators to get the most out of the program

# INTERESTED IN APPLYING OR NEED MORE INFO?

FEEL FREE TO CONTACT US!

**Nikobi  
Petronelli**

**Program Coordinator** for  
CSAC and the Oregon Alliance  
to Prevent Suicide  
[npetronelli@youthera.org](mailto:npetronelli@youthera.org)

**Emilie Lamson-Siu**

**Program Coordinator** for The  
Healthy Transitions Statewide  
Steering Committee  
[emiliel@pdx.edu](mailto:emiliel@pdx.edu)

**Karli Read**

**Young Adult Peer  
Support**  
[Readk@oregonstate.edu](mailto:Readk@oregonstate.edu)

Thank you for your commitment to creating a better world for youth and young adults  
by supporting positive youth development and youth voice!

The bottom of the page features decorative graphic elements. On the left, there is a large, solid pink shape with several small, light-colored dots scattered within it. To the right of this, there are two overlapping wavy shapes: a larger pink one in the foreground and a smaller yellow one behind it. A thin, dark grey wavy line curves across the bottom right, passing over the yellow shape.

# Thanks!



CREDITS: This presentation template was created by Slidesgo, including icons by Flaticon, and infographics & images by Freepik.

Presentation created by: Karli Read

# YOUTH ERA

## Oregon Youth Advocates Mentoring Program Pilot

### OVERVIEW

The Oregon Youth Advocates Mentoring Program pairs young adult mentees and adult ally mentors to amplify youth voice and create equity within Behavioral Health Councils. Through these unique partnerships, we ensure that youth voice is present and integral in decision-making, policy creation, and service delivery, resulting in services more relevant to youth and young adults' needs.

### ELIGIBILITY

- Regular attendance and active participation in one of the following State Councils; the Children System Advisory Council (CSAC), the Oregon Alliance to Prevent Suicide, or the Healthy Transitions Statewide Steering Committee
- Commitment to serving as a mentor/mentee for six months (March - August 2021)
- Willingness to spend time and regularly communicate with the mentor/mentee to grow a meaningful, supportive, and mutually beneficial relationship
- Willingness to communicate with and accept guidance from Mentoring Program Coordinators to get the most out of the program

### INTERESTED IN APPLYING

Please email expressions of interest to your council's assigned program coordinator by **February 15, 2021.**

The Program Coordinator for CSAC and the Oregon Alliance to Prevent Suicide is Nikobi Petronelli ([npetronelli@youthera.org](mailto:npetronelli@youthera.org)). The Healthy Transitions Statewide Steering Committee Program Coordinator is Emilie Lamson- Siu ([emiliel@pdx.edu](mailto:emiliel@pdx.edu)). Interested parties will receive Youth Era's "Oregon Youth Advocates Mentoring Program Guide" with additional details about the program. All mentors and mentees will then complete an online pairing questionnaire to match participants with compatible interests and lived experience. This pilot program launches on March 1, 2021. Participants will receive monthly emails and tip sheets to aid in their success over the six months term. As this is a pilot program, we will require feedback throughout this project to make necessary adjustments. You will have an opportunity to submit feedback via brief midpoint and end-point surveys.

*Thank you for your commitment to creating a better world  
for youth and young adults by supporting positive youth  
development and youth voice!*





# Community Mental Health Program Role in Crisis services and in greater BH system

Kimberly Lindsay, President, AOCMHP and Executive Director,  
Community Counseling Solutions (Gilliam, Grant, Morrow,  
Wheeler) and Stan Gilbert, Secretary/Treasurer, AOCMHP and  
Executive Director, Klamath Basin Behavioral Health



# Overview of Community Mental Health Programs

Responsible for Oregon's essential behavioral health safety net services for their counties

Every CMHP is a contractor for behavioral health services, both with their local CCOs for OHP members and with OHA for non-Medicaid services

24/7, 365 days a year, from prevention to crisis services, and including housing, transitions between levels of care, employment and school supports

*While we prioritize people with the highest behavioral health needs and risk, we are the behavioral health safety net for our whole communities, and serve any community member in crisis, regardless of insurance coverage.*

# Community Mental Health Program Role

- Provide a **system** of appropriate, accessible, coordinated, effective, efficient services to meet the behavioral health needs of their community members.
- No person shall be denied community mental health services based on ability to pay.
- Services must be timely.



# CMHP Structure

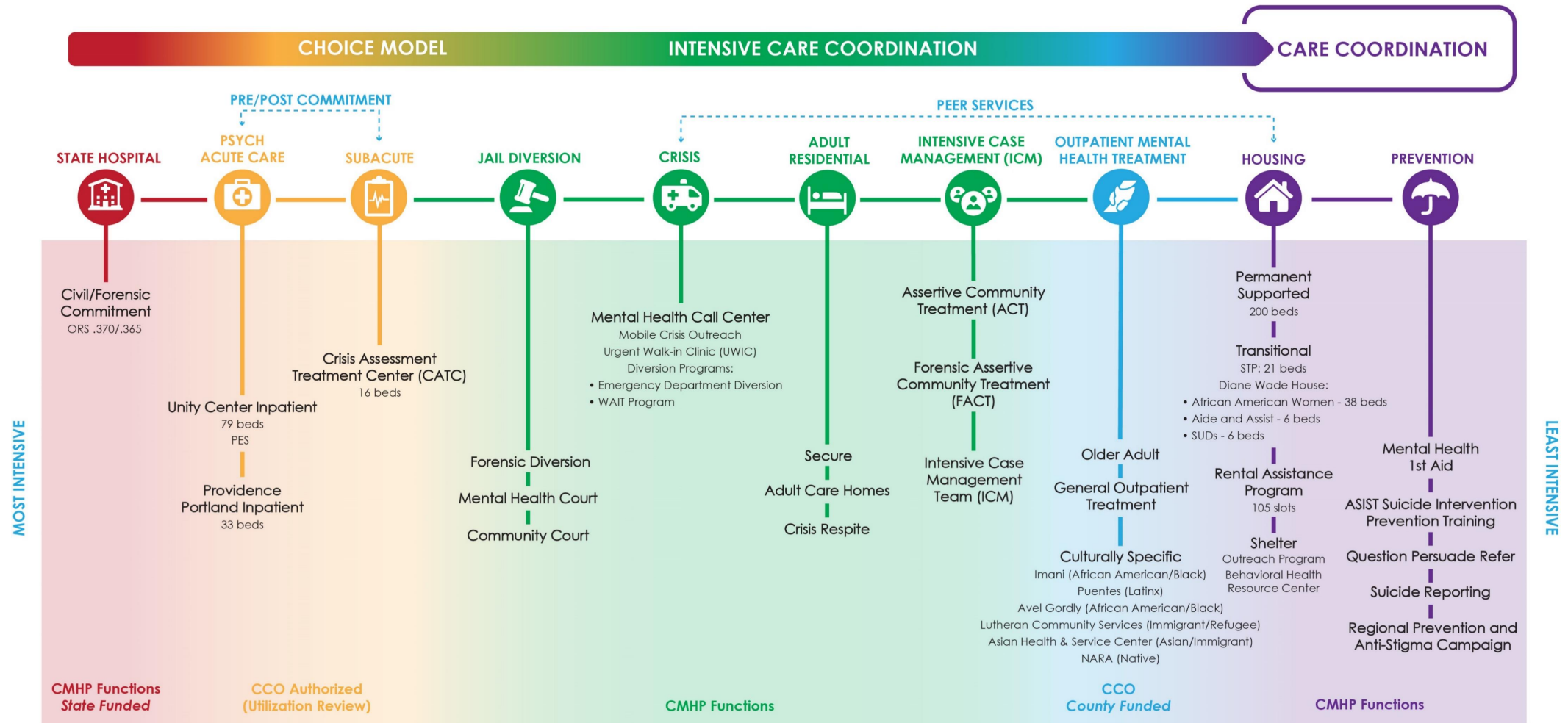
- 32 CMHPs in Oregon, including two with multiple counties and one tribal CMHP – Warm Springs
- Half are not-for-profit agencies contracted by the County or State and half are county departments
- Most CMHPs oversee Community Developmental Disability Programs, part of the NFP or county structure.

