

Proposed Membership Process

This Year: New members nominated by other members, staff or OHA. Active members who want ongoing re-engagement re-appointed for 3 years.

- Membership recommendations reviewed with Outreach and Awareness Committee
- Membership list forwarded to executive list for formal vote and forwarded to Jill at OHA
- Jill will send recommendations to Pat Allen (by Aug 31)
- Orientation sessions for new members (or existing ones who want a refresher) are scheduled in the last week of August and first week of September
- Alliance staff do individual outreach (already underway) to new and existing members regarding engagement in committees and interests

Upcoming Years:

- Outreach and Awareness Committee will help with process of identifying and recruiting new members. O and A can also have an active role in identifying needs/gaps
- We will be working with a consultant to help us think through some of the issues around inclusion and racism this year so we can have an intentional process for diversifying our membership
- O and A will make recommendations regarding new members in an ongoing way (with clear time frames)
- Recommendations will be forwarded to exec and then, if approved, to OHA

Alliance Membership Updates
 For Outreach and Awareness Committee
 08.18.2020

Continuing Members

Name	Agency Rep / Non-Voting Member
Aniceto, Juanita	
Bryant, Maya	
Bumpus, Sandy	
Chisolm, Laura	X
Cooper, Emma	
Erickson, Donald	X
Foster, Dan	
Gelser, Sara	
Holcomb, Chelsea	X
Jackson, Rosanna	
Jones, Kimberlee	
Largent, Judah	
Magers, Julie	
McConahay, Gary	
Misaras, Laura Rose	
Murray, Galli	
Nilsson, Olivia	
Nix, Kristi	
Price, Ryan	
Pritt, Tayna	
Read, Karli	
Roberts, Shane	
Ruona, Amy	
Scholz, Julie	
Seeley, John	
Vigna, Olive	
Willard, Stephanie	
Wolfe, Kirk	

Alliance Membership Updates
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New Membership Recommendations

Name / Position	Agency Rep / Non-Voting Member
Barnes, Tia	
Botero, Toña	
Brubaker, Roger	
Campbell, Iden	
Clay, Gordon	
Delbridge, Spencer	
Fettig, Kristin	
Fulner, Wren	
Goldon, Leslie	
Johnson, Shelagh	
Lumby, Charlette	
Marshall, Rebecca	
Nuñez-Pineda, Jesus	
Pearce, Pam	
Potts, Justin	
Staub, Lon	
Stepaneko, Joseph	
Stringer, Sydney	
Wilson Roxanne	

Need to do Additional Outreach

Alliance Membership Updates
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Name / Position	Agency Rep / Non-Voting Member
Brower, Zac	
Chapman, Denise	
Eddy	
Hanson, Jim	
Maiden, Glen	
Nolen, Nina	
Parmley, Monica	
Rotman, Mikah	
Steindorf, Kayla	



The Oregon Alliance to Prevent Suicide

Hope • Help • Healing

Who we are: In 2014, the Oregon Legislature required development of a statewide 5-year youth suicide intervention and prevention plan. As a result of this plan, the Oregon Alliance to Prevent Suicide was established to advise the Oregon Health Authority on the plan, advocate for effective suicide prevention, and connect the field. In 2019, SB 707 officially directed OHA to appoint members to this advisory group. The Alliance is the leading advocacy group in Oregon working on youth suicide prevention, intervention, and postvention and is comprised of:

- Legislators
- Community leaders
- State agency leaders
- Family members
- Evaluators
- Subject matter experts
- Professionals
- Youth & young adults
- Those with have lost a loved one to suicide or who are attempt survivors

Why we do it: Our vision is that all young people have hope, feel safe asking for help, can find access the right help at the right time to prevent suicide, and live in communities that foster healing, connection and wellness. Yet, Oregon’s youth and young adult suicide rate has consistently been higher than the national average. We believe, together, we can turn this around.

