

## Executive Committee Agenda: July 6, 2020 8:30 AM – 10:00 AM

Committee Members in Attendance: Galli Murray, David Westbrook, John Seeley, Kimberlee Jones, Shanda Hochstetler, Kirk Wolf, Debra Damata

Committee Members not in Attendance: Donald Erickson, Juanita Aniceto, Laura Rose Misaras, Jill Baker, Ryan Price, Meghan Crane

Staff in Attendance: Annette Marcus (Alliance); Jennifer Fraga (Alliance), Linda Hockman (consultant), Kris Bifulco (AOCMHP)

Staff not in Attendance: Emily Morrissey (YYEA)

Guests in Attendance: Olivia Nilsson, Karli Read, Shane Roberts

Please join my meeting from your computer, tablet or smartphone.

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Time	Topic / Who	How	Notes
8:30 AM	Welcome and Minutes	Vote on June Minutes	Galli motioned to approve June minutes John S. seconded and they were passed unanimously.  The youth present for today's meeting applied for Alliance membership. Olivia is a volunteer for L4L YouthLine, is on the legislative advocacy committee, and YYEA.  Karli is a member of YYEA. Karli received a letter from OHA granting her Alliance voting membership.  Annette shared that we received a letter from OHA that allows us to extend memberships through September.
8:40	OHA Update	Shanda	-Jill is out of the office for about a month, potentially through July -YSIPP update – John Seeley has been a huge help in taking leadership on this process – thank you John! -Big 6 – different coordinators started meeting regularly with two meetings completed. This group appears to get a



good knowledgeable group on youth suicide prevention. Some local suicide prevention coordinators were able to present at the last meeting which allowed some of the history of the Big 6 happening at a local level to be shared - Adi's Act – Kahae Rikeman hired at Lines for Life to help implement this. A collaboration is building with L4L, ODE, and OHA to have 4 more Kahae's hired. These folks will each have one region they will be working in. The hope is to have these positions ready to start at the beginning of next school year no matter what that will look like. Housed in the ESDs in Oregon but staffed by L4L. Parker, Kahae, and Galli will be meeting later this week on talking through having more people coming in to work at the local level so it can be a smooth and collaborative process. -A lot of great collaboration is going on, which is not always the case in this work. These collaborations speak to a lot of work that was done in the past and is now coming to fruition



-LGBTQ+ mini-grants will be rolling out. Workgroup is meeting this week to go over some process maps. Looking for greater accessibility to these grants. Shanda acknowledged that there is still room for growth for equity and this conversation has been coming up a lot in this group which is a sign of a good space is available for change.

-COVID – asking if the S-PIP will be an ongoing group as COVID is changing from an emergent response to this becoming how we live for now. There has not been an increase in suicide deaths or emergency room visits. This is still something that is being tracked.

Debra shared that they were contacted by the employment office over a concern on a policy that stated to call 911 in the case of an emergency. However, doing a welfare check is safer for some over others. Policies are being reviewed and the possibility of training people in QPR is being discussed. This would be about 1,300 people.



			Galli acknowledged and thanked Shanda
			that there is now more collaboration on the
			local level.
			If questions were missed, feel free to send
			them to Shanda.
8:50	Alliance Policy	Highlights from Quarterly	The Alliance will take a lead on the
	Agenda	<ul> <li>Next Steps for Alliance and</li> </ul>	following policy priorities:
		Committees	- Expanding the definition of youth on the
		Lifespan Question	lower end. Not sure if we need to define
			that lower age, the recommendation may
			just be "up to the age of 24." This would
			allow for upstream prevention.
			- Requiring behavioral health professionals
			to take CEUs in suicide management,
			prevention, and intervention. The
			behavioral health workforce is the first step
			and we eventually want to move to physical
			health.
			The Alliance also wants to focus on better
			diversity / inclusivity in suicide prevention.
			Older white males have higher rates of
			suicide which have led to less attention and
			focus on BIPOC who experience suicidal
			ideation and attempts. The questions are
			"what are they getting right that leads them



to have lower numbers that we can use in communities that are dying more?"

The Alliance will collaborate on the following policy priorities:

- Number of questions on firearm safety and firearms used as means in suicide deaths. Nothing was decided to take the lead on for this at this time. The Lethal Means Advisory Group has completed a number of focus groups with firearm owners to hear their thoughts on suicide prevention
- What does the Alliance do if the mental health system sees cutbacks that impact the programs that are provided? How can we provide support?

### Next steps:

- 1. Conversation with Sara Gelser who wrote SB 4124(?) that has the youth age defined.
- Find people in the legislature who would be able to be the sponsor for the CEU legislative concept on both sides (House of Rep / Senate & Democrat / Republican)



3. Find a new champion for this work as Alisa Keny-Guyer is retiring. As of now, Gelser and Keny-Guyer are voting members on the Alliance.