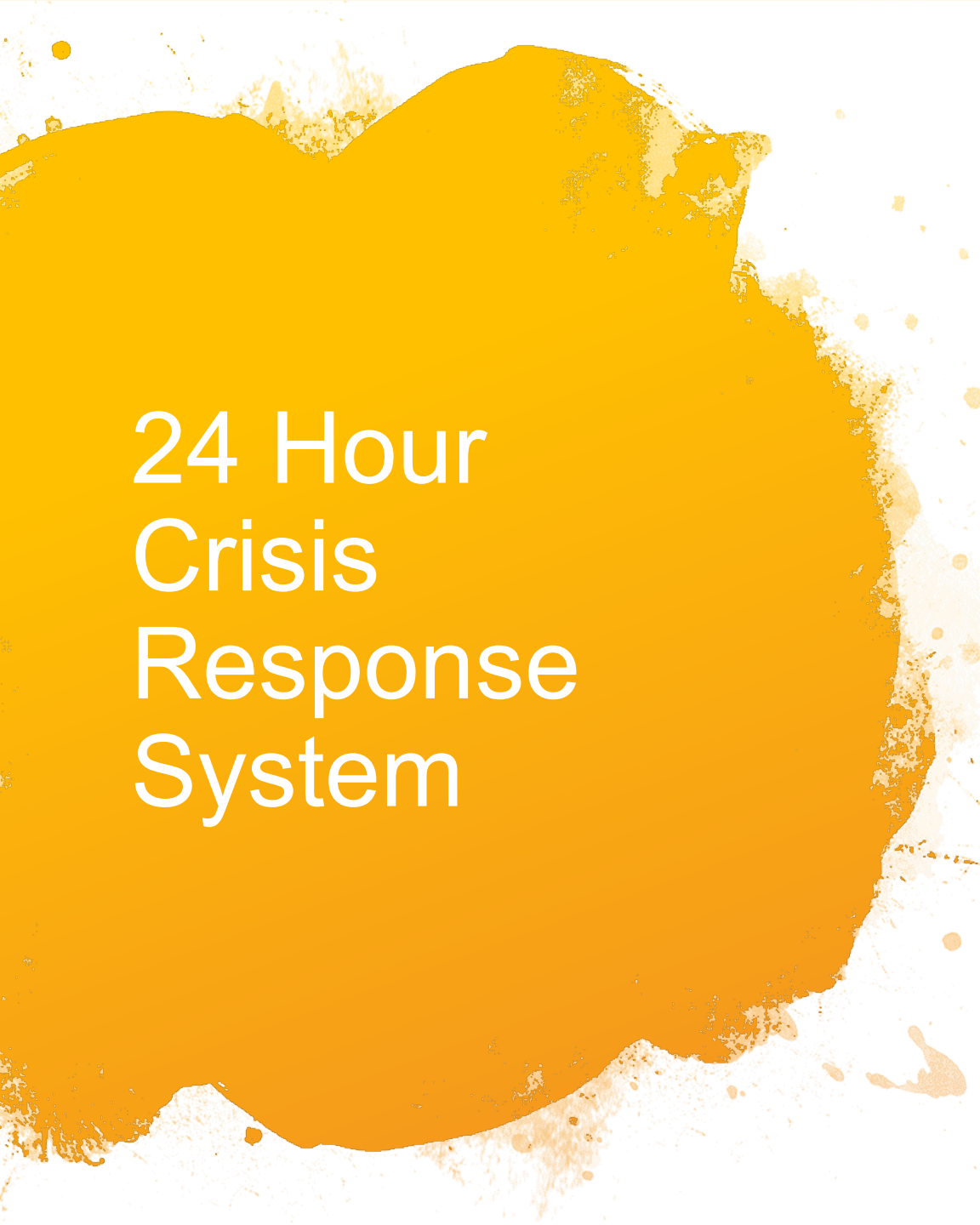




**Mental Health and  
Addiction Services Division**  
MULTNOMAH COUNTY HEALTH DEPARTMENT

## Adult Mental Health Continuum of Care



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# 24 Hour Crisis Response System

- By statute, CMHPs provide a 24-hour crisis response system to individuals with mental health and substance use disorders regardless of insurance coverage.
- 24-hour phone access, mobile crisis teams, triage centers, drop-in centers, and same day appointments are coordinated or provided by CMHPs using braided Medicaid, State and County funding streams.
- Thanks to the Oregon Performance Plan (USDOJ-OHA agreement), CMHPs received an investment to initiate or enhance 24/7 mobile crisis response starting in the 17-19 biennium.

