

## Executive Committee Planning Meeting Thursday, July 23, 2020 1:00 – 4:00 pm

## Agenda

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Members Present: Galli Murray, David Westbrook, Donald Erickson, Laura Rose Misaras, Ryan Price, John Seeley, Kimberlee Jones; Jill Baker, Shanda Hochstetler, Kirk Wolf; Meghan Crane; Debra Damata; Olivia Nilsson; Karli Read; Maya Bryant; Noah Rogers

Staff: Annette Marcus (Alliance); Jennifer Fraga (Alliance); Emily Morrissey (YYEA) Linda Hockman (Consultant)

## Outcomes:

- Confirm or revise Alliance mission and vision statements and next steps, if needed, for values statement.
- Reach a shared understanding of membership appointment process and recruitment goals.
- Revise bylaws regarding membership appointment to align with state fiscal year.
- Reach agreement on policy and advocacy priorities and assignment to Alliance committee.
- Confirm or revise the definitions of committee and advisory group.
- Confirm what each committee's responsibility is for contributing to YSIPP 2.0.

| Time   | Agenda Item    |   | What          | Materials/Meeting Minutes                                       |
|--------|----------------|---|---------------|---|
| 1:00 - | Welcome,       | - | Meeting       | Annette welcomed everyone and commented this is a time for      |
| 1:10   | Outcomes and   |   | Outcomes      | transformational change and today we are focusing on shoring    |
|        | Agenda Review  | • | Agenda Review | up the foundation we have built for the Alliance. She thanked   |
|        | David          |   |               | members for setting aside time today for the work ahead.        |
|        | Westbrook      |   |               |   |
|        |                |   |               | David asked everyone to introduce themselves, reviewed the      |
|        | Annette Marcus |   |               | meeting outcomes and agenda. There were no additions to         |
|        |                |   |               | the agenda. He asked Annette to review the meeting              |
|        |                |   |               | materials; she highlighted the Operational Procedures Manual    |
|        |                |   |               | as a document that serves as a guide for our work as well as an |
|        |                |   |               | institutional document.   |



| Time   | Agenda Item            | What  | Materials/Meeting Minutes  |
|--------|------------------------|---|--|
| 1:10 - | Vision, Mission,       | <ul> <li>Feedback</li> </ul>  | Handout: Mission and Vision  |
| 1:30   | Values<br>Galli Murray | <ul> <li>Confirm Mission<br/>and Vision</li> </ul>                        | The mission was revised and now reads (changes in red):<br>The Alliance advocates and works to inform and strengthen<br>Oregon's suicide prevention, intervention and postvention<br>policies, services and supports to prevent youth and young<br>adults from dying by suicide.   |
|        |                        |   | The vision was revised and now reads (changes in red):<br>In Oregon all young people have hope, feel safe asking for<br>help, can find-access the right help at the right time to prevent<br>suicide, and live in communities that foster healing,<br>connection and wellness.   |
|        |                        |   | Galli called for a motion to approve. Kimberlee motioned to<br>approve mission and vision as revised and submit to full<br>membership for adoption at the September 2020<br>quarterly meeting. Laura Rose seconded. The motion<br>passed with no abstentions or nays.  |
|        |                        |   | Action Step<br>Present mission and vision statements to full membership in<br>September for approval.  |
|        |                        | <ul> <li>Process for<br/>developing a<br/>values<br/>statement</li> </ul> | <ul> <li>Highlights of the discussion on developing a values statement:</li> <li>Have consultants engaged to help with equity, inclusion and anti-racism work assist with crafting our values statement.</li> <li>Hold listening sessions for input on Alliance values; have three sessions – 2 during the week; 1 one the weekend – to allow as many people as interested to participate</li> <li>Draft and bring back to Executive Committee for finalizing</li> <li>Annette noted that we need to sure to include language/values re: suicide prevention; Galli agreed and suggested that pre-planning meeting with consultant(s) re: information about the Alliance and an understanding of suicide prevention and intervention to be sure the suicide prevention piece isn't overlooked.</li> <li>Emily – we also need guiding principles this is where the actionable pieces go. '</li> <li>Annette – reminded folks that in the Ops manual the YSIPP 1.0 guiding principles are listed.</li> <li>Galli – be sure the consultants are familiar with these principles and they serve as a starting point.</li> <li>Laura Rose – add to the process that the consultants send out product to those who participated for confirmation of what is gathered from the listening sessions. This gives a chance for edits, adds, etc.</li> </ul> |



