

Agenda: Schools Committee

Date: January 11, 2018

**Objectives**

**Review Key Action Items Identified at last meeting (see below) and develop next steps.**

- Develop better lay of the land in schools—possibly this could be spearheaded by one of the graduate students. This should begin to address the questions of capacity.
- Develop a plan for how to support schools to use the school kit that is being distributed.
- Take one “small” action that has broad impact. Larry suggests that we work on getting the suicide crisis number on all student i.d.’s Annette and Kimberlee will follow up with ODE to discuss this further.
- Develop a “presentation for schools” to use at conferences

	Topic	How	Who Leads/Facilitates	NOTES
I.	Group Norms, Phone Etiquette, Go-To-Meeting	Present	Annette	
II.	Introductions	-Share Name, Organization -Identify a “hope or goal” for the schools committee this year.	Kimberlee	Jeremy Wells, ODE, -goal is to develop a website for the Oregon Dept of Ed full of suicide intervention/pre and postvention resources  Phaedra on Youthline. Hope is to get more of a sense of how to contribute more.  Bergin volunteer on Youthline. This is a learning experience and wants to understand how to contribute.  Jonathan-Univ of Oregon, research team. Wants to build some infrastructure where we could assess and evaluate the prevention/intervention in

				<p>schools. Starting with an environmental scan.          Jamie to identify role of school nurses in suicide response.</p> <p>Kimberlee’s interest is in mobilizing the community around prevention.</p> <p>Larry Sullivan very interested in engaging school community—especially counselors—in suicide prevention/intervention.</p> <p>Shannon wants to support youth members of the school’s committee</p> <p>Donna L, Lines for Life, wants to be a partner to think through issues and remain part of the conversation and be a resource.</p>
III.	Schools Committee Scope	Identified action areas for 2018 from the subcommittee	Annette	<p>Annette reviewed the four action areas.</p> <p>Jonathan requested feedback, emails to help the research group to think through how to reach out to schools and school districts about what practices are currently occurring in schools around suicide. What is the best way to go with this?</p> <p>Jeremy-suggests two avenues-1) A thoughtful survey sent on ODE listserv. Jeremy can connect to that. 2) Link with Larry S. and his connections with Education Service Districts.</p> <p>Larry adds that school counselor association, school psychologists and mental health therapists.</p>

				may have list serv's or other strategic ways to connect with them.
IV.	School ID Update	Report on discussion with ODE	Kimberlee/Annette	<p>The idea is to work with schools to print Youthline information on school id's.</p> <p>Jeremy—thinks that it makes sense to start with a couple of school districts to pilot the id's process. Perhaps through the companies that actually produce the id cards—and possibly also include this information on school photos which the same companies are also responsible for.</p> <p>Bergen thinks that it's a great idea, especially in the first couple of years at a new school.</p> <p>Kimberlee suggests having the youth help us to design the i.d. languaging.</p> <p>Jeremy says that this should be available for K – 12.</p> <p>Shannon notes that it would be a resource that would also help students who want to help other students. Putting it on the photos would also give this to families.</p> <p>Donna notes that Lines for Life has already worked with Willamette ESD to put on stickers with the number. Donna will report back to us.</p> <p>Kimberlee is interested in looking at the data—perhaps identifying</p>

V.	Conference Presentations	Discussion: What are our objectives for these presentations.		<p>We need to identify what the content should be in these presentations.</p> <ul style="list-style-type: none"> <li>-General information about Alliance</li> <li>-Identify some of the best practices—highlight some examples of what is going well.</li> <li>-Share where to go for resources</li> </ul> <p>Jeremy encourages us to think through having one person who provides consistency in messaging. Be thoughtful about also having a key local contact. Jeremy encourages reaching out to Colin at COSA. He’s the key person with the schedule of all the conferences. Annette is willing to develop the training. Jeremy will introduce us to Colin. Kimberlee will help with identifying best practices for this presentation.</p>
VI	Quarterly Meeting Report Out	Identify items to report on.....successes and challenges	Kimberlee	<p>Successes: identifying action areas and priorities. Successes at bringing stakeholders to the table. Have identified key stakeholders to engage with. Kimberly is excited that we have youth on the committee. Would like to see them have more of a leadership role and figure out how to support that effort.</p> <p>Larry—just the fact that we have a school committee is really important! It sends a message about the importance we put on the role of schools in suicide prevention and support.</p>

