Alliance

Schools Committee Meeting

Wednesday, November 18, 2020 8:30 AM – 10:00 AM

https://www.gotomeet.me/AnnetteMarcus/allianceschools
Join the conference call: 646.749.3129, Access Code: 152-288-981

Committee Members in Attendance: Chair, Kimberlee Jones, Amy Ruona, Caitlin Wentz, Fran Pearson, Gabi Colton, Jim Hanson, Jon Rochelle, Justin Potts, Kahae Rikeman, Liz Thorne, Lon Staub, Maya Bryant, Mila Rodriguez-Adair, Shanda Hochstetler, Spencer Delbridge, Sydney Stringer

Committee Members not in Attendance: Chris Hawkins, Emily Moser, Emilie Spalding, Gabi Colton, Jill Baker, John Seeley, Olivia Nilsson, Parker Sczepanik, Spencer Lewis, Tony Martins

Staff: Annette Marcus (AOCMHP), Jenn Fraga (AOCMHP), Tim Glascock (AOCMHP)

Staff not in Attendance: Emily Morrisey (Youth Era), Kris Bifulco (AOCMHP)

Guest(s): Lisette Cervantes, Makenzie Sheets

Meeting Attachments: Minutes from the Small Group Deep Dive into Adi's Act Plans

Time	Agenda Item	What / Update Action	Notes
		Item(s)	
8:30 AM	Welcome Members, Approve Previous Minutes, Discuss Consent Agenda		Annette provided an overview of the Alliance and reviewed that we are an advisory board to OHA (Oregon Health Authority) and have recently developed a good relationship with ODE (Oregon Department of Education). Since Adi's Act, SB 52, passed, this specific committee has been working to provide support and shape out guidance that goes forward by providing our expertise on what will / won't work in a school setting.
8:35 AM	Review Action Items from Previous Month	Jenn will send out the notes that has SMART Goals at the end of the document. The ask is for the Committee to review SMART Goals and provide feedback to Alliance Staff on what they would look like for this fiscal year (through June 2021.)	These were sent out. This month the SMART Goals will be finalized so are there any last requests for changes or additions?
8:40 AM	Adi's Act Deep Dive Review		A sub-group of this committee met this past Monday, November 16 th , to review a first draft from OHA and ODE of a cover letter and sample plan(s) that they plan to share out with schools. This discussion hasn't yet ended and we hoped to continue a deeper dive on providing feedback today. Annette reminded the group that schools
			are under a lot of pressure to get plans out due to this being legislatively

mandated. We want to do what we can to help schools to not borrow plans from one another but to work on one that is specific to their needs.

Shanda thanked all that provided feedback, either by email or through the sub-group this past Monday.

Big buckets from Monday's meeting:

- -Evaluation methods
- -Clear guidance without too much copy / past encouraged
- -Name people responsible for specific tasks
- -Integrated into the work of the school including the MTSS model that most schools use / are familiar with

Next step for the group (Jill and Shanda from OHA, Spencer from ODE, and Kahae from Lines for Life) is to integrate feedback into the starter aspirational plans and get plans out to schools by the end of November. Shanda is working on lacing the feedback in to have a better starter plan. Spencer at ODE is working on how to deliver this to schools so that it is less noisy and not piecemealed out. Shanda said that it's up to ODE on how this will be sent out to schools and the feedback from the group has been shared with them.

Annette shared that Lon thought about laying out a clear graphic of sorts to show who is responsible for what within the school system.

Kimberlee said that having one central location for different things to be shared

and worked on, like a Google Drive, could be one way that we could move forward with feedback.

Put together a space for committee members to have access to different documents as needed. There are access issues with some folks using Google Drive, other issues with using Microsoft Teams, etc. Potentially have a link on Alliance website that could take committee folks to the documents.

Justin met with their supervisor and noted that there is difficulty figuring out where different things fit – mental health wellness, etc. this it would be helpful to clarify where suicide prevention lives in the context to threat assessment, and other areas.

Kimberlee said that they think this would be important to add what Justin shared in the school's document and asked him to put into writing how they conceptualize different systems and their roles.

