

## Outreach and Awareness Committee Agenda Tuesday, October 15, 2019 1 – 2:30 p.m Committee Members (Attending in Bold)

Attending: Ryan Price, Angie Butler, Meghan Crane, Laura Rose Misaras, Tia Barnes, Mavis Gallo, Nicholas Parr Staff/Consultants: Annette Marcus, Linda Hockman,

Go-to-meeting: https://global.gotomeeting.com/join/679749677 **Join the conference call:** 888-585-9008 384-165-840# Host: 3434330

| Time | Topic/Who        | How  | Notes/Attachments  |
|------|------------------|--|--|
| 1:00 | Welcome          | Round robin  | Tia Barnes-Chief Program Officer at YouthERA, provides   |
|      | Approve previous | Review Action Items from last meeting  | oversight of all direct service work, creative director and  |
|      | minutes          |  | headed up all communication relations and graphic  |
|      |                  | Action: Prior to October 15 <sup>th</sup> meeting, committee members to submit potential | design.  |
|      |                  | questions for the basic needs assessment to  | Ryan Price, Area Director AFSP Oregon and Idaho, just  |
|      |                  | Annette. Annette to draft survey. Survey discussed w UO lab and being finalized this     | completed 13 walks across two states. As he started the work he was aware of the fragmentation of efforts across |
|      |                  | week.  | the state and is passionate about creating the connected field for shared resources etc.                         |
|      |                  | Action: Annette and Megan will work  |  |
|      |                  | together on what and when to send out  | Angie Butler, OHA HSD behavioral health specialist and   |
|      |                  | information to the PH listserv. Follow up  | tribal liaison and also mental health promotion and tribal   |
|      |                  | still needed.  | mental health investments (10 of these) and also school based mental health funding. Also interested in          |
|      |                  | Action: Annette and Linda will draft SMART   | connecting efforts.  |
|      |                  | Goals and route to committee members for   |  |
|      |                  | feedback; adopt at the October 15 <sup>th</sup>  | Meghan Crane, Zero Suicide Program Coordinator in  |
|      |                  | meeting. Done  | Public Health, oversees SAMSHA Garret Lee Smith  |
|      |                  |  | funding. Interested having been at a county level before   |
|      |                  | Action: Annette will update committee on   | and wanting to connect folks to learn from one another.  |
|      |                  | progress of website and give a live demo of  | How can the Alliance serve in this role.   |
|      |                  | an outreach presentation including outreach  |  |
|      |                  | materials and facilitated conversation re:   | Laura Rose Misaras, Chairs Oregon Consumer Advisory  |
|      |                  | survey of basic needs/interest at October  | Council and serves on Children's System Advisory Council   |
|      |                  | meeting At October meeting reviewed  | and wants to inform the inclusion of people who are  |
|      |                  |  | coping with ideation, attempts and coping with a loss.   |



|      |               | Hope · Help · Healing  |  |
|------|---------------|--|--|
|      |               | PowerPoint and will send to members for any additional feedback.           | Linda Hockman, providing consulting to the Alliance. Interest in this group is implantation of the communication plan (she co-wrote the plan), particularly the key focus of connecting the field across the state and leveraging resources in ways that strengthen suicide prevention efforts at the community level.  Mavis Gallo, UO Suicide Prevention Lab.  Annette updated attendance: Kimberlee Jones - unable to continue with committee due to other commitments Kristi Nix, Pediatrician - unable to attend on a regular basis; Annette will connect with her through OR Pediatric Society meetings Jill Baker - will attend when she can Brad Sargent – represented veterans; unable to attend meetings at the currently scheduled time Nicholas Parr – will continue to help with measurement and evaluation; will attend when he can  It was suggested that Basic Rights Oregon send a representative |
| 1:10 | SMART GOALS – | Review with group Determine timelines, milestones and responsible parties. | Reviewed the goals. Nicholas gave overview of the assessment UO conducted with the coalition in Clackamas County. Developed a questionnaire translated into 4 languages (English, Russian, Vietnamese and Spanish). Distributed to members of the coalitionit then was shared out broadly with other members of the community. Had 200 responses to the survey. Questions focused on barriers and needs, people's roles,   |



populations they encountered, what training they had and awareness of training opportunities. Nicholas analyzed responses and developed a summary document that presented the findings. Now that they have this data, they are taking a look at what to do with this information. Among other issues, a number of the needs identified were structural in nature.