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|----------------|----------------------------------|---|--|
| 1.20           | Momborshire                      |   | Action Steps<br>Annette will seek consultant with expertise in equity and<br>inclusion and anti-racism work and ask how they will<br>familiarize themselves with our work and the suicide<br>prevention field. Annette will report progress at September<br>Executive Committee meeting.<br>Annette, Galli and David will work with consultants to prepare<br>for listening sessions re: values statement.<br>Consultants will hold three listening sessions - two during the<br>work week and one weekend time to accommodate those<br>unavailable during the work week.<br>Annette will work with the consultants to draft a Values<br>Statement and present draft to Executive Committee for<br>review/revisions prior to presenting to full membership at the<br>December quarterly meeting. |
| 1:30 -<br>1:50 | Membership<br>David<br>Westbrook | <ul> <li>Change to<br/>SFY/Bylaws<br/>Revisions</li> </ul>  | <ul> <li>Handout: Bylaws (pg. 32, Operational Procedures Manual);</li> <li>Excerpt SB707</li> <li>David – explained the bylaws are not in sync with SFY year appointment of members and need minor revisions for alignment. He noted the bylaws are in good shape with the exception of this one clean up and there is no need for the bylaws workgroup to reconvene. He requested that staff draft the update and present suggested revisions to the Executive Committee at the August meeting. The full membership will be asked to vote on adopting the changes at the September quarterly meeting.</li> <li><u>Action Step</u></li> <li>Staff will draft revisions of By-Laws and present at August executive committee.</li> </ul>  |
|                |                                  | <ul> <li>Recruitment and<br/>Application<br/>Process</li> <li>Who is missing<br/>at the table?</li> </ul> | Jenn – reviewed the handout re: membership per SB707 and<br>noted a few highlights from the results of survey (attached and<br>to date as of 7/23/2020) and commented that most<br>respondents included thoughtful comments. Highlights<br>included most respondents are white; and gaps include<br>youth/young adults and perspectives of specific communities.<br>Jenn will resend the survey to those who haven't completed it.<br>Annette – The survey includes both members and non-<br>members. The question for today is are there categories that<br>we want to be sure serve on the Alliance? Do we recruit based<br>on organization/specialty areas and/or people of color, people<br>who identify with tribal communities, veterans, military,  |



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|      |             |      | disabilities, etc. as specific groups? What is needed is clarity on categories (communities, organizations, etc) not necessarily to drill down to individuals today.           |
|      |             |      | Laura Rose – shared the following information in the chat session:   |
|      |             |      | People with Lived Experience – 20% per ORS 430.075<br>https://www.oregonlaws.org/ors/430.075   |
|      |             |      | -attempt survivors<br>-loss survivors  |
|      |             |      | <ul> <li>-survivors coping with chronic and/or episoic suicide intensity</li> <li>(3.g. ideation/intrusive thoughts/urges/struggle and/or<br/>behaviors)</li> </ul>            |
|      |             |      | <ul> <li>-intensity related to medications</li> <li>-coping with chronic pain/complex health challenges</li> <li>-military/veterans/moral injury</li> </ul>                    |
|      |             |      | -Trauma/domestic violence survivor<br>-poverty<br>-incarceration   |
|      |             |      | -inpatient experience<br>-alternatives for recovery  |
|      |             |      | <ul><li>-peer support specialist</li><li>-parent, sibling, spouse, etc.</li></ul>  |
|      |             |      | <ul> <li>Discussion highlights:</li> <li>It is important to pay attention to poverty in context of COVID-19</li> </ul>   |
|      |             |      | <ul> <li>Regional representation may help with diversity on the<br/>Alliance</li> </ul>  |
|      |             |      | <ul> <li>We need to figure out why BIPOC groups haven't reached<br/>out to the Alliance; one way to find that out is to<br/>participate in other tables.</li> </ul>            |
|      |             |      | <ul> <li>A robust outreach plan may be helpful</li> </ul>  |
|      |             |      | Do we need to set up a membership committee to<br>address?   |
|      |             |      | Annette – We need to confirm existing members by the<br>September quarterly meeting; however, recruitment is   |
|      |             |      | ongoing and if there are specific individuals for nomination for<br>September, we need to move on it now with the<br>understanding that nominations may be made throughout the |
|      |             |      | year.<br>David – I think it is a good idea to set up a membership<br>committee, could it reside within Outreach and Awareness<br>Committee?                                    |
|      |             |      | Ryan – agrees that it could work for O & A committee to take<br>this on and will discuss it at the next committee meeting. He  |