### Lifespan thoughts:

The Alliance is in legislation as an advisory group to OHA to focus on youth suicide prevention and provide recommendations. How might we inform a lifespan plan and work?

Meghan, Annette, John, and Debra met last week to discuss this idea. Debra shared that having one plan won't be able to happen but we can work towards having the youth and adult plans to look and have a similar structure so you can go back and forth between the two. It will be important to keep the National Strategies as this is what SAMSHA looks at for grants. Hoping this will become more readable and to integrate the national model into ours. Referred to the San Diego, CA plan that is an exemplar plan that is being looked closely at. There is an opportunity to inform on the Adult Suicide Plan as that is being created.



			John plans to work closely with Deb to share information and have integrated plans. Will address questions like if there will be an Adult Alliance separate from the Youth Alliance; will the Alliance step in on recommendations for the lifespan? Annette says she thinks it is important to have a recommendation for OHA on this and is looking to Alliance members for feedback on this.
9:15	Membership- Operations Manual	Review Decisions / Tasks for Committees in June Radical Inclusiveness / Anti-Racist Longer Meeting Needed?  Request for Ongoing Advisory Group: Lethal Means, Faith, Lived Experience, LGBTQ+	Annette talked about the Operations Manual and some specific sections – those that define Committees and Advisory Groups as public meeting laws impact how these are run; the Alliance mission statement, vision, and values; membership policies. Galli is facilitating a discussion on how the Alliance can be radically inclusive and anti-
			racist. One question about the longevity of this group – do they continue to meet for a period of time; are they an advisory group / committee? Do we want to make an ask to the larger group to see if others want to join? We are asking about how we want to better do this work – do we have a



consultant walk us through this since we are a group of mostly white folks?

Statement to Alliance: this work is happening. Hoping that this work is supported not just by the Executive Committee but also the larger Alliance.

Survey – add () around Alliance member to define what a voting member is; Jenn will work with Annette on adding a question on identifying the person taking the survey

### **Advisory Groups:**

Lethal Means has been an Advisory Group and have decided to continue to meet to write a Strategic Plan on lethal means. David is thinking that this group makes sense to stay as a Task Force and that their work will complete with the Strategic Plan is complete. YSIPP – Alliance will complete a Strategic Plan on lethal means. The Firearm piece has been completed and now the Opioid piece needs to be worked on. Once that is complete, this question can be revisited to see if they stay on or end.



			There is an LGTBQ+ Advisory Group that meets.  A Faith Advisory Group was asked to be created. This was mentioned in the YSIPP but a group has not been formed.  A Lived Experience group has started to meet and is in the process of forming.
			Advisory Groups have two categories: Population based (LGBTQ+) Specific expertise (Lethal Means)
			Annette said we should decide if our current committees should stay the same. This discussion will be moved to the longer Executive meeting for us to prepare for the
9:35	YSIPP Update	Clarify Alliance role and next steps	full Alliance September meeting.  Part of this work will be aligning the Alliance work with the National Strategies. Looking for gaps that aren't falling under any specific committee. Will formulate questions as we engage the Committees for feedback. Also working on providing recommendations on requirements to inform on social media HB 4124. This is being researched over the summer. Will



		Hope • Help • Healing	work with Committee Chairs offline on
			recommendations / thoughts on engaging
			Committees.
9:45	Stoff Lindata	Lindatad Wahaita	AOCMHP selected to administer LGBTQ+
9.43	Staff Update	Updated Website	
		Regional Coalition Meetings	mini-grants and the Advisory Group is doing
		Communication	a lot of work on this.
			CONNECT work has been moving forward
			well with the statewide coordinator Kris.
			Annette wants to connect with Committee
			Chairs on the format she used when doing
			Committee updates and wants to start the
			discussion with them on co-chairs and
			brining forward new chairs.
			Annette sends in Quarterly reports to OHA
			per contractual requirements and she is
			wondering if people on the committee want
			to receive this as well. David is thinking that
			having these reports on the website would
			be a good idea in the spirit of transparency
			which would also let Alliance members
			access them. Kirk seconds this idea and
			wants the Executive Committee to also
			receive them.
			Website has been updated a bit and is still
			being worked on for it to be a live site so



		you can find minutes, future meetings, and
		more.
10:00	Adjourn	David adjourned the meeting at 10:00

Committee Tasks & Date Assigned	Action Items
Committee chairs take some time during	Most committees did not get to this in January. Chairs will need to prioritize
meetings to address whether their	for February.
committee recommends any specific	
legislative action for the long session in	
2021.	

# **YSIPP** Objective

# **Strategic Priority**

Action Steps	Who (Specific names will be added as tasks assigned)	Completed By	Measurable	Progress Notes