

## Alliance Quarterly Meeting Notes – 7/24/2018

### Committee Progress Reports

- Executive Committee (Gary)
  - o Running into challenges implementing bylaws, will discuss proposed changes
    - Annette requests feedback on existing bylaws
  - o Next quarter is last quarter for Gary as chair – we will need to begin considering replacement
    - Q: What is the process for replacing chair? Not in the bylaws, so will need to incorporate process for selecting chair. If individuals are interested at this point, let Annette know.
  - o Need loss survivor to represent survivors formally on Exec Committee
- Schools Committee (Jonathan)
  - o Problem: There's no system to track programs being implemented in schools
  - o Committee put together survey to assess local programming
    - To establish baseline to track growth
    - Correlate efforts with aggregate data related to suicide increase/decrease
    - Determine patterns, i.e., urban vs. rural
  - o Initial dissemination in June was at challenging time, but endorsement of COSA and OSCA was helpful
  - o We should keep in mind what is happening with schools that didn't respond – we are reaching out by phone currently
  - o Report in September; highlights:
    - 20% not implementing – probably a lot higher given non-responders
    - 30% used some form of curriculum
    - 25% do not have clear procedure for identifying and referring
    - 61% have a postvention plan
    - 40% uncomfortable with suicide prevention efforts at the school
    - 77% would like to be contacted by the Alliance for follow-up support
  - o Q: Is it possible to know which schools responded so local staff
    - We can provide regional report, but key is how to respond better/in a more tailored way: more active follow-up
  - o Q: Situation is different for rural areas compared with urban – what was the distribution of responses?
    - We don't know yet; but matching with ODE data
  - o Q: What format was the survey in, for those with limited access to computers?
    - List-servs used reached most key staff; greater issue is high turnover leading to dead emails
  - o Q: Plans for reaching tribal communities
    - We worked with masters student to adapt survey for tribal communities – has not been distributed yet – bring back to

- Government-to-Government caucus. Also brings up private schools, charter schools, online schools.
- Athletic Staff Survey
  - Major take away: 50% knew about procedures for responding to suicide – administrators rated 75% reflecting different knowledge level
  - Training most needed: Tips for talking to at-risk youth, warning signs and symptoms, in-person training
- Continuity of Care
  - Developing template – what the rules and laws are for practitioners and patients
  - Parts of the plan include; inpatient, exceptions to HIPPA, suite of mental health laws
  - Note: Coordinated specialty care and OHSU team (collect data for quality assurance and development > provide recommendations) to address gap in emergency room data.
    - We don't know what happens to people once they leave the emergency room.
- Workforce
  - [Annette] Collaborating with DHS – child welfare to identify better ways to train workers around suicide prevention and intervention resources
  - Focus on faith community
    - Organizing half day meeting to bring together faith community members
    - Contact Annette and she will coordinate with Jill to connect
- Communications (AKA: Outreach and Awareness Committee)
  - Focus on development of communication plan
    - Mapping out the local, state, and national resources is major need!
    - Take National campaigns to raise awareness (e.g., Be the One)
    - Track legislation efforts
  - (next 2 months) Continue working on Communications plan
    - Finalize logo .... Annette suggested to use “Hope, Help, Healing”
- Evaluation and Data
  - Schools survey – development and administration, data analysis
  - Alliance Website – external plus portal for members and portal for data collection (e.g., CONNECT trainers)
  - Data analysis – look at concordance at baseline (Oregon Healthy Teens, National Death Reporting System)
  - Evaluation of CONNECT postvention outcomes
  - Survey – Fill out Scan
  - Q: Data evaluation and policy implementation?
    - Hospitals don't have time and resources to implement senate bills and the consequence is minimal and no incentives to implement ... even though legislation to
    - We need to have better data collection during implementation and strategies

- Ties back into identifying regional/local organizations and coalitions
- Youth and Young Adults Update (YYEA)
  - Introductions – name and fun fact
  - History of YYEA
  - 2018 Happenings so far ....
    - SMILE Guide - Mental health tipsheet for tough times
    - Support the Alliance efforts and create safe messaging
    - Work on social media presence
  - Continue developing activity book for youth
  - Reach out to YYEA to work together
    - Go to meetings
    - Support us to skill up
    - Give guidance on our priorities and projects
    - Support our involvement in committees
    - Help recruit!
    - Meet monthly at Milwaukie office
    - Contact [emorrissey@youthera.org](mailto:emorrissey@youthera.org)
- OHSU CAP Inpatient Consultation Liaison Program
  - OHSU Fellows present on data (Dr. Johnson)
  - Consult Liaison Program team – for children in hospital with multiple factors (including suicide attempts), support facilitation of evaluation and discharge
  - Dr. Johnson has been collecting this data single-handedly for years
    - Overview of tracking spreadsheets
    - 2018 – 287 cases (suicide attempts: 32% of cases)
    - Data shown on graphs (2013-2018) with dramatic increase in last 2 years, with seasonal pattern increases in winter and spring
    - More attempts over last 4 years, but all consults have increased
    - Medication Lockboxes
      - Lock away medication
      - 1<sup>st</sup> floor of Doerenbechers sells lockboxes. Dr. Johnson received funding to provide boxes to families who may not be able to afford them.
    - Number of ED consults have increased in last 2 years
    - Fellows also provided overview – about 50% Medicaid eligible
  - Q: Cable locks for firearms?
    - Recommendation is to not have firearm in home and if so, be locked out. In some locations, cable locks are handed out.
  - Q: October spike?
    - May is highest month ... with the seasonal component with disorders in spring (exams, etc.).
  - Comment: USA today article yesterday, is this heat related? Tied to bullying – in summer there is a break from it, and back at school
  - Comment: Increases in number of calls (Lines for Life) for 2016-17 ... would Dr. Johnson be willing to share slides for 2016-18.

- Comment: Lockboxes might be difficult for parents if they get frustrated with trying to open it.
- Q: Any collection on data on following up on referrals for family?
  - Write down and provide feedback for data we would like to know more about – when there is more data the Crisis and Transition Services team can come give a presentation.
- Q: Clarify “transition”? Some families refuse to sign release of information/waiver for service ... from educational system.
  - Consultants have not had problem with families signing consent.
- Looking forward: Policy Development
  - By-Laws reviewed and open for feedback – voting at next meeting in October 2018
  - Define roles and responsibilities
    - Including guidance on getting quick turnaround from Executive Committee
  - Legislative Ideas (5 - 10 year plan)
    - Fully fund YSIPP (6.4 million)
    - Write Alliance into statutes
      - Good news: Julie, Jerry and Stephanie report positive signs with Senator
    - Suicide Prevention Plan across the lifespan
      - Oregon has an older adult suicide prevention plan (it’s old) but we need one that is across the lifespan
    - Senate Bill 48
      - Require counselors and social workers to take suicide prevention CEUs
      - Washington has an organization called Forfront
        - Some groups have once in a career and some groups are required to multiple times depending on client contact
  - Feedback from Alliance
    - See Annette’s notes