Quarterly Meeting January 18, 2018 3:30 – 6:30 P.M. University Place at PSU, 310 SW Lincoln St., Portland

Members Attending: Galli Murray, Stephanie Willard, Jen Corbridge on behalf of Rep. Keny-Guyer, Jerry Gabay, Susan Keys, John Seeley, Cheryl Ramirez, Ann Kirkwood, Sandy Bumpus, Julie Scholz, Laura Chisholm, Meghan Crane, Julie Magers, Tim Noe, Phaedra McSherry, Bergen Nigro., Dwight Holton, Kirk Wolfe, Jill McAllister, Kimberlee Jones, Larry Sullivan, Laura Rose Misaras, Deborah Martin, Renee Huizinga, Rosanna Jackson, Tanya Pritt, Nan Waller

Staff and Guests Attending: Shannon Marble, Jill Robinson, Chelsea Holcomb, Jean Lasater, Nicholas Parr, Jonathon Rochelle, Kristin Dreves, Donna Libemday, Frances Purdy, Roberto Coto, Maria Pos, Annette Marcus (minutes

Alliance Minutes

I. Welcome, Introductory Remarks and Announcements:

- Jen Corbridge, Legislative Assistant to Rep. Alissa Keny-Guyer welcomed Alliance members and expressed support for the ongoing work of the Alliance.
- Chelsea Holcomb, manager of the Oregon Health Authority's Children and Family Behavioral
 Health Unit, introduced herself, expressed commitment to moving the Youth Suicide
 Intervention and Prevention Plan (YSIPP) forward. She is working to promote true integration of
 key initiatives including trauma informed care, suicide prevention and statewide Systems of
 Care.

II. Old Business: By-laws (vote) and Meeting Norms (discuss and vote)

- Dwight Holcomb moved to accept the Alliance by-laws. John Seeley seconded. The by-laws were approved unanimously.
- Chair Gary McConahay introduced Meeting Norms developed by executive committee for discussion. Laura Chisholm suggested adding the guidelines for "Discussing Traumatic Events and Suicide in Public Meetings" developed collaboratively by Trauma Informed Oregon and the Children's System Advisory Council. There was consensus that the norms can be updated as needed. The proposed meeting norms (attached) with the addition of the TIO guidelines were unanimously accepted.

III. Implementation Science and the YSIPP (present and discuss)

- John Seeley presented an overview of implementation science. (See attached PowerPoint).
- Small Group Discussion focused on three questions: 1) How can members be more proactively
 engaged in meeting YSIPP objectives. 2) What supports are needed for this. 3) How can we
 improve collaborative communication within the Alliance. Themes reported back from groups
 included:
 - Develop learning communities around topics of interest

Oregon Alliance to Prevent Suicide

- o Expectation that all members serve on a committee
- Break the plan objectives into smaller "doable" steps
- Members should 'bring their work here'—that is leverage the opportunity at the Alliance provides for mutual learning and collaboration.
- Encourage airing of disparate views
- Develop an easy, visual way for members to track what is happening
- View the YSIPP as an iterative process which can be updated and revised

IV. Suicide Prevention Conference

• Ann Kirkwood and Donna Libemday gave an overview of the Suicide Prevention Conference scheduled at Camp Withycombe in Clackamas County on March 12, 13 and 14. The Alliance is assisting with reviewing proposals. Details are available at 2018 Oregon Suicide Prevention Conference The theme is "Strength in Community, Creating Healthy Connections." Featured speakers will include loss survivor and national expert, Sally Spencer-Thomas on Men's Health and The Art of Sharing Story, and attempt survivor and author, Craig Miller, who will share his journey to hope and healing. Cost for the workshop if \$150 for both days. Scholarships are available for Alliance members if needed. Register online and follow up with Annette (amarcus@aocmhp.org)

V. Family Guide Developed by Children's System Advisory Council

Jill Robinson and Frances Purdy gave an overview of a new tool designed for use by family
members who have brought a child into an emergency room for a mental health assessment or
crisis around suicidality. The tool is going through one last revision with CSAC and will be
distributed for review by Alliance members prior to our next meeting. Completion of this tool is
part of the YSIPP.

VI. Reports from Committee Chairs (present)

- See attached written reports submitted by committee Chairs Galli Murray (Continuity of Care), Deborah Martin (Workforce Development).
- John Seeley (Research and Evaluation) highlights: Evaluation of CONNECT implementation in Oregon is ongoing. The research team is reviewing the Oregon Healthy Teams and Vital Statistic data. Nicholas is reviewing social media approaches to suicide prevention.
- Outreach Committee—a Communications Director workgroup has been formed and is in the process of developing a statewide communication plan.
- Kimberlee Jones (Schools)-the group is working on developing a presentation to be used as education related conferences and groups. The group is also working on getting the TALK line onto school id's.

VII. Policy Update

Oregon Alliance to Prevent Suicide

- Ann Kirkwood updated the group on SB 48 which passed in the last legislative session. The
 bill requires health and behavioral health providers who take a suicide prevention,
 intervention course to report to their licensing boards when they've completed the course.
 The intention is to build data regarding participation in these groups—and perhaps make
 the case in the future for mandating taking coursework. The bill also mandated that a list of
 courses be housed on the OHA web page. Annette and Ann completed this list which can
 be found at: <u>SB 48 CEU Courses</u>
- Julie Magers provided updates a suite of bills being worked on by the Keny-Guyers Mental Health Workgroup. (See bill summary handout attached). One important bill is HB2948 which clarifies the use of HIPPA with the goal of increasing collaboration and continuity of care. There have also been productive meetings with the Hospital Association to clarify what some of the rules being developed mean in practice.
- Julie introduced the idea of getting the Alliance written into statue during the 2019 legislative session to steward the YSIPP plan in an ongoing way and promote sustainability of the Alliance and its mission. There would need to be some pre-session testimony in the fall. Contact Annette if you'd like to be involved with this process.

VIII. Implementing the Comprehensive Model of Connect

Kimberlee Jones provided information on the implementation of CONNECT, including the prevention and postvention elements, in Jefferson County. See PowerPoint attached.

IX. Next meeting set for April 12, 2018