Meghan notes that being clear about why/how we are connecting with the coalitions. A phone interview should be no more than 30 minutes. Contacts, how do they communicate, what is their structure, how do they fit into the county structure and what are the priorities. Ask how the Alliance can support your work. Are you aware of the YSIPP. How would you like to be involved or inform the process? How often do you meet/where? How do they want to receive information about the Alliance. Be clear about purpose and goal of Alliance connecting with coalition; most important is to engage, getting information is secondary.

Nicholas – it's helpful to have some structure around the kind of responses in a qualitative interview. For example, we could refer to an established set of developmental stages for coalitions. Or would you find it helpful to participate in a community of practice – meetings, conference call, emails? Other? Give a buffet of options. It can be helpful to frame this around program improvement/help with implementation of the YSIPP.

Laura Rose-also a question around events. Would it be beneficial if they could get together at an annual event—is there a specific need for this?

Ryan: View this initial connection as real listening sessions and learning about how we can help/support them. It's important to learn about whether/how they



see themselves in the YSIPP. This is a relationship building process. Action: Coalition list is now on Alliance website, continue to update/refine. Action: Annette will contact coalitions before November committee meeting and begin to gather needs assessment information. Annette to work with Nicholas on survey for a more structured needs assessment. Discussion of 2<sup>nd</sup> Priority: Ryan-at AFSP there are talking points that are standard for staff to respond to these questions; however, also designated people who speak to specific issues. For example, AFSP had key experts respond to 13 Reasons Why. Is there someone who can give us consultation on this? Angie-points out that this should be addressed in the bylaws. For example, set parameters as to who can respond to press. Ryan agreed. Suggested that O & A committee send recommendations to by-laws workgroup. Laura Rose-we also need a basic press kit that covers background about the Alliance, its accomplishments, composition of membership, how and who to contact, etc. Meghan – maybe the OHA communication team could be a resource to us. Action: Meghan will follow up with Jill about a consultation with OHA communication team re:



|      |  |                                     | responding to press requests and arrange meeting with OHA communication team and Ryan and Annette.  Laura Rose—also explore when it makes sense for Alliance to issue a statement vs. OHA and/or also when we might want to coordinate statements. Develop a clear division of scope.  Ryan—maybe one of our roles could be sharing out some basic communications tools with the coalitions  |
|------|--|-------------------------------------|--|
| 1:50 | Sample Materials and Presentation Contact with media | Annette present Feedback from group | PowerPoint Attached Annette gave an overview of the PowerPoint to be used with outreach to coalitions and asked for feedback. Annette acknowledged that Alliance materials in general need to be refined to be sensitive to youth audience. Tia will work with Annette on what would be helpful.  Meghan – suggested that for the initial outreach, data may not be needed. Most coalitions will already have county level data. Skip state data due to time constraints. Good idea to ground in the YSIPP but speak to Alliance work in terms of Hope, Health, and Healing instead of the YSIPP strategic directions. She also reminded Annette to confirm with coalition leader that it is ok to post information on the Alliance website, best to only include email address not phone number.  Action: Annette to send the PowerPoint to committee members and asked that they send comments/suggestions back within one week. |
| 2:15 | Committee<br>Description                             | Review/Revise if needed             | Current Definition: The Outreach and Awareness Committee is responsible for action items in the Youth Suicide Prevention and Intervention Plan that have to do with messaging about suicide prevention, communication  |



|      |                | among people and organizations working in the field of youth suicide prevention, intervention and postvention and publicity about suicide issues.  |
|------|----------------|--|
|      |                | It was suggested that this be updated to highlight the role the Alliance plays in connecting the field. Action: Annette send new definition to committee members for feedback. Receive feedback by October 25 and then submit new definition to the executive committee. |
| 2:25 | Public Comment | None   |
| 2:30 | Adjourn        | Next meeting Tuesday Nov. 19 at 1 p.m.   |