# Crisis Services Funding

- State General Funds through contracts with Community Mental Health Programs
- 24/7 Mobile crisis investment funded through tobacco tax
- County General Funds support in larger counties
- Certified Community Behavioral Health Clinics (CCBHCs) have used a wrap payment to provide more flexibility for crisis response and other services
- Some CCOs contribute to crisis services for their members, few commercial carriers reimburse, and Medicare and VA provide miniscule reimbursement



# Mobile Crisis Service Requirements

- Mental health status examination
- Face-to-face therapeutic response where crisis arises
- Service plan
- Diversion from hospitalization and incarceration through appropriate community-based supports and services
- Mental health crisis assessment
- Brief crisis intervention
- Assistance with appropriate placement if applicable
- Initiation of commitment process if applicable





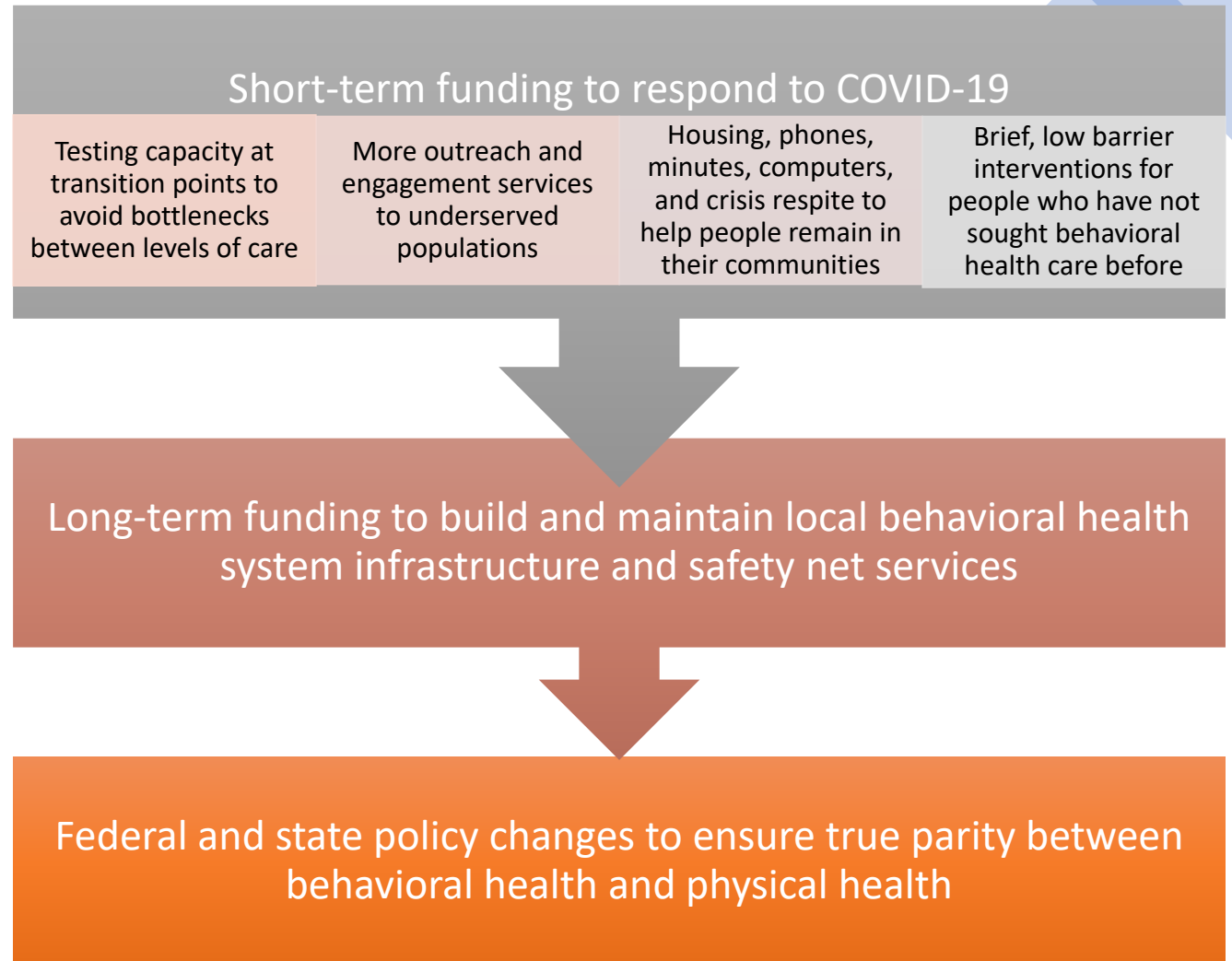
# Prioritizing Marginalized and Underserved Populations during pandemic

CMHPs have always been on the front lines of serving marginalized populations.

The COVID-19 crisis has magnified the need for all services, including cultural/language-specific care.

Infrastructure gaps and health disparities among populations have become more apparent.

Behavioral  
health  
demand  
expected to  
double and  
CMHPs will  
need:





Questions?

# For more information

- Contact Cherryl Ramirez, Executive Director,  
[cramirez@aocmhp.org](mailto:cramirez@aocmhp.org)



**ASSOCIATION OF OREGON  
COMMUNITY MENTAL  
HEALTH PROGRAMS**

## **Alliance December Quarterly Meeting**

### **University of Oregon Lab YSIPP 2.0 Presentation Outline**

Mark Hammond, University of Oregon Suicide Prevention Lab


- Re-introduction of YSIPP 2.0 Strategic Plan
- Review of Completed Research
  - Summary of YSIPP initiatives
  - Review of other states' plans
  - Best practices from evidence-base
  - Emerging themes from focus groups and interviews
- Plans Moving Forward



# YSIPP 2.0 Progress Report

Alliance Quarterly Meeting  
December 11, 2020

Mark Hammond, Joanna Wright, Kaliq Fulton  
Youth Wellness Promotion and Suicide Prevention Lab  
University of Oregon



# Agenda



01

## YSIPP 2.0 TIMELINE

02

## YSIPP 2.0 UPDATES

- Evidence-base literature
- Other state plans
- YSIPP 1.0 initiatives
- Information gathering



