

Alliance Quarterly Meeting

Sunriver Resort

March 15, 2019

Attending: Juanita Aniceto, Dylan Antons, Roger Brubaker, Meghan Crane, Jonathan Courtney, Don Erickson, Wren Fulner, Doug Gouge, Maili Halverson, Chelsea Holcomb, Jerry Gabay, Rosanna Jackson, Kimberlee Jones, Susan Keys, Jean Lasater, , Julie Magers, Gary McConahay, Wendy McConahay, Laura Rose Misaras Emily Morrisey, Galli Murray, Jesus Munoz-Pineda, Lisa Pattieshaw, Kristi Nix, Tammi Paul, Del Quest, Suzie Stedelman, Stephanie Willard, David Westbrook, Asa Wright

On the Phone: Renee Sumpter, Tanya Pritt

I. Reflections on the 2019 Oregon Suicide Prevention Conference – Input for the Alliance (Emily M., Juanita, Jesus and Dylan from Youth and Young Adult Advisory Committee)

Feedback:

- perhaps a warning before presentations that may be activating for attendees;
- perhaps some time between sessions to process a bit, perhaps some tips as to how to take care of ourselves;
- the wellness room felt a bit small and close quarters; very much appreciative of the wellness room being available to attendees;
- be aware of how we use language (example of the word “kid”) and how language can negatively impact others (*please us the word “youth” instead of “kid”)

Takeaways from the conference:

- that this can be a transformative experience;
- new ideas, new experiences were provided;
- loved keynote speaker Scott Poland and the message of suicide prevention being everyone’s business
- “realizing that I am not alone” as a reflection from a recent suicide loss survivor

What should the Alliance know? What should be prioritized?

- Increase the feeling of safety in our schools
- Would like to have more participation from our school partners at the conference, including elementary schools
- Thank you for the opportunity to be here
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II. LGBTQ Advisory Workgroup – Focus & Progress (Wren Fulner & Annette Marcus)

- Group has met three times
- So much energy behind the work
- In the process of shaping the group – who is missing? How are we including youth?
- Caitlyn Ryan coming back on April 5th for a training (event is now full and at capacity)
- A small group of folks met with Caitlyn Ryan on 3/13/15 at the Conference to brainstorm about implementation

- Context of why this group exists: The YSIPP calls out the formation of an LGBTQ advisory group. This group will advise the larger Alliance.

III. **Legislative Update & Discussion** (David Westbrook)

SB 5525/POP 402 - 13.1 million = 6 million funds YSIPP; remaining funds go into mental health support for schools.

- Current budget cycle includes no additions
- *What you can do: Write your legislator to say you would like the POP funded

HB 2813

Requires CE's in every 6 years for MH professionals

This has not yet been heard and no hearing has been scheduled

Hearings have to occur by April 8th

*What you can do: Write Rep. Andrea Salinas to schedule a hearing. Write members of the House Committee on Health Care and ask them to support it. When scheduled submit testimony or better yet show up and testify.

HB 2667

Creation of an adult suicide prevention coordinator and an adult suicide prevention plan

*What you can do: Write your legislature. Write members of House Health Care Committee and ask for support.

SB 707

Establishes the Oregon the Alliance to Prevent Suicide as a legislative mandate.

*What you can do: Write your legislator.

SB 485

Requires schools to report a death from suicide to OHA.

*What you can do: Write your legislator.

SB 808

Requires all licensed health professionals and teachers to take 3 – 6 hours of CEs every 6 years.

SB 52 Adi's Bill

Requires school district to adopt policy requiring a comprehensive suicide prevention plan.

HB 3525

Sets up schools to receive dollars from marijuana revenue to be used by ODE in support of preventing suicide, substance abuse and bullying in schools.

*What you can do: Write your legislator.

IV. **Preview of the 2018 OHA Youth Suicide Annual Report** (Doug Gouge)

Chelsea Holcomb (OHA) indicates that the Annual report has been delayed in being released. If people would like to provide feedback about this delay, please email Chelsea Holcomb.

Focus areas of the YSIPP include:

- Building human connections
- Increasing resiliency and positive decision making
- Upstream prevention for all youth
- Increasing access to competent and confident behavioral health and physical health services

Oregon Youth Suicide Data (2017)

107 youth suicides in Oregon:

- 47% firearms
- 37% suffocation
- 9% poisoning

Our state ranking in 2016 was 15th and in 2017 we are now 17th. Of note is that we didn't improve – what occurred was that other states surpassed us.

Oregon youth suicide rate = 14.1 (rank is 17 – lower the number, the better)

National average = 10.6%

New York = 5.9% (rank is 50)

New Jersey = 6.3% (rank is 49)

California = 7.1% (rank is 47)

Idaho = 16.3% (rank is 11)

Washington = 15.0% (rank is 15)

Nevada = 14.4% (rank 16)

Montana = 23.5% (rank is 4)

Alaska = 31.1% (rank = 1)

Key Accomplishments this Year

- Alliance established
- Six committees established
- Evaluation of the YSIPP by University of Oregon

- Assessment of medical and behavioral health workforce competency
 - Policy making support (ex HB 3090, 3091)
 - ED Guide for Families
 - Partnerships with Trauma Informed Oregon
 - Rapid Response Program creation
 - LGBTQ+ support and work group (family acceptance project)
 - Annual Oregon Suicide Prevention Conference
- Doug shared with the group that his resignation from OHA and the position of Youth Suicide Prevention Coordinator is due to personal reasons with his family.

Chelsea Holcomb (OHA) indicated that the position has now been posted.

The existing YSIPP plan ends in 2020 (21 months remaining) and another version/new plan/updated version needs to be developed. Before Doug departs from his position, he will have conversations with the Alliance about how this updated plan/new plan/another version will be developed.

Making sure that in the gathering of the revised plan, etc. formation that we are intentional about including the voice of suicide attempt survivors was raised.

Discussion about the amount of action items in the YSIPP and that it was perhaps not realistic to have over 100 tasks in the existing plan.

Annette will send out a document that speaks to the work that the YSIPP has accomplished/areas that still need attention and frame up questions specific to eliciting feedback from all Alliance members. She will also bring these questions to each of the committees for discussion and feedback.