



**Schools and Education Agenda: Wednesday July 15, 2020 8:30 AM – 10:00 AM**

Committee Members: Chair, Kimberlee Jones, Amy Ruona, Dan Foster, Fran Pearson, Jeremy Wells, Kahae Rikeman, Liz Thorne, Shanda Hochstetler, Spencer Delbridge

Committee Members not in Attendance: Chris Hawkins, Emily Moser, James Hanson, Jill Baker, Jim Hanson, John Seeley, Jon Rochelle, Justin Potts, Maya Bryant, Mila Rodriguez-Adair, Olivia Nilsson, Parker Sczepanik, Sydney Stringer,

Staff: Annette Marcus, Jennifer Fraga, Emily Morrissey (YYEA), Tim Glascock (AOCMHP)

Guests: Emilie Spalding

**GoTo Meeting Information:** <https://www.gotomeet.me/AnnetteMarcus/allianceschools>

+1 (646) 749-3129, Access Code: 152-288-981

*“Not letting the perfect get in the way of the good.” – wise Justin*



Time	Topic/Who	How	
8:30	Welcome / Announcements	Round Robin, Review Minutes	
8:45	Spencer Delbridge, Kahae Rikeman & Annette / Discussion of Alliance Committee Role in Supporting SB 52	Achieve clarity regarding various resources and staff available statewide to support implementation. Relationship to the School Safety Task Force, Lines for Life, and ODE.	<p>Review of last year's SMART Goals:</p> <ul style="list-style-type: none"> <li>-Each Committee has goals that are directly out of the YSIPP</li> <li>-One of the biggest projects that this committee worked on this past year is support on SB 52; YAEA played a big part in advocating for language around MOUs with schools and hospitals by providing testimony in favor of this; while this wasn't put in the rules, there was specific support on putting this in guidance</li> <li>-List key elements of suicide prevention plans for districts; while 1 exemplar plan wasn't found, we did have a list of what should be in a plan; we need to clarify our role in this process – do we partner with ODE on this?</li> <li>-Created guidance documents that are on the Alliance website – the flyer and letter on existing resources and the U of O guide</li> </ul>