# Tracking Our Progress

Summer  
2020

Fall  
2020

**Winter  
2021**

Spring  
2021

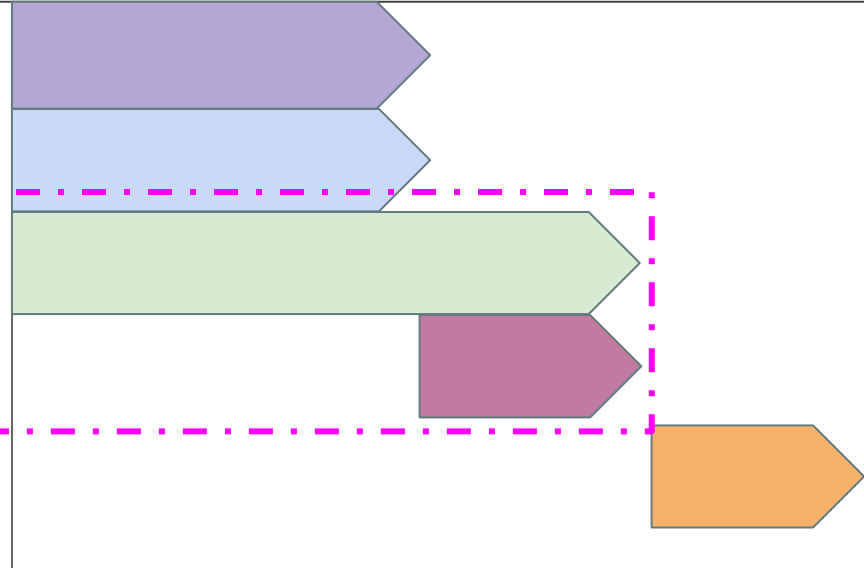
Research for section 2 updates

YSIPP 1.0 activity report

Solicit stakeholder initial input

Summarize needs and gap analysis

Draft, circulate, and integrate  
feedback



# Best Practices from Evidence- Base



# Reviewing Best Practices

## Research Focus

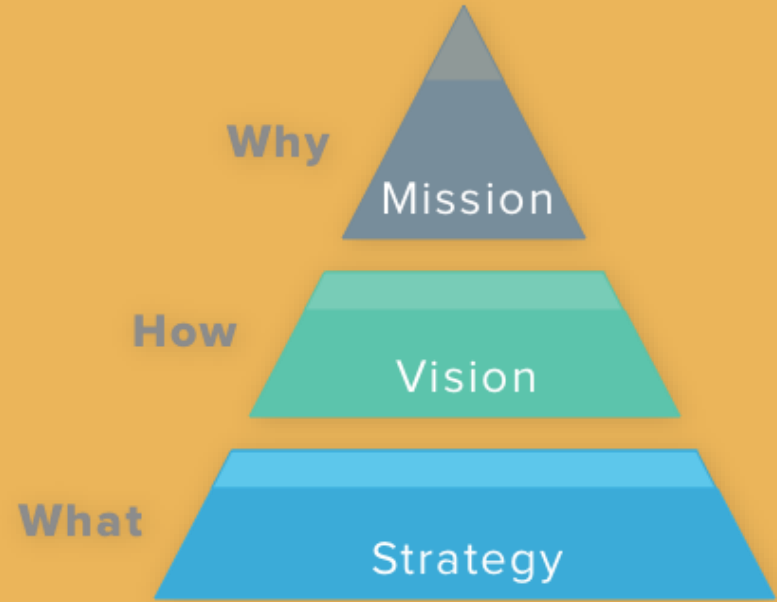
- Systematic reviews
- Implementation strategies
- State policy



## Topics Covered

- Access to intervention, treatment, support
- Best practices for identification and intervention
- Social media and Internet
- Collaborative school-based screening
- Postvention for schools and communities

# State Plans Review



# Reviewing Strategies

## State Plan Selection

- Five lowest rates of youth suicide
- Largest reductions in youth suicide
- States with exemplary state plans



## Evaluation Criteria

- Data driven with flexible strategies
- Public health approach
- Comprehensiveness with set priorities
- Collaborative effort through one convening body
- Strategic and safe communications
- Accountability systems

# Summarizing YSIPP 1.0 Activities

2016-2020

## >> Youth Suicide Intervention and Prevention Plan







# Information Gathering

Discussion groups, focus groups,  
and interviews (oh my!)

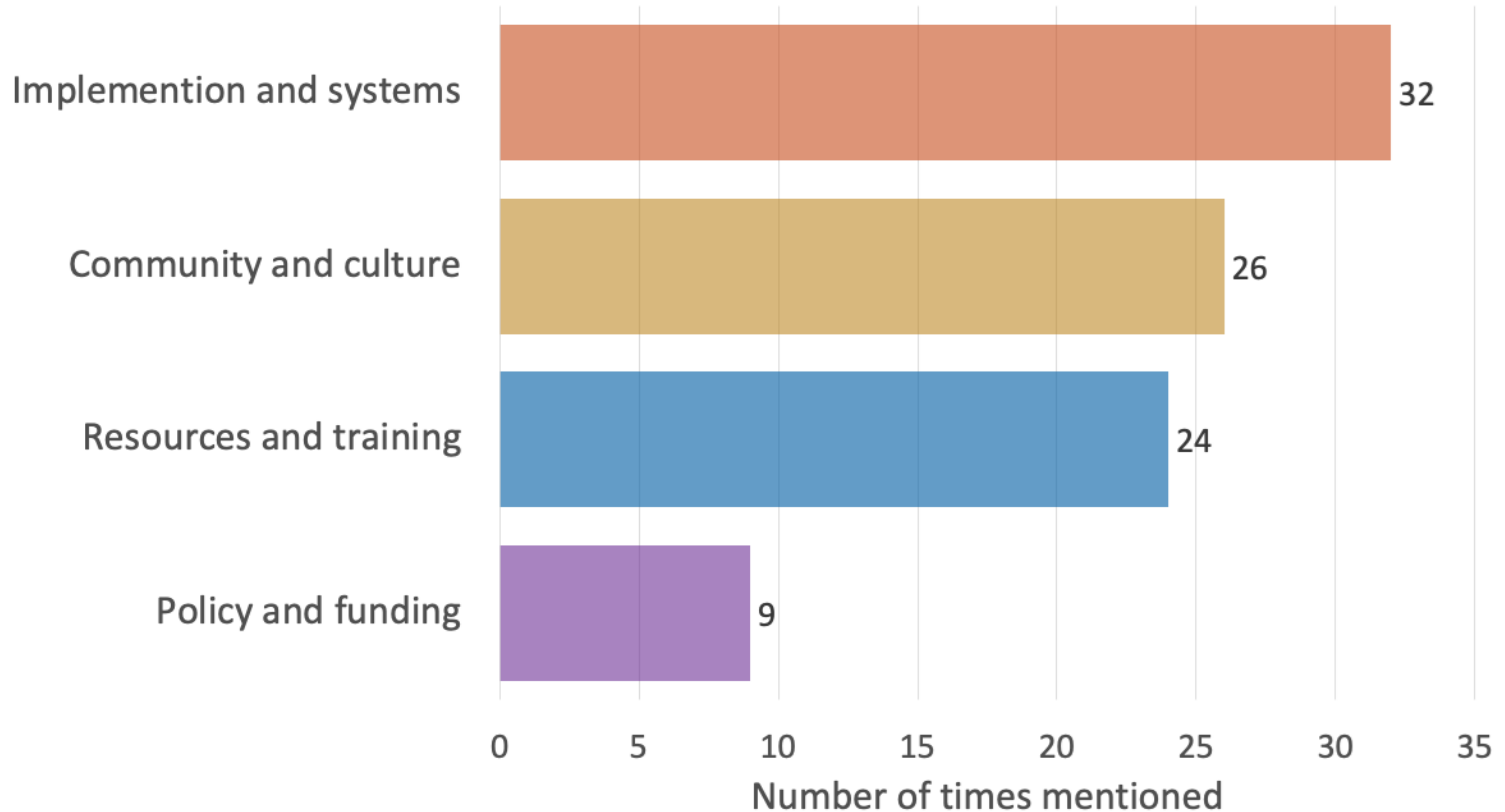


# Quarterly Sector-Based Discussion Groups

1. What is going well?
2. What are major roadblocks?
3. What are some solutions?

1. K-12 Education
2. Higher Education
3. Behavioral Healthcare
4. Child Welfare
5. Communications and Media
6. Faith-Based and Religious Orgs
7. Physical Healthcare