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|                |   |   | <ul> <li>would like to work with the soon to be hired equity<br/>consultants on a membership recruitment process.</li> <li><u>Action Steps</u></li> <li>Staff will present recommendations to the Executive</li> <li>Committee regarding reappointment of current members and<br/>identifying new members to recommend prior to September<br/>meeting.</li> <li>Ryan will discuss taking on membership, recruitment and<br/>retention work with the O &amp; A Committee. The equity and<br/>inclusion consultant will assist with planning to address under<br/>and unrepresented populations and a process for<br/>engagement.</li> </ul>   |
|                |   |   | Ryan and Annette will work on the regional representation<br>concept for membership to ensure engagement from regional<br>coalitions.  |
| 1:50 –<br>2:00 | Operational<br>Procedure<br>Annette Marcus          | <ul> <li>Committees and<br/>Advisory Groups</li> </ul>  | <ul> <li>Handout: Operational Procedures Manual (pgs. 15 -19)</li> <li>Annette -We have defined standing committees, workgroups and advisory groups and included requirements under the public meeting law. She suggested we drop the term "workgroup" as it will be less cumbersome with fewer distinctions of the groups doing the work; the terms committee and advisory group are sufficient at this time.</li> <li><u>Action Steps</u></li> <li>Annette will revise language on committee and advisory groups and remove the language around the work groups from the manual. She will report back to executive on revisions in August.</li> </ul>  |
| 2:00 –<br>2:20 | Policy Agenda<br>David<br>Westbrook<br>Galli Murray | <ul> <li>Review Revised<br/>Agenda</li> <li>Alliance<br/>Committee<br/>assignment</li> <li>Adopt</li> </ul> | <ul> <li>Handout: Policy Agenda</li> <li>Annette – reviewed the revised Policy Agenda doc; the revisions reflect changes made at the June quarterly meeting and legislative items are now in priority order. Annette asked the group to also review and confirm committee assignments.</li> <li>Amend legislation on youth suicide to expand the age range from 10 -24, to include all school age children (5-24). Executive Committee</li> <li>David – This should be able to be handled by the amendment process rather than introducing new legislation. We need to reach out to Gelser and move forward re: changing age. Annette asked if someone would help her in moving this forward; David said he would be happy to assist.</li> </ul> |



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| 2:20           | Break                        |   |  |
| 2:30 –<br>2:50 | Policy Agenda<br>(continued) | <ul> <li>Review Revised<br/>Agenda</li> </ul>             | Require behavioral health workforce to receive continuing<br>education suicide prevention, intervention and management.<br>Workforce Committee   |
|                |                              | <ul> <li>Alliance<br/>Committee<br/>assignment</li> </ul> | Action Step<br>David will assist Annette with outreach to Gelser and<br>developing next steps in drafting the proposed language.   |
|                |                              | <ul> <li>Adopt</li> </ul>                                 | <b>Collaborate</b><br>Legislative concept requiring medical examiners to report<br>youth suicide deaths to local mental health authorities<br>including specific reporting timelines.  |
|                |                              |   | The group confirmed that the Data and Evaluation will collaborate with OHA (lead).   |
|                |                              |   | <b>Explore</b><br><i>Explore collaborations and priorities for protecting behavioral</i><br><i>health budget for essential services for children, youth and</i><br><i>young adults. Executive Committee.</i>   |
|                |                              |   | It was decided further discussion by the Executive Committee was needed.   |
|                |                              |   | Megan Crane, OHA, shared a link and suggested the Alliance<br>read the Ways and Means statement on their approach to<br>rebalancing the budget; the language may be helpful to the<br>Alliance in their advocacy role.<br><u>https://www.oregonlegislature.gov/lfo/JWM%20Documents/2020-<br/>Co-Chair-Rebalance-Plan.pdf</u> |
|                |                              |   | Action Steps<br>Kimberly will read the Ways and Means statement and<br>highlight key talking points for the Executive Committee at<br>their August meeting.  |
|                |                              |   | Annette will invite Cherryl to August Executive Committee meeting to provide information on the current budget situation.  |
|                |                              |   | The last item for discussion on the policy agenda was:   |
|                |                              |   | Explore legislative concept asking Oregon Health Authority to<br>develop a suicide prevention and intervention plan for adults<br>that incorporates clear connections with the YSIPP. (Executive<br>Committee)   |