What we do: We inform and strengthen Oregon’s suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

- The Alliance spreads **Hope** by partnering with other organizations to train community members through a variety of evidence-based trainings, promoting public health messaging that highlights resilience and amplifying what is going well.
- The Alliance advocates for a future where people can find the right **Help** at the right time by promoting policies that address system barriers (e.g. HB 3090 and 3091), and legislation such as SB 52, also known as Adi’s Act, which requires Oregon Schools to have suicide prevention plans in place.
- The Alliance works towards helping communities foster **Healing** by engaging the wisdom of community members who have lost a loved one to suicide, and partnering with OHA and local mental health authorities to promote a statewide integrated approach to provide community-wide support (or postvention) after a suicide. Oregon leads the nation as the only state to legislatively address the need for coordinated postvention efforts.

Where we do it: Our office is in Salem at the Association of Community Mental Health Programs (AOCMHP) and we coordinate with nearly a dozen regional suicide prevention coalitions, and have members from across the state. Our meetings are accessible virtually and can be found on our [website](#).

How we do it: The Alliance is staffed by AOCMHP, and the work of the Alliance is led by our members through the executive committee and focused standing committees and advisory groups. The full Alliance meets quarterly, while most standing committees and advisory groups meet on a monthly basis.

What you can do: Whether your interest is getting involved in local coalition efforts, joining our listserv, or helping the Alliance with statewide policy development, you too can promote hope, help, and healing. Our committee meetings are public and you are encouraged to join. Contact Alliance staff for details.

The [Youth Suicide Intervention and Prevention Plan \(YSIPP\)](#) is a five-year plan for how Oregon will address youth suicide prevention, intervention, and postvention. The Alliance monitors YSIPP activities and advises state agencies and other organizations.

The Oregon Alliance to Prevent Suicide is staffed by the Association of Oregon Community Mental Health Program



The Oregon Alliance to Prevent Suicide is the leading advocacy group in Oregon working on youth suicide prevention, intervention, and postvention. Created and empowered by the Oregon Legislative Assembly to oversee the implementation of the Oregon Youth Suicide Intervention and Prevention Plan and advise the Oregon Health Authority, it implements and evaluates the outcomes of programs related to suicide prevention in Oregon,

The Alliance works to unite the field in Oregon - unite local and successful

The Alliance is comprised of:

- Community leaders
- State agency leaders
- Suicide Loss Survivors
- Family members
- Suicide Attempt Survivors

The Oregon Alliance to Prevent Suicide is staffed by the Association of Oregon Community Mental Health Programs

August XX, 2020

Contact: XXXXX
(503) XXX-XXXX

Join us in September in recognition of SUICIDE PREVENTION MONTH
Even during a global pandemic, Oregonians are fighting back against suicide

In a time when issues of mental health and social isolation are on the front page, it's more important than ever that during this year's Suicide Prevention Month we promote and recognize efforts and stories of hope, help and healing. For while the unparalleled mental health challenges brought on by Covid-19 are like none in our lifetime, we're finding that there is some good news.

Indeed, as we look to Suicide Prevention Month (September) and Suicide Prevention Week, Sept. 6 to 12, the Oregon Alliance to Prevent Suicide hopes to once again unite will Oregon citizens work with people across the state, media and organizations to promote messages about the important role we all play in being there for others. Messages that, this year more than ever, show the power of human connection.

From the earliest moments of the pandemic, mental health experts both locally and nationally have forecast that rates of suicide would increase. Given the forced isolation of millions of people it was understandable – but it may also have been in error. Even with September marking six months since the pandemic began the United States, suicide rates have NOT increased neither nationally nor in Oregon.

Why this has happened remains unclear, especially as other indicators of societal mental health do reflect a population increasingly under stress. The National Suicide Prevention Lifeline in Oregon reports a rise in the number of calls, with nearly every caller mentioning the novel coronavirus in some fashion. What has not happened, however, is more people dying by suicide – and this gives us hope.

Unlike many individual people who consider suicide in privacy and silence, the social isolation brought on by coronavirus has impacted every American. Even those who live alone know that their friends and neighbors, whether next door or across the country, are experiencing the same thing they are. Where normally socially isolated people are by design or accident increasingly cut off from everyone around them, the pandemic has resulted in an explosion in both formal and informal networks of digital yet emotional connections. Counselors are available for millions via telehealth, while someone sitting alone at a table is now dining and playing games with friends over platforms like Zoom and Google Chat.