			<p>-Do we want to make specific recommendations around Adi's Act staff as a committee?</p> <p>-What things do we want to work on in the upcoming year as a Committee? Anything related to schools and COVID?</p> <p>Emily Morrissey says that providing recommendations on Adi's Act staff may be a good idea of something that this Committee works on in partnership with the Workforce Committee. Looking at the COVID landscape and how we can support youth is also something that we may be able to support the community.</p> <p>Liz said that looking at the COVID landscape and how we can support professionals, schools, and how schools can be a place of stability for students is an area that would be good for this Committee.</p> <p>Amy said that, the more we can reinforce that everyone should be trained in suicide prevention would be very helpful. Not just social workers, counselors, therapists, QMHPs, etc.</p>
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			<p>During our August meeting, we'll be going through questions for how we can provide recommendations on the new YSIPP. What do we think long-term needs to be in the next 5-year plan? Not just what we as a Committee can do. We also need to think about who we are receiving input from – are there any voices we're missing that we should hear from when putting the YSIPP together?</p> <p>The Alliance is taking a serious look at white supremacy; working towards becoming Radically Inclusive and Anti-Racist. If anyone is interested in working on this, email Annette at <a href="mailto:amarcus@aocmhp.org">amarcus@aocmhp.org</a></p> <p>Spencer and Kahae talk on new school structures:</p> <ul style="list-style-type: none"><li>-Spencer shared that they are still in the contract development phase. School safety and prevention webs together two pieces of legislation – Section 36 of SSA (has three components – behavioral health safety assessment, bullying, cyberbullying, prevention, suicide prevention and student wellness) and SB 52, Adi's Act</li></ul>
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			<p>Staffing components still being worked on in contract are 11 schools safety and prevention specialists located in ESDs across the state and then a certain amount of suicide prevention and student wellness specialists to work in 4 geographic sections in the state led by a manager and employees of Lines for Life coordinated by Kahae. These two systems will be integrated.</p> <p>Suicide Prevention / Student Wellness Specialists will live and work in the different geographic sections. They are assigned either large geographic areas or a large amount of ESDs (see image below). Hope is for them to help build capacity in ESDs, so if one district is pretty well equipped, the Specialist will go to a different ESD who is not as well equipped to help build capacity.</p> <p>Kahae acknowledged that there is a concern on having too many cooks in the kitchen, especially when it comes to ESDs and who schools go to for help. Schools are local and getting local resources and help is important. She does not want confusion to be added to districts.</p>
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			<p>Kimberlee thanked Kahae and Spencer on the thought that they are putting into this work.</p> <p>Alliance has a great opportunity to shine a light on work being done by districts, connect districts, and shine a light being done by local suicide prevention coalitions and dialogues by POC.</p> <p>Developing guidance for school safety and prevention components. Looking at having all staff trained in suicide prevention is a good suggestion for this document. An advisory structure is being developed. Hope is for things to be released in Spring 2021.</p> <p>The Advisory Committee being developed with the goal of being system wide (Suicide Prevention and Student Wellness, behavioral Health Safety Assessment; and Civil Rights, Bullying, Cyberbullying) Want is to have a diverse group of people on this team. There are three different advisories coming together - Schools Advisory, Overall Systems Advisory, and Community Advisory. Scope is more than Suicide Prevention as listed above. Spencer said</p>
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			<p>they are hoping to have youth / young adults on the School Advisory.</p> <p>Schools – connect to all systems in schools Community – connecting to affinity groups, community service organizations</p> <p>When you talk about Student Wellness, is this looking at the whole child defined as all of the things (nutrition, etc.) or is wellness coming within the context of Suicide Prevention?</p> <p>Want the work to be rooted in local resources and schools.</p> <p>While the Step-by-Step Guide isn't a checklist, exemplar plans are being requested as schools are just overwhelmed and have so much going on. Having examples and checklists can be helpful for this reason AND it's also important to work with districts to help them create a plan that isn't just written to be written. Meeting them part way to help with this. Kahae has suggested that districts work with one another within counties whenever possible can be helpful so people can see what others are doing and align best practices.</p>
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			<p>Providing links to local coalitions and coming back together and going through the cut and paste as a group. School staff are given this responsibility on top of their normal workload.</p> <p>Developing an aligning messaging between the partners is going to be crucial. Maybe this is a role for this committee – here are the core values that should be included. Suicide prevention doesn't belong to one person or one group, it's the work of everyone. So that we have a set of principles that we accept as guidance. Maybe a presentation by this group or a conversation with Coalitions across the state?</p> <p>Kahae – “My email address is KahaeR@linesforlife.org - I would welcome setting up individual meetings with any of you to talk more about this new program :)”</p> <p>Spencer – “Please also feel free to contact me at <a href="mailto:spencer.delbridge@state.or.us">spencer.delbridge@state.or.us</a>”</p>
9:20	Appointing Co-chairs for next year, developing SMART		<p>The Alliance is also looking membership. Current membership expires in September so if you are interested in becoming a</p>