Annette summarized that one barrier at an administration level is they have competing initiatives and demands that, in their minds, seem similar - threat assessment, safety, mental health, wellness, and suicide. There are many entities managing these things along with curriculum demand around teaching health and integrating SEL (social emotional learning). Many different pieces going at them and it seems to be difficult for them to see how they connect and how they are different.

In demographic part of sample plans is to talk about how they structure the plan. Example: PPS (Portland Public Schools) has student health and wellness department, and what falls under this domain? Suicide risk screening, threat assessment process, and potentially other items. Vs. other districts that aren't sure where suicide risk screening fall under and it's hanging there.

Amy Ruona shared that the MTSS (multitiered systems of support) triangle. Helping staff understand that suicide prevention is occurring at all tiers. Health classes, SEL, systems navigation with housing and food as well as racial affinity/identity groups and screenings.

Defining MTSS at PPS

Amy shared that they try to remind people that suicide prevention work isn't standalone.

Liz shared an idea of providing specific examples of what the actions are at the different levels (intervention, management, postvention) along with coming up with flowcharts of how things fit together and who is responsible. Framework of how this fits together and what this actually looks like. Example of having really clear expectations / protocols for the first year with a focus on intervention. They can start to build a framework to see what the work they are already doing is and how that fits into a plan. How this sits as a system within your system and what they are actually doing at the intervention level.

Jim voiced a concern around people know the process of an MTSS, as well as the hardware of a triangle: Needs assessment, choosing an EBP, working with school and culturally diverse advisors to assess acceptability and feasibility, implementing with fidelity, measuring outcomes for kids and for the program itself, and improvement science.

Amy shared a <u>draft</u> mental wellness triangle from PPS.

Lon talked about supplying the requirements of SB 52 to districts and ask them to show us how they met those requirements and to have a clear process for assessing implementation and monitoring.

Spencer shared that examples of successful integration with systems like MTSS can be integrated into future iterations of Guidance and Jim said as long as such future integrations are mentioned explicitly in what goes out.

Jim shared a concern that what we are actually trying to do is to make sure that schools are helping to save kids' lives. I am appreciative that in order for a school to do a good job, they have to have a good district policy. When we come to accountability, then I think we should give guidance on how to not only hold districts accountable, but that districts can hold schools accountable for doing their own program evaluation on their suicide prevention and mental health/SEL programs.

Justin shared the importance of having somewhere in school's processes where they are able to say no we didn't meet that and can work on addressing any misses they have in protocols / plans.

Lon shared that we need to state who is responsible / accountable for what and that this needs to be communicated to schools. He also brought up a different potential deliverable for this group — having a tool / defining what it looks like to meet different aspects of plans. How to see if they got things done and monitoring how it's being done?

Mila shared they think need to define what accountability means, how it looks like, financial impact, and how many people should be responsible for supporting this. Specific individuals for who is doing what needs to be identified.

James said that we also need student surveys for sure. We also need hard data such as evaluation of the EBP that is being delivered to staff and students, other training for gatekeepers, how suicide is screened, number of safety plans, how collaboration with community-based therapists is happening, how kids access school MTSS programs such as ACT/DBT social workers, etc.

Kimberlee said that we should ask schools to see what they need to be successful. She also brought up that students need to have space and time to share their voice so they can tell us if things are working. Hearing from

administrators on their plans is just one piece of the puzzle. Hearing from the students, who the plan impacts, is the other half and may be more important in the long run.

Jim said to add this to the list: how students are engaged in establishing supports, how they are getting the message out to their peers about resources, etc.

Justin shared a suggestion for Shanda and Spencer: some of the language I've been incorporating into my materials the terms "district implementation team" and "building implementation team" as part of work around implementation science.

Annette shared a couple thoughts:
-What is our product / deliverable out of this group that Lon talked about?
-Take the themes / questions / concerns and lay them together and forward them to pertinent groups (COSA, school safety task force, etc.) As a group thinking about policy, we may make a recommendation that there needs to be new legislation. Now we are at a point to take high level themes to decision makers as to how they should be working with this.

Spencer shared that that Adi's Act is filed under Division 22 which means this is self-reported data so administrators are the ones saying if it's done or not. If there are incomplete plans, there are other levers that can be pulled to work with them.