## Discussions Accross Sectors Most Frequently Mentioned Implementation and Systems



# Digging A Little Deeper

## Focus Groups

- Youth and Young Adult Engagement Advisory (YYEA)
- Emergency Medical Services For Children Advisory
- Postvention Response Leads
- Schools Committee

## Interviews

- Alliance committee chairs

## Surveys

- LGBTQ+ advisory group
- Lived Experience advisory group



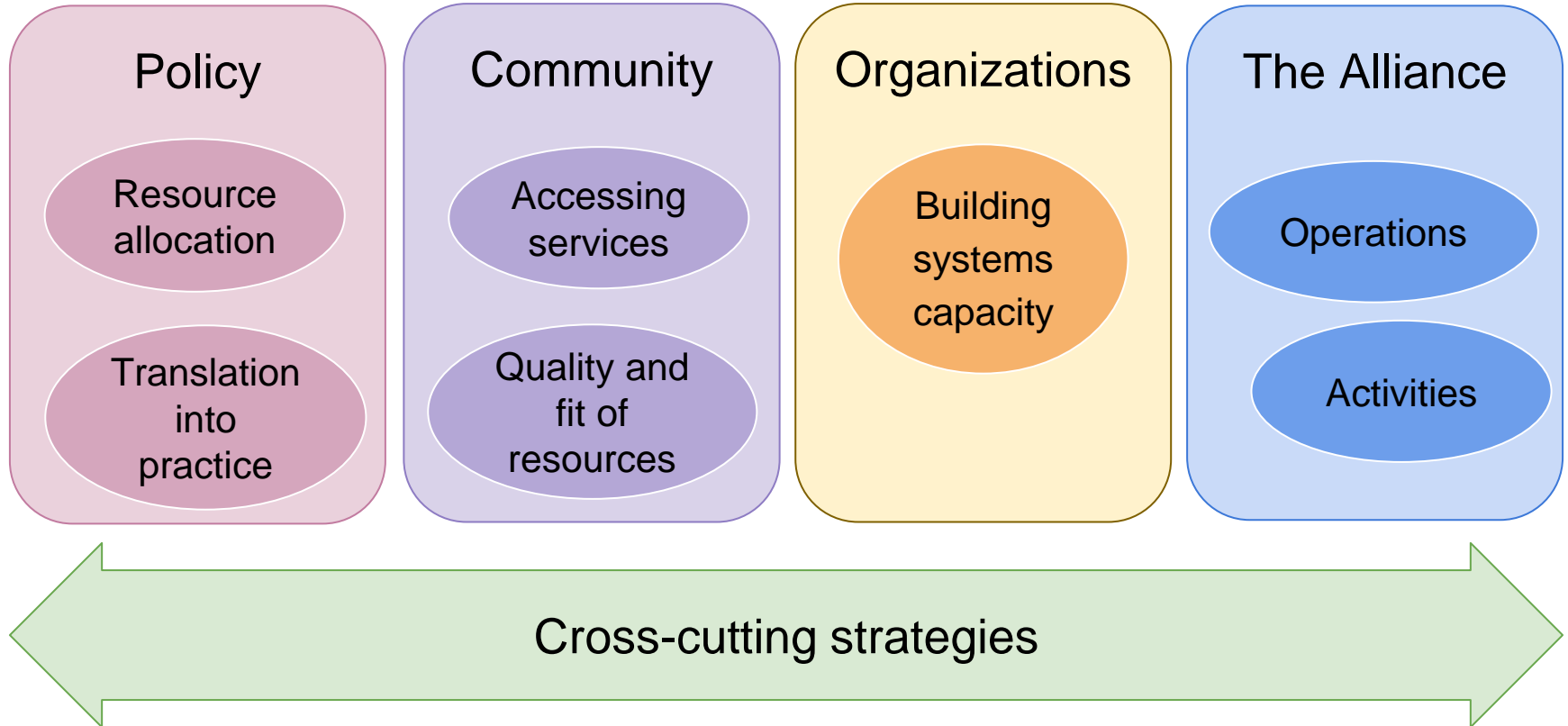
# Question Topics

- Sector/committee work
- Barriers to goals and initiatives
- Mental health promotion
- Suicide risk and prevention
- Stigma (attitudes and beliefs)
- Access to services
- Social media
- Youth voice
- Future recommendations

*“What do you think promotes mental health or prevents suicide among youth and young adults in your community?”*



# Emerging Themes





# YYEA Survey Priorities

1st	Accessing mental health/suicide prevention services in schools
2nd	Youth having a say about their mental health treatment plans
3rd	Coordinating mental health/suicide prevention services
4th	Incorporating youth voices into policy and community services
5th	Confronting stigma around discussing mental health and suicide

Other priorities:

“Youth voice needs to be valued more when they speak to the public.”

“Services should be culturally relevant to the individual.”





## **Group Discussion:**

How do we translate these themes into actions?

## Uprise Collective Provisional Work Outline for Oregon Alliance to Prevent Suicide

### Note:

- As we are learning more about your community and having conversations with you, this tentative agenda is subject to change based on discovered community needs.
- Because we also are grounded in relationship, we believe in adjusting our material to the situations in the room. This means that occasionally we need to recommend shifting directions or slowing down. These recommendations will be in a new proposal when needed.

### Objective:

- Facilitate conversations to support team in beginning work to become an antiracist organization.
- Develop, build capacity, and support an Equity Strategic Planning Committee in the development of an equity strategic plan.
- Complete an evaluation that leads to an understanding of where the organization is and potential to shift toward becoming a more anti-oppressive organization.
- Finalize publishable values, usable resource map, and engage potential new partnerships.

	Tentative Timeline	
Pre-Work	Initial Meeting – planning Contract signed, scope decided, and timeline tentatively set Possibly - Focus Groups for Values Development	
Month 1	Resource Mapping with Leadership Team – development of current resources in the leadership team and the organization Development of SCOT Evaluation: decide on the four groups, who to invite, and method Development of Focus Groups: decide on two groups, timeline, invite and method	Due: 30%
Month 2	SCOT Evaluation Implementation (2HR each) (4 groups)	
Month 3	Focus Group Implementation (2HR each) (2 groups) Data crunching Development of the Equity Strategic Planning Committee	
Month 4	Equity Planning Capacity Building: General process and roles (2HR) Consultation to Equity Planning Committee	

Month 5	Equity Planning Capacity Building: Data and Writing Equity Strategic Plans (2HR) Organizational Equity Training (3.5HR) Development of Core Content Areas and develop 3 trainings specific to this communities' needs elevated through the SCOT (focus on structure and systemic uplift)	
Month 6	Equity Caucus Group (3.5 HR): Committees Equity Caucus Group (3.5 HR): Board of Directors	Due: 50%
Month 7	Equity Caucus Group (3.5 HR): Leadership Team Equity Planning Capacity Building: Equity Lens (2HR)	
Month 8	Equity Caucus Group (3.5 HR): Direct Service Team Elective Content Area Training 1 (2HR)	
Month 9	Elective Content Area Training 2 (2HR)	