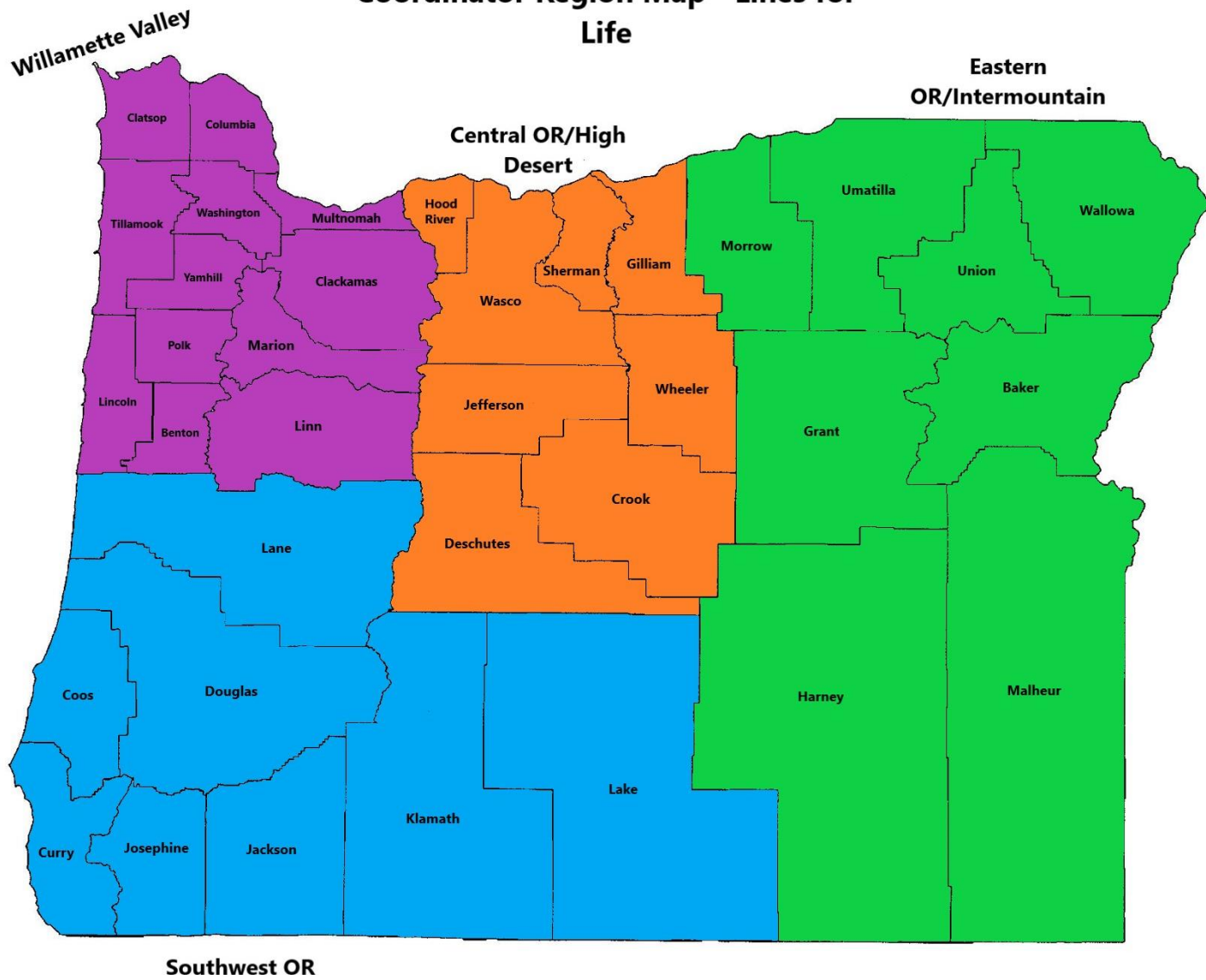


	<p>Goals for upcoming year</p>		<p>voting member, please email Annette and Jenn at <a href="mailto:amarcus@aocmhp.org">amarcus@aocmhp.org</a> <a href="mailto:jfraga@aocmhp.org">jfraga@aocmhp.org</a></p> <p>Think about if you would like to co-chair or if you know of someone who would be a good fit who is in the school system. Maybe a student?</p> <p>Co-Chair advertisement by Kimberlee – While I am able to participate in many meetings, I’m not connected to schools. While this has it’s pros, there are also cons to this. I would like help as I don’t feel I am able to put the time into this role that I would like to. There is a sense of responsibility AND you are part of the incredible work that is being done on both this Committee and the Alliance as a whole.</p> <p>The Chair and Alliance staff do a meeting about a week before the meeting to prep for the meeting, chairs facilitate or co-facilitate meetings, and play a connection role between committees and the Executive Committee.</p>
<p>9:50</p>	<p>Current School Situation</p>		<p>There is a lot of pressure on schools right now. What the challenge is going to be is for schools to play both a short and long</p>

			<p>game. Best practices are going to have to be evolving practices and this is going to be our reality.</p> <p>Eastern Oregon has been pretty consistent in their announcements.</p> <p>Several programs Fran has connected with have found that they may not even be able to be physically on schools campuses to provide mental health services because they are viewed as visitors. This is a conversation that she is open to bringing to the Workforce Committee. Believes that the next iteration of school reopening guidelines may be coming out next week.</p> <p>Framing around keeping an eye on long-term vision while being nimble enough for short-term reality is important to keep in mind.</p> <p>Emilie just graduated from college – HUZAH!</p> <p>How do we support young people during this period? How are they processing what is going on?</p>
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			<p>Supporting those who are choosing not to enroll in online and recent graduates as they transition into the world with very different kinds of supports available.</p> <p>If we are going to be providing guidance, we need to come up with a philosophy around how to support youth during this time.</p>
9:55	Discuss Potential Items for next Meeting		<ul style="list-style-type: none"> <li>-Membership</li> <li>-Co-chair ideas</li> <li>-SMART Goals for upcoming year and YSIPP</li> </ul>
10:00	Adjourn		