| Time           | Agenda Item            | What   | Materials/Meeting Minutes   |
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|                |                        |  | <ul> <li>Highlights from the discussion:</li> <li>Debra – we need to have discussion soon re: Alliance involvement with an Adult Plan and how to proceed.</li> <li>David – doesn't see funding coming anytime in the near future. Debra agrees there needs to be funding and doesn't want to disrupt the YSIPP/Alliance funding.</li> <li>David – we need to make a decision around presenting to the members in September re: Alliance's role in the ASIPP.</li> <li>Galli – we haven't heard an explicit ask from OHA on what they want from the Alliance. We don't have enough information at this time to make a decision on our role.</li> <li>Debra suggested waiting until Jill returns for her input</li> <li>Debra needs assistance bringing experts together to help write the ASIPP plan and she sees the Alliance as having the expertise.</li> <li>YSIPP and ASIPP needs to be connected in some way.</li> <li>John – What are the thoughts of the county coordinators? Don't we want implementation to occur at the county level and therefore need county involvement? As we go around gathering data and information for the YSIPP update, it's possible to also gather information for the ASIPP at the same time.</li> <li>David reminded that SB707 is very clear on what the Alliance is to do, not clear on what we don't do.</li> <li><u>Action Steps</u></li> <li><u>Executive Committee to further discuss the Alliance role in the ASIPP including talking with Jill about the relationship of the Alliance/YSIPP to the ASIPP.</u></li> <li>At the August Executive Committee meeting, make a decision about presenting information about the ASIPP process and Alliance role to the members at the September quarterly meeting.</li> </ul> |
| 2:50 –<br>3:10 | Standing<br>Committees | <ul> <li>Getting Ready<br/>for Fall</li> </ul> | Handout: Committee Descriptions<br>Tabled   |



| Time           | Agenda Item  | What  | Materials/Meeting Minutes  |
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| 3:10 -         | YSIPP 2.0    | <ul> <li>Update and</li> </ul>                  | PowerPoint Slides Attached                                       |
| 3:45           | John Seeley  | discussion of                                   | John presented an update on the development of YSIPP 2.0         |
|                | ,            | YSIPP model                                     | and led a discussion on requirements per ORS 481.733. He is      |
|                |              |   | having a difficulty identifying who is responsible for the first |
|                |              |   | requirement: An assessment of current access to mental health    |
|                |              |   | intervention, treatment and support for depressed or suicidal    |
|                |              |   | youth, including affordability, timeliness, cultural             |
|                |              |   | appropriateness and availability of qualified providers          |
|                |              |   | Annette – How will this assessment be done?                      |
|                |              |   | Shanda - OHA does not collect this data.                         |
|                |              |   | John - Which Alliance committee does this?                       |
|                |              |   | David - reminded the group YSIPP 1.0 didn't charge the           |
|                |              |   | Alliance with doing this assessment. And, we need to be          |
|                |              |   | realistic about being able to conduct this assessment should     |
|                |              |   | the Alliance be charged with responsibility in YSIPP 2.0.        |
|                |              |   | John said it would be helpful if Alliance committees could       |
|                |              |   | assist with gathering this information. He also asked how do     |
|                |              |   | we leverage the Alliance expertise to understand current         |
|                |              |   | access to mental health intervention, treatment and support      |
|                |              |   | in Oregon?   |
|                |              |   | Galli – can we use Medicaid claim data? What about               |
|                |              |   | stakeholder focus groups?  |
|                |              |   | John – We need to consider timeframe and methodology for         |
|                |              |   | stakeholder group input by fall.                                 |
|                |              |   | Annette - Committees can assist with identifying stakeholder     |
|                |              |   | groups and crucial questions for focus groups.                   |
|                |              |   | Action Steps   |
|                |              |   | Alliance Committees will identify key points to include in YSIPP |
|                |              |   | 2.0.   |
|                |              |   | By the end of August, Alliance Committees will identify key      |
|                |              |   | stakeholders and stakeholder groups and develop crucial          |
|                |              |   | questions for focus groups. The stakeholders/stakeholder list    |
|                |              |   | and questions will be submitted to John Seeley.                  |
|                |              |   | John Seeley will present a YSIPP 2.0 update at the September     |
|                |              |   | quarterly meeting and work with the Executive Committee to       |
|                |              |   | decide whether or not to use a small group process re:           |
|                |              |   | stakeholder input.   |
| 3:45 –         | Closing      | <ul> <li>Next Steps</li> </ul>                  | Galli and David thanked the group for all the work today and     |
| 3.45 –<br>4:00 | Galli Murray | <ul> <li>Next Steps</li> <li>Adjourn</li> </ul> | adjourned at 4:00.   |
| 4.00           | Gain wulldy  |   | aujourneu al 4.00.   |
|                | David        |   |  |
|                | Westbrook    |   |  |
|                | WESTRIOOK    |   |  |