Month 10	Elective Content Area Training 3 (2 HR) Support Equity Committee in their drafting of a plan	
Month 11	Consultation to the Equity Committee Consultation to the organization	
Month 12	Assist in the editing and support of the Equity Strategic Committee's drafted plan Consultation to the organization	Due: 20%
30 Days after Final Month	Final Report	



## December Committee Updates for Executive Committee

**Name of Committee:** Data & Evaluation Committee

**Chair(s):** John Seeley

**Committee Members** (*italicized members are either youth or young adult members*): Chris Sorvari, Debra Darmata, Elissa Adair, Jill Baker, John Seeley, Jon Rochelle, *Joseph Stepanenko*, Karen Cellarius, Roger Brubaker, Sandy Bumpus, Sarah Spafford, Shanda Hochstetler, Spencer Delbridge

**List Committee’s Strategic Priority(s) FY20-21:**

- Committee is currently working to build up its infrastructure and specific priorities going forward. Their current focus is on advising and supporting the process of developing the next YSIPP and naming gaps in data. These are the current priorities listed on their SMART Goals:
  - Healthy and empowered individuals, families, and communities
  - Clinical and community preventive services
  - Surveillance, Research, and Evaluation

**Highlights and/or Progress on Priorities (include data if available):**

- Committee is working to understand what data is available from OHA, and creating written recommendations to OHA for data requests and exploring how to best use the data to inform ongoing work of the Alliance. OHA gave an hour presentation at the Dec. 3<sup>rd</sup> Data/Eval committee meeting and the committee is scheduled to explore how best to share information with appropriate committees and link data with YSIPP.

**Challenges/Obstacles:**

- This group came together over the summer and spent some time “norming” and determining priorities.

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☒ No ☐

Topic: John Seeley will provide a presentation on YSIPP 2.0 development.

**Name of Committee:** Executive Committee

**Chair(s):** Galli Murray & Ryan Price

**Committee Members** (*italicized members are either youth or young adult members*): Dan Foster, Deb Darmata, Don Erickson, Galli Murray, Gordon Clay, Jill Baker, John Seeley, *Karli Read*, Kimberlee Jones, Kirk Wolfe, Laura Rose Misaras, Leslie Golden, Lon Staub, *Maya Bryant*, Meghan Crane, *Olivia Nilsson*, Ryan Price, Shanda Hochstetler

**List Committee's Strategic Priority(s) FY20-21:**

- Develop a plan to foster and sustain statewide policy development and leadership in suicide prevention.
- Inform and promote coordinated integration of suicide prevention activities across multiple sectors and settings

**Highlights and/or Progress on Priorities (include data if available):**

- Members of this committee participated in the first ASIIPP meeting
- Executive members worked together to complete a written response to OHA on their SB 48 report and attended meetings with legislators to support Behavioral Health CEU legislation.

**Challenges/Obstacles:**

- There have not been any challenges or obstacles listed

*Request for Feedback from Executive Committee:* Yes ☒ No ☐

If yes, what type of feedback is needed? Vote needed on SB 48 report.

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

**Name of Committee:** Outreach & Awareness Committee

**Chair(s):** Ryan Price & Laura Rose Misaras

**Committee Members** (*italicized members are either youth or young adult members*): Andrea Childreth, Angie Butler, Jill Baker, Laura Rose Misaras, Leslie Golden, Liz Thorne, Sarah Rea, Mark Hammond, Meghan Crane, Nicholas Clark, *Olivia Nilsson*, Ryan Price, Shanda Hochstetler, Tia Barnes

**List Committee's Strategic Priority(s) FY20-21:**

- Connect and collaborate with regional coalitions
- Develop sample press releases based on hope, help, and healing framework, and a panel of subject matter experts to respond to legislative, media, and other requests about suicide intervention / prevention
- Support, recruit and retain Alliance membership to align with SB707 and represent BIPOC, frontier communities, and other relevant stakeholders including but not limited to people with lived experience of loss and/or suicidality

**Highlights and/or Progress on Priorities (include data if available):**

- Alliance staff conducted two Regional Suicide Prevention Coalition Webinars this quarter.
- Ryan Price reached out to AFSP and found a potential trainer to review how to interact with the media so subject matter experts and leadership in the Alliance can be trained in this area
- Press Materials developed. Hope, Help, and Healing stories with young people underway with support from Youth ERA. Media distribution list obtained.
- The plan is to work with the Anti-Racism/Equity consultants on membership recruitment and engagement.

**Challenges/Obstacles:**

- This committee is working on identifying and maintaining realistic scope boundaries given current resources
- Delays in some activities / get togethers due to pandemic & Wildfire aftermath in 2020



*Request for Feedback from Executive Committee:* Yes ☒ No ☐

If yes, what type of feedback is needed? A vote on which equity consultant to move forward with

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

Topic: N/A



**Name of Committee:** Schools Committee

**Chair(s):** Kimberlee Jones

**Committee Members** (*italicized members are either youth or young adult members*): Amy Ruona, Caitlin Wentz, Chris Hawkins, Emily Moser, Emilie Spalding, Fran Pearson, Gabi Colton, Jill Baker, Jim Hanson, John Seeley, Jon Rochelle, Justin Potts, Kahae Rikeman, Kimberlee Jones, Liz Thorne, Lon Staub, Maya Bryant, Mila Rodriguez-Adair, Olivia Nilsson, Parker Sczepanik, Shanda Hochstetler, Spencer Delbridge, Spencer Lewis, Sydney Stringer, Tony Martins

**List Committee's Strategic Priority(s) FY20-21:**

- SMART Goals are currently under review by committee members and have not been finalized yet

**Highlights and/or Progress on Priorities (include data if available):**

- Committee members have reviewed and made edits to SMART Goals for fiscal year
- A small group met to do a deep dive into Adi's Act documents and policy plans from OHA and ODE. This group provided extensive feedback to OHA and ODE on guidance documents for schools.

**Challenges/Obstacles:**

- There have not been any challenges or obstacles listed

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

Topic: N/A

**Name of Committee:** Transitions of Care Committee

**Chair(s):** Galli Murray & Julie Magers

**Committee Members** (*italicized members are either youth or young adult members*): Anders Kass, Charlette Lumby, Galli Murray, Jill Baker, John Seeley, Jonathan Rochelle, Julie Magers, *Joseph Stepanenko*, Kaliq Fulton-Mathis, Lon Staub, Rachel Ford, Rebecca Marshall, Shanda Hochstetler, Tanya Pritt

**List Committee's Strategic Priority(s) FY20-21:**

- Build up group roster and find new chairs for this committee
- Continue work on HB 2023 / 3090 / 3091

**Highlights and/or Progress on Priorities (include data if available):**

- An orientation was held for new members
- The committee had their first meeting in November since March

**Challenges/Obstacles:**

-We are seeking a new chair for this committee (potential candidate identified.) Julie Magers would like to transition off by the end of the year and Galli is fully occupied as the chair of the Alliance.