## Oregon School Suicide Prevention Coordinator Region Map - Lines for Life



**SMART GOALS**

<p><b>Objective 4.2d</b> Develop a plan to expand universal, evidence-based practices to prevent suicide behaviors. (Increase protective factors/Mitigate risk factors.)</p>	<p><b>Support implementation of SB52, also known as Adi's Act, by providing input during rules making and developing guidance tools for schools.</b></p>	<p>Provide input to Oregon Administrative Rules for SB52</p>	<p>School Committee Members and Alliance</p>	<p>Begin Sept. 2019 until rule making completed</p>	<p>Documentation of participation in Rules Committees and communication with ODE</p>	<p><b>Progress:</b> Complete. Alliance submitted oral and written testimony regarding OARS to SB52. Alliance staff and members worked to help youth from YYEA prepare and submit testimony</p>
		<p>Develop a list of key elements that all school district suicide prevention plans should contain.</p>	<p>AOCMHP/School Committee Members</p>	<p>Dec. 31, 2019</p>	<p>List of Suicide Prevention Plan Key Elements</p>	<p><b>Progress:</b> Workgroup from committee conducted research. Source materials gathered; meeting to work on this 01.21.2020. In consultation with ODE, determined</p>

						<p>that this model should be developed in conjunction with new staff hired at ESDs and his currently on hold.</p> <p><b>Next Steps</b> Work with Spencer at ODE, School Safety Committee and UO team to determine whether this additional guidance is needed.</p>
		<p>Identify, highlight or develop other elements of guidance documents for school districts (such as sample transition of care agreements between schools and hospitals.)</p>	<p>AOCMHP/School Committee Members</p>	<p>5/30/2020 Set Timeline for Additional Materials</p>	<p>Guidance documents on website(s).</p>	<p><b>Progress: Stage 2 Complete.</b> Guidance documents developed by committee and in collaboration with ODE are posted on the website and have been distributed by ODE, along with the Big 6 One-pager and information about how to contact Lines</p>

						<p>for Life for technical assistance. <b>Next Steps:</b> The Alliance will work with the Schools Safety Committee and ODE and OHA to determine what additional supportive materials may be needed and develop a new set of milestones.</p>
<p><b>Objective 6.1a</b>  <b>ODE will collaborate with schools to identify gaps and opportunities for staff training and protocol development on suicide prevention</b></p>		<p>Identify clear process to refer at risk youth to appropriate resources and a follow-up process after referral is made (see Wilamette ESD/Step-by-step)</p>	<p>AOCMHP/School Committee Members</p>	<p>March 30, 2020</p>		<p><b>Progress:</b> This goal needed to re-evaluated. Rather than developing a process, this is included as a recommendation in guidance documents such as the Step-by-Step Guide. <b>Next Steps:</b> Determine if this is still a priority with the committee.</p>

<p>and          postvention.</p>	<p>Disseminate resource materials by posting on ODE and Alliance websites, sharing with regional coalitions and/or at conferences.</p>	<p>AOCMHP</p>	<p>March 30, 2020</p>	<p>Materials posted on website. Attendance at presentations.</p>	<p><b>Progress:</b>Stage 1 Complete. Guidance documents developed by committee and in collaboration with ODE are posted on the website and have been distributed by ODE, along with the Big 6 One-pager and information about how to contact Lines for Life for technical assistance. <b>Next Steps:</b> The Alliance will work with the Schools Safety Committee and ODE and OHA to determine what additional supportive materials may be needed and develop a new set of milestones</p>
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		<p>Develop and provide recommendations to ODE, and others as appropriate, regarding the type of training and ta needed to support implementation of Adi's Act.</p>	<p>Schools Committee/AOCM HP</p>	<p>6/30/2020 If committee determines its needed, move goal to January 1, 2021.</p>	<p>Recommendations Developed. Record of distribution of recommendations.</p>	<p><b>Progress:</b> The Schools Committee has not yet addressed this goal, although guidance documents shared with school districts include information about the Big 6 suicide prevention/postvention trainings and an overview of how Deschutes County has organized training for school staff. <b>Next Steps:</b> Explore whether school dsitriacts want more specific recommendations regarding training. If so, collaborate with SPIP team and ODE to develop recommendations.</p>
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Committee Tasks & Date Assigned	Action Items
Google Drive will be used to house resources to see all that is available - Justin	
Jon Rochelle talked about having a directory and the next step is creating a network of regional support to see what is going on in neighbor counties and share resources.	
Peggy requested guidance for a model template for FERPA / HIPAA information exchange documents. A district in Southern Oregon may have an example of sharing information to look at. She anticipates this being a big hurdle going forward.	
Loop in YYEA and Emily Morrisey to be a part of process mentioned below	