This is not to say suicide is less of a problem or might not still become a larger one. Many mental health experts still believe a rise in suicide may yet come as the pandemic lingers on. In Oregon, where firearms are used in a near majority of deaths by suicide, there is particular concern. We know that for all of our advances in recent months, video communication will never be a substitute for human-to-human contact.

That does not mean we should not examine and celebrate the creativity this pandemic has unleashed. In XXXX XXXX, XXXX XXXX **hope** XXXX XXXX XXXX XXXX. In Lane County, suicide prevention trainers have used online QPR training to **help** hundreds of people they otherwise could not have reached – even before the pandemic. And in XXXX XXXX, XXXX XXXX XXXX XXXX **healing** XXXX XXXX XXXX XXXX. These are just a few of the stories of how Oregonians are working to help their neighbors through suicidal crises – and succeeding.

For more examples like these, we invite you to contact us, or your local member of the alliance, at _____. Oregonians are surviving and thriving, despite the worst of situations, because they know they are not alone in the fight against suicide. We're hoping you can help insure they know that.

Commented [AM1]: Overstates our role.

Commented [JF2]: Add the stats of what the numbers are so we honor those who have been lost while also recognizing that the rate has remained consistent or whatever we want to call that. Can we have a quote about what we have seen from Youth Era? Data could also be used as a good quote.

Commented [JF3]: Have links to reports from OHA, CDC, etc.

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Commented [JF4]: Mention digital divide; services by phone; grab pieces of news that address those who don't have access



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The Alliance works to unite the field in Oregon to end youth and young adult suicide and promote Hope, Help and Healing.

The Alliance is comprised of:

- Community leaders
- State agency leaders
- Suicide Loss Survivors
- Suicide Attempt Survivors
- Legislators

The Oregon Alliance to Prevent Suicide is staffed by the Association of Oregon Community Mental Health Programs

Since 2016, The Alliance has led the way in saving youth lives from suicide

Worked with the Oregon Health Authority in a successful bid for \$10 million in new money allocated by the state of Oregon to suicide prevention efforts over the next biennium to bolster state and local officials' ability to respond to and prevent suicides.

Fought alongside Basic Rights Oregon to ensure passage of Adi's Act, requiring every public school district in the state to develop a "comprehensive" suicide prevention plan for students in every grade level, from kindergarten through 12th grade.

"Insert Quote"

Ensured that school districts' suicide prevention policies including procedures relating to postvention – management aftermath of suicide – in order to strengthen suicide prevention, destigmatize the tragedy, and promotes caregiver recovery.

Made certain that the Student Success Act insured partnership with the Injury & Violence Prevention Program in schools around the state to further youth suicide prevention advocates and their programs.

Helped standardize statewide best-practices within hospitals for people at risk for suicide who have come to the emergency department, including a "Caring Contact" within 48 hours to ensure a person's transition to outpatient services or community-based care.

Began to facilitate statewide coordination among regional suicide prevention leaders, allowing for the first time on-line and real-time access to information about ongoing and successful efforts in suicide prevention all over Oregon.

Terms to know

Adi's Act (SB 52): Requiring all Oregon school districts to have a suicide prevention policy in place, it takes special note of LGBTQ youth. This, as nearly half of lesbian, gay or bisexual 8th graders have contemplated suicide, close to a quarter of lesbian, gay or bisexual 8th graders have attempted suicide, and almost a third of transgender 8th graders have attempted suicide. This bill is named after Adi Staub, a young girl who died by suicide in 2017, who struggled at her high school after coming out as transgender.

Student Success Act (SSA): Expected to invest \$1 billion annually in Oregon K-12 education every two years. At the heart of the SSA is a commitment to improving access and opportunities for students who have been historically under-served in the education system. Youth suicide prevention, intervention, and postvention is specifically written in the act as an area of focus.

Association of Oregon Community Mental Health Programs: An Oregon nonprofit tasked with supporting and advocating for local mental health Authorities in their planning and management of mental health, addictions and developmental disabilities programs in order to ensure an effective local system of care.

Did you know: Words can save lives – and take them

The way we talk and write about suicide can literally be the difference between life and death. For information on suicide-safe communication see the National Alliance on Mental Illness's

["Why Suicide Reporting Guidelines Matter."](#)

Commented [JF5]: "The alliance has united voices across the state for suicide prevention" (or convened voices...)