## **Outreach and Awareness Committee**

YSIPP Element: Objective 1.1 Integrate and coordinate suicide prevention activities across multiple sectors

| Strategic Priority   | Action Steps   | Who (Specific names will be added as tasks assigned) | Completed<br>By | Measurable                 | Progress Notes                              |
|--|--|--|-----------------|----------------------------|---|
| Foster a more connected, and thus effective, suicide                                 | Complete a scan to identify coalitions in the state and post on website.           | UO/AOCMHP  | Sept. 30, 2019  | Posted on website          | Complete                                    |
| prevention field in Oregon by connecting and collaborating with regional coalitions. | Finalize outreach<br>material about<br>the Alliance for<br>use with<br>coalitions. | UO/AOCMHP  | Nov. 1., 2019   | , 2019 Materials developed | Draft materials being reviewed by committee |



|       | Develop and conduct a basic needs assessment to discover coalition's interests and needs | UO/AOCMHP                              | March 30,<br>2020 | Documentation of<br>Needs Assessment<br>Results and Number<br>of Contacts |  |
|-------|--|--|-------------------|---|--|
| ,     | Connect in<br>person, by<br>webinar or<br>phone with 15<br>Coalitions                    | AOCMHP w Alliance Members  June 30, 20 |                   | Number of contacts  |  |
| -   ; | Map interests<br>and needs of<br>coalitions  | AOCMHP/UO w<br>Committee Members       | June 30, 2020     | Interests/Needs<br>Inventory  |  |

## **Outreach and Awareness YSIPP Alignment**

Goal 2 Implement research-informed communication efforts designed prevent suicide by changing knowledge, attitudes and behaviors. Objective 2.1 Develop and evaluate communication efforts designed to reach defined segments of the population.

| Strategic Priority   | Action Steps  | Who (Specific names will be added as tasks assigned) | Completed<br>By                               | Measurable             | Progress Notes |
|--|---|--|---|------------------------|----------------|
| Develop sample press<br>releases based on the<br>hope, help and healing<br>framework, and a panel<br>of subject matter | Create 3 sample press releases with key messaging to be reviewed by the | AOCMHP w/ committee members                          | January 15,<br>2020 -<br>Executive<br>Review. | Press Releases on file |                |



|                          |                    |                        | nope - neip - nealing |                     |  |
|--------------------------|--------------------|------------------------|-----------------------|---------------------|--|
| experts to respond to    | Executive          |                        | Finalize March        |                     |  |
| legislative, media and   | Committee.         |                        | 30 2020               |                     |  |
| other requests about     |                    |                        |                       |                     |  |
| suicide                  |                    |                        |                       |                     |  |
| intervention/prevention. |                    |                        |                       |                     |  |
|                          |                    |                        |                       |                     |  |
|                          | Collect 3 to 6     |                        |                       |                     |  |
|                          | personal stories   |                        |                       |                     |  |
|                          | that illustrate an |                        |                       |                     |  |
|                          | element of         |                        |                       |                     |  |
|                          | "Hope, Help and    |                        |                       |                     |  |
|                          | Healing" to be     | AOCMHP/committee       | _                     | Personal stories    |  |
|                          | included in press  | members                | March 1, 2020         | collected and       |  |
|                          | and other          |                        |                       | disseminated        |  |
|                          |                    |                        |                       |                     |  |
|                          | outreach           |                        |                       |                     |  |
|                          | materials          |                        |                       |                     |  |
|                          |                    |                        |                       |                     |  |
|                          | Identify members   |                        |                       |                     |  |
|                          | or affiliates of   |                        |                       |                     |  |
|                          | Alliance to serve  |                        |                       |                     |  |
|                          |                    |                        |                       |                     |  |
|                          | as subject matter  |                        |                       |                     |  |
|                          | experts to         |                        |                       |                     |  |
|                          | respond to media   | Consult with OHA, Exec |                       | Names and Area of   |  |
|                          | calls or serve on  | and Committee          | March 1, 2020         | Expertise for Panel |  |
|                          | panels (e.g.       | Members                |                       | Members             |  |
|                          | policy experts,    |                        |                       |                     |  |
|                          | evaluation         |                        |                       |                     |  |
|                          | experts, people    |                        |                       |                     |  |
|                          | w/lived            |                        |                       |                     |  |
|                          | experience)        |                        |                       |                     |  |
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|---------------------------------------|--------|---------------|-----------------------|--|
| Provide pane                          | I      |               |                       |  |
| members wit                           | h      |               | Materials distributed |  |
| Alliance                              | AOCMHP | April 1, 2020 | to media panel        |  |
| communication                         | on     |               | members               |  |
| materials                             |        |               |                       |  |
|                                       |        |               |                       |  |
|                                       |        |               |                       |  |