



Hello Oregon Schools

The Oregon Alliance to Prevent Suicide, also known as The Alliance, is working with the Oregon Health Authority and the Oregon Department of Education on tools and resources to help support the implementation of Adi's Act, Senate Bill 52, that will require school districts to adopt a Student Suicide Prevention Policy, and Section 36 of the Student Success Act, establishing support for Suicide Prevention through the development of a new statewide School Safety and Prevention System coordinated through the Oregon Department of Education's Office of Equity, Diversity, and Inclusion.

SB 52, also known as Adi's Act, requires school districts to adopt a Student Suicide Prevention Policy. More information on this can be found by clicking [here](#).

While rules from the Oregon Department of Education (ODE) have not been fully ratified yet, we know that successfully implementing Adi's Act will take a lot of teamwork, and creative strategies.

We also want to acknowledge that, trying to create and implement something as multifaceted as a student suicide prevention plan can be difficult and that doing it during a COVID-19 world adds more layers of difficulty.

Our hope is to make this a smooth process by sharing the included resources that already exist and to provide an overview of available documents to help you walk through this process.

With the Step-by- Step Guide and Catalog of Resources, you have the tools you need to develop your own plan. However, we have heard loud and clear that Oregon schools would like examples of suicide prevention, intervention, and postvention plans from other Oregon schools. You can reach out to us if you would like us to share a couple of specific examples. Look in the future for a set of plans from varied school districts which will include highlights of areas that align with best practice or are innovative.

If you have any questions, concerns, or comments about this document or requests for assistance in other areas, you can reach The Alliance staff by emailing them at the email addresses below. Lines for Life also has a School Suicide Prevention Coordinator that can provide technical assistance and can be reached at KahaeR@LinesforLife.org

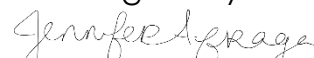
Thank you all for your time and we look forward to working with you.



Annette Marcus, MSW

Statewide Suicide Prevention Liaison

amarcus@aocmhp.org



Jennifer Fraga, MSW

Suicide Prevention Project Specialist

jfraga@aocmhp.org

Our vision is: In Oregon young people have hope, feel safe asking for help, can find the right help at the right time to prevent suicide, and live in communities that foster healing.

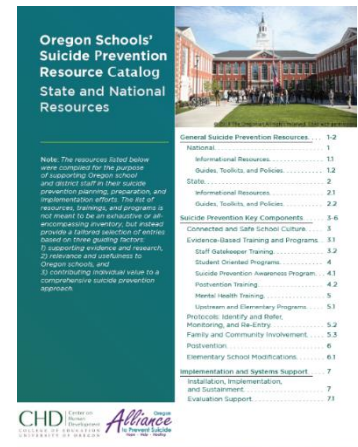
The Oregon Alliance to Prevent Suicide advocates for effective policy and creates a connected field to end youth suicide.



Suicide Prevention, Intervention, Postvention: Step by Step was created by the Willamette Education Service District and Lines for Life. This resource is guided by the principle that suicide prevention, intervention, and postvention is everyone's business and that our schools need an approachable, easy-to-use guide for creating a policy that reflects that. This guide can be found by clicking [here](#). For more information, please contact Kahae Rikeman, School Suicide Prevention Coordinator, at KahaeR@LinesforLife.org

Oregon Schools' Suicide Prevention Resource Catalog

Resources listed were compiled for the purpose of supporting Oregon school and district staff in their suicide prevention planning, preparation, and implementation efforts. The list of resources, trainings, and programs is not meant to be an exhaustive or all-encompassing inventory, but instead provide a tailored selection of entries based on three guiding factors: 1) supporting evidence and research, 2) relevance and usefulness to Oregon schools, and 3) contributing individual value to a comprehensive suicide prevention approach. This can be found by clicking [here](#). For more information, please contact Jonathan Rochel at jrochel2@uoregon.edu



The Big Six Suicide Prevention Programming is the by-product of the state funding suicide prevention. These programs are evidenced based, provide a strong foundation on for suicide prevention, and will be available to communities across the state. Programs included are Sources of Strength, provided by Matchstick Consulting; QPR (Question, Persuade, Refer), provided by Lines for Life; and safeTALK, Mental Health First Aid, ASIST, and Connect Postvention provided through the Association of Community Mental Health Programs (AOCMHP). This document and program specific contacts can be found by clicking [here](#).

School Safety and Prevention System Suicide Prevention and Student Wellness Resources are being developed through the new statewide School Safety and Prevention System (Section 36 of the Student Success Act). Through the Oregon Department of Education and designed to provide Equity in and access to programs, resources, and technical assistance, the School Safety and Prevention System includes support to school districts for Suicide Prevention and Student Wellness, Suicide Prevention Policy Development (SB 52), Bullying, Cyberbullying, Harassment, and Intimidation Prevention, and Behavioral Safety Assessment. Questions related to this should be directed to Spencer Delbridge and at spencer.delbridge@state.or.us

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The Alliance can be reached by emailing us at: amarcus@aocmhp.org & jfraga@aocmhp.org