

Agenda: Schools Committee

Date: February 8, 2018

Objectives

- Clear plan and responsibilities for school id project.
- Update on scan of current practice at schools-link to goal 6.1
- Develop a “presentation for schools” to use at COSA conference (for school administrators)

	Topic	How	Who Leads/Facilitates	Materials
		Peggy, Jeremy, Kimberlee, Phaedra, Kate O’Donnell (filling in for Jamie Smith), Jonathon, Jenn Krumm, Chris Hawkins,		Potential Action Steps Document Notes from last meeting
I.	Welcome and Introducti ons	Are you generally a results, process or relationship person?	Annette-relationships Kimberlee—relationships, results Phaedra—relationships Kate-school mental health specialist, OHA— relationship person Peggy-relational when working as a principal, very results oriented in role at board Jonathon—right now tends to be results Jenn-school counselor Milwaukee H.S.— relationship but like results Jeremy-Very results oriented, has learned about process working at ODE and growing Donna-results and process	RPR Triangle
II.	Getting a “lay of the land”	Report on scan progress-Will this help us meet objective 6.1	Jonathon-1) What programs are schools implementing for suicide prevention using a statewide survey. Created a google document for workgroup members to share their thoughts. What schools are implementing and how. Annette will send the	

		<p>“The ODE will collaborate with schools to identify gaps and opportunities for staff training and protocol development on suicide prevention and postvention.”</p>	<p>link from Jon out to the group. Let Annette and Jon know if you can't access a google drive.</p> <p>Jenn—volunteered to help with developing the survey. Her school has one of the Sources of Strength grants. Jonathon will follow up with her.</p> <p>Jeremy has worked with Jon on the survey. He suggests that the draft gets sent out to trusted allies in the field to get feedback on the survey before it goes out. In terms of dissemination, he has worked with the communication person at ODE, school counselor liaison and also thinking about TAG education specialists as well.</p> <p>Kate wonders about sending it out to School Based Health Centers who often do suicide prevention work.</p> <p>Challenges of the Survey—1)Scope—just high school or more? 2) Number of questions 3) How do we get schools to respond</p> <p>Jenn suggests sending it out to both middle and high school. Need to refine questions— are we after what training is happening for the adults, is there anything directed toward the youth.</p> <p>Jonathon—really working on an inventory.</p> <p>Peggy-need to look both at programs and also ask something that relates specifically to curriculum that promotes mental health. Language in questions to kids should reference classes and skills rather than training. Have you done it an, are you evaluating and if so how?</p> <p>Kimberlee asks—is there a way to do a pre and post evaluation on curriculum re suicide prevention.</p>	
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III.	Next Steps on ID Project	Determine tasks and responsible person	<p>Kimberlee referenced some of our action areas→ID sample MOU’s, ID Evidence Based Impacts, Participate at related conference</p> <p>Peggy shares insight that i.d.’s are a hot commodity—many differing interests in getting information on id’s and many students in the state may not have badges. May want to look also/instead at putting something on phones or download an ap.</p> <p>Jeremy—thinks taking a look at student i.d. cards in general. He thinks it may not be worth the time and effort to go down that road.</p> <p>Donna-Youthline has stickers for phones which they provide for every school they go to. At the conference they are giving something out on the pop-socket.</p> <p>Phaedra—doesn’t think pop socket would appeal to a lot of youth, and in her community id’s are used on a regular basis.</p>	
IV.	COSA June Conference	Discuss application and next steps	<p>Peggy will help with OSBA Conference in November 9 and 10, Jeremy was at trauma informed COSA meeting, gave Colin some background and he was open to having the conversation, on Colin’s staff is Suzanne Strike, former health educator. Peggy notes that at the COSA conference they want really</p>	COSA Application

			engaging active workshops. Peggy work with Annette on OSBA. Jenn work with Annette on COSA. OSBA will want a board member and a supervisor who can highlight something going well, add a youth and it will be a powerful presentation. Next up ORCA etc.	
V.	Include College and University ?	Update and Discussion	Annette Kate and Peggy both think that they need different strategies but also very key to work.	

Committee Members: Ann D. Kirkwood, Amy Ruona, Bergen Nigro aruona@pps.net; Bergen Nigro Donna Libemday, Galli Murray, Jamie Smith, Jeremy Wells, John Seeley, Kimberlee Jones, Larry Sullivan Mitch Kruska, Peggy Holstedt, Phaedra Whitty, Riley Murphy, Heather Johnson, Shannon Marble, Chris Hawkins, Bailey Anderson, Jonathon Rochelle
Staff: Annette Marcus

Notes with Emily—Two strategies. In our dream world every high schooler and young adult knows about Youthline. We have been piloting it in Willamette ESD with stickers. Our approach has been to do classroom lessons---we also do a short lesson and meet with every kid in a school—also teachers, administrators—also and/or in health classes. Every kid gets the same lesson. At Newburg all the PE classes got. The lesson is: We get it that you have stress. Talk about coping mechanisms and ways to take care of self. The big message is that it’s really important and ok to reach out for help....counselor etc will be there. Who is that trusted adult you identify with and then give the sticker.

School administrator sent out pfd to do it—a secretary or administrator in the principals office manages the process. A buy in from the district level.

Next conversation the step by step guide