				Donna notes that working with schools is often challenging because it's such a complex system.
	Review Next Steps	Present and Check for Agreement	Annette	

**Committee Members:** Ann D. Kirwood, Amy Ruona, Bergen Nigro aruona@pps.net; Bergen Nigro Donna Libemday, Galli Murray, Jamie Smith, Jeremy Wells, John Seeley, Kimberlee Jones, Larry Sullivan Mitch Kruska, Peggy Holstedt, Phaedra Whitty, Riley Murphy, Heather Johnson, Shannon Marble, Chris Hawkins, Bailey Anderson  
**Staff:** Annette Marcus

**Attending:** Jeremy, Phaedra, Bergin, Jonathan, Jamie Smith, Kimberlee, Shannon, Larry, Riley

Larry asks what are we looking at in terms of the “lay of the land” Jon said we were thinking about looking at trainings and post-vention. The goal is to be able to track results of our suicide intervention/prevention efforts. Jon will connect with Larry and Jeremy after the meeting. Also George Wintershibe, Northwest ESD

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- Develop better lay of the land in schools—possibly this could be spearheaded by one of the graduate students. This should begin to address the questions of capacity.

**John** can help us understand what is already happening in schools across Oregon. What is our current situation—and thanks U of O! John would love ideas on how to connect with schools to get information about what training practices (Gatekeeper, Connect, etc.) are already ongoing in schools. Survey, which can be not the best route. District-level personnel and developing a database? Open for input and ideas.

**Jeremy @ ODE** suggested 1) Survey is the right way if used in the right way; go to listservs (Jeremy can connect) and use Larry Sullivan and his connections with ESDs to share the message.

**Larry** - School Counselor's Association, Mental Health Therapists, School Psychologists, School-based Health Centers.

- Develop a plan for how to support schools to use the school kit that is being distributed. Jeremy has been very involved in that discussion through ODE.
- Take one "small" action that has broad impact. Larry suggests that we work on getting the suicide crisis number on all student IDs **Annette** and Kimberlee will follow up with ODE to discuss this further.
- Develop a "presentation for schools" to use at conferences. Conferences for administrators, conferences for counselors.

	Topic	How	Who Leads/Facilitates	Materials
I.	Group Norms, Phone Etiquette, Go-To-Meeting	Present	Annette	Introduce yourself as you speak; speak up; Annette and Kimberlee may call upon you to speak.
II.	Introductions	-Share Name, Organization -Identify a "hope or goal" for the schools committee this year.	<b>Kimberlee</b>	Jeremy Wells, ed specialist at ODE, hope is through this group to develop a website for ODE that will be full of suicide intervention, prevention resources.  Sadra. Volunteer on Lines for Life. No specific goal; not enough experience yet, but personal goal is to get more of a sense of how everything goes and contribute more.  Burgen – Volunteer for YouthLine; not much experience, but goal to understand how to contribute and help out; make a bigger impact when she's older and more experienced.

				<p>Jonathan from OSU – Look at building infrastructure to monitor what interventions are being used at schools postvention and tie into data.</p> <p>Jamie – State consultant for Public Health; explore the nurse in suicide prevention and response.</p> <p>Kimberlee – Community mobilization.</p> <p>Larry – retired superintendent from Lane USD. Broaden participation.</p> <p>Shannon – Work as Youth and Yung Adult Coordinator at OHA. Sits in on committee meetings of the Alliance. Hope to get involved enough in schools committee to help youth members feel more engaged and informed about the process.</p> <p>Donna @ Lines for Life. Most of her work has been with schools. Always wanting to be a partner on the issue and be a part of the solution and be a resource.</p> <p>Annette – Staff. Goal to be able to say there are a couple of things we achieved. Tie to Larry’s suggesting of small actions with a broad impact and support committee members to achieve their goals.</p>
III.	Schools Committee	Identified action areas for 2018 from the subcommittee	Annette	Next Steps.

