

Agenda: Schools Committee

Date: Thursday, April 5, 2018; 3:45 – 5:30

Present: Highlighted

**Committee Members:** Ann D. Kirkwood, Amy Ruona, Bergen Nigro, aruona@pps.net; Bergen Nigro Donna Libemday, Galli Murray, Jamie Smith, **Jeremy Wells**, John Seeley, Kimberlee Jones, **Larry Sullivan**, **Peggy Holstedt**, **Phaedra Whitty**, Riley Murphy, Heather Johnson, Shannon Marble, Chris Hawkins, Bailey Anderson, **Jonathon Rochelle**, **Emily Moser**, **Doug Gauge**, **Jennifer Krumm**, **Kimberlee Jones**  
**Staff:** Annette Marcus, **Shannon Marble**

	Topic	How	Notes
I .	Check Ins	Round Robin	Tell us about one person you admire and briefly why.
I .	Surve l y	Discussion	<p>Jon reviewed survey feedback and sought advice about rolling the survey out.</p> <p>Aiming for the first two weeks of May. Jeremy—communications folks at ODE are going to prioritize getting this out. Arranging a 3-way call with the Communications Director. Jeremy suggests reaching out to FACT and OFSN.</p> <p>Shannon has list of coordinators at School Based Health Centers. Jenn recommends an announcement from the Oregon School Counseling Association. Jenn and Kimberlee both spoke about school culture and readiness to respond to suicide prevention due to stigma around suicide. Jeremy—spoke with the Ed Specialist—avenue to her distribution list for school counselors, but notes that many small districts don't have counselors. Jon reflects that it will be important to let individual schools know that won't be publicized. Peggy raises issue of public records request—so need to ensure that's true. She suggests that a better approach might be to let them know how the information will be used. Next step is developing the script for the survey.</p>
I I I .	Video Camp aign	Guest-Doug Gauge from Central High School--Discussion	<p><a href="https://www.facebook.com/midvalleysuicidepreventioncoalition/videos/1912126939109873/">https://www.facebook.com/midvalleysuicidepreventioncoalition/videos/1912126939109873/</a></p> <p>Polk County Coalition started in 2015—focused on providing training initially....but realized that it was very hard to get the kind of reach they wanted. Central High School has a Power Peers class—non-traditional leaders—can take it as an elective. Worked with their teacher who is a champion around youth involvement and suicide prevention. Were able to film during the school day. Having a teacher was key to work with administration. The video was released to the entire school at the same time and was associated</p>

			<p>with a lesson. Peggy suggested in the future include the Youthline number in the video. They got 603 surveys back from just 900 plus surveys distributed. About 80% said that the message was important. Emphasizes the importance of youth delivering messages to youth. Jenn shared that youth from her school just completed a video through their Sources of Strength program. Over 70% of the youth who saw the video said that it encouraged them to reach out and help someone. Doug notes that the challenge is how to reach out and sustain the effort. Members of the group all told Doug that it is one of the best videos they've ever seen for youth suicide prevention. Emily wonders how we might as a collaborative map our connections and disseminate this video. Let's distribute widely across the state. They are happy to have the videos used broadly and also willing to share the cards which can be adapted locally. Doug is working with another set of students at a different high school to try to pilot it in other settings. Think there's something powerful.</p>
I	Sources of Strength	Update on New Funding	<p>\$35,000 for Sources of Strength—it's changing the culture to hope, health and strength. It moves against the more negative campaigns that can actually increase risk for the most vulnerable.</p> <p>Albany High School is doing this as a pilot.</p> <p>Jenn shared some of her experience. Group thought that the pilot, narrower but high quality approach makes sense.</p>
I	Conference Presentations	Brainstorm and Discussion	<p>Discuss/Assign Next Steps</p> <p>Peggy: 800 to 1000 School Board Members are at the statewide Board Meeting—The Polk County video, with students, and board members might be a great match for this. Peggy offers to help think through the best kind of presentations to provide to OSBA. RFP's due by the end of May.</p>
V	ID Follow Up Discussion	<p>Possible pilot sites</p> <p>Note-Lines for Life to present at June Quarterly*</p> <p>Annette and Kimberlee will work on talking points</p>	<p>Jeremy—suggests either working with 2 or 3 pilot schools or reaching out to one of the schools to make it an option. Kimberlee has been reaching out to administrators.</p> <p>Jeremy reached out to Life Touch. He thought it was encouraging when he looked at information with the companies on-line. Need a specific j-peg—what do you think? Jenn loves the idea....would need administrative buy in...</p>

	for superintendents.	Work on school buy in. Jeremy notes that there's a cost to stickers. There was some discussion about how to engage administrators. Jeremy suggests that the ESD Superintendents meetings are the best way to get through the door. Jeremy suggests connecting Barbara Garland for Jefferson County.
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Interview with Emily from Lines for Life re ID's and School Outreach. In our dream world every high schooler and young adult knows about Youthline. We have been piloting it in Willamette ESD with stickers. Our approach has been to do classroom lessons---we also do a short lesson and meet with every kid in a school—also teachers, administrators—also and/or in health classes. Every kid gets the same lesson. At Newburg all the PE classes got. The lesson is: We get it that you have stress. Talk about coping mechanisms and ways to take care of self. The big message is that it's really important and ok to reach out for help....counselor etc will be there. Who is that trusted adult you identify with and then give the sticker. School administrator sent out pdf to do it—a secretary or administrator in the principals office manages the process. Need buy in from the district level.

Next conversation the step by step guide