Oregon Alliance to Prevent Suicide

Quarterly Meeting

April 12, 2018 – 3:30-6:30 pm

3:30 pm 3:50 pm	Gary McConahay Saerom England, OHA Kimberly	 Welcome and Announcement OHA Communication Suicide Prevention and Intervention Brief presentation and discussion with Alliance Members Central Oregon news media Recently lost coordinator for suicide prevention Would like to set up committee (including 4-5 individuals currently interested) Prepare talking points for local coalition Community members connected with Kimberly RE: loss of veteran Need communication and promotion RE: State-wide efforts and investment in local community members
	Youth Member Saerom	Social media is very effective for reaching youthSocial media is part of OHA's agenda for
	Emma Kristie	communication - Endorses use of Social media - Focus moves from suicide to veteran PTSD or bullying
	Peggy	 Social media is difficult Free service from OR school district assoc. – will draft language for communications Might be a coalition for National School Public Relations Officers for communication contact
	Cheryl	 Peggy for more info (endorsed by Jennifer) New Threat Assessment Bill Tip Line Implementation Messages to home and school – should be different than threat assessment Need help from Alliance – ask to work on communications sub-committee on schools
	Gordon	 committee – see Cheryl after meeting Suicide is different than attempts (men and women differ) Male lived experience is not represented in room May be difficult sharing lived experience Communication for men and women is different Encourage us to think about the lens we look through – the lens relates to the men's experience
	Julie	- Consider role modeling how to talk about it

_	When suicide happens social media is how people
	communicate we need to role model the material
	that goes out and how it goes out
-	Normalize communication about suicide to prevent
	negative outcomes and we're not afraid to talk
	about
-	Leverage local efforts and existing resources (e.g.,
	Lines for Life)
-	Alliance has Communications group – will consult
	with Schools Committee
-	Communications Committee will develop 1 year
	plan to address needs
-	Contact Saerom to provide feedback on
-	What are the key messages around youth suicide?
-	Local or State-wide organizations that are doing the
	work – Contact Saerom – she will help be a
	spokesperson
-	Highlight good work going on
<u>-</u>	OHA and Alliance collaboration is beneficial
Standa	rdized Risk Assessment Presentation and Feedback
-	Part of broader stakeholder engagement activities –
	Would like feedback
-	Review of history of adoption of standardized risk
	assessment
-	For all providers in behavioral health system and
	those that work with the same individuals
-	Currently in Implementation phase
-	However, gaps in enforcement and lack of
	communication with providers fidelity, usability,
	and feasibility is uncertain – lack of data
-	Challenges in schools what do you do with the
	data once you collect it? How will it help?
-	Committee needs to answer the "So what?"
-	Communities of color – Is there access? Who is
	getting it? So many not being seen.
-	Providers are typically Licensed, Certified, or
	Registered workers
-	Also can be non-licensed worker in behavioral
	health system (e.g., residential setting)
-	309 rules: Providers are required to use a research-
	based assessment
-	3 options are being explored (could be 1 or a

1. Single tool - Columbia-Suicide Severity Rating

2. List of evidence-based suicide risk assessment

3. Combination of Option 1 and 2

combination)

Scale (C-SSRS)

tools

Gary

Annette

Saerom

Chelsey

Peggy

Deborah

Rusha

4:20 pm Rusha, OHA

	Laura Christabelle Julie	 Follow up clarification about option 1 use Question for clarification - If goal is to standardize practice, option 1 makes sense however option 2 and 3 are implicitly not standardizing practice. Can you clarify? Pediatric screening tool and assessment in use Some already use C-SSRS or PHQ-9 ASQ tool is more likely to catch suicidality (endorsed by National Institute of Mental Health) Resistance for new tool if another tool is already being used Universal screening is most important, not so much
	Kirk	 the tool (e.g., every adolescent well-visit) PHQ-9 can be difficult to implement (time constraints) and alone is not as effective (also endorsed by Julie)
	Rusha	 Community stakeholder feedback ongoing Send Rusha follow-up questions and comments, via phone or email
	Gary	 13 references to suicide however does not talk about move from screening to accepting help so you can support children and families Integration happens locally – maximize flexibility
	Laura	(i.e., Option 2)Avoiding duplication across providers
4:45 pm	Ann Kirkwood,	Oregon YSIPP Update 2017
	Suicide	- Presentation (see slides in handouts for more
	Intervention	details)
	Coordinator	 Funding presented in slides is NEW funding (question by Cheryl)
		 State level implementation would be difficult – several pilot studies Good Behavior Game (Ann & Frances Purdy)
5:15 pm	Break (5:35-5:45)	
5:30 pm	Annette Marcus	Logos – Discussion - Contracted with graphic designer with advising from
		the Executive Committee – simple, clear, reproducible, easy to make B&W – designer looked at colors of other national organizations – narrowed down to 3 designs - "Alliance" emphasized - Annette will email out
5:45 pm	Frances Purdy, Oregon Health Authority (CSAC Suicide Prevention Committee)	Emergency Department Resource for Families (Update and Review)

5:55 pm	Deborah Martin, DHS (Chair, Alliance Workforce Committee)	A
	Annette	

Advising Child Welfare on Workforce Development

- Ask Alliance about feedback on committee's focus on training around supporting workers (e.g., social workers)
- What are some resources around training that can be implement with workers (with various degrees of training and expertise)?
- Is that something that should be worked on?
- What is the best practice out there?
- What can we do to provide resources that are evidence-based?
- Support workers by reducing guilt ... encourage meaningful, intermediating questions.
- Commended work being done in Workforce Committee and importance of integrating DHS workers
- Eventually develop roadmap for state-wide implementation and strategies
- How can we get suicide assessments and procedures into the Child Welfare system?
- Support child welfare workers to do the good work they do, without the threat of used as a weapon against them (i.e., foster families)
- OHSU survey variety of roles of providers.

Thank you for work in child welfare

- Glad to hear about work regarding co-workers
- Suggested Trauma Stewardship program

5:55 pm John Seeley

Laura

Tess

Schools Committee

- Jonathan – School survey in progress

Communication Committee

- Nicholas & Christabelle Support development of Communication Plan
- Website mock ups at next meeting

Evaluation Team Progress and Updates

- 3 new trainings collecting more data
- LGBTQ task force (Nicholas)
- Tribal working group (Tracy)
- Data analysis baseline trends in progress (prior to YSIPP)
- Oregon Suicide Prevention Conference presentation
 well received Hexagon tool used to assess
 evidence-based practices

6:00 Julie

Continuity of Care Committee Update

- Public comment Executive Committee heard Alliance Members (under provision of sensitive issues)
- Testimony presented

 Steering committee with Hospital Association to drat flyers to target different audiences (youth, adults, older adults, hospital workers, etc.) – including what to do when transferring from hospital setting

Frances Purdy

- Presented update on packet "Advocating for your loved one during a crisis: A guide for parents and caregivers at the emergency department"
- CSAC developed and vetted through various stakeholders (e.g., parents, youth, clinicians)
- Hospital Association approved!
- Now working on brochure #2 companion book for youth
- Hospital Association said clinicians need one too
- Send feedback to Fran

Annette

- Congratulations!
- Still need Copy Editor to send final version to for final review
- Suggest adding to guide: verbiage around "School Counselor needs to know"
- Julie asked to write a statement to address this need

Gary Annette

- No update on School Committee Kimberly offline
- Youth members will meet together as a focus group and will have specific projects
- Targeted groups at colleges and universities
- Regular day to meet more predictability for meetings