Justin asked if Spencer has any idea of what the response from administrators will look like. A checkbox with yes or no or more in-depth responses. Spencer isn't sure as he is not currently on the Division 22 committee but will be next year.

Lon is worried that there won't be an objective self-reporting from schools. He asked if we could give them guidance in how to self-report.

Jim asked if the Lines for Life lessons have research behind them for efficacy? How does Lines for Life evaluate their presentations for effectiveness? I love LFL work, but I'm concerned that we make schools accountable and that we can do this in house as well as taking advantage of the great resources L4L provides.

Kahae said that he was talking about our outreach classroom lessons - where we bring our youth volunteers into classrooms to talk about MH related topics, these lessons meet ODE health education standards in a variety of ways, more info here. I'm not aware of a formalized study on our outreach lessons in particular. We do collect data from each classroom we're in to measure how students feel they understand the topics pre/post our lesson that is held internally for QA. If you'd like more information about our outreach lessons and their curriculum details etc. you can reach out to Parker Sczepanik at ParkerS@linesforlife.org Lines for Life

lessons were created by Lines for Life and

were offered before Adi's act passed for several years as part of the YouthLine Model.

The Step by Step Guide cites several national and local evidence-based practices (AFSP, Trevor Project, SPRC, etc.) and has been continually updated with feedback from several stakeholders including the schools committee.

Jim said that having a fidelity inventory is great, and I love the comprehensiveness of the L4L inventory. We also need to evaluate outcomes as well. Having a fidelity inventory and suggestions on how to evaluate the effectiveness of programs is a great idea.

Implementation model U of O Suicide Prevention Model uses to put some context around evaluation through the stages of implementation. Jim said the UO lab's document is great as the implementation science part of the cycle of MTSS. Thank you!

Kahae said that she thinks our continued partnership with UO's Suicide Prevention Lab evaluating our work is so important they're the evaluation experts and I'm so glad it's not all up to me to evaluate these outcomes!

Jim said that they hope that some research can be done in PPS with those lessons, as well. Sometimes the ODE and UO are super high level and we folks on the ground, doing the work, seem disconnected.

Shanda said that feedback given by group

			really reaffirms the work that Kahae's team will be doing – sitting down with
			districts to create, edit, decide on their plans.
			Kahae said that they think it's important to distinguish that when we talk about the Step by Step Guide in particular, that is meant to be an interactive workbook for districts evaluating where they are and pointing them to resources that we've collected and vetted.
			Kahae said that they think it's important for ODE / OHA, whoever to continue to release new and updated materials that will help schools to get into compliance with the law AND challenge them to go beyond the law to do more. She said that she thinks schools need to hear that they are going in the right direction from the state / ODE. Continuing to release resources can reinforce that this work is ongoing and let them know it's not a do this work in a big packet and then you're done.
			Kahae said that, if you want to talk about your district's specific plan, please don't hesitate to reach out to me KahaeR@linesforlife.org
9:50 AM	Letter Small Group Discussion — Next Steps	See attached draft	Not discussed during meeting. Is this something we need to keep on the agenda? Is this still needed / a priority?
9:50 AM	Action Items from Meeting		-Justin (and maybe Kimberlee) will work on a graphic for elements of work going on in districts. -Jenn and Annette will think about and
			put together a space for committee

members to have access to difference documents as needed. There are a issues with some folks using Goog Drive, other issues with using Micro Teams, etc. Potentially have a link Alliance website that could take committee folks to the documents of the drive, send them to Jenn of the drive, send them to Jenn of the drive, and them to Jenn of the drive, and the materials going out the schools are materials going out the schools at end of November don't
any obvious holes / gaps. Is there operated by the bill for what we're talking about the accountability but it's not off the table. For now, is it that we can roll out with existing material that will help guide the discrete a timeline graphic of where can be done / goals to have certain things complete P:55 AM
Next Month December's meeting, send these is to Jenn.
10:05 AM Adjourn

Alliance Schools Committee SMART Goals

These are currently under review and editing. Final goals will be added to future agendas. Current drafted goals can be found in the SMART Goal attachment materials.