Key legislative champion, Rep. Alissa Keny-Guyer is retiring. We will need to find traction with another legislator.

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☒ No ☐

Topic: Overview of Transitions of Care root cause analysis and next steps

**Name of Committee:** Workforce Committee

**Chair(s):** Don Erickson & Julie Scholz

**Committee Members** (*italicized members are either youth or young adult members*): Don Erickson, Amber Ziring, Fran Pearson, Jill Baker, John Seeley, Julie Scholz, Kirk Wolfe, Liz Thorne, Sarah Spafford, Shanda Hochstetler, Stephanie Willard, Tanya Pritt

**List Committee's Strategic Priority(s) FY20-21:**

- 2021 Legislation to require behavioral health workforce to take suicide prevention related CEUs
- By the end of June 2021, get legislation passed requiring the behavioral health workforce to take continuing education units on suicide assessment, intervention, and management

**Highlights and/or Progress on Priorities (include data if available):**

- Alliance staff and committee members continue to meet with legislators to review proposed legislation and seek out any support. Youth and young adults have actively participated in legislative meetings.
- Committee members are planning to present on legislation at December Legislative Days

**Challenges/Obstacles:**

- There have not been any challenges or obstacles listed

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

Topic: N/A

**Name of Committee:** LGBTQ+ Advisory Group

**Chair(s):** Khanya Msibi & Wren Fulner

**Committee Members** (*italicized members are either youth or young adult members*):

**List Committee's Strategic Priority(s) FY20-21:**

- Promote LGBTQ affirming policies and practice in youth serving organizations to promote resilience and decrease rejection
- Reduce the harm of family rejection by promoting the strategies of the Family Acceptance Project
- Provide survey to LGBTQ+ community for YSIPP 2.0 feedback

**Highlights and/or Progress on Priorities (include data if available):**

- Advisory group is completing a survey they will distribute to members of the LGBTQ+ community for feedback on what should go in YSIPP 2.0
- Group is developing a model for LGBTQ+ intervention which ranges from harm reduction to liberation and will provide recommendation that it is included in the next YSIPP.
- Worked closely with OHA to develop LGBTQ+ mini-grant low-barrier application. Received 81 applications, funded 18 grants. Mini-grant applications also served as informal needs assessment and will be used to disseminate LGBTQ+ Survey.

**Challenges/Obstacles:**

- There have not been any challenges or obstacles listed

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

Topic: N/A

**Name of Committee:** Lived Experience Advisory Group

**Chair(s):** Laura Rose Misaras

**Committee Members** (*italicized members are either youth or young adult members*): Dan Foster, Elliott Hinkle, *Emilie Spalding*, Laura Rose Misaras, *Nicholas Rogers*, *Noah Rogers*, Jennifer Fraga, *Shane Roberts*

**List Committee's Strategic Priority(s) FY20-21:**

- Provide input on YSIPP 2.0

**Highlights and/or Progress on Priorities (include data if available):**

- Advisory group determined its preference among current members was to provide YSIPP input via survey. Members provided robust input on not only the survey but audiences and strategies to reach relevant audiences. This survey should be ready to send out to folks early January 2021.
- There is strong youth participation in this advisory group.

**Challenges/Obstacles:**

- This group is newly forming and is hoping to be regularly consulted as an advisory to the Alliance. It would be helpful to have a clearer sense of what type of advisory role the executive would like the committee to play.

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

Topic: N/A

**Name of Committee:** Lethal Means and Firearm Safety Workgroup

**Chair(s):** Jonathan Hankins

**Committee Members** (*italicized members are either youth or young adult members*): Debra Darmata, Elissa Adair, Emily Watson, John Seeley, Jonathan Hankins, Kathleen Carlson, Meghan Crane, Pamela Pearce, Ryan Price, Stephanie Willard, Sunshine Mason, Zev Braun

**List Committee's Strategic Priority(s) FY20-21:**

- Restructure committee for fiscal year – decide if it should be one group to focus on both firearms and opioids or split to two groups. Work closely with the Gun Owners Suicide Prevention Coalition (hosted by Lines for Life) to identify areas of focus.

**Highlights and/or Progress on Priorities (include data if available):**

- There will be a presentation on opioids and suicide prevention during the next workgroup meeting.
- [Report developed](#) by Lines for Life with this committee on gunowners views about gun safety and suicide is on the [Alliance website](#).

**Challenges/Obstacles:**

- There have not been any challenges or obstacles listed

*Request for Feedback from Executive Committee:* Yes ☐ No ☒

If yes, what type of feedback is needed? N/A

*Discussion or Presentation Needed at Quarterly:* Yes ☐ No ☒

Topic: N/A

## OHA Update for the Alliance December 2020 Quarterly Meeting

The OHA Suicide Prevention Team includes:

**Jill Swiers Baker** and **Shanda Hochstetler** in **Youth Suicide Prevention** (within the Health Systems Division)  
**Meghan Crane** in the Zero Suicide Program (within the Public Health Division)  
**Emily Watson** in Veteran and Military Suicide Prevention (within the Public Health Division)  
**Deb Darmata** in Adult Suicide Prevention (within the Health Systems Division)  
**Nirmala Dhar** in Older Adult Suicide Prevention (within the Health Systems Division)

**Here are some highlights of what we have been working on since September.**

### **309-027 Rules update:**

The revised rules for OAR 309-027 incorporating SB918 (2019) and SB485 (2019) have been submitted to the OHA Rules Coordinator. The submitted rules are attached to this email. The rulemaking forms include:

1. The Notice of Proposed Rulemaking Hearing
2. The Statement of Need and Fiscal Impact
3. The Proposed Rule

[Nprm-027-changes-122120.pdf](#)

309-027 - Youth Suicide Communication and Post-Intervention Plan

You can view these and other recent rulemaking notices at [www.oregon.gov/OHA/HSD/OHP/Pages/Rule-Notices.aspx](http://www.oregon.gov/OHA/HSD/OHP/Pages/Rule-Notices.aspx).

### **How to comment:**

You may comment by attending a hearing on the proposed rules (if one is being held), or by sending written comments to:

HSD Behavioral Health Rules Coordinator  
Oregon Health Authority, Health Systems Division  
500 Summer St. NE  
Salem, OR 97301  
[bhrulemaking@dhsosha.state.or.us](mailto:bhrulemaking@dhsosha.state.or.us)

### **HB 3090 project work update:**

The internal OHA team continues to be on track with the work plan for HB 3090, pursuant to the letter that I submitted to the Alliance to Prevent Suicide in November. The stakeholder meeting to gather input on survey questions and methodology has been calendared for Jan 15, 2021 from 10AM-12PM and written feedback will be accepted prior to that. We are scheduled to send out sample questions to stakeholders prior to Dec 15, 2020.