<p>After rule reading meeting, work with Alliance on recommendations on approaches to the 5 positions getting hired and how to connect ESDs doing school safety work.</p>	
<p>Discuss a timeline for when to get out guidance document (piece-by-piece or all at once). May be best to have each piece reviewed as it is finished, first thing that may be completed / sent out fairly quickly is the definition elements – core language</p>	
<p>Make sure we have the data / documentation supporting recommendations made to be able to submit by February 28</p>	
<p>Amy will work with Jonathan on what this survey will look like and send it out; goal is to have results for Friday deadline.</p>	
<p>Chris to send the group information from CATS Process</p>	
<p>Annette, Amy, Jonathan, and Jenn to meet to look through data / documentation that will be sent to her</p>	

<p>with a deadline of February 25th; Annette will send out a meeting invitation for this to be completed before deadline</p>	
<p>Committee will spend more time on creating cohesion between Section 36 &amp; SB 52 in the March meeting to see where Alliance can provide input / support</p>	
<p>Look through L4L document that Parker will send out to Group in order to provide feedback; updated Pdf will be sent to group; timeline for next revision towards May; discuss this in the March Committee Meeting</p>	
<p>Justin will send out the step-by-step guide to school psychologists for feedback</p>	
<p>Get more information regarding the need to share Information between hospitals and schools and existing effective processes. Amy agreed to share back general information about how this is managed in Multnomah</p>	



<p>County and any lessons learned re: policies.</p>	
<p>Emily and Kimberlee will write a letter to the State School Board regarding the next set of rules and their questions about the necessity for addressing school/hospital transitions. Letter will be forwarded to the executive committee with recommendation for Alliance to submit to ODE.</p>	<p>Justin Potts shared OHA Data (attached Golmanmellor Document) regarding suicide outcomes after release from an E.D. Get timeline for draft of the letter and any additional information needed.</p>
<p>Small workgroup (Emily Moser, Annette, Kimberlee, Jonathan, Jeremy, Amy Ruona) Begin work on developing Guidance Documents. Develop Guidance documents.</p>	<p>Meeting set for January 21st at 11 a.m.; Jonathan, Annette, Jenn, and Justin met and will report next steps at February meeting</p>
<p>Action: Collect example plans from rural, suburban and urban schools in Oregon to share as exemplars.</p>	<p>Determine next steps today</p>
<p>Reach out to BRO/Laura Curtis regarding any efforts underway to address equity and inclusion needs in Rules. Also attend to the issue in Guidance Documents.</p>	<p>Annette has email out to BRO and will share information with the group as soon as she has it. Jim, Mila and Kimberlee have all expressed interest in ongoing work on this. What are next steps?</p>



**YSIPP Objective:** Objective 4.2d Develop a plan to expand universal, evidence-based practices to prevent suicide behaviors. (Increase protective factors/Mitigate risk factors.); Objective 6.1a ODE will collaborate with schools to identify gaps and opportunities for staff training and protocol development on suicide prevention and postvention.

**Strategic Priority:** Support implementation of SB52, also known as Adi's Act, by providing input during rules making and developing guidance tools for schools.

Action Steps	Who (Specific names will be added as tasks assigned)	Completed By	Measurable	Progress Notes
Provide input to Oregon Administrative Rules for SB52	School Committee Members and Alliance	Begin Sept. 2019 until rule making completed	Documentation of participation in Rules Committees and communication with ODE	Alliance submitted recommendation to Rules Committee and members are participating in the Rules process.
Develop a list of key elements that all school district suicide prevention plans should contain.	AOCMHP/School Committee Members	Dec. 31, 2019	List of Suicide Prevention Plan Key Elements	Not complete as of 1/14/20; source materials gathered; meeting to work on this is set for 1/21/20.

<p>Identify, highlight or develop other elements of guidance documents for school districts (such as sample transition of care agreements between schools and hospitals.)</p>	<p>AOCMHP/School Committee Members</p>	<p>May 30, 2020</p>	<p>Guidance documents on website(s).</p>	<p>In process</p>
<p>Identify clear process to refer at risk youth to appropriate resources and a follow-up process after referral is made (see Wilamette ESD/Step-by-step)</p>	<p>AOCMHP/School Committee Members</p>	<p>March 30, 2020</p>		<p>In Process—needs attention at future schools meeting.</p>
<p>Disseminate resource materials by posting on ODE and Alliance websites, sharing with regional</p>	<p>AOCMHP</p>	<p>March 30, 2020</p>	<p>Materials posted on website. Attendance at presentations.</p>	<p>In process</p>

coalitions and/or at conferences.				
Develop and provide recommendations to ODE, and others as appropriate, regarding the type of training and ta needed to support implementation of Adi's Act.	Schools Committee/AOCMHP	June 30, 2020	Recommendations Developed. Record of distribution of recommendations.	More discussion needed