

SCHOOLS COMMITTEE – Sept. 18, 2019

Attending: Justin Potts, Kimberlee Jones, Juanita Aniceto, Amy Ruona, Jim Hanson, Chris Hawkins, Jonathan Rochelle, Kate O'Donnell, Annette Marcus

The committee agreed that the group's strategic priority this year is implementation of SB52

Juanita-shared that the Youth and Young Adult Engagement made a goal around having a youth join each committee. Juanita asks if members have any ideas of people to become engaged with the Alliance. Action: Kimberlee has 3 young leaders from Jefferson County who are involved with Connect Youth Leaders. Amy notes that there are student groups throughout the district that may be appropriate for engaging. Jim notes that there are many different activities that his youth are engaged with.

Action: Annette connect Juanita and Jim so Juanita can speak at their Health Fair. Provide orientation re committees.

- Adopt policy by July 2020
- Efforts may want to be focused on planning
- Justin Potts is creating grid comparing plans – will identify the core components. Prevention, Intervention, Postvention, School and Community Resourcing.
- Ask for single adoption
- Maintain clearinghouse for training opportunities
- Prioritize district needs
- Checklist for Lines for Life/readiness component
- Draft plans for board and school districts
- Companion document on how to implement
 - Trainings
 - Specific personnel
 - Capacity?
- Common elements of every plan
- Define what constitutes a plan
 - Highlight elements
 - Matrix re: groups

WHO/WHAT:

- Compile resources
- Identify key components
- Use implementation science
- During committee meeting:
 - Jonathan will disseminate documents

- Justin will disseminate grid
- Review plans

Possible SMART Goals:

Two, thinking of SMART goals for the Education committee...

1. By January 2019 the Alliance Education Committee will compile a list of recommended suicide prevention plans and resources for school districts, including resources for in-person suicide prevention training. [and provide to ODE?].
2. By March 2019 the Alliance Education Committee will create a list of key elements that all school district suicide prevention plans should contain, including a process to identify additional resources for schools that do not have sufficient counseling staff, and resources to assure that follow-up occurs with identified at-risk youth in schools that may not have sufficient counseling staff and a method for prioritizing district needs. (Look at Willamette ESD prioritization tool-Step by Step.)
3. By June 2019 the Alliance Education Committee will support OHA and ODE to develop a training and technical assistance plan to support school districts in implementing their comprehensive suicide prevention plans and providing technical assistance to assure that schools Implement with fidelity any training model used. – Note: this is pretty vague (not really SMART) and would also depend on OHA/ODE being OK with this.
4. By xxx make materials easily accessible on the Alliance, ODE and OHA websites (attend to dissemination)

Action: Jonathan—will send out resource document to members of the committee which will also include connection to local coalitions. Will send it out by the 22nd and ask for feedback from members before the next meeting.

Amy – describes the Multnomah ESD approach to training; e.g. they provide ASIST for school counselors but, perhaps, Safe Talk or QPR to janitors or secretaries.

Make connections between community resources and people within schools to send up through the administration.

Justin notes that sharing examples from other school districts is a powerful way to engage other districts. Jim Hanson will be presenting at COSA. Chris Hawkins shared the importance of

having supports that can be resourced within the district so that the work can be sustained over time. They have hired mental health manager.

Jim notes that they've done training on a shoestring by getting trusted insiders in the schools to train RESPONSE. Having a designated person to do the training in a sustained way.

Get examples of how different districts are resourcing their training and support.

Kate notes that the Alliance can help state agencies to work together differently and have a perspective that is different than they have in-house. Talk with Jill/Jeremy.

Jonathan-He hears the issue of capacity as a theme in schools. He wonders if network development/framework can be a key way to support change. Amy – very open to sharing highs and lows with other districts and are happy to help. Jon the main impediment is demonstrating to schools that the time investment in developing this network would be worth it.

Collect examples of school plans from members. Include the Washington state plan which has internal check lists.

Kate notes that the school based health centers end up playing a key role in suicide prevention. Some have extensive policies and workflows that could be shared out with the group.

Action: Get a couple of exemplar plans with health centers and school based mental health for plans and protocols. Collect examples of school plans from members. Include the Washington state plan which has internal check lists.