In addition to the re-survey project, the OHA SPIP team is working on amplifying and supporting Caring Contacts work. We have interviewed several key hospitals, a representative from the Hospital Association and the staff in charge of the Caring Contacts team at Lines for Life, which contracts with several hospitals to do this work.

## ***OHA Update for the Alliance December 2020 Quarterly Meeting***

### **YSIPP 2.0 update:**

Dr. John Seeley and OHA continue to meet weekly to align the goals and stakeholder lists for feedback on the YSIPP. We are on track to complete the stakeholder feedback sessions in December, and then will move into synthesizing the feedback, developing a first draft of the measurable action items for YSIPP 2.0 and writing the YSIPP 2.0. We believe we are on track for our revised deadline of June 2021 for the publication/release date.

### **ASIPP update:**

Deb has been working on the development of **the Adult Suicide Intervention and Prevention Plan (ASIPP)**

- We had the first community wide stakeholder meeting on November 10 with approximately 45 people in attendance
- There are 80 stakeholders who have expressed an interest in being involved.
- We will break the large group into several small groups based on high risk groups:
  - Older Adults
  - Men
  - Veterans
  - Rural
  - LGBTQ+
  - Construction Industry
  - SPMI
  - 18-24 year old's and/or College students
  - Means
  - BIPOC
  - Persons with disabilities and/or chronic illness
  - Housing Insecurity
- And specific functions:
  - Focus Groups
  - Lens of Lived Experience
  - Lens of Equity
  - Policy and Processes
- Several people have signed up for small groups already and if you are interested in joining this work, please contact Deb at [Debra.Darmata@state.or.us](mailto:Debra.Darmata@state.or.us)

Additionally, Deb has been working on the **Early Response Suicide Prevention Grant**, including:

- 7 Domestic violence (DV) programs have partnered with mental health agencies to provide suicide safer care
- DV agencies will be trained in QPR, the C-SSRS, and safety planning
- Mental health agencies will be trained in C-SSRS and the Stanley Brown
- Lines for Life will get further training in DV

### **Big Seven suicide prevention trainings update:**

QPR, Mental Health First Aid, Source of Strength, and Connect: Postvention continue to be offered virtually, and continue to grow. ASIST and safeTALK are still not being offered due to COVID-19 and no virtual options have been approved by LivingWorks. We recently got word that and ASIST Tune Up is now available virtually.

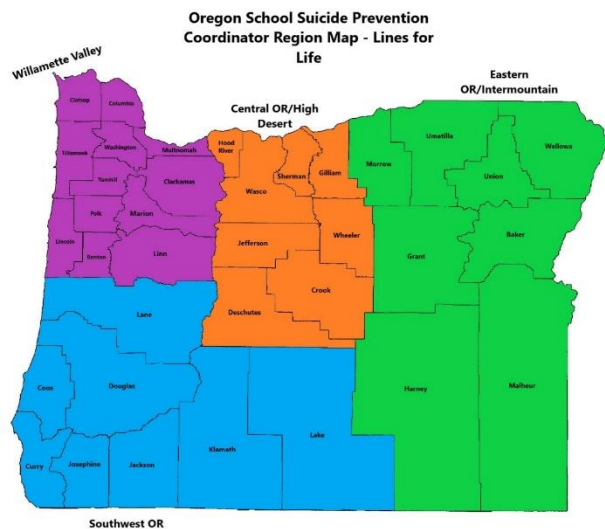
OHA redirected funds from ASIST and safeTALK to develop Youth Suicide Assessment in Virtual Environments (Youth SAVE) in partnership with AOCMHP and the Oregon Pediatric Society. This training is most appropriate for school counselors or other youth-serving mental health professionals with a base knowledge of mental health and suicide. Two highly successful trainings were held in November, and we have added capacity throughout the spring due to high demand.



## OHA Update for the Alliance December 2020 Quarterly Meeting

Coordinators offer ongoing support and assistance to trainers, coordinate T4Ts, meet regularly together to collaborate, and meet individually with the U of O Suicide Prevention lab to plan evaluation. They are building partnerships with local suicide prevention leaders and finding creative ways to bring suicide prevention programming to every corner of Oregon. Coordinators for the programs are listed below.

- **Kris Bifulco, AOCMHP, Connect: Postvention** An in-person, half-day postvention training teaching adult service providers best practices to respond in a coordinated way in the aftermath of a suicide. AVAILABLE VIRTUALLY.
- **Liz Thorne, Matchstick Consulting, Sources of Strength** Youth-led program to help promote healthy norms and coping skills to fellow peers in a school setting with a focus on hope, help, and strength. AVAILABLE VIRTUALLY.
- **Tim Glascock, AOCMHP, Applied Suicide Intervention Skills Training (ASIST)** A two-day workshop designed for anyone ages 16+ to learn to provide skilled intervention and safety planning; & **safeTALK** A half-day in-person training program that teaches anyone ages 15+ how to recognize and engage individuals who might be having thoughts of suicide and how to connect them with community resources; & the **NEW Youth SAVE (Suicide Assessment in Virtual Environments)** training developed by Oregon Pediatric Society and made available through OHA funding starting November 2020. Currently ASIST and safeTALK are NOT AVAILABLE VIRTUALLY.
- **Crystal Larson, Lines for Life, Question, Persuade, Refer (QPR)** A 1.5 hour online or in-person training program for anyone ages 16+ that teaches three easy steps to identify signs someone is thinking about suicide and how to connect them to help. AVAILABLE VIRTUALLY.
- **Maria Gdontakis Pos, AOCMHP, Mental Health First Aid** A broad overview one-day training on recognizing the early signs of mental illness, mental health problems, and substance use. AVAILABLE VIRTUALLY; (Not a Big 7 program, but also worth noting) **Collaborative Assessment and Management of Suicidality (CAMS):** "Therapeutic framework for suicide-specific assessment and treatment of a patient's suicidal risk;" "A flexible approach that can be used across theoretical orientations and disciplines for a wide range of suicidal patients across treatment settings and different treatment modalities." AVAILABLE VIRTUALLY.



### School Suicide Prevention and Student Wellness Program Update:

This collaboration between OHA, Oregon Department of Education (ODE) and Lines for Life supports the implementation of Adi's Act and Section 36 of the Student Success Act with regional specialists available to help schools, districts, and ESDs. See [Press Release here](#). We were happy to welcome Makenzie Sheets (Eastern Region), Lisette Cervantes (Northwest Region)

**New position (Public Health Suicide Prevention Coordinator) being hired** within Public Health. Job position was posted until Nov 24.