	Scope			
IV.	School ID Update K-12	Report on discussion with ODE	Kimberlee, Annette, Jeremy	<p><b>Jeremy</b> – If we started with a couple of districts (rural Eastern Oregon and Portland or Eugene) and pilot with two school districts that would be willing to work with the printer, that would be a way to figure out where the problems may be.</p> <p>The same folks who do the student ID cards also do the pictures that get sent home. What about also publishing that info on the back of all of the photo packets that get sent home to all of the families.</p> <p>If we select and message it correctly, the printers may be able to assist and become invested.</p> <p><b>Bergan</b> – absolutely amazing idea! Especially for a freshman.</p> <p><b>Shannon</b> – Friends and peers can use it the number, too. Liked the idea of putting it on the back of photo packets.</p> <p><b>Donna</b> – Emily at Lines for Life has already been working with Willamette ESD and has put # on IDs from Newberg School District. In the beginning, they put stickers on the backs of the ID cards (Emily Moser).</p> <p><b>Kimberlee</b> – Examine data and start with rural or urban districts with higher attempt rates?</p>



				<p><b>Annette</b> – Picking the low hanging fruit. Can show effectiveness.</p> <p>Subcommittee Members? Donna can report back from Willamette ESD. Shannon suggested one of the youth members could ask school administrators to research who are the companies that print the IDs and describe how that process works. Annette asked Sadra and Burgen, who to reach out to, and Larry can suggest someone in Lane County.</p> <p><b>Donna</b> – Can ensure that one of the Lifeline people can be on the next call and can provide lessons learned by Willamette ESD.</p> <p><b>Jon</b> – Prioritize lay of the land but can help out with this, too.</p> <p>Larry suggested George Winterscheit at Northwest ESD; large number of districts, director of mental health.</p>
V.	Conference Presentations	Discussion: What are our objectives for these presentations.	Kimberlee	<p>Part of the action plan to do presentations; but realized we needed to identify objectives and content. Is it to describe the Alliance and Plan; to promote specific training; do a little bit of prevention work ourselves?</p> <p>Hope to develop a Presentation so that anyone can present it at different events and meetings.</p> <p>COSA, school counselors, etc.?</p> <p><b>Larry</b> – Guessing that superintendents do not know</p>

			<p>about the Alliance, so info on the Alliance. Resources, Efforts going on, and best practices would be ideal for a COSA or Counselor. Best practices: Mental Health prevention, what's going on in the schools, trainings, getting supports, engagement, etc. Present at ESD Conferences, etc.</p> <p><b>Annette:</b> Clarified that connect the audience that there is a very clear plan and movement toward suicide prevention, and here are some of the practices in schools that we want to highlight as being successful and giving people a place to go for resources.</p> <p><b>Jeremy</b> likes canned presentations, but there needs to be one person there who is the point person, because they'll be able to share other conversations that they've heard at other places and bring back to this group and the alliance a more comprehensive story about lessons learned. Could be regional. Always nice to have one "face" that gives instant credibility.</p> <p><b>Annette</b> can look and see what's coming up for the next year and come up with a call for proposals. Annette can develop the presentation but want feedback.</p> <p><b>Jeremy</b> suggested Colin at COSA and having this conversation. Colin will be the key to</p>
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				<p>education conferences throughout the state of Oregon; he can get the schedule, education, suicide prevention, trauma informed. Colin is always looking for opportunities like this. Jeremy can warm introduce Annette to Colin.</p>
VI	<p>Quarterly Meeting Report Out</p>	<p>Identify items to report on: successes and challenges</p>	<p>Kimberlee</p>	<p>Quarterly meeting: Hoping most of the Schools Committee will be there. Asked Jamey if he can participate; seems like we lost him. Jamey is also connected with the Statewide Nurse’s Association.</p> <p><b>Success</b>          Bringing stakeholders to the table? Ongoing process. But we’ve begun to identify key stakeholders to engage around specific items.</p> <p>Just the fact that we have an education committee is really important and that we prioritize working with the schools. From the schools, it’s hard to make connections and follow through with collaborations.</p> <p>Challenges- Big system to assess, complex task to take on. Being a long-term project. Clear area for actions and moving forward.</p> <p>Donna – Opportunities to bring changes; the biggest challenge is to figure out how to work with the system when there’s so many demands already put on it. Thinking about it at the state level, and bringing ideas to help</p>

				make changes at the local level is a really important place. Just a side conversation; it's about being a resource and moving action forward.
	Review Next Steps	Present and Check for Agreement	Annette	<p>Identify a date for next face-to-face meeting.</p> <p>Next meeting – 02/08 – 3:45 – 5:00</p> <p>Follow up meeting on April 5 3:45 – 5:00</p> <p>John mentioned Survey that's been emailed out to evaluate alliance efforts—please take 5 to 10 minutes to complete the survey.</p>

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